

# FELTWELL PARISH MAGAZINE

YOUR CONNECTION TO YOUR COMMUNITY

January 2025

Happy New Year Feltwell,



**Important Message from the  
Surgery to all Patients**

**How to Keep Your Body Mov-  
ing Without the Magic Potion!**

**Was it a Mistake?**

**The Gunpowder Plot**

**Feltwellians**

**Wildlife Notices the Winter  
Solstice**

**Plus, all our usual puzzles  
and much more inside.**

All proceeds from the sale of this magazine are shared between village organisations and St Mary's Church.

## **FELTWELL ORGANISATIONS**

List maintained by Paul Garland.

Feltwell Bowls	Martin Blackman	829821
The Royal British Legion (Hall 828480)	Ian Rayner	07766 348679
RBL Poppy Appeal Organiser	Mary Reynolds	828130
Feltwell Historical and Archaeological Society	Marion Lucas (Chairman)	828769
Feltwell Table Tennis Club	Steve Wellington	07436 905520
Beavers and Cubs	Claire Scarff	827555
Feltwell School PTA		@ the school
Feltwell Women's Institute	Claire Scarff	827555
Feltwell Playgroup	Merle Gallagher	07582 371984
Feltwell Scout Group	Claire Scarff	827555
Feltwell Football Club	Neil Edwards (Secretary)	
Feltwell Youth Football Club	Andy Kennedy	828914
Feltwell & Thetford District Mencap	Mrs T. Sismey	827292
Feltwell Brownies	Tracey Cock	
Feltwell Social Club		828093
Feltwell Primary School	Mrs J. Lillycrop	828334
Feltwell Golf Club	Joanne Bates	827644
Feltwell In Bloom	Rita Page	07785345614
Rector of St Mary's Parish Church	Revd. Joan Horan	828034
Curate of St Mary's	Juanita Hawthorne	01336 728545
Churchwarden of St Mary's	Christine Parker	827152
Friends of St Mary's	Stephen Parker	827152
Feltwell Men's Breakfast Club	Paul Garland	827029
Feltwell Methodists	Mike Wilkinson	07712 578721
Feltwell Museum	Graham Simons	828387
Parish Clerk, Jo Martin. Email: <a href="mailto:clerk@feltwellparishcouncil.gov.uk">clerk@feltwellparishcouncil.gov.uk</a>		828383
Parish Council website: <a href="https://feltwellparishcouncil.gov.uk">https://feltwellparishcouncil.gov.uk</a>		
Feltwell's History Website can be found at <a href="http://www.feltwell.net">http://www.feltwell.net</a>		

## **Deadline for the next issue is 14<sup>th</sup> January 2025**

Submitted articles may be hand written, emailed or typed in MS Word and sent to: The Editor, Mr Paul Garland, 16, Falcon Road, Feltwell, (827029),  
Email: [garlandp@btinternet.com](mailto:garlandp@btinternet.com)

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Distribution is by Ian Webb (828167) & Paul Garland

You can subscribe to this magazine for £5 a year, incl. two free issues and free delivery in Feltwell. Gift subscriptions are available, contact the editor.

## AN IMPORTANT MESSAGE FROM THE SURGERY TO ALL THEIR PATIENTS

Patients may have noticed that something is wrong. It is more difficult getting an appointment at your local surgery. When you do get through, it may not be an appointment with a GP at all, you may be signposted to other services, and you may have to wait several weeks for an appointment. In some parts of the country patients have lost their regular family doctor.

**General Practice is collapsing. Every practice across England is struggling to keep its doors open. The impact of the increases to employer national insurance contributions and the national minimum/living wage will cost us approximately £45,000 per year. This is a cost we simply cannot bear, and for some practices, it puts them at serious risk of closure. Most of us will have no choice but to reduce staff and services as a result. We've already taken the difficult decision to reduce our spend on locum GPs to help cover annual leave or sickness related absence. We are cutting back on all staff overtime, as a result our Dispensary will now be closed between 12.00 – 3.00pm Monday to Friday.**

We value our patients. We know that most patients value us too, especially when they need us regularly. You know we can deal with most of your health problems, keep you out of hospital, and have your best interests at heart. The problem is with the mismanagement of the NHS. Your GP is an expert in general medical practice – trained over 10 years to deal with complex problems, spot serious symptoms, and decide when you need specialist help at the hospital.

But did you know that GP surgeries receive just £112.50 per year for each patient, whatever their health needs. That's less than the cost of an annual TV licence. **It's just 31p a day for every patient registered with us – less than the cost of an apple.**

We believe general practice deserves a bigger slice of NHS funding so we can train and hire more GPs, deliver the services patients

require and make it easier for you and your loved ones to get appointments to see your GP and practice team. GPs want the same things that you do. We believe nobody should struggle to see their family doctor.

General Practice should be as it once was – a familiar family doctor, offering continuity of care in a surgery in your locality, full of friendly familiar faces, where you know you will get the care you need.

How can you support your family doctor? Cancel any unwanted appointments, we have a daily waiting list for patients hoping for a cancellation. Visit our website for help on how to manage minor ailments at home in the first instance. Visit a community pharmacy for minor illness conditions such as tonsillitis, sinusitis, and sore throats. Order your medication in plenty of time, 5 working days as a minimum. The morale of the profession has been hugely affected, please be kind and respectful. We understand your frustration, we are frustrated too. Taking your frustration out on staff is not the answer. Contact your local MP and ask them what they intend to do to save general practice. What will they do to ensure you have continuity of care in your local GP practice. We're also trying to unite as a profession to put pressure on the Government to do the right thing for patients and general practice before it's too late.

Kind regards

Sharon Wilson, Practice Manager Partner, Feltwell Surgery

Our local MP is Terry Jermy. He can be contacted at:

Terry Jermy  
House of Commons  
London  
SW1A 0AA



Email: [terry.jermy.mp@parliament.uk](mailto:terry.jermy.mp@parliament.uk)

He is also on Facebook and X. His voting record, etc, can be found at: <https://members.parliament.uk/member/5338/contacts>

*This information is provided by the editor.*



# The Not-So-Quick Fix: How to Keep Your Body Moving Without the Magic Potion!

Right, let's be honest – who here hasn't wished for a quick fix when something starts aching? A magic stretch, a miracle pill, or maybe just some wizardry that'll sort out the back pain we get after a bit of weeding in the garden or moving those hay bales. But here's the thing – quick fixes are like trying to fix a tractor with duct tape. It might hold for a while, but eventually, you're going to need the proper tools (and probably someone who knows what they're doing)!

