## FINEL PARISH MAGAZINE OUR COMMUNITY

February 2025



#### Inside This Issue



Spring into Action
Stairlift to Heaven
Children's Mental Health
Feltwellians—In Memory of
Albert Victor Mott
Streetwave Phone Survey
Parish Council Report
Plus, all our usual puzzles
and much more inside.

FELTWELL ORGANISATIONS	List maintained by Paul Garland.					
Feltwell Bowls The Royal British Legion (Hall 828480)	Martin Blackman Ian Rayner	829821 07766 348679				
RBL Poppy Appeal Organiser	Mary Reynolds	828130				
Feltwell Historical and  Archaeological Society	Marion Lucas (Chairman)	828769				
Feltwell Table Tennis Club	Steve Wellington	07436 905520				
Beavers and Cubs	Claire Scarff	827555				
Feltwell School PTA		@ the school				
Feltwell Women's Institute	Claire Scarff	827555				
Feltwell Playgroup	Merle Gallagher	07582 371984				
Feltwell Scout Group	Claire Scarff	827555				
Feltwell Football Club	Neil Edwards (Secretary)					
Feltwell Youth Football Club	Andy Kennedy	828914				
Feltwell & Thetford District Mencap	Mrs T. Sismey	827292				
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Feltwell Social Club		828093				
Feltwell Primary School	Mrs J. Lillycrop	828334				
Feltwell Golf Club	Joanne Bates	827644				
Feltwell In Bloom	Rita Page	07785345614				
Rector of St Mary's Parish Church	Revd. Joan Horan	828034				
Curate of St Mary's	Juanita Hawthorne	01336 728545				
Churchwarden of St Mary's	Christine Parker	827152				
Friends of St Mary's	Stephen Parker	827152				
Feltwell Men's Breakfast Club	Paul Garland	827029				
Feltwell Methodists	Mike Wilkinson	07712 578721				
Feltwell Museum	<b>Graham Simons</b>	828387				
Parish Clerk, Jo Martin. Email: clerk@feltw	828383					
Parish Council website: https://feltwellparishcouncil.gov.uk						

#### Deadline for the next issue is 14<sup>th</sup> February 2025

Feltwell's History Website can be found at http://www.feltwell.net

Submitted articles may be hand written, emailed or typed in MS Word and sent to: The Editor, Mr Paul Garland, 16, Falcon Road, Feltwell, (827029), Email: garlandp@btinternet.com

Advertisers should contact our Advertising Manager: Susan Withers,

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Email: s\_withers@hotmail.co.uk

Distribution is by Ian Webb (828167) & Paul Garland

You can subscribe to this magazine for £5 a year, incl. two free issues and free delivery in Feltwell. Gift subscriptions are available, contact the editor.

## Spring Into Action: Get Ready for the Season of Growth

As the days grow longer and the mornings brighten, there's a touch of magic in the air. Trees begin to bud, and the promise of spring peeks through the February fog. It's nature's gentle nudge, saying, "Right then, time to shake things up—life's about to get lively!" Think of February as your warm-up lap before the full marathon of spring. Let's stretch out those limbs and shake off the winter blues together!

To kick-start your spring journey, how about weaving a few simple stretches into your day? Nothing says "I'm ready for spring" quite like being able to touch your toes without sounding like a creaky gate! Add a brisk walk a couple of times a week or a ten-minute daily stretch, and you'll be amazed at how energised you feel as the season unfolds.

And speaking of energy... Valentine's Day is just around the corner! Remember those days when February meant handwritten love notes, grand gestures, or a flutter of butterflies at the thought of a secret admirer? Perhaps you even went out of your way to impress—was that really you, throwing out cheesy one-liners and practising your *smoulder* in the mirror? Oh, the romance!

Fast forward to today. While the candlelit dinners and heartfelt cards may have taken a backseat to practicality and a good night's sleep, let's not forget: we *are* still young—at least in spirit! This Valentine's, why not channel that youthful zest into your health and wellbeing? Because let's face it, nothing says "romance" quite like feeling fabulous in your own skin.

So, grab February by the horns! Stretch, walk, laugh, and maybe—just maybe—whip out a cheeky wink and a romantic gesture of your own. After all, spring is about growth, energy, and rediscovering what makes life so wonderfully full of surprises.

Helen.

Life Fitness Re-engineering

Continued over page

## The Wellington In February

THE WORLD OF WHISKY AT YOUR FINGER TIPS

WELLINGTON WHISKY

WEEK 2025

Ends 2nd Feb

## February 1st

KILLER TOMATOES from 8:30pm

## February 8th NEVER 2L8

from 8:30pm

Never?



## February 22nd

Leon Lambert from 8:30pm



## February 28th

Alisha

From 8:30pm



Helen added a footnote as follows: Valentine's Day is believed to have originated from the Roman festival of Lupercalia.

As this is something I'd never really considered I did some research with the help of Encyclopaedia Britannica.

The festival, which celebrated the coming of spring, included fertility rites and the pairing of women with men by lottery. At the end of the 5<sup>th</sup> century, Pope Gelasius I forbid the celebration of Lupercalia and is sometimes attributed with replacing it with St. Valentine's Day, but its true origin is vague. Valentine's Day did not come to be celebrated as a day of romance until about the 14<sup>th</sup> century.

Although there were several Christian martyrs named Valentine, the day may have taken its name from a priest who was martyred about 270ce by the emperor Claudius II Gothicus. According to legend, the priest signed a letter "from your Valentine" to his jailer's daughter, whom he had befriended and, by some accounts, healed from blindness. Other accounts hold that it was St. Valentine of Terni, a bishop, for whom the holiday was named, though it is possible the two saints were actually one person. Another common legend states that St. Valentine defied the emperor's orders and secretly married couples to spare the husbands from war. It is for this reason that his feast day is associated with love.

Formal messages, or valentines, appeared in the 1500s, and by the late 1700s commercially printed cards were being used. The first commercial valentines in the United States were printed in the mid-1800s. Valentines commonly depict Cupid, the Roman god of love, along with hearts, traditionally the seat of emotion. Because it was thought that the avian mating season begins in mid-February, birds also became a symbol of the day. Traditional gifts include candy and flowers, particularly red roses, a symbol of beauty and love.

The day is popular in the United States, Britain, Canada, Australia, and also celebrated in other countries, including Argentina, France, Mexico, and South Korea. In the Philippines it is the most common wedding anniversary, and mass weddings of hundreds of couples are not uncommon on that date. The holiday has expanded to expressions of affection among relatives and friends.



R

## Edmund De Moundeford Voluntary Controlled Primary School

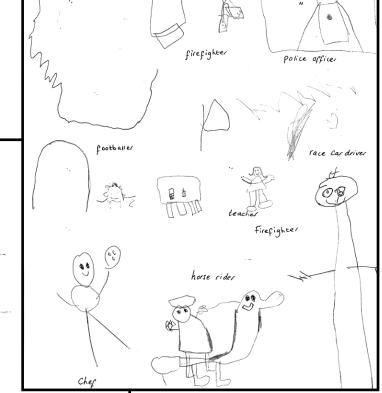
#### FROM THE CLASSROOM

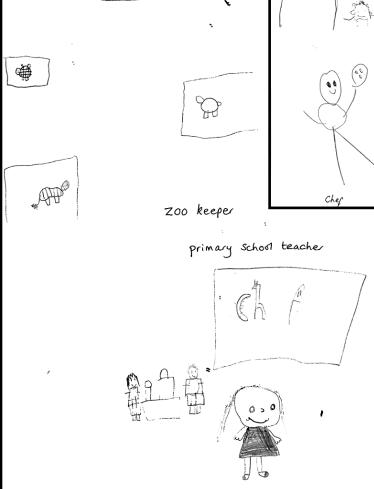
This month the Magpie Class have been thinking of

Firefighter

jobs they

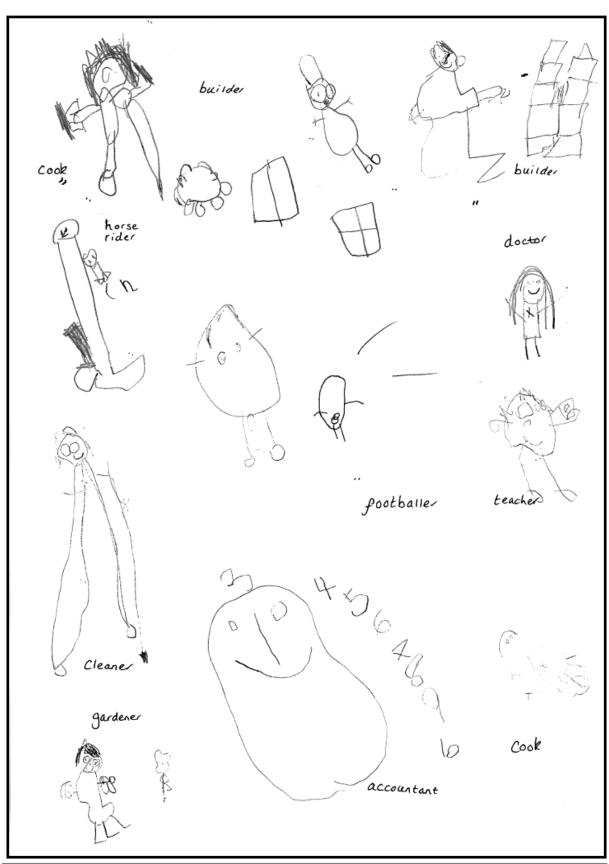
would like to do when they are older. We hope you like some of our drawings. Some children have also thought about New Year's resolutions and things we could do in 2025.





(Magpies are the youngest class in the school.

Occupations depicted:
Zoo keeper, Accountant
Teacher, Police Officer
Footballer, Gardener
Horse rider, Builder,
Firefighter, Doctor,
Race car driver, Cook. Ed)





What did the painter say to her sweetheart?

I love you with all my art.

Children in Swifts class have been learning why Florence Nightingale and Edith Cavell are remembered today:

Florence Nightingale was born over 200 years ago. She was a nurse. She saw that hospitals were dirty. This meant that germs spread and people got sicker. She made the nurses wash their hands and clean the rooms. She went to help the soldiers in the Crimean War.



**Edith Cavell** was born in 1805. She trained to be a nurse and later trained other nurses too. In World War 1 Edith helped soldiers get better no matter which side they were on. She helped 200 soldiers escape.

