

January 2021

FELTWELL PARISH MAGAZINE

YOUR CONNECTION TO YOUR COMMUNITY

*Happy
New Year*

**War Hero No. 27:
Sidney Payne**

Little White Pills

**Operation Randall
Update**

With Gratitude

Another 80-page issue!



FELTWELL ORGANISATIONS

List maintained by Paul Garland.

Feltwell Bowls	Trevor Hobbs	827079
The Royal British Legion	John Linkin	828729
RBL Poppy Appeal Organiser	Mary Reynolds	828130
Feltwell Historical and Archaeological Society	Marion Lucas (Chairman) (Secretary)	828769
Feltwell Baby and Toddler Group	Lara Payne	07592 126767
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Feltwell School PTA	Lisa Strutt	@ the school
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Feltwell Playgroup	Samantha Newman	07582 371984
Feltwell Scout Group	Claire Scarff	827555
Feltwell Football Club	Sarah Ramsey (Secretary)	07825 506974
Feltwell Youth Football Club	Andy Kennedy	828914
Feltwell & Thetford District Mencap	Mrs T. Sismey	827292
Feltwell Brownies	Lisa Allbut-Kentish	07710 688857
Feltwell Social Club		828093
Feltwell Primary School	Mrs J. Lillycrop	828334
Alveva Quilters	Beryl Quilter	01366 727472
Feltwell Golf Club	Kim Heybourne	827644
Feltwell Wellbeing Group	Patricia Pratt	828587
Rector of St Mary's Parish Church	Revd. Joan Horan	828034
Churchwardens of St Mary's	Juanita Hawthorne	01366 728545
	Christine Parker	827152
Friends of St Mary's	Stephen Parker	827152
Feltwell Men's Breakfast Club	Paul Garland	827029
F3 - Feltwell Film Fans	Paul Garland	827029
Feltwell Methodists	Mike Wilkinson	07712 578721
Feltwell Museum	Graham Simons	828387
Parish Clerk, Jo Martin. Email: feltwellparishclerk@gmail.com .		828383

Parish Council website: <https://feltwellparishcouncil.norfolkparishes.gov.uk>
Feltwell's History Website can be found at <http://www.feltwell.net>

Deadline for the next issue is 14th January 2021

Submitted articles may be hand written or typed in Word 2019 or earlier.

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Advertisers, please contact Susan Withers (827758)

Distribution is by Ian Webb (828167) & Paul Garland

Robert Walden Remembers a Remembrance Day at Feltwell

With Gratitude

As the lone Last Post bugle sounded
It was their watery eyes which would abide with me;
Their thoughts unbounded in some distant Lost Past,
Those popped, old men, unhatted stood cold
And shed their fragile tears.

We had waited for St Mary's to strike eleven, then
My father bellowed Binyon's "They shall grow not old..."
While one of Barry's green capped cubs
Had no idea that this particular Remembrance Service
Would stay with him for years.

Joyce, a blue-bloused girl guide kept
Her wreath close to her side: a model of respect:
While one of those men, old Mr Davidson
Buried face in brown felt Fedora, requesting we ignore the
Trickled tears he'd wept.

*So many, so many - and so many so young
And but for this day, so many unsung.*

So the wreaths were laid, for those who gave the most
So everyman could amble home, for Sunday roast
Or call at their favourite warm Sunday pub:
The Oak, the crowded Crown, The Chequers or British Legion Club,
With room enough for this wolf cub.

Then, the Second World War had ended just 15 short years before
(The First was only one score and seven more).
For us today, that is like looking back to 2006 and 1979.
And though age does indeed begin to weary me, I find
With lassitude, an oft repeated lesson:

***Even if we cannot remember their names, not even a single one,
Each morning of Peace, or at the going down of the sun
We should all count our blessings. With gratitude.***

Robert writes...

Interestingly, my sister has one of the "original" photos on your website. A Welsh bachelor uncle used to visit us from Brecon each year and always brought his camera. When he died, sister inherited a "box of bits" which included several photos of my family in the



L to R

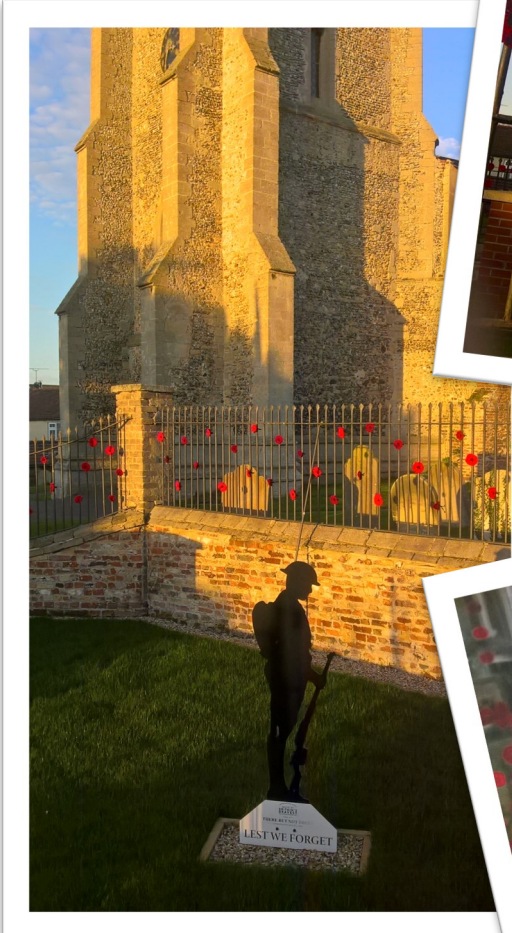
Mrs Ruth Hyam
Mrs Palmer
Melvyn Rolfe
(Scout)
Mr Bob Walden,
Mr Simeon Butcher
(in uniform),
Mr Tom Lawrence,
Joyce Payne (later
MacLeod) laying
wreath.

1950s at Munson's Place and just one of the Remembrance photos on the back of which is marked simply "1958". Whilst it is possible he took the photo we think more likely he was sent the photo as it features my father - and the date could have been added later on uncle's photo too and incorrectly. My old school chum whom I have known since we were 4 years old thinks we joined the cubs in 1958 (when we were 8yrs old) so it is just possible those photos represent the actual service which motivated my poem! The poem represents a service from that time!

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It was only when I added these photographs of the Memorial Garden, all beautifully decorated in readiness for Remembrance Day, to this issue that the significance of the “setting sun” hit home.



St Mary's looked wonderful
thank you to all those who

as well. A big
decorated the church.

Everyone at
The Wellington



would like to wish all of our
friends and customers a very

**HAPPY & HEALTHY
NEW YEAR**

We look forward to seeing you all
in 2021



When is “once in a blue moon”?

And, how often is it?

FELTWELL IN THE NEWS

Thetford and Watton Times March, 1925.

Death

The death occurred on Monday evening of Mr. A. Laws, aged 69, at his home at Bell Street.

A native of Whittington, Mr Laws had spent the greater part of his life at Feltwell. He was employed as farm foreman at Oak Tree Farm for several years by Mr. H. E. King and later by the County Council.

He was the village barber for over 40 years. He is survived by five sons, three daughters and a number of grandchildren.

Additional notes from A. J. Orange.

(He used to charge 1d for boys and 3d for men.)

The report above relates to Arthur Laws who lived at No. 5, Bell Street, son of John & Susan Laws and father of John, Arthur, Ellis, Frederick William, William Walker and Edgar Laws.

His three daughters were Mary & Eliza (twins) and Martha Ellen (Nellie). Nellie's husband, James William Whistler was killed in action at Ypres (France) on 1st October, 1917, aged 38. AJO.

Christian Endeavour

The annual meetings in connection with the Primitive Methodist C.E. were held on Sunday and Monday.

On Sunday the special preacher was Mr. S. Hall, of Brandon and a P.S.A. service was conducted by Mr. B. Watson of Hartest.

On Monday a public tea was held at the Coronation Hall and a sermon was preached by the Rev. W. Hodgson.

Mr. B. Watson of Hartest presided in the evening and the speakers were the Rev. W. Hodgson and the Rev. S.K. Chesworth of Shouldham. Special music was rendered at the service.

The Coronation Hall is where the Sanctuary is now located.

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LATEST CONSUMER ALERTS AND TRADING STANDARDS NEWS

This week we're highlighting the following Scams, Consumer Alerts and News:

Scam Alert – Telephone cold calls offering to stop cold calls

Scam Alert – Telephone cold calls claiming to be from 'BT'

Scam Alert – Telephone cold calls claiming to be from 'Amazon'

Scam Alert – Investment scams and fake cryptocurrency

Scam Alert – Text messages claiming to be from 'Royal Mail' (Note the l in Royal is an i)

Scam Alert— Emails claiming to be from Royal Mail (Do **NOT** click on Reschedule)

Scam Alert—Emails claiming to be from DPD.

Scam Alert – Telephone cold calls offering cover for washing machines

Online, email and phishing scams

Be on the look out for the following scams which are circulating: Netflix users warned about, 'Your auto payment cannot process'. Do **NOT** click on any links.

Action Fraud warn people selling items online to be on the lookout for criminals sending fake PayPal emails

More advice and updates

For more advice and updates you can:

Visit our Consumer Alerts web page and catch up on previous alerts at: <https://www.Consumer scam alerts - Norfolk County Council>

Find us on Facebook

Follow us on Twitter

Reporting scams

Reporting scams you receive helps us continue to build up intelligence on the scammers and how they target people.

You can report scams and get further advice from our partners the Citizens Advice consumer helpline: **0808 223 1133 (freephone)**

We attempted to deliver your package at 17:20 on Monday, 30 November 2020 but no one was available.

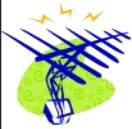
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Citizens Advice consumer service website (*Live link in online issue*)

If you've been the victim of an online scam you can get advice and support from Citizens Advice Scams Action:

0808 250 5050 (freephone)

Citizens Advice Scams Action website (*Live link online*)

You can also report Frauds, Cyber Crime and Phishing attempts to Action Fraud, the National Fraud & Cyber Crime reporting centre:

0300 123 2040

Action Fraud website (*Live link online*)



Almost half of British adults (47%) have had issues with parcel delivery since the country first went into lockdown in March, new research by Citizens Advice reveals.