## **Pain Puzzles – It's Never Simple**

Let's take hips, for example. You've spent years walking, sitting, lifting, and maybe even kicking a few stubborn sheep (gently, of course). Now your hips are feeling the effects, and you just want that pain to go away. "Surely there's one exercise that'll fix it, right?" Nope! Your hips are connected to everything. It's not just about giving them a quick stretch, but making sure your entire body is in on the action – from your knees to your back and even your core (that's the bit that keeps you standing tall when you're waving at neighbours).

## **Google Remedies – The Wild West of Fitness Advice**

Let's be real – we've all asked Dr Google for help. Type in "hip pain fix" and you'll get about 7,000 exercises, most of which you'll probably never try again after the first attempt. You'll end up with some bizarre names like "piriformis syndrome" (sounds more like something a pirate would have) or sciatica (which, I'm convinced, is just your body's way of telling you it's fed up).

But here's the rub – throwing random exercises at your body won't work long-term. The real solution is working on your whole body's mobility – that's everything from your shoulders to your toes. You need to stretch it, strengthen it, and make sure all the bits work together like a well-oiled machine (or at least a better-oiled one than our trusty old tractors!).

# The Wellington In January



**Jan 4th**  
**12noon -**  
**12 midnight**

**12 Hour Charity  
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In Aid Of  
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CANCER SUPPORT



**January 10th**  
**SMALL TOWNERS**  
from 8:30pm



**January 18th**  
**OBSESA**  
from 8:30pm



**January 25th**  
**EMILY BLAKE**  
from 8:30pm



**January 31s**  
**DAVID VINCENT**  
From 8:30pm



## **The Farmer's Secret to Mobility**

Ever watched a farmer leap over a fence? It's not just strength; it's mobility. If you want to keep your joints moving smoothly, whether you're lifting buckets or heading out for a walk with the dog, you need to keep everything working in harmony. And no, that doesn't mean sitting down and stretching the sore bits once a month – I'm talking about regular, gentle movement to keep your body happy. Trust me, a good stretch now beats a stiff back later.

## **The Funny Side of Stretching**

If I had a pound for every time someone told me they're too stiff to start Pilates, I'd have more Pilates mats than you can shake a stick at. Truth is, you're never too stiff to start, and there's no stretch too silly. The pigeon stretch, for instance – named after a bird, but it often looks more like we're doing a poor impression of one after too much lunch!

## **So What's the Secret?**

I'll let you in on a little secret – there isn't one! No magic exercises, no quick solutions. Just good old-fashioned, full-body mobility and a dash of patience. The goal is to feel better in the long run, not just for today.

So, next time you're about to head out for some heavy lifting or tackle the garden, give your whole body some love. And if you need a helping hand (or leg), come join me for a Pilates class. We'll stretch, strengthen, and have a good laugh along the way – your body will thank you for it!

Helen. Life Fitness Re engineering

## **Wear Something Light at Night, Please**

We're not the best lit village in Norfolk so, please, in the interest of safety, think about wearing something reflective at night. Also, please check that your children and grandchildren have working lights on their bikes. I would hate to hear that someone has been killed on our village roads because they couldn't be seen clearly.



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## WAS IT A MISTAKE?

*Prepare yourself, dear reader, to be shocked. And if you have an opinion, please write to me at the email/address on the inside front cover. Ed.*

Please forgive me, but you are about to see a possible U-turn by a former staunch supporter of the United Kingdom's drive for independence!

From the prominence of my familiar soap-box, I made it clear to all and sundry, in no uncertain terms, that Brexit was the obvious, long-awaited solution to the un-democratic reign of the European Union, over its then twenty-eight subservient members.

Being a Yorkshireman, through-and-through, I have always been aware of the old premise that one should "Make your bloody mind up, and stick to it!", but of late I have begun to think that even a Yorkshireman can occasionally be wrong, especially if it comes to politics, and things of that nature.

When the referendum was called on the 23rd of June, 2016, I sharpened my pencil and headed for the voting booth, adamant that I was right about the EU, and we had to get out before they took away every last vestige of our independence of body and mind. I felt that we were drowning in the EU dictat, with rules and regulations that controlled every aspect of our lives. I had spent twenty-two years in the RAF, and was very familiar with the importance of having rules and regulations, but the European Union's understanding of rules and regulations was more a case of the power of having control being the main factor. I wanted to feel that I had a measure of control over my life, within the compass of democratic regulation., but looking back now, I realise that prior to June 23rd, 2016, we didn't have that, so it was time to rebel!

I can't believe that, after only eight years, despite all those old doubts and misgivings still being valid, I find myself thinking that leaving the bosom of the European Union might have been a mistake at the time. The feeling of regulatory freedom, when we



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finally did leave in 2020, was palpable, but events of the past four years have caused that feeling to sour somewhat.

To put it bluntly, our circle of friends have become few and far between, and even one of our closest allies, Gibraltar, voted to remain a member! For centuries the United Kingdom has gone from ruling half the World's peoples, to watching them, one by one, throw off the shackles of British rule, and go their own way. The pink shading on the World's globes and maps has shrunk to becoming insignificant in the general scheme of things. We are one of the World's smallest islands, which, despite claiming it, is having less and less influence on World affairs.

The World listens to Moscow, Jerusalem, Washington and Beijing, and heeds what they have to say, despite the affect it may have.

We have shot ourselves in the foot by getting involved in other countries' problems over the years, and look where it had got us.

There is an old Yorkshire saying, "If you can't fight, wear a big hat!" I think that sums up the United kingdom, and we are struggling, despite the big hat.