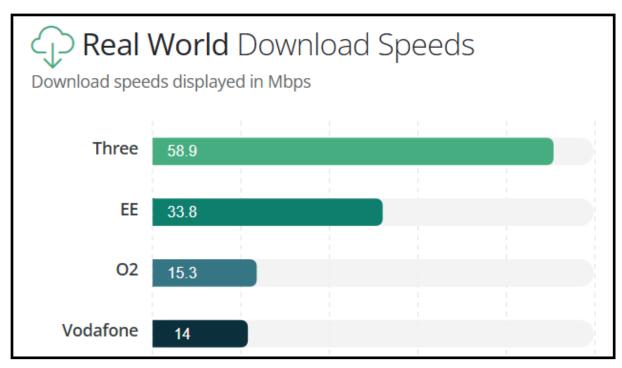
This is why they are remembered.

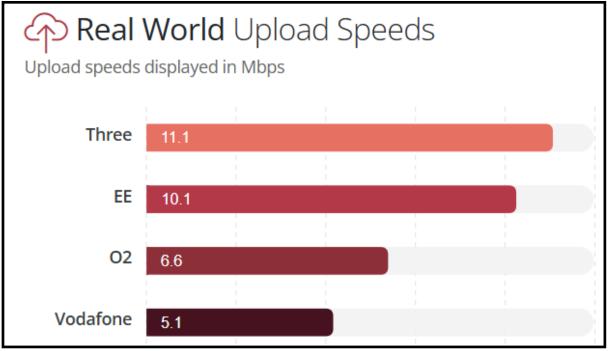
#### **STREETWAVE**

You may have seen on the news an article about NCC's ongoing survey of mobile phone signals across the county. The survey is called **Streetwave** and by using a standard Galaxy smartphone located in the cabs of bin lorries upload and download speed have been measured. The survey result can be viewed at https://app.streetwave.co/coverage-checker/55. All you have to do is enter your post code, select your address and results are instantly displayed by mobile phone network. I checked the results for my address in Falcon Road and the results are shown over the page.

Measurements were taken between 11/04/2024 - 10/10/2024 and are averages.

A signal strength map for the county and, by zooming in, the village can also be viewed for each network. This reveals that EE provides the best signal coverage for most of Feltwell whilst Three provides the worst. This doesn't necessarily imply the fastest upload and download speeds as can be seen for Falcon Road. Results are only available for where bin lorries go, in other words, most roads.





**Note.** If you notice work being done at the telecoms tower on the Old Brandon Road it is part of Anglian Water's Smart Water Meter network as stated in AW's 2020-2025 plan, "... We are installing smart meters across our region to enable a step change in our customer communications, supporting our water efficiency initiatives... " This is Planning Application 24/02092/F as mentioned in the Parish Council report and summarised: Installation of an Omni antenna on the top of the existing telecommunications tower, a GPS module and 3G antenna finial. Nothing to do with mobile phones.

#### I Can No Longer See You With My Eyes Or Touch You with My Hands, But I Will Feel You In My Heart Forever

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www.markskinnerfunerals.org.uk

#### STAIRLIFT TO HEAVEN

With this month's submission Fred has left the serious side of international relations behind to present us with a completely different type of question, perhaps one a touch more trivial?

A while ago, I wrote a short piece which explored the theory that we fell generally into two main categories, and I used the pint glass to demonstrate. In a word, I asked the question, "Do you consider yourself to be a 'half full, or a half empty' person in the way you approach life. Do you sit on the fence of life, figuratively speaking, or do you consider that you really do fall fully one way or the other? Satisfied with what life presents you, or was there room for improvement?

A recent event close to home had me revisiting the subject, and, as usual, my little grey cells went into overdrive and fired up my imagination again. Going off at a tangent, (as is my want) I found myself remembering Stubby Kaye mentioning a similar occasion in his song about temperance, (or lack of it), and Kermit the Frog decrying his station in life.

I found that there were many ways my fifty-fifty question could possibly be answered. That glass half full or half empty, depending on your point of view. The point of no return on a journey, where it is just as far to carry on, as it would be to turn back. The Thirty-Nine Steps would have had a point of no return at step number twenty, where to retrace one's steps would return you to the bottom, where you would have to start all over again, but to go on might have been the best option and saved you thirty per cent of the energy it would have taken to start again. (How's that for well thought-out Frederick James logic?)

Anyway, to get back to the subject in hand.



Two ways to make your day more enjoyable: Don't watch the news and keep off the bathroom scales.

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## TRUSTY GARDEN CARE

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Care & management of trees a speciality

I live in a bungalow, and have done for the past forty years, so I've never been faced with the problem. I might have considered it before, when I lived like other folk, but at my age now, I'm glad the occasion doesn't arise. It might have been fun, but it's too late now, so it's all theoretical, I suppose.

So, what would I have done, in the same circumstances? What would my folks have thought, if I'd done the same thing. There would have been no shame in doing it, I'm sure, but there could have been those who did disapprove, for one reason or another. Still, it would have been my decision, and they would have had to accept it, wouldn't they? They would have had to decide which side of the divide was their place to be. Not my problem! I reckon my glass would have been full to start with and then empty in double-quick time! And when my legs became unsteady, I'd have had somewhere to sit down, wouldn't I?

Mind you, being drunk in charge of a stairlift probably wouldn't have been wise, I suppose. I can just see myself whizzing up and down on my charger, without a care in the world! I understand they can be a bit sluggish, especially if you are in a hurry for the little room! Set off early! That's the answer! Set off early and enjoy the view!!

I wonder if they do them that work on the flat?

Only asking! Hi Ho, Silver!









Are You able to access your bathroom facilities?

Are You having difficulties using your stairs?

Are You able to move safely in and around your home?

#### **WE CAN HELP**

Care & Repair provides a range of practical services designed to support older, disabled and vulnerable people and enable them to live independently in their own home in comfort, warmth and safety.

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- We can also provide you with equipment including shower boards, stools and grab rails.
- Providing advice about the types of repairs, improvements or adaptations available.
- Advice on whether you may be able to receive a grant for work and help you to apply.
- Project manage and organise building work through to completion.
- Our Handyperson Service can assist with home security, energy efficiency and falls prevention measures. It also offers practical solutions for those living with dementia.

For further information visit www.careandrepair-wn.org or call 01553 616200 or email:careandrepair@west-norfolk.gov.uk



Eva and Roy would like to say a big thank-you to all of you who donated to our Christmas lights display and helping us raise a total of £770 for many to the same Eva and Roy would like to say a big thank-you to all of helping us raise a total of £770 for my Wish charity at West Suffolk hospital to provide goodies for children.

A very big thank you.

Eva and Roy



#### **NEW Lead Times for Prescriptions NEW**

PLEASE ALLOW 5 FULL WORKING DAYS FOR YOUR MEDICATION TO BE READY

<u>Ordered</u>	Ready for collection

Sat, Sun & Mon **Following Tuesday** Tuesday Following Wednesday Wednesday **Following Thursday Thursday** Following Friday

Friday Ready a week Monday

> This magazine is printed by Limetree Printing, 44A Paradise Road, Downham Market PE38 9JE. Phone: 01366 383989

#### **LATEST CONSUMER ALERTS AND TRADING STANDARDS NEWS**

### Scam Alert - Letters claiming to be from the 'Chartered Trading Standards Institute'

We are warning residents to be aware for letters claiming to be from the Chartered Trading Standards Institute (CTSI).

This follows a report from a Norfolk resident who received a letter claiming they 'may have been subject to fraud' and instructing them to make contact via a number given in the letter.

If you receive this or a similar contact it is a **scam**, and we advise you **do not** make contact with any details given in the letter.

CTSI have previously issued warnings about telephone calls, letters and emails falsely using their name and branding which have made claims including:

- That you have been 'exposed to a company that CTSI have investigated in the past'
- That 'insurance scammers have been captured by Trading Standards' and the letter recipient should fill in a 'creditors debt form' to obtain compensation
- That you can claim compensation for 'failed investments'

#### Scam Alert - Scam Callers claiming to be Police Officers

We are highlighting a warning from Norfolk Police for residents to be aware of telephone scammers pretending to be police officers.

This follows six reports from residents in the Great Yarmouth area of calls claiming to be an officer at 'Great Yarmouth Police Station' and 'Howard Street Police Station'. One caller did also claim to be from 'Scotland Yard'. The callers provided false names and collar numbers to the victims before using various stories to try to gain their bank details or encourage them to withdraw sums of cash for collection by a courier.

Two victims were told their cards had been used fraudulently in a local supermarket and they needed to provide their bank details to verify the transactions. Another two victims were told that there had been fraudulent transactions on their account, but the fraudsters were not specific about where and when these supposed transactions had taken place.

Two victims were told to attend their local banks as a part of a fraud investigation and withdraw money from their accounts which would then be collected later in the day.

Fortunately, all these attempts were unsuccessful.

If you receive this or a similar call **do not** engage with the call in any way, **hang up** and then contact Norfolk Police on **101**, if possible on a different phone.

If you believe a crime is in progress, always call **999**.

#### Scam Alert - Text messages claiming to be from DWP

We are continuing to warn residents to be alert for text messages claiming to be from DWP.

One recent example states 'during the continuous snow, the Department for Pension Protection implemented a winter cold weather allowance scheme'.

The message then claims that 'an application must be completed' via a link in the message within a short time window, usually around 24 hours from when the message is received.

These messages are **not genuine** and anyone following the link will be taken to a fake version of the official government website which will look to gather personal and financial information.

If you receive this or any other suspicious text messages you can report them by forwarding the message free of charge to **7726**.

#### Scam Alert - Text messages claiming to be from 'Royal Mail'

We are warning residents about text messages continuing to circulate claiming to be from the 'Royal Mail'.

One recent example reported to us states 'We regret to inform you that your Royal Mail parcel cannot be delivered due to missing or damaged address information'. The message goes on to say that to 'ensure prompt delivery' you need to update your details via a link in the text.

Criminals are experts at creating spoof messages that then link to fake websites using official logos and branding of trusted organisations to trick you into taking urgent action without closer inspection.

Always be wary of unexpected messages received and **never** respond, or click on any links or attachments unless you know you can trust them.

Suspicious or scam text messages can be reported by forwarding the message to **7726**.

#### Scam Alert - Telephone cold calls claiming to be from BT

We are warning residents to be aware for cold callers claiming to be from 'BT'



How did the doorbell propose to his sweetheart?

He gave her a ring.



## **Pure Water Clean**

PURE water window cleaning Gutter vacuum & cleaning Soffit & fascia cleaning Solar panel cleaning Conservatory roof cleaning Conservatory Valet

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calling about 'digital switchover'.

The consumer group Which? has reported a rise in incidents where cold calls, claiming to be from BT, stating that they need to confirm personal and payment information to enable landlines to go digital before the 'January 2025 deadline'. In some cases the cold callers have claimed that immediate payments are required for the switch, or their telephone service will be 'disconnected immediately'.