With more people turning to online shopping as a result of Coronavirus, Citizens Advice has found that over half (51%) of people say they feel more reliant on having goods delivered.

New polling by Citizens Advice has found:

- 96% of people say they've ordered a parcel since March
- The biggest problem consumers face is late delivery, with almost one in three people (30%) across the country facing a delay
- Nearly one in five people (18%) who experience a parcel issue suffered some sort of financial loss, with 40% of those losing over £20

The Citizens Advice Consumer Service has received three times as many calls about delivery issues since March compared to the same

period last year.

Citizens Advice also saw views on its webpage nearly double. The charity's online advice on parcel issues was viewed almost 208,000 times between March and October, compared to 94,000 in the same period in 2019.

As a result, this National Consumer Week (Monday 16 November - Sunday 22 November), Citizens Advice and the Consumer Protection Partnership are working to clue the public up on their online shopping rights, and what to do if something goes wrong with a parcel delivery. Here are their top tips:

- **Check delivery policies** - before you place an order find out what the delivery times, costs and returns policies are of the items you have ordered
- **If you're out of the house during delivery** - consider asking a neighbour or friend if it can be delivered to their address if you think it may be a time or date you are not home. But beware, if you do provide details of a safe space or nominated neighbour and something goes wrong it's not the seller or courier's responsibility
- **Online trader or online marketplace?** Make sure you know if you are dealing with a trader or a private seller on an online marketplace as dispute processes may vary. If you have an issue with a trader, a dispute can be raised directly with them, but if it's a private individual it may be easier to go through a marketplace's dispute process
- **Review traders** - check and review if the trader is genuine. It's always worth taking a look at reviews to gain an insight as to how reliable the company is and how well they deal with missing parcel complaints and refunds

Who to deal with when a parcel goes missing - your purchase and contract is with the seller. If your parcel goes missing you should speak to the trader to deal with the problem, not the courier company.



The recent news of ‘Lockdown 2.0’ ending is a welcome positive for many of our local businesses, but we haven't won the battle yet. We must remain vigilant, follow the guidelines and legislation laid out by the government as we continue the journey through winter to the ultimate end line of a potential vaccine. We now know that Norfolk will move into tier 2 for a few weeks, ultimately this will prove frustrating for some but as a community we must stick together to protect each other.

Rural Engagement Without getting repetitive engagement announcements remain suspended. That does not mean I do not wish to speak to people, so do get in touch.

Also don't forget to follow our Twitter page @RuralCrimeNFK to see what we are up to as a team across the county.

Until such a time I can meet many of you in person, my mobile is 07900 407106. I may not be able to answer all the time so please leave a message or text and I will get back to you, and same via email: christopher.shelley@norfolk.pnn.police.uk



Hare Coursing

Whilst we remain in the season I will continue to update you with what is currently happening.

The last week or so has sadly seen an increase in reports again especially in the west of the county. That said we have had some good results to report back on.

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On Friday 27 November PC Jon Chandler and the team in the west including traffic officers, Operation Moonshot officers, local officers and NPAS (helicopter) arrested five men and charged them with hunting a wild mammal with dogs. Alongside this, five dogs, one vehicle and quantity of cash and hunting equipment was also seized.

I am also pleased to report, as a force, we continue to tackle this sort of criminality at every opportunity. In the past week local officers from Breckland have charged four for poaching offences in relation to a hare coursing incident on the 26 of September, alongside North Norfolk officers charging a further four for the same, in relation to an incident on 16 of September.

I have been asked several times what happens to the dogs we seize. This is quite a complicated matter, it largely depends on the court result. Should the courts issue a confiscation order then we rehome the dogs to appropriate homes. Otherwise if the courts don't issue confiscation orders we have to return them to their original owners. As a force we are unable to recoup any of the costs due to the way the legislation is, this is a costly but incredibly effective tool in tackling this illegal activity. I am always looking to add to my list of possible rehoming options, so do get in touch if you think you could offer a loving forever home (please do your research on long dogs whilst loving animals they need lots of exercise!)

REMINDER: POLICE OFFICERS COLD CALLING

Whilst on the topic of cold callers, we continue to receive reports of phone calls from 'Police Officers' requesting money to be sent etc.

- Police will NEVER ask for any money to be sent.
- Police will not ask for banking details unless part of an investigation you are already involved in and will know about. Police will never ask for any PIN Numbers or Security Codes (numbers on backs of cards)
- Police will also never ask you to purchase any form of gift cards.
- Police will never use courier services to collect money or gift cards.
- Never give your banking details to anyone that calls you.

Should you be contacted by someone claiming to be a police officer who asks for any of the above please report to us. If police contact you and you are not sure if it is genuine please ask for their collar number/station, put the phone down and ring 101. They will either confirm whether the person exists and look to reconnect you to that officer, or confirm that you have been scammed.

Wildlife Crimes

Norfolk Constabulary have a number of specially trained wildlife officers across the county in various different departments. Over the last few weeks we have seen a number of reports of crimes and intelligence relating to wildlife. This is just a little insight into the sorts of things I have looked at recently. I continue to ask you to report any concerns you have, we will always follow up where our powers allow us too.

We received some information that a person was keeping a bird of prey within an address. Upon arrival I was met with a beautiful kestrel which had been hand reared for a few months. Whilst it's believed the person was acting in what they believed were the best



interests of the bird it would have been much better for the bird to have been reared at specialists so it could easily have been released back to the wild. That said the birds current needs were obviously not being met under the Animal Welfare

Act and therefore it was seized and has since been taken to the RSPCA's Wildlife Centre at East Winch to begin 'Kestrel School' where it is hoped they can rewild her as she was healthy enough.

I'd also like to hear from anyone who has any useful ideas about rural crime prevention or anything that you've implemented that has been particularly successful in deterring criminal activity in our rural communities— christopher.shelley@norfolk.pnn.police.uk



Your Good Health

by Dr Ian Nisbet

**An upbeat message from
Deannie and Ian at Christmas,
2020 – an unusual “Round
Robin”**

**written by Ian and amended &
approved by Management (aka
Head Office / Deannie)**

This is version 2, folks! I wrote our Christmas card letter yesterday and reading it back was really depressing as it was a litany of disappointments, failed holidays, restrictions, not seeing family and friends, lockdowns and so on, all caused by Coronavirus. I spent the night thinking about it (having fractured my right kneecap a week ago - 7 weeks in a splint - the pain keeps me awake at night) and decided to rewrite the whole shebang in upbeat mode instead of downbeat, so here we go! It is long and rambling and you will be forgiven for ignoring it. If, on the other hand, you have

time and not much to do, it could pass a few minutes.

Last Christmas was wonderful. We were at home and we enjoyed the company of all the family, spread out over the festive period, with cousin Jennifer and Graham visiting after Christmas. The house was decorated to the eyeballs, facilitated by Isabelle two weeks before Christmas, and I had festooned most of the outside of the house with icicles, flashing lights and even a laser shower. Our front gardens are narrow and the family opposite also have lasers. The effect would have been better had we each illuminated the house opposite but it occurred to us that we could blind all passing drivers so we stuck to our own side of the road.

Having recovered from Christmas, we set off in the middle of January for a tour of

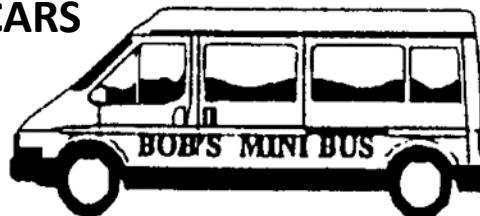
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my Scottish relatives. We had been invited to Robin Hood's 75th birthday party in Harome, North Yorkshire on January 18th. Having accepted, we thought, "Well, if we are going to Yorkshire, we might as well nip across to Ayr, back to Stirling and then up to Aberdeen". So, we did. We started with a night in Liverpool, staying with Clare and Duncan, Imogen, Maggie and James and visiting one of their ethnic restaurants. That was a great visit and, next morning we set off for Wainstalls, near Halifax to have lunch with our Yorkshire friends, Angie and Mick, who have renovated farm workers' cottages in the middle of a field with no access road – tractor or 4 wheel drive required. They collected us from the nearby road and Angie plied us with Ox cheek and Yorkshire pudding which was brilliant. Later in the day, we travelled to Shipton-by-Beningborough where lives the Sidings Hotel. Situated on the East Coast Mainline north of York, all the accommodation is in 1950's railway carriages. The restaurant is in another couple of carriages and the whole place is full of railway memorabilia. Fascinating,

and the noise of main line trains flying past the window all night, making the bed shake, is very soothing. Then it was on to The Pheasant in Harome, where we spent a couple of days celebrating Robin's birthday. It was a wonderful little hotel, a real home from home, prompting Deannie's reaction "I could live here".

Next, we set off for Ayr to visit cousins Patricia and Lindsay also seeing their son, Gordon and cousin Evelyn. We had a lovely, relaxing time with them before crossing the country again to The Stirling Highland Hotel, a shadow of its former glory, where they do not serve mint sauce with lamb as there is no call for it! WOT?! We spent three days there and were royally entertained by cousins Fiona and Martin who live nearby. There were two gems to that stay. Firstly, Deannie and I were able to have two long afternoons with my Cousin Margaret now in her 90's, sharp as a tack but very hard of hearing. Twice, we took her to a garden centre restaurant where the acoustics were just right and we had some great conversations. This was real quality time, much appreciated

and all the more poignant because Margaret died, quietly and with great dignity, two months ago. The second gem was Burns' Night, hosted by Martin with great vigour – the first time we have celebrated Burns' Night in Scotland.

The next trip was across Glenshee to Ballater, near Balmoral, where Carole and Robin have bought a lovely little cottage near Crathie Church and the royal residence. Ballater is a bustling little town full of security men in dark suits driving black range Rovers. We stayed with Lesley and Ian Scott in Aboyne and enjoyed another Burns' Night with a piper (their paper-boy) playing the bagpipes outside on the patio. We broke the journey home in the Lake District, taking the coast road because there was now snow over Glenshee and spending the night in The Punch Bowl in Crosthwaite. We recommend this place highly – do eat the cheese souffle if you go.