Am I right to have my doubts, or are we really better off, as I had claimed in 2016? Are we still better off out than in? That is the question

*Frederick James*

## **NEW Lead Times for Prescriptions NEW**

PLEASE ALLOW 5 FULL WORKING DAYS FOR YOUR MEDICATION TO BE READY

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Sat, Sun & Mon  
Tuesday  
Wednesday  
Thursday  
Friday

### **Ready for collection**

Following Tuesday  
Following Wednesday  
Following Thursday  
Following Friday  
Ready a week Monday

This magazine is printed by **Limetree Printing**,  
44A Paradise Road, Downham Market PE38 9JE.

**Phone: 01366 383989**



@



Are You able to access your bathroom facilities?

Are You having difficulties using your stairs?

Are You able to move safely in and around your home?

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For further information visit [www.careandrepair-wn.org](http://www.careandrepair-wn.org) or call 01553 616200 or email: [careandrepair@west-norfolk.gov.uk](mailto:careandrepair@west-norfolk.gov.uk)



## LATEST CONSUMER ALERTS AND TRADING STANDARDS NEWS

### **Scam Alert - Emails claiming to be from 'TalkTalk'**

We are warning TalkTalk customers about scam emails circulating claiming that you 'haven't verified your account and have not accepted our new web terms and services'. The email goes on to state that 'to maintain your account, you need to sign in to verify' via a link included in the text. Finally the email claims that 'Account disconnection will take place tomorrow' if you don't verify.

These emails are fake and anyone following the link will be taken to a fake version of the TalkTalk website which will attempt to gather personal and financial details or download malware onto your device.

### **Scam Alert - Fake parcel delivery text messages**

We are warning residents about text messages claiming to be from parcel delivery companies stating they are unable to deliver an item.

Recent examples have included messages claiming that 'due to the loss of address information, we can not continue to deliver your parcel'. The message goes on to say that you need to 'update the full address as soon as possible' via a link in the message to receive 'your parcel within 24 hours'.

These messages are sent by criminals who have created websites which are used to gather personal and financial information or take payments.

If you receive one of these messages do not click on any links.

### **Scam Alert - Scam Callers claiming to be Police Officers**

We are warning residents to be aware of telephone scammers pretending to be police officers after a recent report from a Norfolk resident.

During the call, the cold caller claimed that they were a 'Detective Constable' from 'Hammersmith Police' before going on to make claims about a member of the call recipient's family being arrested. Fortunately the resident was aware the claims being made were false, hung up and reported the incident.

If you receive this or a similar call do not engage with the call in any way, hang up and then contact Norfolk Police on 101, if possible on a different phone.

### **Scam Alert - Scam contacts claiming to be from HMRC**

With millions of people due to complete their Self-Assessment tax return and pay any tax owed by 31 January 2025, fraudsters are targeting people with offers of tax refunds or demanding payment of tax to get hold of personal information and banking details.

Around half of all scam reports to HMRC (71,832) in the last year were fake tax rebate claims. There has been a 16.7% increase in all scam referrals to HMRC -

THE VILLAGE PLAYERS PRESENTS

# CINDERELLA

THE GOLDEN YEARS



**Special Extra Performances**  
**FELTWELL - 11 January 2025**  
**& 12 January, both at 3pm.**  
**Methodist Church Community Hall**

**NORTHWOLD VILLAGE HALL**

Friday 6th Dec 7pm

Saturday 7th Dec 7pm

Sunday 8th Dec 3pm

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For tickets & more info please contact

Rosie Pye on:-

07753 439803 or

01366 328152

144,298 were received between November 2023 and October 2024, up from 123,596 in the previous 12-month period.

If you receive communication claiming to be from HMRC that asks for personal information or is offering a tax rebate, check the HMRC phishing and scams advice on the GOV.UK website.

Also remember, HMRC will never leave voicemails threatening legal action or arrest, or ask for personal or financial information over text message - only fraudsters and criminals will do that.

### **Scam Alert - Text messages claiming to be from DWP**

We are reminding residents to be alert for text messages claiming to be from DWP.

One recent example states 'due to the continuing drop in temperatures we have decided that you will receive either £200 or £300 in Winter Heating Allowance, the message goes on to claim that 'if you are aged 60 or over will receive the higher amount'

The message includes a link to 'submit your application' and a very short date to do this by.

These messages are not genuine and anyone following the link will be taken to a fake version of the official government website which will look to gather personal and financial information.

### **Scam Alert - Emails claiming 'Potentially Dangerous Viruses Detected'**

We are warning residents about a number of scam emails circulating claiming that 'Potentially Dangerous Viruses Detected' on your device. It goes on to state that this 'could expose your personal information, privacy and financial data to potential risk'. The email then includes a link titled 'Activate Protection Now'.

This example is branded as 'Virgin Media' but previous examples have used names including Google and Apple.

Anyone following the link will be taken to a phishing website which will attempt to gather personal and financial information.

Our advice is **always** to be wary of claims made in unexpected email approaches and **never** click on links or open attachments if approached in this way.

### **Scam Alert - Text messages claiming to relate to 'UK Government Winter Living Welfare'**

We are again warning residents about text messages circulating which claim to be notifications from the 'UK Government'.



## **The Atmere Charity**

The charity awards grants to individuals who are in conditions of need, hardship or distress.

It also helps for severe chronic illness in younger people.

Applications for assistance must be made to:  
The Atmere Charity Secretary, 16 Falcon Road,  
Feltwell, IP26 4AJ giving as much detail as possible about the need, distress or illness being experienced.

Any applicant **MUST** be a Feltwell resident.

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One recent example states that 'in order to resist the coming cold winter the Winter Living Welfare has been fully opened online'.

The message then goes on to say that 'our welfare officer has tried and failed to contact you several times' and that you need to 'update your information' via a link in the text.

The message then claims that 'this is our last attempt to contact you before this closes'.

These messages are **not genuine** and anyone following the link will be taken to a fake version of the official government website which will look to gather personal and financial information.

### **Scam Alert - Emails that appear to be from known contacts**

We are warning Norfolk residents to be aware of emails which appear to be from known contacts asking for 'help' purchasing online gift cards.