In other cases the cold callers have known some basic information like the consumers name or address which is used to try to legitimise the call.

We always advise people to be very wary of claims made during telephone cold calls. If you receive this or a similar call our advice is do not interact with the call and hang up.

The UK's landline network is being upgraded to be fully digital and was planned to be completed by January 2025, but the completion deadline was recently extended to 2027.

When your landline provider is looking to switch your line to digital service they should write to you ahead of the date explaining what the switchover means for you and will give you advice and support with any changes you need to make. The digital switchover does not involve any fees.

Your landline provider will never ask you to make payments or verify your payment information for your landline to be upgraded to the digital service.

#### Scam Alert - Text messages claiming to be from HMRC

We are reminding residents to continue to be alert around text messages claiming to be from HMRC.

HMRC does send text messages to some of their customers which may include links to GOV.UK information or the official HMRC webchat.

HMRC will **never** ask you to disclose personal, payment or financial information by text message.

HMRC also advise that you should **never** open any links or reply to any text messages claiming to be from HMRC that offers you a tax refund in exchange for personal or financial details.

You can forward suspicious HMRC text messages received to HMRC by forwarding the message to 60599 (network charges apply) or screenshot the message and email it to phishing@hmrc.gov.uk

You can find more information about phishing approaches and scams claiming to be from HMRC on the GOV.UK website

You can also report suspicious text messages received to us via our partners

#### **Contacts**

#### Rector

Rev'd Joan Horan 01842 828034

revihoran@gmail.com

The Rectory, Oak Street, Feltwell

#### **Associate Priest**

Rev'd Juanita Hawthorne 01366 728545 revjuanita58@gmail.com

#### **Churchwarden and Benefice Administrator**

Chris Parker 01842 827152

grimshoebeneficeoffice@gmail.com

## TO ARRANGE, WEDDINGS, FUNERALS AND HOME COMMUNION

Please contact Chris Parker 01842 827152

grimshoebeneficeoffice@gmail.com

#### TO ARRANGE BAPTISM

Please contact Tammy Wright 07717 507665

grimshoebaptism@gmail.com



Welcome to St Mary's Church Feltwell

Part of

## Grimshoe Benefice

including

St Mary's Feltwell

St James' Hockwold

St Andrew's Northwold

St Mary's Weeting

the Citizens Advice consumer helpline on freephone 0808 223 1133

#### **Reporting scams**

Reporting scams you receive helps us continue to build up intelligence on the scammers and how they target people.

If you have received a telephone cold call which you believe to be a scam or think you have been a victim of an online scam you can report it to us via our partners the Citizens Advice consumer helpline on freephone **0808 223 1133**.

#### Citizens Advice consumer service website

(https://www.citizensadvice.org.uk/consumer/scams)

If you've been the victim of an online scam you can get advice and support from Citizens Advice Scams Action: 0808 250 5050 (freephone)

You can also report Frauds, Cyber Crime, Phishing attempts suspicious emails to Action Fraud, the National Fraud & Cyber Crime (NCSC) by forwarding it to report@phishing.gov.uk.

You can report suspicious text messages received by forwarding them to **7726** a free service for you to use to report suspicious texts or calls you might receive on your mobile.

**What is 7726?** A free service for you to use to report suspicious texts or calls you might receive on your mobile.

7726 is a number that most mobile customers using UK networks can text to report unwanted SMS messages or phone calls on a mobile. The number '7726' was chosen because it spells 'SPAM' on an alphanumeric phone keypad – that's a handy way of remembering it.

To forward a text message follow these steps:

#### iPhone or iPad:

- 1. Take a note of the number that sent you the message
- 2. Press and hold on the message bubble
- 3. Tap More
- 4. Select the message or messages you want to forward
- 5. Tap the arrow on the bottom right of your screen
- 6. Input 7726 and send

#### **Android:**

- Take a note of the number that sent you the message
- Enter the conversation then press and hold on the message bubble
- Tap on the three vertical dots on the top right of your screen
- Tap Forward
- Input 7726 and send

## The Atmere Charity

The charity awards grants to individuals who are in conditions of need, hardship or distress.

It also helps for severe chronic illness in younger people.

Applications for assistance must be made to: The Atmere Charity Secretary, 16 Falcon Road, Feltwell, IP26 4AJ giving as much detail as possible about the need, distress or illness being experienced.

Any applicant MUST be a Feltwell resident.



"Examination of genitalia reveals that he is circus sized"

Apparently from an actual entry on a patient's hospital record.

#### **SUBSCRIPTION RENEWAL**

Subscribers are politely reminded that our distributors

will be collecting renewal subscriptions next month. Although printing costs have increased we **will** be keeping the price of the magazine at £5/year, that's 10 issues at 50p with two free.

#### **SUBSCRIPTION INFORMATION**

If casual readers would like all future issues of this magazine

delivered **FREE** to your home in Feltwell please contact our Distribution Manager Ian Webb on 828167.

March 25-March 26—£5 (12 issues, 2 free).

All subscriptions below 11 copies are pro rata.



#### A GLIMPSE INTO THE PAST

A semi-regular column featuring historical news reports relating to the village.

**Bury Free Press** 



#### Flying a Proud Flag

Standing to attention outside St Mary's, Church, Feltwell, are Royal British Legion standard bearers Ernie Mason and Melinda Booth.

Ernie took over carrying the standard last year, and Melinda (18) has been flying the flag for the Feltwell! Legion's women's section for two years.

There are only five Legion branches in Norfolk and the Feltwell division, which recently celebrated its 50th anniversary, has a total membership of 195, including the Women's Section.

Said Legion officer Mr John
Seymour: "We are a very active
branch covering Feltwell,
Methwold, Northwold, and
Mundford and we have a large
Remembrance Day service which
in recent years has featured
guardsmen marching in full dress
uniform."

## Do you know someone who doesn't take the magazine? Why not give them a subscription as a gift this year.

Fill out the form below and return it to Paul at the address inside the front cover before 14th February 2025 and they will receive their first issue in March. All current gift subscriptions expire with the February 2025 issue.

I wish to give a gift subscription of 12 issues of Feltwell Parish Magazine to:

Name of recipient: _		_	
Address for delivery:			
<b>Payment</b> . Cheques me £17.00 for elsewhere	• • •	_	•

Signed:

Our local MP is Terry Jermy. He can be contacted at:

Terry Jermy House of Commons London SW1A 0AA



Email:terry.jermy.mp@parliament.uk

He is also on Facebook and X. His voting record, etc, can be found at: https://members.parliament.uk/member/5338/contacts

This information is provided by the editor.



What did the stamp say to the envelope on Valentine's Day?

I'm stuck on you!

#### PLEASE TELL ME WHAT YOU THINK OF THIS.

As long time readers will be aware I occasionally type the name of our village into Google to see what the World Wide Web has to say about Feltwell. This time I clicked on the



website to find this little gem staring back at me. Please let me know what you think of it but please be polite!

How would you describe our village in 100 words or so?

Have a go and I'll publish your efforts.

Email me at the usual address, garlandp@btinternet.com.

The village has grown from its Saxon beginnings to its present population of around 4000. It is a thriving community with a small primary school originally built as a hospital. The village has two pubs, The Lodge and The West End as well as a small selection of local shops.

The village lies near the border of Cambridgeshire and Suffolk as well as being close to several airbases, notably Lakenheath and Mildenhall. It is 21 miles south of **King's Lynn** and 13 miles south of **Downham Market** although it is also quite close to Thetford (14 miles) and Ely (19 miles).

Unlike most villages Feltwell has the distinction of having two Parish Churches - one a large handsome building dedicated to St. Mary the Virgin, and the other smaller and plainer, dedicated to St. Nicholas, the Patron Saint of Travellers, Sailors and Children which is built on a small hill at the edge of the village.

Feltwell is close to Thetford Forest and the National Nature Reserve at Weeting Heath.

Having read this would you be encouraged to visit Feltwell?

#### Services elsewhere in the Benefice

St James'
Hockwold
Eucharist

Feb 9th 9.15 Feb 23rd 9-15 1st Tues month 9-30am

All Tues except 1st. 9-30am

**Morning Prayer** 

St Andrew's Northwold Eucharist Feb 9th 11am

Feb 9th 11am

Jan 23rd 11am

St Mary's Weeting Eucharist

Feb 2nd 11am Feb 16th 11am

#### Services at St Mary's Feltwell

Sunday 2nd February Eucharist 9.15am
Sunday 16th January Eucharist 9.15am
1st and 3rd Weds Evening Prayer 4pm
2nd and 4th Weds Online Eucharist 10am

What's On at St Mary's Feltwell?

#### Food Pantry Open

Weds 9am—11.30 Sat 12.30—2





Every Wednesday come for a warm welcome, coffee and cake and good company.

Internet available and help to use it. Community Information Point. Borough Services.

The church is open every day from gam until 4pm.

#### **VALENTINE BALL LOGISTICAL**

This Logistical puzzle was designed by Chris at the Wellington.  The solution is on p74.	Alecia	Rebecca	Lowri	Xanthe	Red & Cream	Navy and Royal Blue	Green	Monochrome	11pm	11:15pm	11:45pm	Midnight
Astrid												
Fowler												
Paul												
Mark												
11pm												
11:15pm												
11:45pm												
Midnight												
Red & Cream					Match the date to their							
Navy & Royal Blue												
Green					partner, their colour sche							
Monochrome					and their departure ti					tiiile		

- 1: The couple who left latest dressed in Red & Cream.
- 2: Paul attended the ball with Xanthe.
- 3: Lowri's Red dress matched her date's bowtie.
- 4: Rebecca & Fowler left at 11:15pm.
- 5: The couple wearing Navy & Royal Blue left first, it wasn't Mark and his date.
- 6: Astrid wore Green & left after Rebecca.

Pilot: Evidence of leak on right-hand landing gear.
Engineer: Evidence removed.



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#### FOR YOUR INFORMATION

On the back of the Government's drive to build lots more houses the BBC News app has launched a new online tool for tracking the government's progress towards this goal. You simply have to put in your post code, which identifies our borough, and the app returns relevant information. This is what I got back for *New homes in Kings Lynn and West Norfolk*.

**989** new homes a year are required by government targets set in 2024.

**521** homes were added per year on average in KLWN since 2021, which is less than the new target.

606 new homes were added in the year to March 2024

**10** fewer than the year before

Planning in Kings Lynn and West Norfolk

**67%** of planning applications for housing decided by KLWNBC were granted in the year ending June 2024 compared with..

71% of applications across England overall.