In March, we had a party locally to celebrate Deannie's 78th, Granddaughter Katie's 31st and Isabelle's 50th birthday. Held in the local garden centre cafe

(Don't ask!) it was a brilliant Sunday lunch time “do” and then we went into lockdown, enjoying coffee in the garden and sorting out the garden as the weather was brilliant,

In August, to our great surprise, we managed two weeks in The Vendee, travelling in isolation on Eurotunnel and then isolating with Calum and family and Scott and family in a mini Chateau. The chateau was beautiful, set in its own grounds with a massive swimming pool. Our bedroom had a crack which extended from floor to ceiling, travelled across the ceiling and half way down the opposite wall. Scott (a chartered surveyor) had an “epi” and declared that the building had broken its back – no doubt about that. However, when we spoke to the owner, he assured us that he had consulted the local estate agent when he bought the chateau and had been reassured that there was no problem. Apparently, they don't have building surveyors in that part of the world. We had a lovely holiday and managed to get home a week before travel from France became impossible.

A Seasonal Tale: Sorry to ramble

on, but this is a happy tale. Feel free to use this to light the fire or carry-on reading, as you wish, In November, Deannie was reading her Prima magazine (other magazines are available) when she came across an advertisement for two exquisite standard holly trees which would “welcome our Christmas guests in style” They would be 1metre tall with a round lollipop shaped bush and they would be supplied with plenty of berries “Our BEST EVER stock”

Well, “what arrived?” I hear you ask. A couple of scraggy, over pruned trees, with rough-hewn upright tops, certainly not lollipop shaped. And, guess what – no berries. There was a note enclosed, telling me that, because of pollination problems, there were no berries this year. (I note that the holly hedges around here are loaded with berries). However, “so as not to leave your Christmas displays 'berryless', we have tied a number of artificial berries to each bush. Of course, the artificial berries will look great all year round and you can decide when to take them off”. There were 5 artificial berries on one bush and six on the other.

The note ended by telling me to telephone if I was unhappy with this arrangement, so I did, complaining about the shape and berryless situation of the trees. I was instructed to send photos, so I did. Eventually, the reply came back that he had inspected the photos, that they looked all right to him and “what is the issue?”

Enough! I shot back a reply reminding him that he was in breach of the Consumer Protection and Unfair Trading Regulations and that their misleading advertisement had INDUCED (crucial word) me to buy the product. This produced an immediate response, telling me that he had reviewed the photos and that he would refund in full. No need to return the plants. A cheering result.

Deannie had another coronary angioplasty in the Summer and then, in November, she had a large and very active cancer removed from her forehead. She still has a massive healing area but it seems to be “getting there” slowly.

I know this is supposed to be “upbeat” but we both want to say how much we miss all our

J M Harris EST. 1996
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friends and patients in Norfolk and, in particular, the opportunities to see our close friend, Judith Griffen, with whom we stay when we visit Norfolk. We have not seen her since we went to the Bridgman 50th Wedding Anniversary in February. It is also true that we are extremely frustrated by the inability to see our children and grandchildren who usually play such a big part in our lives. However, when we think about those poor folk who say Goodbye to their loved one with Covid in the back of an ambulance, never to see them again because hospital visiting is not allowed, or we think about those with parents in Nursing Homes, unable to visit and having to wave through a

window, we have to consider our blessings. We are not alone, we have each other. We do not live in a tower block with four energetic children and no income. Our house is lovely and warm and we are able to contact family on Zoom or Facetime, Mr Sainsbury and Mr Iceland call with a delivery every week so, comparatively speaking, we are lucky and we appreciate it. Our seven children have all married wonderful people and our 18 grandchildren are all booming so we have a great deal for which to give thanks.

On that note, and with hopes for a better time for everyone next year, we wish you all a very happy Christmas and, most importantly, a healthy New Year.

FELTWEELBEING

Feltwellbeing is now open
every **Thursday from 10.00 till 12.00**
at **Feltwell Methodist Church Hall.**

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NEWS FROM THE POPPY APPEAL ORGANISER

Firstly, I would like to thank the village of Feltwell for their generosity during Remembrance time for the Poppy Appeal. 11 boxes were distributed in Feltwell unfortunately lockdown happened in the middle so some boxes had to be collected early.

Altogether they raised the amazing amount of £918.16 well done to you all. I do not usually say the amount each box has collected but on this occasion I feel I should mention, One Stop with £289.41 and Londis £203.62 which shows how many of you have supported your local shops during this very difficult year and thank you for your generosity. Also thank you to Sam at One Stop for his patience when banking all the small change.

I also had several donations handed to me on Remembrance Day. Donations for the Wreaths for Feltwell, Hockwold, Northwold and Weeting are included in the total raised. Many of the volunteers were unable to cover their areas due to Covid as most of us are in the higher age range!

Also included in the total are the boxes put out in Hockwold which raised £386.54. The School in Hockwold raised £180.67 due to half term only had the box for a week so well done to them. They also laid a Wreath for the first time this year.

Hopefully next year we will be back to “normal” for the Remembrance Day services and the wreaths will be laid at the service.

Total raised so far for 2020 stands at £2555.31

Thank you very much one and all for supporting the Poppy Appeal.

Mary

A very short note from the Royal British Legion to say thank you for your support throughout this traumatic year. Looking forward to 2021 when things will start to get back to some semblance of order. All that leaves is to wish you all a happy and better new year.

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THE LITTLE WHITE PILLS THAT KEEP ME ALIVE

No doubt, like most people, I have my morning routine. Upon waking, regardless of the actual time, I reach out for the glass of water that has stood patiently on my bedside table all night and “wake up” my dry mouth. Then, heaving myself up onto an elbow I reach for the two blister packs containing the little white pills that keep me alive. Each pack contains 14 pills, each individually stored in its own plastic bubble and sealed in with a piece of tin foil. I push down on the top of a bubble and hear the satisfying click as the tin foil snaps and the pill drops into my waiting hand. I go through the same routine with the other blister pack. Eventually two white discs lay in the palm of my hand. I place the pair in my mouth and swallow them down with “plenty of water” as the instruction sheet directs. And each and every day I marvel that these pills are keeping me alive and I thank all the researchers, the scientists, the technologists and the engineers who have all made this possible.

Way back around 1500BC pills were made from bread dough or honey or grease with plant powders or spices mixed in and all formed by hand. In medieval times they were coated with slippery plant substances to help them “go down”. In the 19th century they were even gilded with gold or silver but this often meant that they passed through the digestive system with no effect on the patient! It wasn't until the 1800s that sugar-coating was invented. In 1843 the inventor and painter William Brockendon was granted a patent for a machine capable of producing pills by pressure in dies without the use of an adhesive. Thank goodness he was.

But what is in my daily pills? Well, there's the active ingredient, the one that keeps me going but such a small amount that I'd hardly be able to pick it up. The rest of the pill is *excipients*, medically inactive substances to bind the pill together. Substances such as sucrose (table sugar) or lactose (the sugar in milk) or cellulose. Then there is the *disintegrant*, which aids the dispersion of the pill once it has been swallowed. Once the pill disintegrates the active ingredient is

released and can be absorbed into the bloodstream. Sounds straightforward except the first place that the blood goes is to the liver and the job of the liver is to keep the blood “clean”. This means that the active ingredient has to be designed by the chemists to resist the “first pass” through the liver and not be deactivated. But how was this role of the liver worked out in the first place?

Back in time again to the Roman anatomist Galen who declared the liver to be the “principle organ of the human body”. His ideas persisted well into the Middle Ages although Aristotle had a different view. He thought the heart was central. The science of anatomy progressed steadily but what inhibited real breakthroughs in how the body works was the fact that they could only use their eyes! It wasn't until 1595 that Zacharias Janssen invented the compound microscope and in 1665 Robert Hooke coined the term “cell” and the field of cellular biology was born. Next question: how does a cell work? What is going on inside it? It wasn't until the early 19th century that we began to answer these questions. This is when the science we now call Biochemistry, - the chemistry of life — became established when the first enzyme, amylase, was discovered in 1833. (Biological washing powders arrived in 1969 once biochemists had worked out how to make the enzymes temperature stable.) Since then the field has made rapid progress working out the structure of proteins, carbohydrates and lipids (fats and oils), how enzymes work, how cell processes are controlled and regulated by DNA and RNA, how energy is released from the breakdown of food and how hormones influence metabolism. Which brings me back to my little white pills. My pills contain a hormone which is made in a chemical process in a laboratory somewhere and which is compressed with other chemicals into a pill. This pill is then encapsulated with others of the same type in a plastic blister pack which is then packed and transported to our village pharmacy where, once every four weeks, I collect another 28 day supply. And every day I marvel at how we got here and are thankful that we did, otherwise I would have died many years ago.

Edward Gee

WHY HERE? WHY NOW?

It began at dead of night, when most were tucked up tight and cosy, not having a care in the world.

At first it was just a light in the night sky, giving off no brighter than you would get from a harvest moon on a clear night in the Autumn. But this was appearing in the starlit sky over the North Pole, and it wasn't Polaris shining brighter than usual. Whatever it was, was getting bigger by the second, until it became obvious that whatever it was, it was approaching Earth, and getting ever closer!

The three scientists watching from the observatory perched on top of the highest mountain range in East Anglia couldn't understand why their sensors hadn't picked it up before it got so close. Setting their telescopes to track the object, they prepared to analyse it's movements across the sky.

It soon became obvious that it would pass directly over their position in a few hours' time, and they would probably lose sight of it as daylight approached. But as they locked on the radar reflectors to predict it's destination, it slowed down until it was stationary, directly above the observatory!

Instead of fading with the onset of dawn, its light remained as bright as when they first detected it. In fact, the object produced an intense white beam which engulfed the dome of the observatory. The three men were now beginning to realise that they weren't all dreaming the same dream, and despite the chances of being ridiculed, they decided to call the emergency services in case this 'thing' was possibly hostile.

“Emergency, which service do you require?”