This follows a report from a resident who received an email that appeared to come from a contact. The initial email asked if it was possible to 'request a favour by email'. When the recipient responded to that email a further email was received stating that they needed 'help buying a £250 John Lewis gift voucher' for 'a friend daughter who is ill with cancer' and once purchased to 'send the code by email' and money to cover the cost would then be sent in exchange.

### **Remember:**

If you receive a suspicious message, even if you think you know who it is from, always check by contacting the sender via another communication route, never just by email reply.

Never reveal the codes on vouchers or gift cards you have purchased apart from entering them on official websites as full or part payment for goods or services.

### **Scam Alert - Investment scams**

We are reminding residents to continue to be alert for contacts offering investment opportunities.

Investment scams can often be difficult to spot as scammers will design them to look like genuine investments. Initial contacts will often be by email or telephone cold call and will claim to be from well-known financial organisations like high street or investments banks.

Common investment scams include savings bonds, fake shares, cryptocurrencies, gemstones, and fine wines.

Scammers also frequently make posts or place paid for adverts often linking to

fake news articles which claim that the celebrity or well-known 'media expert' named is promoting online investments after making large amounts of money from doing so themselves.

These post and adverts are placed attempting to lure people into making contact so they can be encouraged to invest in these investment scams.

In reality, the celebrities used in these investment scams have nothing to do with the fraudsters and their image and status are being used without their permission or endorsement. Any money handed over is likely to end up in the hands of cyber criminals with little or no possibility of you ever recovering it.

### **Scam Alert - Be on the lookout for scam emails**

We frequently receive reports from Norfolk residents about scam emails they have received. A few recent examples include:

Emails claiming to be from Premier Inn stating 'you have been randomly selected to receive a brand new Premier Inn Luxury Pillow 2 piece set'

Emails saying your 'anti-virus software has expired' and needs 'renewing urgently'. These are often branded with the Norton, McAfee or Total AV logos

Emails claiming to be from the 'Nespresso Loyalty Programme' offering a free 'Coffee Lovers Box Set'

Emails stating, 'your iCloud storage is full' and offering a 'free storage upgrade'

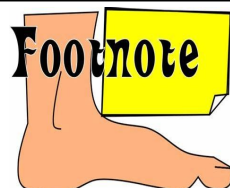
Emails claiming to be from 'RAC Customer Service' stating that by completing a 'short 4-minute survey' you can claim a free 'car emergency kit'

Links provided in these emails will lead to phishing websites designed to look like genuine sites but will attempt to steal personal and financial information.

You can report suspicious emails to the National Cyber Security Centre (NCSC) by forwarding it to **report@phishing.gov.uk**

The NCSC has the power to investigate and remove scam email addresses and websites.

If you have received a telephone cold call which you believe to be a scam you can report it to us via our partners, the Citizens Advice consumer helpline, on 0808 223 1133.



...that is his excuse for dogs mess that I find hard to swallow.

*Extracts from letters written by council tenants*

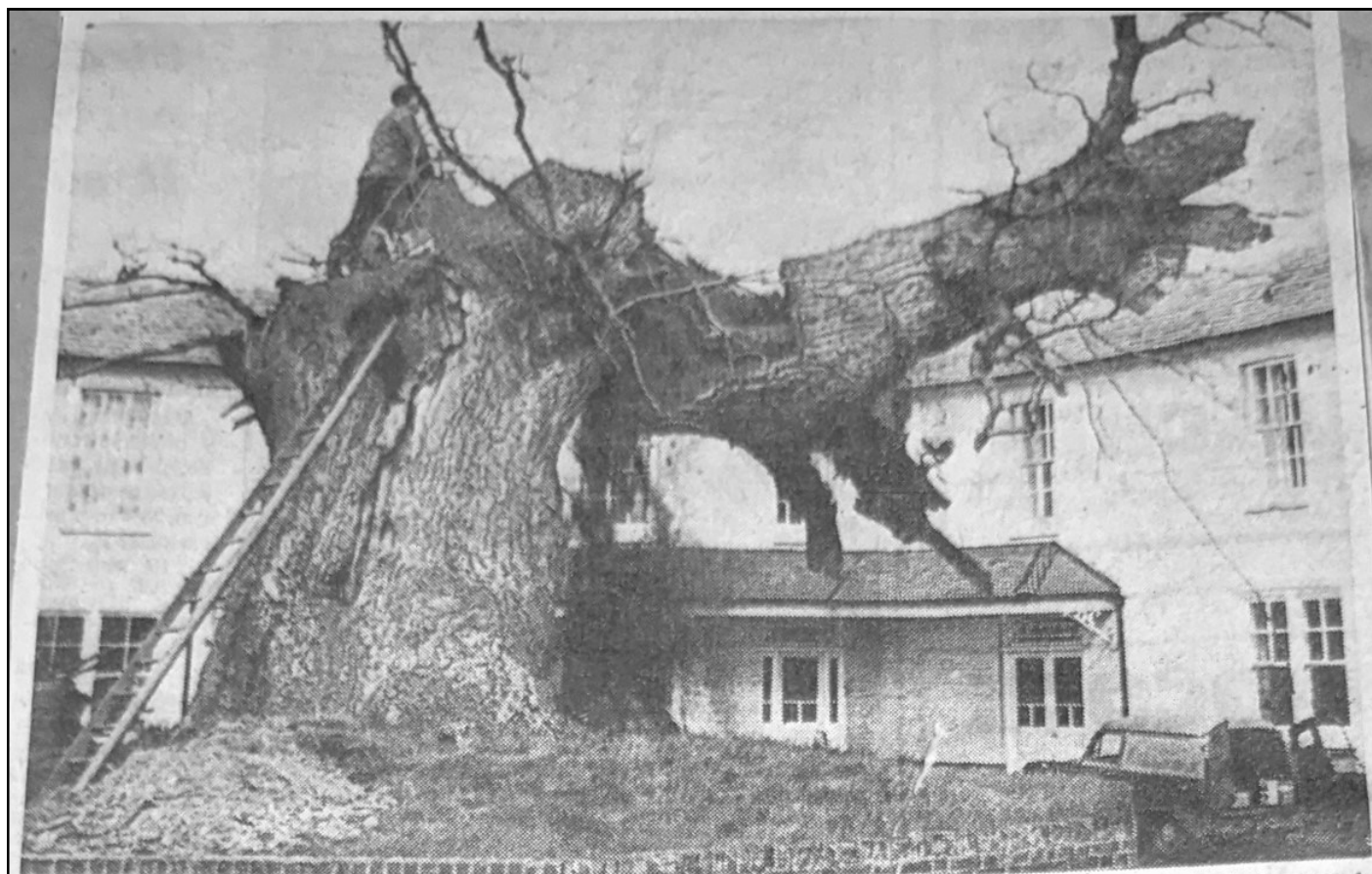


## A GLIMPSE INTO THE PAST

*A semi-regular column featuring historical news reports relating to the village.*