At the time of writing the online tool is available at <a href="https://www.bbc.co.uk/news/articles/c8j9j0j4l7mo">https://www.bbc.co.uk/news/articles/c8j9j0j4l7mo</a> where you can also find out where and how the BBC obtained these figures.

## IT'S THE METHODIST CHAPEL'S 90<sup>th</sup> ANNIVERSARY APRIL 2025

IF YOU ATTENDED THE METHODIST SUNDAY SCHOOL
WE'D LIKE TO HEAR FROM YOU
IF YOU HAVE ANY MEMORABILIA OR INFORMATION

ABOUT THE CHAPEL'S PAST, PLEASE GET IN TOUCH

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2025 began with one of the most thought provoking talks I can ever remember at a Breakfast Club meeting. One of our members, Mark Hall, talked about Children and Young People in Mental Health Hospitals.

Mark began by stating that he had worked for the NHS for nearly forty years and had retired in 2022. He had been employed as a General Manager in Mental Health Services and involved in the commissioning of services for mental health. General Management arrived the early 1980s following a report by Sir Roy Griffiths, Chairman of Sainsburys, commissioned by Margaret Thatcher. He investigated how the health service was managed. Back then a hospital was managed by a Medical Superintendent, a matron and a hospital secretary. But who was in charge? This was the advent of managerism into the health service. Mark has worked in mental health hospitals and community services in Northumberland, East Yorkshire, London, Nottinghamshire, Leicestershire and Cambridgeshire and currently works for NHS England as a consultant chairing Care, Education and Treatment reviews for young people and adults in secure hospital settings and, occasionally in the community. This involves seeing children in Tier Four services, that is those in mental health hospitals across the Eastern region— Cambridgeshire, Hertfordshire, Essex, Norfolk, Suffolk, Bedfordshire and Milton Keynes. A number of children are placed out of area because local beds are not always available. Mark also reviews the care of people who have been involved in the criminal justice system and have been placed in low, medium or high security settings. During the 1990s he worked for four years at Rampton secure hospital in Nottinghamshire. His area of expertise is quite niche as he tends to see people who have either a learning disability or, increasingly, autism. This was the main focus for the rest of his talk: the prevalence of autism and its significance to young people and children.

Mark chairs three-person review panels, starting around 9am and

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finishing around 18.30. At the end of the day Mark writes the report including any recommendations. On the panel is a clinical expert (doctor, psychiatrist, nurse, therapist, social worker) and a 'expert by experience' (someone with autism themselves or someone who cares for someone with autism, a parent or relative). On the day they see the person themselves, if they are over the age of 16 and have consented to have been seen. If under 16 then consent has to be given by a parent or guardian. They see the parents or relatives or those who look after them, this might be the local authority, under Section 20, acting as guardian in which case the child might be in a residential home or fostered. They also see the clinical team in the hospital, the psychiatrists, the therapists, the nurses, social workers, teachers, and anyone involved in the community care of the child, community psychiatrist, nurses, therapists, people from the home treatment team, from the crisis team, social workers, members of their school teaching staff and Special Educational Needs staff. They see an awful lot of people! In addition they read a lot of documentation, including Care Plans. Most of the young people Mark sees are formally detained under the Mental Health Act (MHA) and, therefore, have no liberty, but they do have rights. Most are detained under Section 3 of the MHA which is for six months of treatment, often longer. Some are under Section 2, detained for a 28 day assessment period. Most of those he see have come through the A&E route where parents have had concerns. They are assessed under the MHA and end up in a Tier 4 hospital. Most of those he sees have suicidal ideation and have tried to kill themselves by various means. There is no common cause for this behaviour amongst these children.

The Review Panel has four main functions: to make sure the child is safe, to determine if they are in the least restrictive setting for the child at that time on their health journey, to determine a view regarding the child's care and treatment and, possibly the most important, what is the future of the child beyond hospital. In terms of safety some children continue to attempt suicide or self-harm and must be retained to stop them harming themselves or others. The Panel have to ensure that the level of any restraint is lawful, that the





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level of any medication is not excessive but sufficient and delivered properly. Levels of observation are assessed as appropriate to the behaviour exhibited and seclusion and segregation records are examined.

Care and Treatment reviews are done periodically, for adults every 6 months, but if in a secure setting every 12 months. For children they are every 3 months. Lengths of stay in a mental health unit can be from a few weeks to many years for a child.

90% of people with autism have a sensory need: sensitivity to noise, light, various sensations such as the texture of various foods. Even transitioning from primary to secondary school, with the increase in the number of children, can be disturbing. 80 yrs ago 1 in 2500 people had autism, now it's 1 in 36 children. This is likely due to it not being diagnosed years ago, also other conditions such as Asperger's have come into the autism family. Since lockdown, needs have increased. Over the last 20 years referrals for autism have increased by 800%. It is thought there are around 1.2 million in the UK who have autism. 80% of referrals to CAMS are of an autistic nature. All assessment units in Essex are filled by children with autism. There is no dedicated autism facility for children in a hospital in the region and yet they are, by default, autistic facilities as everyone in them has autism, yet they are not designed to treat autism or accommodate children with autism.

Recommendations can be to move a child to a less secure setting or to discharge the child. Only a doctor or a mental health tribunal can discharge. Unfortunately discharge isn't always ready for the child, e.g. the required support isn't always available within the community. A child in hospital gets 24/7/365 care, community services are often 5 days a week, not on Bank holidays nor over the Christmas period. This can be a problem. The longer a child is in a mental health hospital, the longer it takes to get them out.

I have to say that this was one of the most thought-provoking and eye-opening presentations we have ever had. Mark cast a light on an area that is often forgotten except for those who are involved in it. We all left much sobered and more aware of a growing problem for

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society that needs better solutions than currently available.`

The Men's Breakfast Club usually meets on the 1<sup>st</sup> Saturday of the Month at The Wellington in Feltwell at 9am. It costs £8.00 per person to attend which includes a talk, tea or coffee and a full English breakfast which never fails to please.

New members are always welcome. If you would like to join us then either call The Wellington and book on 01842 828224, before 4pm on the previous Wednesday, or email the Club coordinator Paul Garland at garlandp@btinternet.com.

Our next meeting will be on the **4th January** when our speaker will (hopefully) be Lt Col Fuson from RAF Lakenheath.

#### **DARTS MARATHON FOR CHARITY**

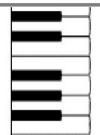
The Wellington's 12 Hour Darts Marathon on January 4<sup>th</sup> raised a phenomenal £513.70, for the Macmillan Unit at West Suffolk Hospital. Thank You To All Who Took Part. Congratulations particularly to Jason Vincent for a 16 dart leg and to Kane Hollis, Jay Senecal, Andy Tennant, Brian Smith and Jason Vincent for sharing the 180 prize. Thanks must also go to Jane Norton, Andy Tennant and Susie Gabell for their assistance in running the event.





A gelding is a stallion who has his tonsils taken out so he would have more time to himself.

A child's answer from an examination paper With thanks to N. McGreevy.



#### Piano Lessons

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#### **WORD SEARCH**

This month our word search is on Planets and Moons.

Find the words from the list opposite. They run vertically, horizontally, diagonally, backwards and forwards but always in a straight line.

There is ONE extra phrase on the list that is not found within the grid.

М	G	Α	S	Р	R	Α	Т	X	Υ	V
Р	Е	Ξ	J	Ξ	S	0	М	- 1	Е	D
Е	Α	R	Υ	Р	F	L	0	N	U	М
Т	Z	٦	С	D	Т	Z	U	Е	R	В
Н	ď	0	S	٦	R	S	R	Р	0	Q
Α	М	Е	Н	Р	R	Α	K	T	Р	G
U	Α	U	U	Т	F	Υ	Α	U	Α	М
М	Т	R	N	X	R	Е	В	N	1	Α
Е	Н	М	U	Т	Н	Α	Р	Е	Н	K
Α	-	R	Υ	R	- 1	М	Е	X	Υ	Е
W	L	X	V	Н	Α	Υ	- 1	U	D	М
Е	D	K	L	J	В	N	В	Α	J	Α
Α	E	J	K	Е	Z	L	U	R	Е	K
V	N	Z	В	С	Е	R	U	S	D	Ε
Α	K	Е	0	N	R	V	0	S	Е	0
L	Н	0	Α	S	0	N	- 1	W	М	М
T	L	G	X	R	S	R	Р	0	Υ	- 1
R	Y	K	N	Z	Е	Q	М	T	N	М
1	Y	E	R	Н	U	T	X	U	Α	Α
T	X	Р	U	G	R	U	- 1	L	G	S
0	X	1	T	N	0	F	D	Р	T	N
N	Н	Q	Α	S	0	Α	Α	- 1	U	G
М	Α	R	S	S	0	В	0	Н	Р	J

EARTH ONE (our moon) **EARTH CERES DEIMOS ERIS EROS EUROPA** GANYMEDE **GASPRA** HAUMEA HYDRA IDA **JUPITER** LUNA **MAKEMAKE MARS MATHILDE NEPTUNE** MERCURY **MIMAS** NIX **PHOBOS PLUTO** RHEA **SATURN** THEBE TRITON **URANUS VENUS** 

The solution is on page 78

			7	2				4
3	2	6						
8						1		
	8		3					7
		7	9		5	6		
1					7		4	
		5						1
						4	8	6
7				1	3			

#### **SUDOKU PUZZLE**

Each row, column & 3x3 square must contain numbers 1-9

Answer on page 78



#### The Food Pantry, Feltwell

WHO ARE WE?

We are a group of volunteers who have set up a small non-profit shop of greatly reduced prices to help with the high cost of living for the local villages, as we are a rural

community with no supermarkets nearby.

We run a membership scheme for a one-off charge of £3.50

For that we supply free fruit, vegetables & bread depending on availability & also the ability to shop with us at vastly reduced prices. Food donations are gratefully accepted, please leave in the Food Pantry area in St. Mary's Church, Feltwell.

We can also provide crisis packages for those in need, free of charge with the help of public donations.

You can find us at St Mary's Church, Feltwell.