“Well, I'm not quite sure. You see, there's a bright light in the sky above us, and it's just hovering there! Maybe the Police, but I think you should send the Army! We are really getting scared of this thing, whatever it is!”

“ Can you give me your location, Sir?”

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“Yes, of course, this is the Mid Anglian Observatory in Upham Market”

“We've got a right one here, Bert! Says he's at the Upham Observatory, and they are seeing bright lights in the sky!”

“Hello, Sir, are you there? Are you in any immediate danger? Is this light threatening you in any way?”

“Well, not so far, but it is just hovering there above us. I do think you should send somebody to help us. We are all alone here!”

“Very well, Sir, we'll do what we can for you as soon as we can. Call us again if things change. Good luck!”

“Can you believe it? These three blokes have got a light shining on them, and they want us to send out the Coppers and the Army! Nutters, if you ask me! Tell you what, ring the Station and see if they have a copper on duty who fancies a ride out to the Observatory. He'll probably be glad of a break. It is a holiday, after all!”

“Whilst you're doing that, I'll give the Home Guard a bell. They like playing soldiers, and it'll make 'em feel important, eh?”

And so it was that the three scientists soon had the company of constable Harold Eyeful and a detachment of the Dad's Army veterans, all staring up at the bright light in the sky!

“Hay don't know what to make of it”, constable Harold declared.

“Hit really is a rum 'un, and no mistake! What do you think, Captain Wick?” (His real name is Candle-Wick, but he likes to keep it short).

“Well, constable, it's obvious!” the Officer blustered. “We're being invaded by some blasted space chappies! It's just as well you called for our help. I'll have it sorted in no time don't you know! No time at all! All right, men, surround the jolly old building, and fix bayonets! Let 'em know we mean business, eh what?”

So, whilst constable Eyeful took down statements, (got to take statements) from the three scientists, Captain Wick deployed his men around the perimeter of the observatory grounds, their fixed bayonets gleaming in the moonlight (sorry) in the light from the

strange object above them.

Just at the point where Captain Wick and his men were feeling the need to get the weight off their feet, and have a lie-down, the light began to move!

“Right, men, stay alert! Be ready for my signal! They'll soon know how we deal with interlopers in Upham Market!”

Very slowly, the light moved off, and seemed to be heading towards the town centre.

“Keep up, men, Keep up. Don't let 'em get away!” the Captain called, as they tried to follow.

Eventually, the light stopped again, and it's beam fell upon a row of shops in the town square. Then they heard it! Until that moment, the source of the light had been silent, but what they heard was loud and clear!

“Fear not, for behold I bring you good tidings of great joy which shall be to all people!”

As the helicopter disappeared in the distance, in one of the shop windows they saw a sign, which read:-

!



Frederick James.



The eagle-eyed amongst you will have noticed our recently introduced footnotes. We would very much like you to submit a **FOOTNOTE** of your own. Please send your **FOOTNOTE** to Paul at garlandp@btinternet.com.

FELTWELL IN THE NEWS

Thetford and Watton Times April, 1925.

Obituary

The death of Mrs. H. Ludlow Ford has occurred at the age of 37 at Andover, Bucks. Mrs Ford was the only daughter of the late Mr. Theodore Spencer of Feltwell.

She was an enthusiastic worker in religious and philanthropic matters and a talented musician and elocutionist.

(The list of principle mourners included two Feltwell people, namely Mr P.B. Spencer, her brother, and Miss Anna Spencer. Her Aunt.)

Late Mrs Elliott

The death occurred at the age of 56 of Mrs Elliott, the wife of Capt. Elliott of the Church Army. Mrs Elliott, with her husband, was for many years a resident in Feltwell where they were married 29 years ago.

Leaving Feltwell they lived for a period at Hungerford and then at Harrogate where for several years they were engaged in Church Army work.

From that town they proceeded to Yeovil where Captain Elliott is still engaged in evangelical work. For many years Mrs Elliott had been an invalid. The funeral took place on Friday at Yeovil, when the principal mourners were Capt. Thomas Elliott (the widower), Mrs Ketteringham (daughter), Mr and Mrs. T.G. Elliott (son and daughter-in-law), Mr Victor Elliott (son), and Miss Nellie Elliott (daughter).

The headquarters of the Church Army were represented by Capt. & Mrs. Sedon, Sisters Clegg and Thornhill and several representatives of the local Church Army

Additional notes by A. J. Orange

Mrs Elliott's Christian names were Ellen Ann and although the marriage did not take place in church, to of their children were

christened in St. Mary's Church, namely, Ruth Constance, (Presumably the Mrs Ketteringham mentioned above) born 30 March, 1896 and Baptised 31 May, 1896 and James Victor, born 3 May, 1990 and Baptised 22 July, 1900. The parents had moved to Hungerford before James Victor's christening.

FELTWELL IN THE HUNDRED OF GRIMESHOU

*What follows is freely available online at <http://www.british-history.ac.uk/topographical-hist-norfolk/vol2/pp187-200>. It is from Francis Blomefield's, 'Hundred of Grimeshou: Feltwell', in *An Essay Towards A Topographical History of the County of Norfolk: Volume 2 London, 1805*, pp. 187-200. Permission has been granted by British History Online to reproduce this text and I thank them for this.*

I have heard about this book many times and am aware that local historian Alf 'Pip' Orange and others have used it as a source for their own works. It has now been digitised for all to read, however, it is not an easy read due to its age, the language structure is not what we are used to and many of the terms used are ancient. I will be serialising the entire section over the coming months. It provides an enormous amount of detail about the history of our village.

FELTWELL.

This town lies north of *Hockwold* and *Wilton*, and was given by *Ethelwold* Bishop of *Winchester*, in the reign of King *Edgar*, to the monastery of *Ely*; in *Domesday* it is wrote *Fatwella*, and *Feltwella*, and may derive its name from [feot] and *wella*, that is, a pure water, or spring, or rather from the *Saxon* word [fleot], which signifies an estuary, canal, or bay, all which agree well with the site of this village, on the side of those great waters which came up to it, before the draining of the fens.

Edgar, known as **the Peaceful** or **the Peaceable**, was King of the English from 959 until his death on 8 July 975.

In the time of *Leofwine*, fifth Abbot of *Ely*, when the tenures and services of several townships belonging to that monastery were fixed, this was obliged to furnish the abbey with provisions for two weeks in every year; the Abbot had 45 *socmen*, who, as often as he commanded, were obliged to plough his land, to weed, cut, and bind his corn, and carry it to the barn, and bring provisions to the monastery; and as often as the Abbot wanted their horses, to send them to him; and whenever they forfeited, the Abbot had the forfeitures; but on the Conquest, the **Earl Warren** encroached on many of these privileges, and deprived the monastery of a considerable part of the town. *See later notes.*

Socman — a tenant holding land by socage
Socage — (in medieval England) the system permitting a tenant to hold land in exchange for specified services or the payment of rent, and not requiring military service on behalf of the lord.

What the church of *Ely* held at the general survey is thus accounted for: four carucates in demean, 30 acres of meadow, &c; the village is said to be one league and half in length, and one in breadth, and paid 30*d. ob. gelt*, and was valued at 12*l. per annum*. (30 pence in money/kind and 12£ per annum?)
See below for land measurements.

SOME BACKGROUND AND EXPLANATION

Earl Warren refers to William de Warenne, 1st earl of Surrey, and one of only a handful of Norman barons known to have fought at the Battle of Hastings on 14th October, 1066. De Warenne was rewarded with vast swathes of land throughout the country. According to the Domesday survey his lands extended over 13 counties; stretching from Conisbrough in Yorkshire to Lewes in Sussex. His territories were acquired over the course of the reign of William I. By 1086 his riches were only surpassed by the king's half-brothers and his own kinsman, Roger de Montgomery.

Throughout his career, William de Warenne acquired lands in numerous counties, sometimes by nefarious means. In Norfolk he is said to have asserted lordship over freemen not necessarily assigned to him. He had disputes with neighbouring landowners and he is said to have stolen lands from the bishop of Durham and the abbot

of Ely.

In 1067 William de Warenne was one of 4 prominent Normans appointed to govern England during William the Conqueror's absence in Normandy. Following the Conquest, he continued to support the king as a military commander for over 20 years.

WITH THANKS TO: <https://historytheinterestingbits.com/2016/10/09/william-de-warenne-the-conquerors-man/>

The feudal system: William could not be everywhere at the same time. To solve this, he lent parcels of his new lands to nobles, or barons, as they were called at the time. In return for loyalty and taxes, they could use the land. The barons then loaned the land to knights who in turn loaned it to peasants who then did all of the hard farming work! If the barons betrayed William, they would lose their land, and the wealth that came with it.

The Domesday Book: the book was the end result of a survey of all of England by William to assess the value of the country. It took his two sets of officials a year to complete. The first group asked questions of the people. The questions concerned the value of farms and animals which created England's wealth at the time. The second group checked the first group's answers to see if they had told the truth. The book is still in existence today.

Farm-derived units of measurement:

The **rod** is a historical unit of length equal to $5\frac{1}{2}$ yards. There are 4 rods in one chain.

The **furlong** (meaning furrow length) was the distance a team of oxen could plough without resting. This was standardised to be exactly 40 rods or 10 chains.

An **acre** was the amount of land tillable by one man behind one ox in one day.

An **oxgang** was the amount of land tillable by one ox in a ploughing season. This could vary from village to village, but was typically around 15 acres.

A **virgate** was the amount of land tillable by two oxen in a ploughing season.

A **carucate** was the amount of land tillable by a team of eight oxen in a ploughing season. This was equal to 8 oxgangs or 4 virgates, thus , as *Ely had four carucates in demean* they had approximately 480 acres under management.

A **league** originally meant the distance a person could walk in an hour, generally taken to be around 3 miles.

With thanks to Wikipedia

Next month in Part 2—Bishop of Ely's Manor.

STILL SINGING!

There is no stopping Thetford Singers from singing even if rehearsals have changed somewhat this year. Experimenting with the possibilities of 'singing together' by Zoom have been a revelation. Musical Director Chris Parsons has led the way from his home with the accompanist assisting from her home and members singing in their homes. But it works! It even means a previous member has re-joined the choir from her home in France!