*EDP Friday, April 24, 1964*

### **Crashing Down after 1300 years**



#### **Ignoble end for Feltwell's ancient oak.**

The ancient oak at Feltwell, a village landmark for possibly 1300 years, came to an ignoble end yesterday when it was pulled down in the interests of safety.

The fate of the old oak, which marked the eastern entrance to the village standing on a grassy mound at the junction of the Brandon-Methwold and Southery roads, was sealed at a parish meeting last September. A vote of 15-12 went in favour of it coming sown.

In its place a young oak sapling will be planted, possibly by the village's oldest inhabitant, sometime this year.

The tree was torn apart with ropes on a winch by a contractor. It split



# St Mary's Feltwell

**Your Parish Church is open  
every day.**

**We wish you a Happy and Peaceful New Year**

## **CONTACTS**

### **Rector**

Rev'd Joan Horan

01842 828034

[revjhoran@gmail.com](mailto:revjhoran@gmail.com)

The Rectory, Oak Street, Feltwell

### **Curate**

Rev'd Juanita Hawthorne

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[revjuanita58@gmail.com](mailto:revjuanita58@gmail.com)

### **Churchwarden**

Chris Parker

01842 827152

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### **Benefice Administrator**

Chris Parker

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[grimshoebaptism@gmail.com](mailto:grimshoebaptism@gmail.com)



down the middle and the fact that it had had its days was plain to anyone. The whole centre of the ancient trunk was full of dust and soil and completely rotted away. All the roots had rotted, too.

### **SOUVENIR HUNTERS**

The felling of the tree was quite unceremonious. Few people witnessed it, although when the word spread several went to get pieces for souvenirs.

The mound on which it stood is to be removed and replaced by a smaller one and a retaining wall will be built around it.

Mr H. C. Walden, who strongly opposed the move at the parish meeting and suggested trying to enlist the aid of the Council for the Preservation of Rural England, admitted yesterday that it had now been proved the tree was in an unsafe condition.

However, Feltwell will have a reminder of its ancient tree. A picture of it in its heyday hangs as the inn sign of the nearby Oak Hotel.



### **Mothers in cycle ride**

A sponsored cycle ride of 8 ½ miles was held by Feltwell Playgroup. Mothers taking part were Donna Craigan, Pat Brown, Diane Barnes, Chris Barrett, Carol Watts, Angela Hebb, Linda Young, Denise Fox, Susan Banham, Karen Mann, Sue Garland, Sue Brigden, Pam Cook and Mrs Laws, and there were three children – Nikki Barnes, Benjamin Mann and Steven Hebb.

They met at the Chequers Inn, Feltwell, and set off to Methwold Hythe, Methwold, and back to Feltwell. It is hoped they will have raised £325 for their funds.

The Times, Friday Oct 9, 1987

# West Norfolk Aviation Society

## December 2024 Report

[www.westnorfolkaviationsociety.org.uk](http://www.westnorfolkaviationsociety.org.uk)

**WNAS AGM Tuesday 3rd December 2024**



Annual General Meetings in many societies are commonly associated with a shortage of enthusiasm but, uncommonly, our attendance figures were surprisingly high (15) despite the absence of the Narborough Museum pack and our Commander who tendered his hush-hush apologies; rank needing no excuses. The more than capable Chairman Chris H, dealt professionally with matters arising, punctuating his delivery with the usual large calibre wit. Some of the topics fit for discussion: membership fees (£10 retained), Kevin C's allegiance badges and, society accounts which can be viewed online. The question of speaker procurement and their associated fees was a high ranking topic for debate. We have shown that we are capable of producing our own speakers but to complement our endeavours it was suggested that we, as members,



should resource possible recruits ourselves and 'focal point' them to our website manager Steve C. New member, Chris P (Sculthorpe Museum) said he would assist in this respect. If anybody out there reading this article should have a story to tell about aviation and, a desire to exercise their oratorical skills, we would love to hear from you. Steve rounded off with a short film entitled, 'The Shepherd', a euphemism for a ghost pilot who escorts another pilot to safety after losing the way, the fuel, and the instrumentation.

*Continued on page 25*

## NEWS FROM THE WOMEN'S INSTITUTE

Feltwell Women's Institute have commissioned a bench in Remembrance of Queen Elizabeth II.

The ladies wanted to present something to the village and a bench to remember Queen Elizabeth was decided upon, especially as she was a long time member of the Women's Institute. She was of course also the head of the Church of England, so we thought the church grounds would be a fitting place for the bench to be sited.

We 'unveiled' the bench yesterday (Thursday 12<sup>th</sup> December) and it will be anchored down tomorrow morning.

Some members of Feltwell WI came along and from left to right are: Karen Smeeton, Helen Heath, Mandy Swain, Claire Scarff (President), Jo Squires, Marion Lucas & Jan Collom.



We hope that passers-by will admire the bench and use it as needed.