#### **OPENING TIMES:**

Wednesday 9AM – 11:30PM

**Saturday** 12:30PM – 2:00PM

For more details visit our Facebook Page or call 07454 259280



#### by Dr Ian Nisbet

During the weeks before Christmas, my choir and I gave several concerts around the West Midlands and Worcestershire, culminating with our final concert in our lovely Free Church in Hagley. The choir were on tremendous form and they pulled out the collective digit. Someone in the audience had a call on their mobile 'phone but I told them not to feel any embarrassment. A few moments later, I became aware of a telephone dialling and wondered who could be so thoughtless. All of a sudden, an operator's voice boomed throughout the church, "Are you all right, Dr Nisbet?" Oh dear! My alarm watch had misinterpreted my vigorous episode of conducting as a fall and it had telephoned the call centre (the calling signal I had heard) who then talked to me through the alarm watch. Unfortunately, at the time they answered, the alarm watch was

on my left wrist, the hand controlling the volume of the singing and it was about 4 inches away from the lapel microphone I was wearing. Hence the booming question filling the entire church. Fortunately, we were enjoying a very happy concert with lots of fun readings and audience participation in the singing, so they enjoyed my rather sheepish explanation. Some members of the audience told me that they thought it was all a part of the script.

An unfortunate juxtaposition in church: The following week, during the church service, we had all the usual prayers, ending with prayers for those who had died. Immediately, someone's mobile 'phone rang loudly and, afterwards, I was aware of several members of the congregation suppressing their embarrassed mirth. I was confused as to the reason for their mirth until someone



explained to me that the ringtone of the offending mobile was, "Queen – Another one bites the dust"

MISERABLE WEATHER, SHORT DAYS, LONG NIGHTS – LET'S HAVE SOME JOKES: A man suspected his wife of cheating on him and told her he was leaving for work but, in the hopes of catching her, he returned about 20 minutes later to find his wife on the bed, naked and out of breath. He then heard a door shut that he thought it may have been her lover leaving. He ran to the balcony off the dining room of their 3rd floor apartment and saw a man running while putting his shirt on. Assuming that the runner must be his wife's lover, the man flew into a fit of rage, ran into the kitchen and picked up the very heavy refrigerator. He carried it to the balcony, and threw it over the railing, where it landed on the suspected lover killing him instantly. The husband, having over-exerted himself with not only his anger but throwing the fridge off the balcony suddenly keeled over and died of a heart attack. Standing at the gates of

heaven, St. Peter, always very busy, was questioning the new entrants. He asked the first man, "Why are you here?" The man replied "I was carrying a fridge, I had a heart attack and died." St. Peter said "You may enter." The next man stepped up and St. Peter questioned, "Why are you here?" The man said "I was late for work and as I ran out of my apartment building to catch a cab a refrigerator landed on me and killed me." St. Peter replied "You may enter." A third man stepped up and St. Peter asked the man, "And why are you here?" The man replied shyly "Well, I was sitting in this refrigerator minding my own business..."

A patient was sitting on the examination couch, talking to the surgeon with whom he had been at school "Do you remember how I used to beat you up at school and call you a science nerd – Ironic isn't it?" said the patient. The surgeon replied "Yes, and you may experience further irony when I perform your colonoscopy tomorrow!"

# Do you feel modern technology is leaving you behind? Would you like to brush up your skills?

If so, why not drop into a Taster Session?



Taster session on February 7<sup>th</sup>
10-1pm at St Mary's church.
Refreshments provided during
the session.

- Do you need to book appointments, buy things online and apply for jobs, but you've run out of credit and your phone screen is too fiddly?
- Have you got a smartphone, but think you might not be getting the best out of it?
- Do you wonder if you're missing out because you're not on the internet?
- Are you worried about staying safe from online scams?
- Do your kids need to do their homework, but you haven't got a laptop or the internet at home?

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If you eat well, get lots of sleep, do exercise and drink lots of water, you'll still die anyway.

Open the wine. I'm dreaming of a white Christmas but, if the white runs out, open the red!

A tourist wandering through farm-country spotted a farmer and a pig with a wooden leg. Out of curiosity he asked the farmer about this oddity. "That pig is the smartest pig you'll ever find," responded the farmer. "But what's with the wooden leg?" asked the tourist again. "This pig is so smart it found oil on my property and now I'm a rich man." Brilliant, said the tourist, but why the wooden leg? "In fact, he's so smart that last month he spotted a fire in my house and dragged me and the whole family out and ran back in a put the fire out." That's indeed amazing but why the wooden leg?" The farmer stared at him with utter disbelief for a moment and finally said, "Heck, if a pig is that clever, you don't eat it all at once."

There were three receptionists at a convention each talking about how dodgy or unethical their fellow workers were. The

first said "Nobody is more dodgy than car salesmen. My colleagues will patch up a car so that it will drive just far enough away from the yard before it breaks down and then claim that it was in perfect working order." The second said, "That's nothing, I work in a law office. They'll represent your fellow workers in court and make sure that they aren't responsible for that faulty vehicle. They're the dodgiest." "Wow, " the third receptionist said. That hits close to home. I recently bought a car that did exactly that. I drove it to work and parked, but when I came out after work, it wouldn't start. I took the car yard to court and their lawyer successfully argued that they weren't at fault." "So which was dodgier?" The first asked. The third receptionist said "My colleagues are definitely the most unethical. I work for the local police and while I was sitting in my broken-down car in the station car park, one of my colleagues reversed into me and then arrested me for reckless driving"

Take care of yourselves and look after each other. Ian Nisbet

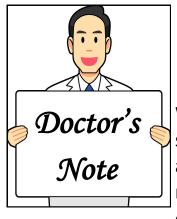


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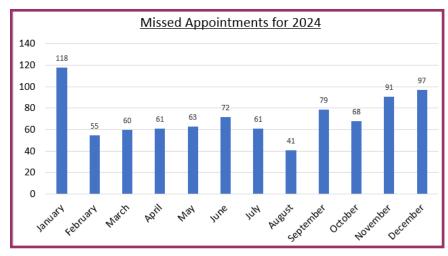
Community Car Scheme
Transport by volunteers to medical appointments

# For more information Call 01553 770310



# The Mounting Cost of Missed Appointments at the Surgery.

We've now done the year round and I'm sad to say that publishing the number of missed appointments appears to have had no effect in reducing them on a monthly basis. The number of *Did Not Attends* continued to rise in December



from 91 in November to 97. This brings the total number of missed appointments for the year to 866, meaning that 866 other patients could have been

seen by a doctor during 2024 if only people had cancelled their appointments rather than simply not turning up.

"Please, if you cannot attend your appointment, cancel it."

Each missed GP appointment costs an average of £30, therefore, the cost of all of the missed appointments so far this year is a massive



**£25,980**, (see chart) money that has to be spent to pay the bills and the staff but for which no direct healthcare benefit is received by anyone. The additional 97 missed appointments in Dec. represent a loss of **£2,910** of lost healthcare for the month. *Continued over.* 

Mobile Library Timetable—Thursdays									
Stop Name	Arrival Time	Departure Time	Postcode						
Wilton Road	14:25	14:35	IP26 4AY						
Fairfield Way	14:40	15:00	IP26 4AT						
Church	15:05	15:35	IP26 4DA						
St Nicholas Drive	15:40	16:00	IP26 4DW						
Munson's Lane nr junction with OMR	16:05	16:25	IP26 4DE						
Hereward Way	16:30	16:50	IP26 4BP						

#### **Upcoming Dates**

20 February 2025 20 March 2025 17 April 2025 Please note this information is subject to change or amendment both on a permanent and temporary basis.

For all enquiries about this route please call 01603 222303

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There is a waiting list for appointments each day so please call the surgery to cancel if you know you will be unable to attend. Let me know what you think by emailing me at garlandp@btinternet.com.

In response to last month's article on the cost of DNAs Pauline Hunter asks this question.

Is it possible to advise patients who book an appointment that they will be invoiced the cost of failing to attend? I believe this to be a fair option and I'm sure would reduce the number of patients who fail to attend.

I did some research online and found, unsurprisingly, that there is a lot of discussion on this issue, even doctors are split although the majority favour charging, however, this from KahnMather solicitors is the current legal answer apparently:

<u>Medical Appointments:</u> In the case of medical appointments, there is generally no legal consequence for missing an appointment with your doctor or healthcare provider. However, it is courteous to inform them in advance if you cannot make it.

#### From the Surgery website.

#### **Cancelling Unwanted Appointments**

It is the patient's responsibility to inform the Surgery if they are unable to keep an appointment. You can now cancel your appointments online. Failure to cancel any unwanted appointments may lead to you being removed from the Practice list.

We are trying hard to reduce (the number of DNAs. Ed) by the following means:

Operating a text appointment reminder service – please keep us updated with your mobile number.

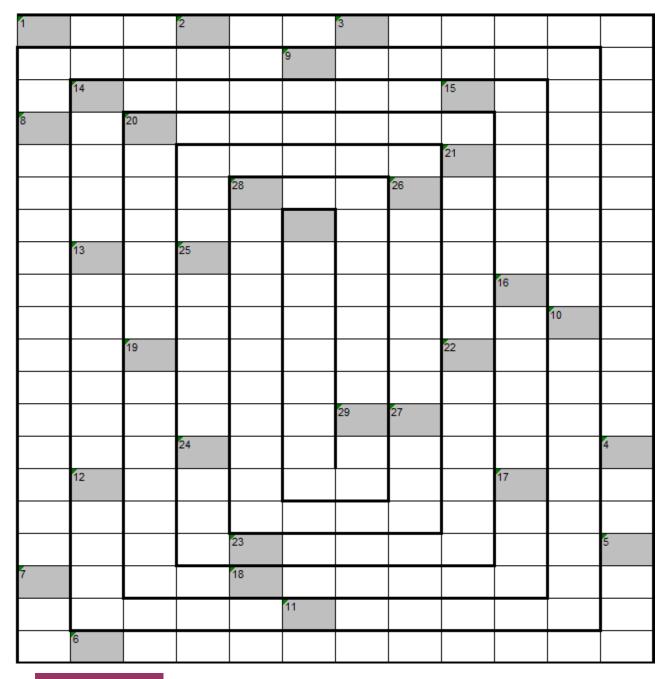
Putting the date and time of your next appointment on your repeat medication slip.

You can now cancel any unwanted appointments online.

DNA policy – If after two consecutive missed appointments or three in a year, you will receive a warning letter, if you then miss a further appointment you will receive a 2nd warning letter. If any further missed appointments occur, unfortunately you will be deducted from our Practice register.