So much new material has been added to the choir's repertoire from folk songs to ballads to Christmas songs, traditional, jazzy and the more unusual, all to be performed as a choir in the future. Singing together, even by zoom, is certainly good for well-being and an evening of the week that the members all look forward to!

The second half of rehearsals has been a social time of sharing 'desert isolation discs' by the members, quizzes and sharing favourite Christmas carols. This has proved to be a great way of getting to know each other as well as educational and fun!

So, as we look ahead to 2021, rehearsals will continue in this fashion at present! Rehearsals take place on Wednesday evenings from 730pm-930pm on Wednesday evenings. New members are always welcome. if you are interested in having a taste of singing on zoom or joining us in person at some point in 2021 please contact TS secretary at hilarylevan1@gmail.com

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*It might be worth
digging out the Nov
issue before reading
this.*

I found Brian Black's article on ironing in the November issue amusing. No offence intended by what follows, I hope he takes my comments as amusing!

He must be one of the few people who has actually ironed since March! With most people working from home in their joggers, and wearing the same shirt for zoom meetings!

I did my small heap back then and have recently washed my curtains and so they have been ironed.

It was the fairer sex doing this thankless task but with modern man, be he single or with a partner, I don't know many my sons age, in his 30s, that don't iron. You wouldn't say can't!

With couples both working the chores are generally shared.

We may say how lovely or tasty a meal is but would we say how beautifully ironed your shirt is?

My comments on Brian's obligatory measures are:-

1-2 The iron has to steam and be hot enough to remove the creases! If you scorch something it's too hot and if it won't work, unless it's a reheatable flat iron, throw it away and buy a new one.

4 The power cable length is possibly something to do with the EU? But before you throw an electrical item out cut off the lead and buy a suitable plug from Barker's in Downham and you have a perfect extension lead.

5 It hisses at you!

6 Leave the board up for 14 years when children are at school and husband has a full time office job and meetings—the shirt tally alone was at least 21 a week! Nothing to some people.

8 You need a V for shoulders and corners.

9 Hoovers are also dangerous!

7 & 10 Never waste daylight hours Ironing! It is at least a chore you can do watching the evening telly.

Ginny White

EDMUND ATMERE (FELTWELL) CHARITY

The Charity awards grants to individuals who are in conditions of need, hardship or distress by making grants of money for items, services or facilities designed to reduce the need, hardship or distress.

It also helps for severe chronic illness in younger people.

Applications for assistance must be made to: The Atmere Charity Secretary, 16 Falcon Road, Feltwell, IP26 4AJ giving as much detail as possible about the need, hardship, distress or illness being experienced.

Applicants **MUST** be a Feltwell resident.

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WHISKEY WEEK AT THE WELLINGTON LOGISTICAL

This Logistical puzzle was designed by Chris at the Wellington.

	Paul	Bob	Yvonne	Steve	4 drams	5 drams	6 drams	7 drams	Glenmorangie	Bushmills	Hakushu	Blantons
Tuesday												
Wednesday												
Thursday												
Friday												
Glenmorangie												
Bushmills												
Hakushu												
Blantons												
4 drams												
5 drams												
6 drams												
7 drams												

Match the whisky drinker to their favourite tippie, the day they visited and how many different whiskies they tried.

1. Later in the week than Steve, Paul drank 2 more drams than Yvonne.
2. The person who preferred Hakushu, the Wednesday drinker, Paul & Bob are all different people.
3. The person who drank 5 drams enjoyed Hakushu most. The Bushmills drinker drank less.
4. On Friday someone drank 7 drams of Blantons.
5. On Thursday, Bob drank less than anyone else.



FELTWELL METHODIST CHURCH

We wish all our readers and members of our community a very safe and healthy 2021.

Some of you may have chanced to see the Nativity scene we have in the foyer of the main chapel. It will remain until 12th night (6 Jan).

In our Community Hall, where we have Sunday worship, Russ' Zumba, Maria's Exercise group, & Feltwellbeings, we put up the Christmas Tree and decorated the hall.



Craft & Chat group will be unable to meet under Tier 2 rules.

“Old Codgers” may meet again in this socially distanced hall, on **Saturday 2 January**. You'll know if we are as we will put up the banner in the car park. If we do, numbers will be limited and it will be to celebrate the New Year & include our usual fun quiz, and sharing jokes and a bit of comedy when we all have a good laugh. It's an open event with no age limit and its only £3, and that includes some

refreshments! This event will comply with Methodist Church of Great Britain & UK Government instructions.

Sunday morning worship may continue weekly at 11.00am in the Community Hall, depending on Covid-19 rules and guidelines. We welcome anyone and everyone to share our moments of peace in this hectic world. Families can sit together and other visitors have safely distanced seating. We all wear masks. Our services are only 30-45 minutes long, and include moments to pray for each other and our community and we get to sing 'behind our masks. Non-members are very welcome.

Mondays from 6.30pm Zumba Gold is currently operating and may continue depending on "The Rules". Keep an eye on the village facebook page for updates. Come along and 'dance'. All attending maintain 2m safe distancing.

ELEVENZES – will hopefully start again in January, but will then be on the **FIRST WEDNESDAY OF EACH MONTH AT 10am**, when our usual home-made cakes & pies will be available.

Wednesdays from 6.30pm Maria's Exercise group is also currently operating and may continue. Keep an eye on the village facebook page for updates.



Thursdays from 10.00am Feltwellbeings continue to meet in the Community hall under government guidelines for "support groups". Seating is around safely distanced tables and refreshments are available. Friends chat, share concerns

and celebrations and support each other through personal challenges. We've a snooker table, bagatelle, all of which entertain us and we have a few minutes guided exercise each week. Look for the Feltwellbeings article in this mag.

If you want to talk privately to someone, want to share a problem or want someone to celebrate with you, want to come to an event or one of our groups, you can't get out but would like to..... Contact our pastoral worker Brigette Wilkinson 01366 728797 / 07799 216693

For room bookings & events, to discuss weddings, marriage ceremonies, infant baptisms, funerals, memorial services please contact Mike/Brigette Wilkinson 01366 728797 mikegw15@gmail.com

Church secretary is Jean Dennett 01842 728209

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YESTERDAY'S MEMORIES

The YMCA stood opposite the Oak public house on the bend where the grass is by the Oakfields estate. It was a large building originally used for the Canadian forces in the 1914-18 war. Most of the forces were housed in a very big barn behind Herbert and Edith Cocks's house in Oak Street.

It was really the hub of the village for young people. How blest we were to have facilities like that when we were young! The village seems to have gone backwards in that way, as young people now have very few facilities. You became a member by paying 1 shilling admission for the whole year, and the 2d a week to go. It was as near as you would get to a community centre nowadays. There were two full size billiard tables and a three quarter size; there was a stage, a tortoise stove, no electricity, just "Evening Star" gaslights. They charged 6d for play on the billiards, they were hardly used in the week, but booked right up at the weekend when people had some money! We had matches with Methwold, Hockwold and other villages. There was a little room which was used as a canteen, but we met there also to pick the village football team; that was very important, as the team had a great public following. Tramps would sometimes call in at the canteen on the way from the workhouse at Thetford to the workhouse at Downham Market.

Mr Basil Vincent (*interviewed in 1993 and talking about 80 years previous.*)

WHISKEY WEEK LOGISTICAL SOLUTION

Paul	Friday	Blantons	7 drams
Bob	Thursday	Bushmills	4 drams
Yvonne	Tuesday	Hakushu	5 drams
Steve	Wednesday	Glenmorangie	6 drams

FELTWELL'S WW1 WAR HEROES No.27

All of the information in the "Feltwell's War Heroes" series can be found at <https://www.flickr.com/photos/43688219@N00/42905937225/in/album-72157679638767304/>.

This month's War Hero is:

S. PAYNE, ROYAL INNIS. FUS.

Abbreviations used.

CWGC - Commonwealth War Graves Commission

SDGW – Soldiers Died in the Great War

IRC – International Red Cross

MIC – Medal Index Card



There is a photograph of him in the Norwich Mercury dated January 26 1918. The caption reads :*Pte. Sidney Payne, Royal Inniskilling Fusiliers, of Feltwell, killed in action.*

On the Church Roll of Honour he is recorded as Sidney Payne.

Private PAYNE, SYDNEY

Service Number: 43973

Died: 20/11/1917

Unit: 1st Bn. Royal Inniskilling Fusiliers

Son of Lemon Payne; husband of Mabel Ella Payne, of Shrub Cottage, Feltwell, Brandon, Suffolk.

Commemorated at CAMBRAI MEMORIAL, LOUVERVAL

CWGC: www.cwgc.org/find-war-dead/casualty/1755848/payne,-sydney/

SDGW records that Private 43973 Sydney Payne was Killed in Action on the 20th November 1917 whilst serving in France & Flanders with the 1st Battalion, Royal Inniskilling Fusiliers. He was formerly 018179, Army Ordnance Corps. He was born "Felwell", Norfolk and enlisted Norwich. No place of residence is shown.

The Medal Index card for Private 43973 Sydney Payne, Royal Inniskilling Fusiliers, is held at the National Archive under reference

WO 372/15/162291. However it shows him previously as 50347 North Staffordshire Regiment.

He qualified for the British War Medal and the Victory Medal. The related Medal Roll shows that he was original 50347 5th North Staffordshire Regiment, then 43973 1st Royal Inniskilling Fusiliers.

The 1918 Probate Calendar records that 'Sidney' Payne of Feltwell, Norfolk, Private Royal Inniskilling Fusiliers died 20th November 1917 in France. Probate was granted at the Norwich Court on the 27th May 1918 to Henry Addison and Wilfred Addison, house decorators. His effects were valued at £284 19s.

The balance of his pay was sent to his Executor, Henry Addison, in July 1918. Sydney's War Gratuity was also paid in November 1919 to Henry.

The relevant Panel on the Cambrai Memorial can be seen here:- www.findagrave.com/memorial/56029128/sydney-payne#view-ph...

1889/1890 – Birth and Baptism

The birth of a Sidney Payne was registered with the Civil Authorities in the Thetford District in the January to March quarter, (Q1), of 1890. Then, as now, you had 42 days after the event to report the birth without facing prosecution and a fine. A baby registered at the start of Q1 could therefore have been born as early as the middle of the previous November.