**A warm welcome from  
St Mary's to our Services.**



Sun 5 <sup>th</sup> Jan	Eucharist	<b>9.15am</b> 11am	<b>Feltwell</b> Weeting
Sun 12 <sup>th</sup> Jan	Eucharist	9.15am 11am	Hockwold Northwold
Sun 19 <sup>th</sup> Jan	Eucharist	<b>9.15am</b> 11am	<b>Feltwell</b> Weeting
Sun 26 <sup>th</sup> Jan	Eucharist	9.15am 11am	Hockwold Northwold

### **Other Services**

Tues Jan 7th	Eucharist	9.30am	Hockwold
Tues Jan 14 <sup>th</sup> , 21 <sup>st</sup> , 28 <sup>th</sup>	Morning Prayer	9.30 am	Hockwold
Weds Jan 8 <sup>th</sup> , 22 <sup>nd</sup>	Evening Prayer	4pm	Feltwell
Weds Jan 15 <sup>th</sup> , 29 <sup>th</sup>	Zoom Eucharist. Link from: <a href="mailto:grimshoebeneficeoffice@gmail.com">grimshoebeneficeoffice@gmail.com</a>		



**Coffee, Cake and Chat**  
from 9am every Weds morning.  
**Internet available and help to use it.**

**Thank you to everyone who decorated a  
Christmas Tree and made St Mary's look so  
amazing.**







The bench commissioned by Feltwell W.I. is located in St Mary's churchyard.



*Continued from page 22*

The evening finished with booze and bounty courtesy of Val and Len who received marks of appreciation from the squadron.

Nigel Tooth, Ed

View website at: [www.westnorfolkaviationsociety.org.uk](http://www.westnorfolkaviationsociety.org.uk)

**Please save the date for the next Anglo American Car Show  
on Saturday 17<sup>th</sup> May 2025**



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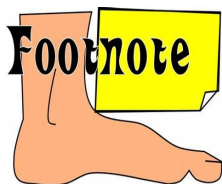
## BOOK CLUB LOGISTICAL

This Logistical puzzle was designed by Chris at the Wellington. *The solution is on p73.*

	Harry Potter Series	Twilight Saga	Lord of the Rings	Pride and Prejudice	4	5	6	7	Philip Pullman	Ruth Jones	Iain Banks	Anthony Horowitz
Jaz												
Joe												
Jess												
John												
Philip Pullman												
Ruth Jones												
Iain Banks												
Anthony Horowitz												
4												
5												
6												
7												

Match the reader to their favourite author, film adaptation and books read this month.

- 1: Joe likes the Harry Potter Movies and reread all 7 books before a binge watch of the movies.
- 2: Jess read more books than the person who likes Lord of the Rings movies.
- 3: The Iain Banks fan read 2 more books than John.
- 4: Jess is a fan of Twilight and Philip Pullman.
- 5: The person who read 5 books, the Pride and Prejudice fan, Joe and the Anthony Horowitz fan are all different.



Pilot: Autopilot in altitude-hold mode produces a 200 feet per minute descent.

Engineer: Cannot reproduce problem on ground.

*Excerpts from various aviation engineers' fault report forms.*



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## St. Mary's Festival of Light 2024

A huge thank you

from all at St. Mary's to those who supported the Festival of Light in any way, it was a wonderful Community event and the trees were fantastically decorated. Approx. £1500 was raised for church funds.

The winner of the Adult Section was the Lion, the Witch and the Wardrobe by Edwards Café Book Club



And the Winner of the Children's Section was Polar Express by the children of Edmund de Moundeford Primary School.

Both very well-deserved winners.

Very special thanks go to Santa Claus and Mrs Claus. They made many happy memories for younger members of the community and we thank them for taking time from their busy schedules to visit us at St. Mary's.

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## NEWS FROM THE POPPY APPEAL ORGANISER

2024



Sorry this article is a bit late again this year but our counting day came after the November dead line for the Magazine.

Thank you to Sylvia for counting all the money with me again this year. Very much appreciate her help and company.

Thank you to all who have taken collection boxes around Feltwell and Hockwold and to the house to house collectors in Northwold not forgetting the lady in Hockwold for the appeal this year.

The collecting boxes raised:

Feltwell      £733.57.

Hockwold    £287.42.

Northwold   £416.15.

All three Village Churches collections raised £371.69.

Other donations including our November Coffee morning. Crib and Carpet Bowls and the Wreaths make up the total so far.

**£3353.32**

Your donations are very much appreciated as our Service men and women and their families need our help as much as ever as conflicts continue.

**IT'S THE METHODIST CHAPEL'S 90<sup>th</sup> ANNIVERSARY  
APRIL 2025**

**IF YOU ATTENDED THE METHODIST SUNDAY SCHOOL  
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**IF YOU HAVE ANY MEMORABILIA OR INFORMATION  
ABOUT THE CHAPEL'S PAST, PLEASE GET IN TOUCH**



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Remember, remember the fifth of November... No! It was originally meant to be February. And so began the talk from our speaker, Kevin Boardman, for our December meeting.

This was Kevin's fourth visit and his topic, in case you haven't already worked it out was, The Gunpowder Plot. He began by questioning everyone's knowledge about the plot, arguing that it is highly likely to be incomplete at best and completely wrong at worst. But first... The date for, in today's parlance, this act of terrorism, was moved to November because of a plague, which London experienced yearly at that time. Then Kevin began to explain the background to the event.

Religion and warring factions is what existed leading up to the event. The mix of politics and religion at the time was bringing about change and most people don't like change. Back in the late 1500s, early 1600s religion was everything, whether you were Catholic or Protestant was of great significance. The key time is from 1534 to 1558 when the dominant religion of the country changed frequently. Henry VIII changed from Catholic to Protestant, then his son Edward maintained the Protestant rule but only ruled for five years. He was followed by Mary who returned the country to Catholicism and then, five years later again, Elizabeth I took the throne. All of this rapid change caused a lot of unrest in both camps. Elizabeth (1558-1603) introduced the Act of Uniformity which made Catholic Mass illegal, both marriage and baptism in the Catholic church illegal and Catholic priests were banned. A Papal Bull (order) was issued allowing assassination attempts on Elizabeth, the perpetrator being told they would go straight to heaven as they would most likely die in the attempt. (Elizabeth survived several assassination attempts).

Recusants were fined, that is, if you didn't turn up to church on a Sunday you were fined. If you were Catholic you had a choice, either go to a Protestant church or get fined and have your name put on a list, immediately identifying you as a 'suspect' the first time there was a problem between the religions.