#### WORD TRAIL NO. 49

Janet Clements brings us a different type of puzzle, a Word Trail. Starting at No.1 follow the clue numbers around the box clockwise finishing in the middle. The last letter of each answer is the first letter of the next answer. Work clockwise. Have Fun



#### **CLUES**

- 1 God of the sky (4)
- 2 Gassy water (4)
- 3 The gentleman is credited with inventing the telephone (9-6-4)
- 4 The name of the main antagonist in Shakespeare's play Othello (4)

- 5 A 1939 ballad by Judy Garland which featured in a famous film sung by her (4-3-7)
- 6 Seaside roller (4)
- 7 The head of state in Japan during WW2, (7-7)
- 8 MEDICAL: A set of two broad muscles in the side of the abdomen (8)
- 9 The author of 'The Hunger Games' (7-7)
- 10 The only British Prime minister to be assassinated in 1812 (7-8)
- 11 A cocktail with a sweet and sour flavour, triple sec, simple syrup and vodka (6-4)
- 12 MUSIC: Released in September 1970 by Black Sabbath (8)
- 13 FILM: This character is a Corellian bounty hunter in the Star Wars films Ep. V-VI (6)
- 14 Set up in a chaotic way, involves equal chances (8)
- 15 One of the most iconic cartoon characters of the 20<sup>th</sup> century (4-4)
- 16 Renaissance artist buried in Rome's Pantheon (7)
- 17 What European country experienced the highest rate of population decline from 2015-2020 (9)
- 18 On what continent will you find the world's largest desert (10)
- 19 Crime boss who head the Chicago Outfit (2-6)
- 20 This country is bordered by Somalia and Eritrea (8)
- 21 This sea is located off of the Myanmar southern coast line (7)
- 22 In which European country would you find the Rijksmuseum
- 23 Gordon Sumner is the real name of what famous British musician (5)
- 24 J.R.R. Tolkien's wizard of the Istan Order in and leader of the Fellowships of the Rings' (7)
- 25 To conceive fanciful or extravagant notions, ideas, (9)
- 26 Chemical element with the symbol 'Eu' (8)
- 27 Ranging from British Columbia to Washington with a summit of 3,274m what rock formation am I (8-9)
- 28 Excess fees (10)
- 29 Something that is broad but random and haphazard (11)

This month's Word Trail solution is on page 76.

01842 828481

#### FELTWELL SURGERY OPENING

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Available at: https://artsandculture.google.com/

#### **TABLE TENNIS**



Feltwell Table Tennis club is now up and running every Monday at 7.00pm and Tuesday from 1.45 at the Methodist Hall, Feltwell.

Any skill level or none. Just come along for an afternoon

of fun. It's a load o' laughs, which is good for the heart, and the physical exercise loosens those stiff joints. <u>All ages</u> welcome. Steve Wellington is the organiser. £3 for two hours of fun.

**Pool Table NOW available.** 

# FELTWELL METHODIST CHURCH, COMMUNITY HALL & GARDEN



Monday Club with Table-Tennis & Pool 7.00pm

NEW Craft Group meets Mondays at 9.30 'til midday.

Come and share your skills and knowledge

Tuesdays at 1.45pm Day Club -

NOW with pool & darts Refreshments available

Thursdays 6:00pm — 1<sup>st</sup> Feltwell Brownies

Friday:- join us for a cuppa while we pot or potter!!

**SUNDAYS** – our day to relax and reflect on our lives, where they've been and where they should be going.

11am – Fellowship and Refreshments

**Sunday Speakers for January** 

12 January Mr D. Monroe

19 January Rev Paul Critchley

26 January Mrs P. Driver

#### **Come and Meet the Experts.**

Saturday 21<sup>st</sup> February we will be hosting a "Surgery" for people with additional needs and their families and friends. Help will be available from Royal National Institute for the Blind, West Norfolk Deaf Association, Age UK, Multiple Sclerosis Society and KSP Mobility Aids.

Give us a call or message us or one of our members.

Find us by scanning this QR code on your Android or iPhone. We can be contacted on Facebook, Messenger or mobile 07712578721 or by email <a href="mailto:mikegw15@gmail.com">mikegw15@gmail.com</a>. Mike & Brigette Wilkinson 07799216693



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February is a month when we begin to look for colour in the bulbs planted in the Autumn of last year. So watch out for the extra daffodil bulbs Feltwell in Bloom have planted along Lodge Road. They were slightly late being planted but they should still be noticeable once they begin to flower. We also managed to plant a selection of tulips and daffodil bulbs in the newer tubs along Wilton Road. Hopefully Spring will be even brighter in the village than last year with the efforts of the group.

This month is also when gardeners are planning to plant seeds, if they have not already begun to do so, for the forthcoming Summer. I was in a garden centre with my 8 year old grandson in January when he surprised me by picking up a packet of sunflower seeds and asking if I would grow these for him. Of course I agreed to do so. I hope to have some left over as seedlings to sell at the Anglo-American Motor Show in May. Come and see us at the stall again. We will also be at the Village Fete again this year in June.

If you would like to come along to our meetings this year, we would be delighted to see you. Our first meeting will be held on Tuesday 18th February, 7pm in the Wellington, where teas and coffee will be available as well as a good chat about the ideas we have for the coming year. You would also be welcome to attend our AGM on 18th March; same venue and time as in February. If you would prefer not to attend meetings but to help out by watering tubs around the village, please contact me at the number below. Our friendly group aims to encourage everyone to garden, however much knowledge you might or might not have to begin with. Come and give it a go. We look forward to seeing you.

Contact us on the following platforms:-Facebook - Feltwell in Bloom Email – feltwellinbloom@yahoo.com Or phone Rita on 07785345614

#### Walking on Air

07596157826 D.T.Byrne MCFHP MAFHP

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#### RSPB Lakenheath Fen

#### Changing fortunes for the birds of RSPB Lakenheath Fen

Now we are into 2025 and in the depths of winter, Lakenheath Fen looks and feels much as it should for this time of year- last night we had a sharp frost and the reserve's trails are decorated as if they have been dusted with icing sugar. Along with the cold weather, several species of birds we expect to see in winter are here in good numbers- Siskins, Redpolls and Whooper swans, for example. Many migrant birds just move westwards in Autumn- not necessarily heading south- as for our latitude, the UK is very mild- thanks to the Gulf Stream which comes up from South America and warms our western coasts.

However, against this backdrop of 'usual' visitors, times are changing. We see certain bird species more and more often each year, and they make our 'year list' of birds sooner than they used to. On 2 January, our first working day in 2025, we recorded both Cattle egret and Chiffchaff! Cattle egrets used to be a real rarity in the UKuntil the winter of 2007/8 when a large influx from the continent meant that a couple of pairs stayed to breed, in Somerset, in the Spring of 2008. Since then, their population has grown rapidly and they are now a fairly common sight across the southern half of the UK. They look a bit like their commoner cousins the Little egret, but they have a shorter yellow bill (rather than black) and are a bit smaller. They also have a habit of closely following cattle, sheep and horses around, looking for grubs and worms they stir up with their hooves and parasites like flies and ticks on the animals themselves. Our wardens Henry and Haydn spotted two on Cowles Drove following some ponies on the second day of 2025! We've had another record since, and its only mid-January at the time of writing.



# **Events at RSPB**Lakenheath Fen

Places for all events need to be booked online- please visit <a href="https://bit.ly/LakenheathFenEvents">https://bit.ly/LakenheathFenEvents</a> to read more and book tickets.

#### Winter Walking Safari

Sunday 9 February 2025 (9:30am-3pm)

This behind-the-scenes tour provides a great opportunity to see the wildlife hiding out in parts of the reserve that aren't usually open to the public.

RSPB members £20 (£10 for Under 18's); non-RSPB members £25 (£12.50 for Under 18's).

#### **Treasures of the Moth Trap**

28 February, 28 March, 25 April, 30 May (10am to 11am)

Learn more about the amazing world of moths-join us to admire what we catch in our harmless trap.

RSPB members £5 (£2.50 for Under 18's); non-RSPB members £6 (£3 for Under 18's).



Chiffchaffs are a little different- they have been here since prehistory. However, they used to be scarce in winter- just the odd, brave bird risked staying here all year round. Nowadays, our milder winters tempt many more to remain where they are at the end of summer- whilst their other warbler relatives like Whitethroats and

Sedge warblers hotfoot it to Africa and southern Europe. All of these warblers feed on insects and spiders, so it is telling that a bird that does is now able to routinely find enough food daily to make it through our winter. Chiffchaffs are now a common sight- there are thousands in our gardens, parks and green spaces right now.



Chaffinch photo by Pauline Fowler

As well as changes in our climate

causing the bird scene to adapt, we are also seeing certain species like Red kite, Peregrine and Raven more often as they continue their gradual recovery after decades of persecution in the UK. In the first half of the 1900's these species suffered greatly due to egg collecting, illegal hunting and post-WWII mass usage of pesticides in the UK countryside, which thinned the eggshells of birds of prey so much they couldn't incubate their eggs. Thankfully, times have changed for these species and they enjoy a safer environment and better survival- and we have recorded all three at Lakenheath Fen already in 2025!

With best wishes for a healthy and happy year ahead from the team.

#### Heidi Jones

(Visitor Experience Officer, RSPB Lakenheath Fen).



Question and answer from a school exam paper

- Q. Name the four seasons.
- A Salt, Pepper, Mustard and Vinegar

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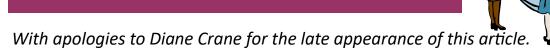






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# Feltwellians Around The World



#### In Memory of Albert Victor Mott.

This is in memory of my great-uncle Albert Victor Mott, who died on 2 November 1917 at the Battle of Ypres, aged only 21 years. His story has been pieced together from letters he sent home, which were treasured by his mother and sister and carefully stored wrapped in brown paper tied up with string. The parcel also contained Official correspondence which explains a sequence of events that portrays the hope, anxiety and despair that he and his family must have experienced.

Albert was born on 15 September 1896, the son of William and Esther Mott, who farmed on the Feltwell / Methwold / Southery border at Railway Farm. In 1917 at the age of 20, he went to war, we assume reluctantly by the tone of his letters. His father was then 48, his mother 40, his brother Bert was 15 and his sister Violet was just four years old. Albert had worked on the farm and appears to have been a strong man, a hard worker with good knowledge of livestock and arable farming and presumably very familiar with a gun.

On leaving home, he travelled by train to Norwich, to join No.2 Company at the Britannia Barracks, where he was told he would be joining the Royal Fusiliers. He sent his clothes back to Lakenheath station with instructions for his mother to collect them and pay the carriage.

He looked forward to the parcels he received from home, which always contained home-made butter, sometimes jam or tomatoes and occasionally a ten-shilling note or pound note or postal order.

In July 1917 he was sent to Dover to the Duke of York School for 14

#### FELTWELL LODGE RESIDENTIAL CARE HOME

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**Feltwell Lodge** is a comfortable Victorian property dating from 1860. It is a former hunting lodge set in 5 acres of beautiful landscaped gardens situated between Feltwell and Methwold.

The home is run by the proprietors, together with a fully experienced and caring staff providing a full 24 hour cover. The atmosphere is friendly, with no restrictions other than consideration for fellow guests.