The baptism of a Sidney Payne, no date of birth recorded, took place in the Parish of St Mary and St Nicholas, Feltwell on the 25th October 1890. His mother was Clara Genese Payne. No father was listed. The two of them lived in the Parish.

On the same day and in the same parish, two other Paynes were baptised.

Avis Hilda, no date of birth recorded. Parents John Lemon, a Farmer and Mary Ann.

Katie Louisa, no date of birth recorded. Parents John Lemon, a Farmer and Mary Ann.

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1891 Census of England and Wales

The 1 year old “Sidney” Payne, born Feltwell, was recorded living in a dwelling on Howard’s Drove, Feltwell, This was the household of his grandparents, Lemon, (aged 39, a Farmer + Machinist, born Feltwell), and MaryAnn, (aged 40(?) and born Northwold, Norfolk). As well as Sidney their own children living with them are:-

Clara	aged 16	born Feltwell
Robert	aged 12	born Feltwell
Manella(?)	aged 7	born Feltwell
Katie	aged 4	born Feltwell
Aves(?)	aged 2	born Feltwell

1901 Census of England and Wales

The 11 year old “Sidney” was probably still living with same family, but now his relationship is shown as son. They were living at the Farm House, Near Elm Tree, either on or near the junction with Howard’s Lane, Feltwell. Parents were John L. Payne, (49, a Farmer, born Feltwell), and Mary A, (aged 53, now stated to have been born Feltwell). Children still single and living with them are:-

Frederick W	aged 24	born Feltwell	Engineer
Kate	aged 14	born Feltwell	
Avis	aged 12	born Feltwell	
Clement	aged 9	born Feltwell	

1911 Census of England and Wales

The Payne family were now recorded living at Short Beck, Feltwell. Parents John Lemon, (aged 60. A Farmer) and Maryann, (62, now reverted to being born Northwold), have been married 38 years and have had 8 children, who were all then still alive. The only other person living with them is their 21 year old unmarried son, **Sidney Payne, a Farm Bailiff.**

1913 – Marriage

The marriage of a Sidney Payne to a Mabel E. Leonard was recorded in the Thetford District in the October to December quarter of 1913. Until September 1911 the quarterly index published by the General

Registrars Office did not show information about the mothers' maiden name. A check of the General Registrars Office Index of Birth for England and Wales 1911 – 1983 shows no likely children of Sidney and Mabel.

On the day

Selected extracts from “The Story of the 29th Division: A record of gallant deeds” by Captain Stair Gillon – pages 151 – 159

1st Royal Inniskillings were part of 87th Brigade in 29th Division

20th November 1917

The advance of the 29th, which began between 1 and 2 a.m. on the morning of November 20, was carried out without a hitch. The 87th, which led, reached the point of assembly at 3.30 a.m.

The only audible sound was the chug, chugging noise of the tanks, 378 of which had been allotted to the III. and IV. Corps. The 86th and the 88th were in position in ample time for zero.

At 6. 10 a.m. the tanks started. It was one of the most dramatic moments in the war. At 6.20, from concealed guns which had only just registered, there burst a torrent of smoke, gas, and high explosive shells. And all this in an autumn mist so thick that one could only see 100 yards ahead. It is recorded by the 2nd Royal Fusiliers that they marched on a compass bearing of 40° till they passed through the 6th Division, who had captured and were holding the Hindenburg Line. The assaulting three divisions of the corps attacked with the barrage, and the 29th moved forward quickly to allotted positions in the old front line., which was reached about 7.30 a.m. The feeble counter-barrage did little damage, and soon ceased. Prisoners were soon seen in masses.

Soon after 10 a.m. the bugle sounded G., and the three brigades advanced towards their objectives preceded by twelve tanks, four being assigned to each brigade. The machine-guns went forward on the backs of mules, and although there was some hoof-frisking under the stimulus of the gun fire, not a gun was lost or injured, as Captain K. M. Moir has testified. *Much more detail online*

THE MARCH OF THE TRIFFIDS

I recently had a most enlightening conversation with a friend about the current situation in the world of commerce. I suppose you could call it an intellectual exchange, but I think that would be stretching it a little, as his time in the world of education was much more recent than mine. However, it transpired that owing to that generational gap, our opposing views were obviously borne out of that difference.



This time it was my gripe at being home alone under the Boris lock-downs, and having to resort to the interwebnet for my essentials. A very recent media report on fraud being carried out under the umbrella of one of the world's biggest distribution empires, by criminals taking advantage of the anonymity of on-line marketing, reminded me of that conversation with my friend.

I had lamented on the fact that in the Autumn of my life, I was inveigled into entering that digital market-place by the onset and persistence of the Covid-19 pandemic. It has taken me until now to have trust in mail order and catalogue trading, which does give you the opportunity to actually talk to the vendor with the attendant possibility of being able to arrange a deal. Now, I have to trust a web browser site that follows my every move with something called a cookie. For some reason, it needs to know what I buy, where I buy it, how often I buy it, and how much I pay for it. It would appear that if I allow those cookies to track my shopping activity, they will fashion my browser to suit my preferences. Nineteen Eighty Four springs to mind, but this time in digital form, and much more intrusive! George Orwell would be amazed!

My friend told me at that point that this was the way it was, and that there really was no way back to those 'good old days' I was hinting at and obviously missing so much. Although he assured me that he understood my hankering for the old ways, I should also

understand that cross-counter trading really is becoming a thing of the past, and will soon have no place in modern society.

At this point, I tried to explain what it was that saddened me about today's market place, and what made me so nostalgic for the way things were before the birth of the interwebnet and all that went with it.

As I began to recall those memories, I could see a smile cross his face, (sympathetic or empathetic, I'm not quite sure), as I recalled the streets with shops standing shoulder-to-shoulder, competing for sales of their own particular range or specialisation. Facing your shopkeeper in the flesh, you knew that the food was fresh that day, and that he or she could be relied upon. Meat had been grazing in the field the day before, and the fish had been landed that morning. You could actually talk face to face with the tailor making your new suit, or the milliner, your wedding dress.

I acknowledged that those halcyon days were over, and consigned to history, but I made the point that it was the personal contact that had also been consigned to that same fate. One by one, in ever increasing numbers, those high street shops we older generation remember with affection are surrendering to the goliaths of the market-place, who are swallowing them up and they and their goodwill are now gone for ever. There is no longer a place for those shops and stores on our high-streets that once pulsed with the life-blood of our communities. Shopping is now merely a necessity of life, and no longer a social event that once provided a contact point for many.

My friend once again reminded me that progress is the measure of change, and any change can only be for the good of everyone. He was right, of course, but I cannot help but be reminded that the boarded-up shops only serve to remind us that not only do material things change, but attitudes are also subject to progress, and nostalgia no longer has a place in today's progressive world.

There is no place for compassion for those whose livelihoods are snatched away by the oligarchs of our modern world. Covid-19 has

provided the giants of commerce with the opportunity to pick at the bones of those financially unable to continue trading, and absorb their goodwill with no concern for the consequences of their actions.

One such consequence of this modern, digital world we now live in, is that our young people are growing up with little or no real appreciation of the world that exists beyond their tablet or playstation. One click will bring whatever they desire, like the magician producing that rabbit from his top hat.

Our good-natured discussion eventually reached an impasse, with nostalgia and modernity standing toe-to-toe, and my friend and I had to agree to differ on which world we were most comfortable in.

There was one more thing that we couldn't agree on and that was the carrier's logo on the parcel sitting on my work-top. He joked that it was a smile, but I insisted that it was most definitely a smirk! Symbolic, of course!

Frederick James



Fred tells me that this is the logo to which he is referring. How do you see it? A smile or a smirk?

A Message from the Editors

Readers are reminded that we publish the magazine online on the village website towards the end of the month in which it is issued. The web address is :

http://feltwell.net/magazines/mag_index.htm

All issues are in Acrobat (pdf) format for easy viewing. What you may not have realised is that all the links in the online version are active and, of course, it is in colour.



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OTTERLY BRILLIANT

Happy New Year to you all! We hope you all had peaceful and enjoyable festive seasons.

We often use this article to look back at the past year on the reserve, but after the year that was, I have decided to go for something different – I don't think 2020 is one we need to reminisce about really!

Instead I thought I would focus on one of our most secretive residents here at the reserve, one not frequently seen, but perhaps that is what make a sighting of this magnificent creature all the more special.

I am, of course, talking about the otter. A water loving mammal, the signs of which are often seen more than the animal itself! Which admittedly isn't the most helpful for those wanting to spot one, so here's an otter spotters guide for what to look out for....

With dense brown fur, long thick tail and webbed feet they are perfectly adapted to a semi-aquatic lifestyle. They are a fairly large animal measuring from head to toe, 90cm to 120cm.

A combination of their habit of swimming low in the water (with only their head showing) and the ability to close both ears and nose underwater, means they are easy to miss! Often a few bubbles and ripples signify the presence of an otter swimming away from you. The photo I have included shows their typical swimming posture.

Whilst a lot of otter sightings can happen purely by chance, looking out for the tell-tale signs of otters can give you a clue of where to concentrate your search.

Footprints alongside waterways (don't get too close to those water



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edges!) or in mud across pathways are a sure sign that an otter is about...somewhere! The footprints will measure around 5-6cm in width and will show four or five toes, as the fifth doesn't always show in the print.

Keep an eye out for their droppings, or spraint, which otters leave to both mark their territory and find a mate. The spraints are a greenish-black colour and, if you're feeling adventurous, apparently smell sweetly, like jasmine tea!

Broken apart (stick recommended or gloves!) they contain a real mixture of things from their varied diet of fish, water birds and amphibians – often fish scales are the real give away.



For me, other wildlife can be the best sign that an otter is lurking somewhere near by – the sudden movement of ducks out of the reedbed, flying off the water or making a real racket is a sure sign that something is disturbing them. The culprit, more often than not, is an otter.