When Elizabeth died in 1603 James I (James VI of Scotland) came to

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the throne because he was the closest male Protestant heir. He had married a Catholic which caused some concern that he might fall under her influence. In practice he loosened the restrictions on Catholics and this changed the balance between the two religions. However, neither the Puritans of the Protestant faith nor the Jesuits of the Catholic faith were completely happy. For one side James had gone too far and for the other he had not gone far enough. By being slightly more lenient than Elizabeth, James had actually made things worse. Catholics were still not allowed to work in the law, not allowed to be priests, not allowed to join the army. People began to become, in modern parlance, radicalised, but not in large numbers as communication was very limited—no phones, no internet.

The Plot was hatched in February 1605 at a meeting in the Duck and Drake in London. Great care was needed by the Catholic plotters as the King and the Protestant side were always keeping you under supervision, spies could be anywhere and anyone. Strangely, the number of conspirators was thirteen. The charismatic Robert Catesby was the instigator of the Plot. Thomas Percy was married to Martha Wright, sister to two fellow Plotters Christopher and John Wright. He became a royal bodyguard and let Guy Fawkes act as his servant, giving them both access to roam around Parliament.

Clearly, the vetting process was not like it is today. Guy Fawkes, aka John Johnson, was useful as he had been in the army and knew about gunpowder. By July 1605 and quite amazingly, the Plotters had assembled thirty six barrels of gunpowder in the basement of a house almost under the Houses of Parliament. Catesby, being highly religious became worried and told a priest outside of the group and received *Absolution in Advance*. He felt secure in doing this as he believed he was protected by the *Confessional Seal*. Did the priest notify the authorities? The opening of Parliament was put back to November owing to the plague giving the Plotters more time. But this is where the Plot starts to fall apart and it's all to do with a letter which is believed to have come from one of the Plotters. Francis Tresham, a cousin of Catesby, is thought to be the author of a letter sent to his brother-in-law, the MP Lord Monteagle, warning him not to attend Parliament on November 5th. The letter was taken to Sir

*Continued on p37*

# WORD SEARCH

Submitted by Mrs J. Clements.

This month our word search is a **CHRISTMAS SPECIAL**.

Find the words from the list opposite. They run vertically, horizontally, diagonally, backwards and forwards but always in a straight line.

*There is ONE extra phrase on the list that is not found within the grid.*

M	I	S	T	L	E	T	O	E	C	S
S	E	L	B	U	A	B	F	T	A	G
E	Y	D	C	I	H	C	U	N	H	W
S	N	O	B	B	I	R	T	U	P	R
W	F	O	S	T	K	A	L	T	D	A
D	P	E	K	E	C	Z	E	S	Y	P
C	W	R	Y	L	H	A	G	J	C	P
I	O	H	A	V	R	E	P	G	A	I
L	N	U	B	H	I	S	B	O	R	N
M	S	F	L	O	S	U	S	O	D	G
I	R	L	I	H	T	O	T	D	S	P
D	C	A	T	O	M	H	U	D	A	A
N	V	K	Z	H	A	D	O	G	T	P
I	G	E	E	O	S	A	R	N	I	E
G	Q	O	N	F	C	E	P	I	N	R
H	S	M	O	D	A	R	S	D	S	H
T	E	V	E	S	K	B	L	D	E	E
M	E	B	I	G	E	R	E	U	L	O
A	R	C	A	X	I	E	S	P	S	N
S	T	S	A	K	E	G	S	S	G	S
S	R	Q	E	K	D	N	U	A	E	C
O	I	C	T	V	E	I	R	M	P	M
G	F	I	A	M	L	G	B	T	R	S
T	L	F	U	R	B	E	R	S	I	E
B	H	E	P	A	O	Y	C	I	G	L
D	O	N	E	R	B	L	Z	R	I	D
O	J	H	C	W	A	I	S	H	F	N
R	X	P	I	U	Q	N	A	C	T	A
E	A	O	S	G	B	K	C	S	S	C
E	N	L	H	R	O	S	V	E	D	F
D	G	D	A	J	W	E	B	G	R	T
N	E	U	C	Y	S	S	N	I	T	E
I	L	R	G	R	E	H	S	A	D	M
E	S	E	T	R	E	E	B	D	E	O
R	B	S	T	U	N	T	S	E	H	C

The solution is on page 78



ANGELS  
 BAUBLES  
 BLITZEN  
 BOWS  
 BRUSSEL SPROUTS  
 CANDLES  
 CARDS  
 CAROLS  
 CHESTNUTS  
 CHRISTMAS CAKE  
 CHRISTMAS PUDDING  
 COMET  
 CUPID  
 DASHER  
 DONER  
 ELVES  
 FIR TREES  
 GIFTS  
 GINGERBREAD HOUSE  
 GOOSE  
 HO, HO, HO  
 MIDNIGHT MASS  
 MISTLETOE  
 MRS CLAUS  
 NUTS  
 PRANCER  
 REINDEER  
 RIBBONS  
 RUDLOPH  
 SANTA CLAUS  
 SNOW  
 TINSEL  
 TURKEY  
 VIXEN  
 WRAPPING PAPER



Robert Cecil, Lord Treasurer for James I, who order that the Houses of Parliament be

searched. It was only the second search, around midnight on the 4<sup>th</sup>, that Fawkes and the 36 barrels of gunpowder were discovered.

Had the Plot been successful the King, The Privy Council, all members of the House of Lords, all the Bishops and all the Judges, over 600 people would have died.

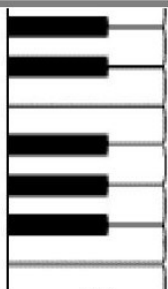
Everyone involved in the running of the country would have gone, a political vacuum would have been created and who knows what chaos would have followed.

Fawkes is not a hero, the group were terrorists and Bonfire Night is a celebration of the **failure** of the Plot, **not** of Fawkes.

The Men's Breakfast Club usually meets on the 1<sup>st</sup> Saturday of the Month at The Wellington in Feltwell at 9am. It costs £8.00 per person to attend which includes a talk, tea or coffee and a full English breakfast which never fails to please.