Visitors are welcome and we encourage the maintenance of close links between residents and their families and friends.

For Brochures please phone: Mr Paul Hanley RN or Mrs Sandra Hanley RN

01366 728282

Website: www.feltwelllodge.com E-mail: feltwelllodge@hanleycarehomes.com weeks training with the rifle and bayonet fighting. He wrote, 1954 "I am starting on the miniature range on Monday but my hands shake so, as you can see by the writing. We have an hour's physical drill every day and bayonet fighting which I will show you when I come home and I am sure you will laugh to see me."

With the harvest season approaching, he asked his father to write to the Ministry of Agriculture to ask for leave so he could help with the harvest. He was allowed home in August, travelled by train to Brandon then hired a bike for the 9-mile ride home. His father had wanted him until the end of August but he reluctantly had to go back after only two weeks. He wrote, "They have been hitting the Germans hard, I hope they will knock them all out before I get there."

In September he moved on to machine gun training, but was still longing to get home and work with his horses. In October he was told he was soon going over the water from Folkestone, "but I hope I shan't have to be there long. I don't think the war can last much longer or I hope not at least." Could he really have believed this, or was it written to reassure his family?

On 11 October 1917 the boat left for France. He had a rough voyage, there was a strong wind and it rained constantly. At least he and his mates from Dover were together and they were transferred to the East Surrey Regt. Only one letter arrived home from France, dated 25 October 1917. It had been stamped PASSED FIELD CENSOR and described slipping over deep into the mud and added, "I am getting on the best I can under the circumstances which are rough enough I can tell you." How helpless his parents must have felt to hear this, they must have longed for him to be saved from the misery and danger.

Footnote

If you'd like to submit a **FOOTNOTE** of your own, be it a quip, a fact, an idiom, whatever you feel would be suitable, please send your **FOOTNOTE** to Paul at <a href="mailto:garlandp@btinternet.com">garlandp@btinternet.com</a> or post it through my letterbox.

## Feltwell Dispensary NEW Opening Hours from 2nd Dec

Monday: 08:30-12:00, 15:00-18:00

Tuesday: 07:30-12:00, 15:00-18:00

Wednesday: 08:30-12:00, 15:00-18:00

Thursday: 08:30-12:00, 15:00-18:30

Friday: 08:30-12:00, 15:00-18:00

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You can order your medication or ask any queries regarding your medication online via our website:

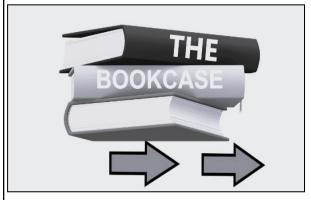
www.feltwellsurgery.co.uk or by using the NHS App. We have a dedicated telephone number in place for our housebound patients to order their medication, which is open Monday to Friday between 10.00-12.00 and 14.00-16.00.

#### Having a party?

Don't have enough plates, dishes, glasses or cutlery? Contact Sue Garland 827029 or Chris Parker 827152. St Mary's Church can loan you all of the above (at least 40 settings)

All we need in return is a donation to St Mary's Church Funds and an understanding that you will pay for any breakages.

# FELTWELL BOOK EXCHANGE



#### "THE BOOKCASE"

Located in the Methodist Chapel entrance hall is

#### **NOW OPEN**

Just one plea.....

PLEASE, when you use The

Bookcase, replace the books in the order in which they appear on the shelves.....in alphabetical order of the author. Thank you.

Instead of letters, Albert was allowed to send Field Service Postcards. These did little to reassure the recipient, they just showed a series of pre-printed sentences which were deleted to leave only the appropriate ones. His last communication of this type was dated 28 October 1917 and all it said was, "I am quite well. Letter follows at first opportunity. I have received no letter from you for a long time." His mother had written on 23 October, but the letter was returned undelivered, stamped PRESENT LOCATION UNCERTAIN. She had written, "This is Feltwell Fair day but there is no fair. It's now 3 weeks since we had letter or anything from you. Try and take care of yourself as much as you can." But he never received it, he was reported missing on 2 November 1917.

There followed many, many weeks of uncertainty. The Infantry Records Office and the Red Cross made enquiries and although an unconfirmed account of the events was received in January 1918, it was not until September 1918 that, "the Army Council have been regretfully constrained to conclude that he is dead." The accompanying printed Message of Sympathy from the King and Queen must have been little consolation after almost a year of anxiety.

Albert had apparently been subjected to heavy shell fire while being relieved from the front-line trenches and was found to be missing when the Company was reformed some time later.

He was eventually buried near Gheluvelt, East South East of Ypres, but more distress was to follow. In March 1921 his family were informed that he was to be exhumed and re-interred at Hooge Crater Cemetery, because the French and Belgian governments wanted all scattered graves removed. His Identification Disc was salvaged from his body at this time. His name and number are barely visible, but it is the only item of his possessions that was returned.

He was awarded the British War Medal and the Allied Victory Medal, which were sent to his parents in October 1921. However, it was not until December 1926 that the permanent headstone was erected at

#### **FELTWELL FUEL ALLOTMENT CHARITY**

If you can answer "YES" to the following two questions you may be eligible for a **Winter 2024 Fuel Payment** from three Feltwell charities.

Are you at least 70 years of age or will be by the end of 2025? Have you lived in the village of Feltwell for a minimum of 10 years and are still resident?

The Feltwell Fuel Allotment Charity does its best to maintain a list of qualifying recipients but relies heavily on local knowledge. The list is also used by the Trustees of the Atmere and De Moundeford charities who also give winter fuel donations. Last year the three charities issued a combined donation of £100.

If you meet the qualifying criteria and have **not** received a grant before, please write to: Feltwell Fuel Allotment Agent, 15 Lynn Road, Downham Market, Norfolk, PE38 9NL. Please provide your **name**, address, date of birth and the date that you moved into the village.

Please mark the envelope "Feltwell Fuel Allotment List."
Only one grant per household will be given.

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Hooge Crater Cemetery in Belgium, more than nine years after his death.

His family obtained a photograph of his headstone, but never visited the Cemetery. They continued to farm on the Poppylot Road and after his father's death, his mother Esther and sister Violet (Crook) eventually moved to Long Lane, Feltwell. Esther died at the age of 90 in 1968 and surely never forgot this terrible time. Violet died at the age of 93 in 2007. She was robbed of the chance to get to know her big brother Albert, but was nevertheless extremely proud of him. His name is recorded on the Methwold War Memorial.

Diane Crane

#### **Paul Barker**

My Feltwell ancestry relates to a period of only two and a half years, but they were a very important part of my childhood and fondly remembered. I hope the attached provides some interest.

I was nine years old when, in August 1959, my family moved from RAF Locking in Somerset to RAF Feltwell. I spent two years at the Edmund de Mundford Primary School in Feltwell. Like Corrine Allen (number 15 on your list) my two years at the school were spent in the old school building, a bit further up the road, from the new school building, and our teacher was Mr Don Feltwell. Pupils sat at double desks and Corrine sat behind and to the right of me. She was a lovely, very quiet girl who sat next to Susan Watts, a very boisterous red-head.

Don was a marvellous teacher who lived in a house at the end of the old school building. His lessons were never boring, he treated us with respect and he had a sense of humour. I was never happy at any school that I went to after leaving Feltwell.

The Headmaster was Mr Charlesworth. He presented a weekly award for the student who gained the most merit points during the week. The student's name would be announced at the Monday

#### **Feltwell Historical Society - programme 2025**

Feb. 15th - Battle of Medway (Saturday morning, 9:45)

Mar. 22nd—Paul Garland - Feltwell photos

Apr. 18th - Kevin Boardman - Growing up in Norfolk in the 50's

May 16th - Sarah Doig - The A-Z of Curious Norfolk

June 20th - Kate Roma - herLocal Com. Officer, CCT & Church repairs

July 18th - Social evening with buffet

Aug. 15th - Kevin Boardman - TBA

Sep. 19th - Liz Lesley-Smith - Oxburgh Hall

Oct. 17th - Stuart Samuels - Ghosts of Feltwell

Nov. 21st - Society Annual Dinner

Dec. - St. Nicholas Church - Carols by Candlelight TBA

There will also be an Afternoon Tea Event at St. Nicholas Church in June.

All meetings at the Wellington, 7pm, 3rd Friday of the month

# FELTWELLBEINGS

#### On your own? New to the village?

#### Want to meet other people?

Then come and join us.

**Thursday 10am -12.noon** at Methodist Church Community Hall in Bell Street.

CHAT, Gentle Exercises, Play Table Tennis, Snooker, Board Games, Cards, Dominoes and loads more. We do Countdown, Bingo and more. We also have a Bring & Buy table.

We are also a listening ear and can help with form filling and other information.

Open to all over age 18 —whatever your ability.



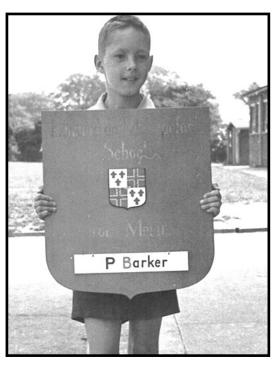
Come and see the warm welcome you will get in our Warm Space.

Oh, and we do refreshments.

#### **TOTALLY ACCESSIBLE PREMISES**

morning assembly, after which, he took a photograph of that student which would be posted on the school notice board for a week. I have attached a copy of the photograph taken when I received the award.

The school caretaker was Mr Bacon. His twin boys Richard and James were in my class. The only other class names I can remember are Richard Smart, Manfred Edgar (both are in the school soccer team photo attached) and Alison Caitley.



My family spent two and a half years at Feltwell and it was a wonderful time. The school was so well funded that I used to feel sorry for the pupils who attended the small primary schools at the villages nearby. I played soccer and cricket for the school team and this led me to visit many of the local primary schools. Feltwell Primary was so dominant that we won every match. I also visited these schools when we had country dancing competitions and choir contests.

Our house at RAF Feltwell was in a street that led straight into the village so we could walk to the shops, school and church. (All the other RAF camps I lived on were isolated from the local population which I found a disadvantage in many ways.) Where our road joined the village there was a large area of undeveloped land (probably between Payne's Lane and High Street) where Bugs Circus would set up twice a year. It is hard to imagine these days but the circus, as small as it was, had an elephant and all the children would visit the site during the day to stand and stare at this great tethered beast. Of course, in 1959 there were very few homes that had a TV so a circus was very exciting for children of all ages.

On our journey to Feltwell we travelled through Brandon and were surprised to see the main street full of bunting announcing the pending arrival of commercial television in October 1959. Commercial television had been available in Somerset for many months so it was a bit of a shock to find that we had to go back to having only one channel to view.