Otters can be seen across the reserve, a lot of sightings being a case of the right place and the right time, but recently we've had sightings from both the Visitor Centre and New Fen viewpoint. They can be seen throughout the day, but early in the morning seems to be when activity is at its peak, they seem to especially like the wet weather. So, whilst a rainy day may not seem ideal for a walk, it could be great for otters!

I have got to admit it's not an easy task to spot an otter here at Lakenheath, patience is most definitely required, but it can be rewarded with the most magical of wildlife experiences.

So why not challenge yourself this year to discover the reserve and its wildlife; nothing beats getting out in the fresh air and, if you are lucky enough to be an otter spotter, then that's just the icing on the cake!

Emma Cuthbertson, Warden, RSPB Lakenheath

Chris Mills

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FELTWELLBEINGS

Feltwellbeings had a candle making event that was very interesting and entertaining. Most people who were able to have a go did so and no two candles will ever be the same. People who could not make their own candle decided on colour and one was made for them. We will definitely run the candle event again



as everyone in attendance enjoyed it.



This is just one of the activities that we run with all safety measures in place. We look forward to when we can reintroduce the board games which has been stopped by covid.

All social distancing is observed.

**DID YOU
KNOW?**

The only part of the body that has no blood supply is the cornea of the eye. It receives oxygen directly from the air.



OPEN FOR SUBMISSIONS

As Editors we would like to encourage you to put pen to paper or fingers to keyboard and submit some additional content to our village magazine. We have no preference over the content, as long as it is within the law and all submissions will be considered for suitability. Perhaps you'd like to write about your experiences of Feltwell, a biography of a deceased relative, a poem, your hobby or interest, an opinion piece or even a moan or word of praise or a thank you. Please send your submission to Paul or Susan at the contact details on the inside front cover. Thank you in advance.

EARLY WARNING AT FELTWELL

From Mr J. Porter, after reading the October issue, comes this message and a question.

Thanks again for looking into the speaker system. I did not know what it was called until your article in the October magazine. After



some Google research, I have found an image of the unit which used to be in my father's office. From memory it sat in the corner next to his filing cabinets. I wish that we still had the box, but I

imagine that it was decommissioned and taken away by whoever installed it.

We also had a light in the horse-chestnut in our garden. We were aware that there was a light within the tree as you could see the bulb in the winter. Several people have said that it was some sort of landing/guide light for planes landing on the airfield at RAF Methwold.

Unfortunately we had to cut the tree down in the summer as it had started to rot, but the tree surgeon climbed up first and saved the bulb! If it is



from WW2, its amazing how the glass has not smashed over the past 75 years! It would be interesting to see if anyone knows anything else about it.





St Mary's Feltwell

Your Parish Church

A Happy and Peaceful New Year to You All.

CONTACTS

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TO ARRANGE BAPTISM

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A warm welcome is extended to anyone wishing to attend our regular services:

Sunday 3rd Jan	Epiphany Benefice Eucharist	<u>Northwold</u>	10am
Sunday 10 th Jan	Benefice Eucharist Service to be taken by Bishop Steven.	Feltwell	10am
Sunday 17 th Jan	Benefice Eucharist	<u>Hockwold</u>	10am
Sunday 24 th Jan	Benefice Eucharist	<u>Northwold</u>	10am
Sunday 31 st Jan	Benefice Eucharist	Feltwell	10am

Mid-week Eucharist every Wednesday at 10am via Zoom. Please email Chris Parker for invitation details:

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**There are other services across the Benefice.
See grimshobenefice.com for details.**

Please also feel free to come into church when it is open. Come for private prayer, for peace or to admire the beautiful building.

We ask only that you follow the safety measures clearly posted in the church and that you wear a face covering at all times.

FOR YOUR INFORMATION:

The church will not be cleaned each day, so we leave the decision to you as to whether or not you come in.

A Huge Thank You From All At St. Mary's



To all who have helped bring the spirit of Christmas to the church and community, despite things being so very different in 2020.

- The “girls”, Heidi, Carla, Gioksel and Suzanne who organised the Feltwell Christmas packages initiative and used the church as their “depot”.
- Those who decorated the church so beautifully for the Christmas season, Jackie, Barrie, Angela, Suzanne, Gioksel and Heidi.
- Stuart and Christine for making the beautiful Nativity Scene which graced the churchyard.
- The Parish Council for providing the community Christmas Tree and lights, Tony for installing the electrics and One Stop for funding the electrics.
- As I write we are still to hold the Christmas services, so special thanks to Rev'd Joan Horan for leading us in worship and to all who will visit us this Holy Season.
- As I write we are also seeing the first of the children's shoebox nativities arrive in church, thank you to all the children who have made one. We are sad that there has been no School Carol service, Christingle service, decorated trees or Father Christmas this year and look forward to things returning to normal for Christmas 2021.

Grateful thanks also to those work so tirelessly behind the scenes to keep the building open and available to all in the community, not just at Christmas but all year round.

***Paul and Susan wish you all a very
Happy New Year.***

We would also like to thank, on behalf of our readers, all those who brave the elements to deliver the magazine each month, for no payment other than knowing that the profits go to good village causes.

Thank-You Distributors

A Message from the Editors

We are acutely aware that during the first lockdown some of our subscribers were unable to read the magazine as they don't have access to the internet. Plus, those of you who did manage to read a copy online or downloaded, didn't get a physical copy. In the light of this we have decided to give you all two free issues, starting with this one.

Consequently our annual subscription renewal date will move from January to March 2021 when subscriptions will be collected by our distributors.

Paul and Susan

A gift subscription form can be found elsewhere in this issue.

- Rev'd Joan Horan, our Rector, who has worked hard to keep worship alive in the parish this year. While we have been unable to worship in the building Joan has led us by Zoom.
- Paul and Susan, the village magazine editors, the donation from the income of the village magazine really helps keep us afloat, this year especially.
- Stephen and Paul "the Volunteer Groundsmen"
- Barrie the clock winder, bell ringer and generally a great help.
- Jackie, Barrie's wife, also a wonderful help in so many ways
- Trish and Barrie who ensure the building is opened and closed each day.
- Angela who has provided the lovely flower arrangements and along with Jackie organised the Remembrance Sunday display in church.
- Vanessa Fry who looks after the Foodbank and collects and delivers the donations.
- And so the list goes on. I apologise if I have missed anyone by name but be assured the help from each and every one of you is truly appreciated.

This year Covid 19 has had a huge knock on effect on our ability to fundraise for the church. It costs £9,000 a year just to keep the doors open and this is a huge worry to us. As well as not being able to hold the Festival of Light, an event enjoyed by so many in the village and beyond, we have been unable to hold the usual Quiz Nights, Concerts, Music Festival etc. May we ask that in lieu of attending these events you consider making a donation, no matter how small, to help us keep the building open and viable for safer times ahead. There is a wall safe for donations in the south porch or you can donate through our Just Giving page.

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WORD SEARCH

Submitted by Mrs J. Clements.

C	E	N	O	B	C	I	T	A	M	O	G	Y	Z
E	R	M	E	F	B	S	O	F	A	T	T	D	P
R	S	A	Y	P	A	T	E	L	L	A	R	I	G
V	H	U	N	F	E	M	U	R	L	L	I	S	O
I	O	D	C	I	M	I	X	C	E	U	Q	T	P
C	A	M	V	N	A	O	P	A	U	S	U	A	E
A	X	F	E	I	I	L	O	K	S	Y	E	L	A
L	I	A	V	R	I	K	B	O	T	T	T	P	R
V	T	I	B	I	A	R	C	O	H	B	R	H	B
E	T	H	M	O	I	D	B	O	N	E	A	A	E
R	S	Q	F	A	G	G	I	A	J	E	L	L	T
T	R	T	R	E	N	O	S	U	B	X	B	A	R
E	H	D	A	M	N	D	M	H	S	C	O	N	E
B	E	O	Q	P	A	O	I	U	V	F	N	G	V
R	L	N	R	L	E	F	B	B	R	M	E	E	C
A	P	L	L	A	X	S	M	E	L	C	F	S	I
E	I	U	X	H	X	U	J	Y	T	E	A	S	C
S	K	L	A	P	N	I	K	F	L	A	H	S	A
S	T	N	C	R	F	I	B	U	L	A	M	I	R
B	O	A	E	N	O	B	L	A	S	A	N	A	O
I	E	T	C	A	E	N	O	B	D	I	O	Y	H
R	S	C	A	P	H	O	I	D	B	O	N	E	T

This month our word search is on **Bones of the Human Body**

Find the words from the list. They run vertically, horizontally, diagonally, backwards and forwards but always in a straight line.

CERVICAL VERTEBRAE
CRANIAL BONE
DISTAL PHALANGES
ETHMOID BONE
FEMUR
FIBULA
HAMATE BONE
HYOID BONE
INCUS
MALLEUS

MANDIBLE STERNUM
NASAL BONE TALUS
PATELLA THORACIC VERTEBRAE
RADIUS THORAX
RIBS TIBIA
SACRUM TRIQUETRAL BONE
SCAPHOID BONE ULNA
SKULL VOMER
STAPES ZYGOMATIC BONE

Solution on page 73

Home Learning Tips

Use the internet or books to find out:

Where is each of these bones in the body?

Which one of the clues isn't strictly a bone?

The total number of bones in the body?

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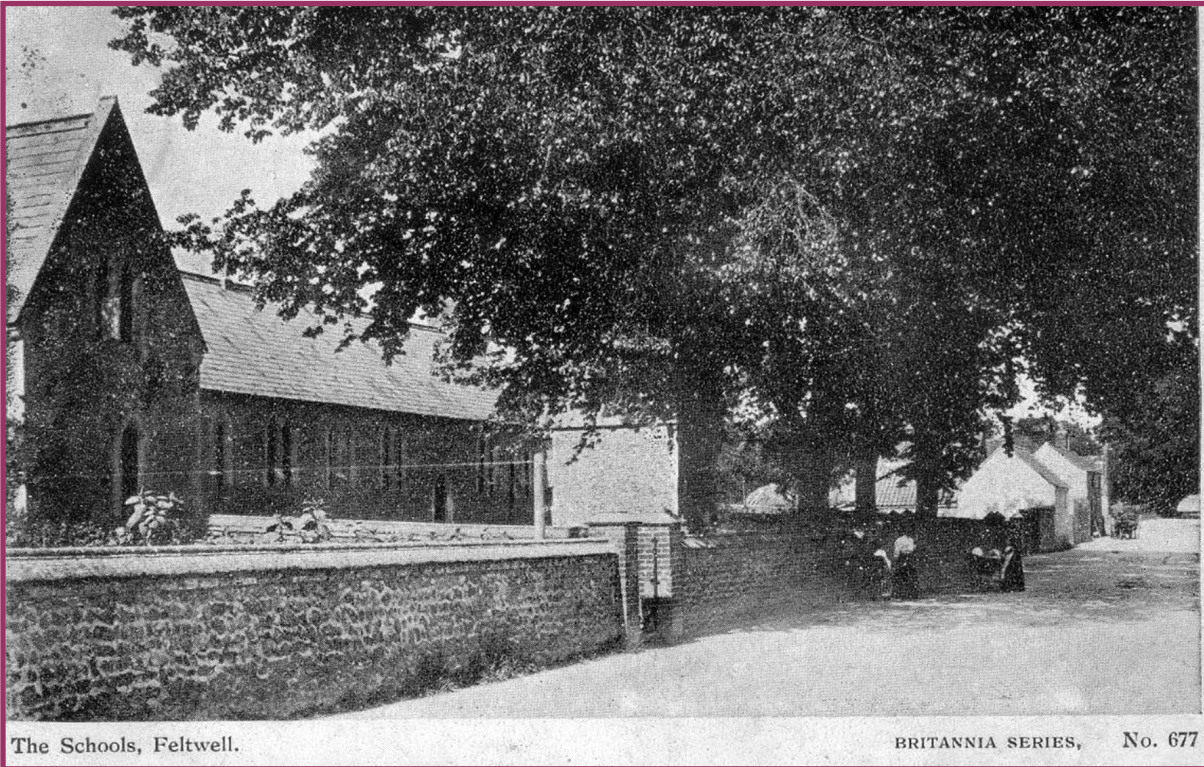
GRANTS AVAILABLE FOR POST 16 STUDY

- Are you over 16?
- Have you lived in Feltwell for at least two years?
- Are you studying at College or University?
- Do you need assistance with the purchase of equipment or books to enable you to study?

If you can answer "YES" to all of the above then apply in writing to Mr B. Hawkins, Agent for Sir Edmund De Moundeford Trust, 15 Lynn Road, Downham Market, Norfolk. PE38 9NL. In your letter you **MUST** include the date you moved into the village, details of the course you are studying, where you are studying, the qualification you expect to achieve upon completion and any costs necessary for you to embark upon the course. Include details of any books and/or equipment required. If you know a Trustee please put their name in your application. The award of a grant is at the discretion of the Trustees and shall not exceed £300. Only one award will be made per applicant.

SPOT THE DIFFERENCE NO. 17

Photos taken from Mr P. Garland's "Feltwell: Yesterday and Today" presentation first shown in 2018 and provided by Mr C. Cock. Modern photos taken August 2018 by Mr C. Brown.



Above: The second school built by the Trust in 1880. Closed 1970 and became Edward's engineering works which has now been converted into houses, with the land behind opened up as Old School Close.





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NEED LASTING POWERS OF ATTORNEY?

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For lo! the days are hastening on ---

We're stepping into a brand New Year!
And it's full of promise and mounting cheer,
The past ten months have had us all chained,
And we've tip toed through a world oh so strained
With worry and sadness and life style collapse,
Can we dare to believe that just perhaps
We're entering a landscape of freer choice,
And with joy and delight can reclaim our voice ---
For a new day is dawning and the gloom will lift,
And fast approaching is the greatest gift,
With label that reads, "This gift is for all!"
Like the longed for baby that lay in the stall.
For this is miraculous with countdown begun
As we stay alert for the starter's gun.
The answer we've longed for to this ghastly plague
Has been delivered with little delay.
Pioneering work at it's very best
Which has ticked every box and passed every test.
So creep out of the shadows and view the dawn,
And let us salute the happy morn!
For lo! the days are hastening on ---
And the trials of the past will soon be gone.
But it isn't over --- yet it isn't far,
So be like The Wise Men and follow the star.
Continue to do what we're all asked to do,
Then all that is longed for will start to come true.
Let's be like the sower who sowed the seed,
And plant in the good ground that meets the need.
And so it will be as we start to unwind,
There awaits hugs and happiness for all of mankind.

Judith Porter

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Like most village organisations this year we haven't met for such a long time that I can't remember the last time we did meet! All I know is that I am missing our monthly meetings so much; the comradery, the talks, the laughs and, of course, the full English breakfast. And that goes for my stomach as well!

I would like to wish all our members the best possible Christmas and say that I am optimistic we will get back to normal at some point next year. Just watch your inbox, but don't hold your breathe.

Paul

Word Search Answer

Submitted by Mrs J. Clements

Next month's Word Search will be on **TV CHANNELS**

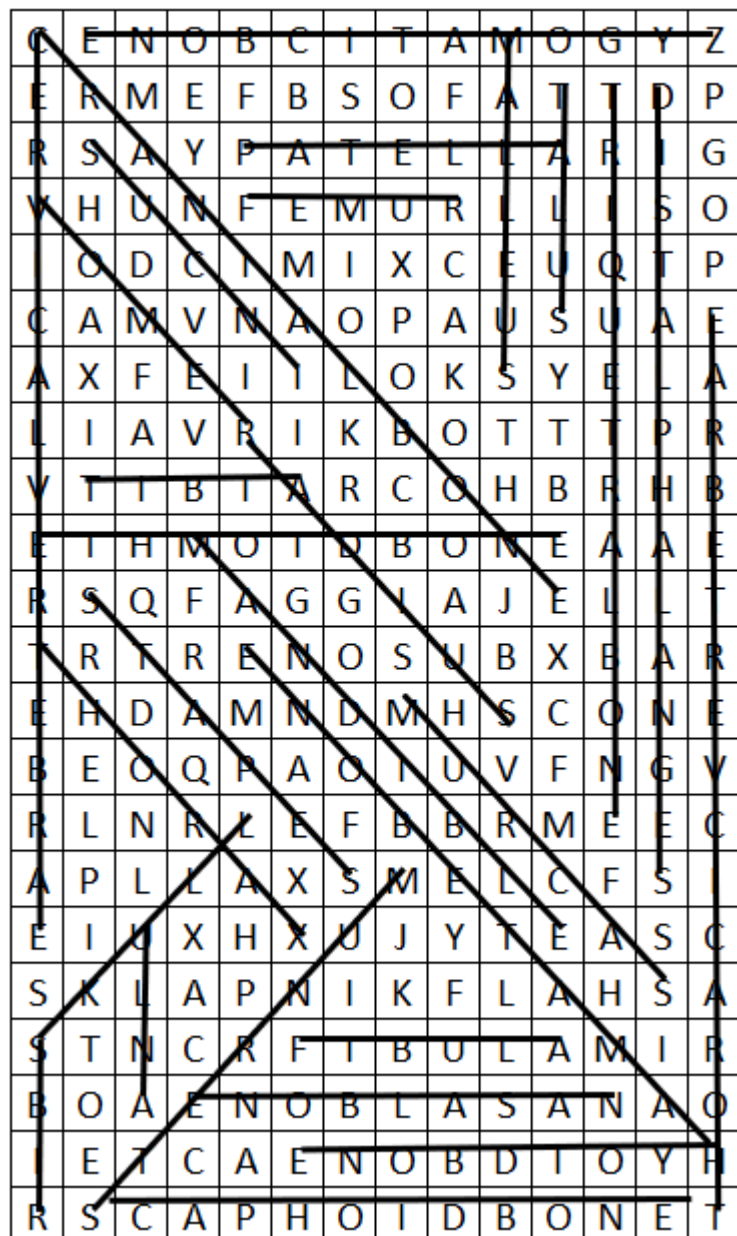
Our Local Foodbank

If you would like to donate to our local Foodbank

There is a drop off point at St Mary's Church, Feltwell.

Any food stuff which does not require refrigeration and is in date is ok. Thank you for all your donations, kindness and generosity.

Ness Fry



**Do you know someone who doesn't take the magazine?
Why not give them a subscription as a gift this year.**

Fill out the form below and return it to Paul at the address inside the front cover before 14th February 2021 and they will receive their first issue in March. All current gift subscriptions expire with the February 2021 issue.

I wish to give a gift subscription of 12 issues of Feltwell Parish Magazine to:

Name of recipient: _____

Address for delivery: _____

Payment. Cheques must be made payable to Feltwell PCC. £5 for village addresses, £17.00 for elsewhere in the UK (includes P&P), £35 for abroad (incl. P&P)

Signed: _____

Bored? Fed up with the virus?

Sick of the telly? Need a stocking filler?

Need something different to do?

Nip into a local shop and pick up a Quiz to help raise money for

St Mary's Church. **Only £2**

£10 first prize, £5 second prize.

Closing date **January 10th 2021** (All instructions on the sheet)

Thanks to Londis, Central Garage, One Stop and the Fish Piper for selling the sheets and thanks to Jackie Reeves for writing the questions, some of which are devilishly hard. Therefore, even if you don't complete the quiz send it in, you might still win!

Sudoku Puzzle

Each row, column
& 3x3 square must
contain numbers
1-9

Answer on page 77

		5						
					3	5		8
	6	8			4		9	1
			6	8			3	
		2				8		
	3			2	9			
5	4		2			1	8	
6		9	5					
						2		



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- **Xmas Afternoon Tea**
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3	1	5	8	9	2	6	4	7
7	9	4	1	6	3	5	2	8
2	6	8	7	5	4	3	9	1
4	7	1	6	8	5	9	3	2
9	5	2	3	7	1	8	6	4
8	3	6	4	2	9	7	1	5
5	4	7	2	3	6	1	8	9
6	2	9	5	1	8	4	7	3
1	8	3	9	4	7	2	5	6



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NEWS FROM THE PARISH COUNCIL

The Parish Council meeting for December was held too late for the report to be submitted by the earlier deadline for this issue. The December report will be printed, along with the January report in the February issue.

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