I left Feltwell in August 1961 but have returned on a couple of occasions, once when I was living in Fakenham (1977 – 1982) and again on a return visit to England in 2005. It still retains a feeling of peace and serenity, so dearly missed in these days.



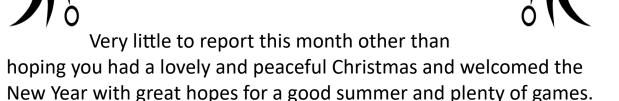
Paul never did provide any names of the boys in this photograph. Perhaps he couldn't remember them. Can any reader provide any names? If so, please let me know, garland@btinternet.com Paul resides in Queensland, Australia.



Why do skunks love Valentine's Day?

Because they're scent-imental animals!

#### **FELTWELL BOWLS CLUB**



We will be looking for new members to join us in this beautiful game. If you are interested contact me on 01842 827511 or Martin on 07771882428.

The mower is ordered, we expect delivery around the end of January into early February.

The coffee morning held on the 18<sup>th</sup> January was a great success with over 25 attending. It Included a Quiz by John our Quiz compiler.

Our next event is our Quiz night Saturday 15<sup>th</sup> February in the large room in the RBL. Please come along, it is a great night with tantalising questions compiled by John.

Please see separate advert for full details and information.

Max

#### **COMING EVENTS**

Quiz Night: - Saturday 15<sup>th</sup> February, 7pm to 10:30. All are welcome.

#### **ART FOR PLEASURE**

Every Thursday 10.30 am – 12.30pm. £3 per session at Weeting Village Hall.

Contact Beryl Pountney, Secretary, for details on 01842 828750

The kettle is always on.



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#### **Breckland Branch**

Here are some facts and figures from the latest 2024 veterinary report. There are 10.6 million owned cats across the UK. 67% of cat-owning



households own one cat, and 33% own two or more cats. 37% of the cats were bought from a specialist breeder, or from a neighbour, family friend or pet shop. 18% were adopted from a rescue, rehoming or animal shelter. And 13% were taken on from a neighbour, friend or family found as a stray. And 6% are kittens from a cat already owned.

91% of cats are registered with a vet. This is good news, but it also means that almost a million cats are not registered with a vet. 62% of owners take their cat to the vet routinely each year.

The main reason why owners do not take their cat to the vet regularly is because of the cost, or the stress for the owner or the cat.

Although 35% of owners say that they do visit the vet when their cat is injured or unwell, this relies on the owners' recognising signs of illness and pain. This can be notoriously difficult in cats, as they hide pain very well, especially dental pain, which may not be obvious to the owner.

These factors combined may mean that some cats who require veterinary care do not receive it.

#### MISSED APPOINTMENTS @ THE SURGERY 2024

Every GP appointment costs an average of **£30**. These appointments could have gone to someone else in need.

If you cannot attend your appointment, please cancel it.

## METHWOLD SPIRITUALIST CHURCH SPIRITUALIST SERVICES

Friday Meetings 2023, Doors open 7pm for 7.30 start. 21st February MELINDA BASSETT.

7th March SHEILA JAMES & OLIVE BYRNE

21st March JOHN ENNIS

The 21 Room, St. George's Hall Complex, 16 High Street, Methwold, Norfolk IP26 4NT.

Entrance donation £3. Evening of Clairvoyance £5 (towards costs) (Ample parking at rear) For further information ring 01366 727160

#### **VALENTINE BALL LOGISICAL SOLUTION**

Alecia	Astrid	11:45pm	Green
Rebecca	Fowler	11:15pm	Monochrome
Lowri	Lowri Mark		Red and Green
Xanthe	Paul	11pm	Navy and Royal Blue



Answer me this: Why don't lots of people wear something bright at night so that they can be seen?

#### **SUBSCRIPTION INFORMATION**

If you would like future issues of this magazine

delivered **FREE** to your home in Feltwell please contact our Distribution Manager Ian Webb on 828167.

March-March -£5 (12 issues, 2 free).

All subscriptions below 11 copies are pro rata.

As of 2024, half the cat population are now insured. This is good news for cat health as those who have insurance are more likely to take their cat to the vet for regular annual health checks. Pedigree cats are also more likely to be insured than moggies. Cats Protection strongly advise owners to have their cats insured, as vet costs at the moment are very high. The excess for cats is £80 and this increases with age. But when faced with a £500 vet bill, the benefits are obvious.

85% of cats are neutered, but this figure has fallen significantly since 2020. It is estimated that about 1.4million or 13% of cats are not neutered. Only 20% were neutered by the time cats become reproductively active at 4 months of age. More people are choosing not to neuter their cat because they want them to have kittens, particularly younger and more affluent owners. Owners of pedigree cats are also more likely to want their cat to have kittens.

2024 has seen a significant rise in the number of cats that are microchipped, as it became law for owned cats in June 2024. Microchipping numbers for dogs rose from 75% to 92% in the first four years following similar law changes and signs are positive that we will see the same results for cats. However, over 2.3 million (22%) owned cats are still without a microchip.

We can help with the cost of neutering. We offer vouchers worth £80 towards the cost of neutering a female cat and £50 towards the cost of neutering a male cat. Kittens can be neutered at 4 months of age providing they weigh 2kg.

For help or advice or if you need help with neutering, please call us on 01842 810018.

Rita Thompson.

#### Wear Something Light at Night, Please

We're not the best lit village in Norfolk so, please, in the interest of safety, think about wearing something reflective at night. Also, please check that your children and grandchildren have working lights on their bikes. I would hate to hear that someone has been killed on our village roads because they couldn't be seen clearly.

#### WORD TRAIL NO. 49 SOLUTION

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"We had to line up outside to catch the boat and there was no air-conditioning."

Actual complaint received by Thomas Cook

# NEWS FROM

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An Extraordinary Parish Council Meeting was held on 16<sup>th</sup> of DECEMBER 2024 in the British Legion, Long Lane to discuss Planning Applications 22/00860/FM, 22/00866/FM and 24/02092/F. Eight Councillors attended and 75 members of the public.

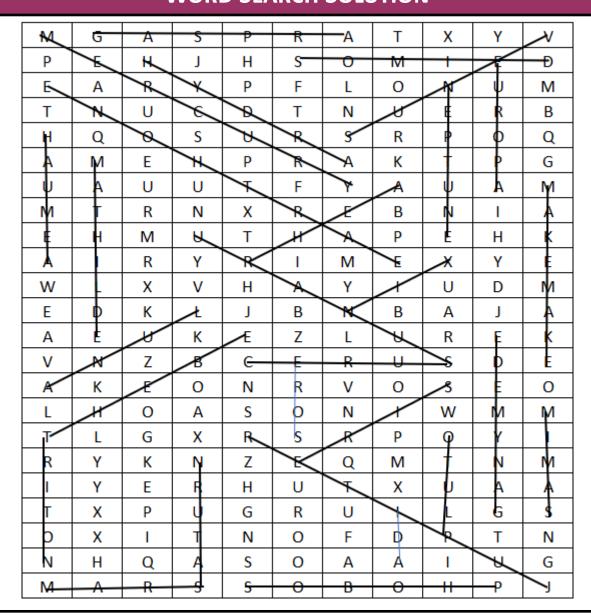
Several members of the public spoke of their concerns and reasoning as to why they felt the Parish Council should object to planning applications 22/00860/FM and 22/00866/FM. Councillors voted on planning applications 22/00860/FM and 22/00866/FM by secret ballot and resolved to object to both. Councillors voted in favour of planning application 24/02092/F.

A Parish Council Meeting was held on Monday the 13<sup>th</sup> of JANUARY 2025 in the British Legion, Long Lane. Seven Councillors attended

Sqn Leader Eaton's report stated an above average amount of night flying had taken place during November due to the unusual level of drone activity and the USVF thanked local communities for their understanding and support during this period. Flying of drones is an illegal activity and residents are asked to report any suspicious activity to the Police. A temporary Flight Restricted Zone (FRZ) is now in place around RAF Feltwell prohibiting unrestricted use of drones and anyone wishing to fly one within the FRZ should seek permission from the 24/7 MOD Police Control room. Some road safety improvements funded by Suffolk County Council will take place during January and February. Clerk to request cutting back of vegetation along Short Lane, Trenchard Square, Long Lane and Portal Close.

Mr Storey's report centred on the Government's intention to extend devolution of powers and funding, plus local government reform, across England. Norfolk County Councillors voted in favour of applying to be part of the Government's priority programme for devolution in order to move up the queue and obtain the best deal possible. Being

#### **WORD SEARCH SOLUTION**



#### **NEXT MONTH'S WORD SEARCH WILL BE ON CUTS OF MEAT**

#### **SUDOKU SOLUTION**

As I had no requests to continue finding the hidden animals say goodbye to ...











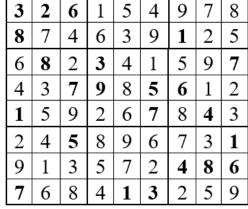
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NEWS

on the programme could lead to postponement of County Council elections scheduled for May this year. Mr Storey said devolution would bring the biggest change in decades and he had strongly urged NCC to consult Norfolk residents at all stages. All Borough and County Council news can be found on both websites.

T R O

Flashing speed sign along Lodge Road is beyond economical repair so a new one has been requested from NCC.

Electrical inspection, testing and certification of all street lights has been completed by K&M Lighting who have also undertaken an inspection of all brackets. Frith Blake's visual assessment of the concrete columns is ongoing.

T H E

Precept was set at £60,000 due to increasing village running costs such as grass maintenance and electricity. This is an increase of £10.40/annum (20p/week) for a Band D taxpayer. A reserve pot is also to be built for repairs to the wall around

A reserve pot is also to be built for repairs to the wall around the war memorial garden.

ARIS

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Residents are asked to refrain from parking on the pavement in front of Central Garage as their vehicles are severely obstructing vision for drivers at the Long Lane/Short Beck junction. Councillors to meet with Highways to discuss changing the road layout.

Residents are encouraged to deposit any glass waste into the bottle bank on the playing field as the Parish Council obtains recycling credits for every tonne collected.

Reside their k

Residents are politely requested to trim back greenery to their boundaries, particularly if it is obstructing pedestrians on neighbouring footpaths.

Please subscribe to the Council's website (https://feltwellparishcouncil.gov.uk) and Facebook page for latest news and notifications including RAF Feltwell demolition activities and road closures.

The next Parish Council meeting will take place at the British Legion on Monday 10<sup>th</sup> Feb. 2025 at 7.30 pm. Everyone is welcome.



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