New members are always welcome. If you would like to join us then either call The Wellington and book on 01842 828224, before 4pm on the previous Wednesday, or email the Club coordinator Paul Garland at [garlandp@btinternet.com](mailto:garlandp@btinternet.com).

Our next meeting will be on the **4th January** when our speaker will be Mark Hall who will talk about Children and Young People in Mental Health Hospitals.



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# ***Your Good Health***

**by Dr Ian Nisbet**

It is a popular conception that, the older you get, the faster time flies by. I shall be 80 next year and there is no doubt that looking backwards is more comfortable than looking forwards. The onset of 2025 reminds me of the day year 2000 dawned. At the surgery, we had been warned and we were convinced that the entire computer system would crash at midnight on 31.12.1999. We had spent several months preparing contingency plans for the Family Practitioner Service in Norwich about all aspects of the computer meltdown and it was a great relief when the turn of the century presented absolutely no problems.

The last 25 years have flown by. I expect many of you will chime with the following: When I look back, the first 25 years of my life seemed to pass really slowly. Age 5, starting at Pensby County Primary School with a

large photo of a young Queen Elizabeth II in the hall – shoes with green composition cardboard soles which lasted about a week, especially when we had constructed a 30 yard long ice slide in the playground (banned these days – elfin safety!). Walking or roller skating the 2 miles to school sucking cinnamon balls. Sitting with the workmen in their hut erected over the repair to the gas main in the road (If you dig a 6ft deep hole, you have to, back fill it with an extra six inches on top as the backfill will settle by one inch for every foot depth), Age 11, passing the fiendish entrance exam for Birkenhead School and being rewarded with my first proper bicycle, a Raleigh Superbe policeman's bike, British Racing Green with a fully enclosed chaincase and a 4 speed dyno hub in the rear wheel. The bicycle cost £11.00 (today's

5	8		1	3				
4			5			7		
	1		4				5	6
1				6	5	4		
		6	2	7				3
6	7				8		4	
		8			4			5
				1	3		7	8

## SUDOKU PUZZLE

Each row, column & 3x3 square must contain numbers 1-9

Answer on page 78



## The Food Pantry, Feltwell

### WHO ARE WE?

We are a group of volunteers who have set up a small non-profit shop of greatly reduced prices to help with the high cost of living for the local villages, as we are a rural community with no supermarkets nearby.

We run a membership scheme for a one-off charge of £3.50

For that we supply free fruit, vegetables & bread depending on availability & also the ability to shop with us at vastly reduced prices. Food donations are gratefully accepted, please leave in the Food Pantry area in St. Mary's Church, Feltwell.

We can also provide crisis packages for those in need, free of charge with the help of public donations.

You can find us at St Mary's Church, Feltwell.

We also offer second-hand clothing for a small donation.

### OPENING TIMES:

**Wednesday 9AM – 11:30PM**

**Saturday 12:30PM – 2:00PM**

**For more details visit our Facebook Page or call 07454 259280**



equivalent is about £250) and gave my father serious financial indigestion. Accepting a ride home from Birkenhead School (4 miles) on the back of my friend the binman's motor bike. Mother went into orbit!

From the Wirral, I cycled the length and breadth of the country between the ages of 12 and 17, staying in Youth Hostels and then taking the bike with me to London when, at 17 yr old, I started my medical studies. Long trips to Brighton and Eastbourne with shorter trips to Brentwood and Chelmsford to visit the current girlfriend – usually a nurse who, Sod's Law in full swing, was posted away from the London Hospital to one of the annexes just after we had met. Apart from nurses, the other options for romantic budding doctors were physiotherapists, barmaids and other medical students, the only females with whom we had contact. There were 90 students in my group, 8 of whom were women, two of whom fell out of the course along the way.

My bicycle was one of the original steel frame models. I

still have it but, now, I cannot lift it! I qualified as a doctor at the age of 22 and 3 months in 1968 and, by the year I was 25, I had been in General Practice for 10 months, married with one child, Calum. So, the first 25 years of my life seemed an eternity when compared with the most recent fleeting 25 years. Hands up all of you who feel the same!

Reminiscing brought me to my favourite topic – food. I have belonged to a national slimming club for 4 years and have not lost any weight. I wonder what they are doing wrong. When I was a child in the immediate post-war years, Curry was a surname, bananas and oranges only appeared at Christmas, a Big Mac was to be worn when it rained, Fish didn't have fingers, no-one had ever heard of yoghurt, prunes were medicinal, pineapple came as chunks in a tin – no-one ever saw a real one. Water came out of the tap; the idea of bottling it and selling it for a higher price than petrol would have been laughable. Healthy food consisted of anything edible. However, muesli was always

# Coffee Morning

**18th January 2025**

**10 am - 12 noon**

**Join us for a coffee and a  
delicious cake or savoury!**

**The Royal British Legion  
Long Lane, Feltwell, IP26 4BJ**

**ALL WELCOME**



available – it was called cattle feed.

Some play on words from Jayne De Pol : A beauty parlour is a place where ladies curl up and dye; A committee is a body that keeps minutes and wastes hours; Handkerchief – cold storage; Yawn is an honest opinion openly expressed; wrinkles are something other people have – they are similar to my character lines; Skeleton – a collection of bones with the person scraped off; Toothache – a pain that drives you to distraction – a lady confided to her friend that she was having an affair and the friend asked “Who have you asked to do the catering?” That is a definition of OLD.

A couple of years ago, I became Musical Director of a local ladies’ choir whose conductor had resigned. I am happy to say that we have gone from strength to strength and we have just completed several concerts around the West Midlands and even Worcestershire. We have had some stormy times as their musical tastes and habits were very different from mine but we have come to an honourable compromise and their singing has been polished until it shines.

All good wishes for a happy and a healthy 2025

Ian Nisbet

*Thank You!*

The **Historical Society** wish to thank everybody who braved the awful weather and came to the annual carol service on Sunday. We all enjoyed it and would like to thank Sybil Cooper for playing the organ once again.

She loves doing it and we love having her. Her Son-in-law the Rev Martin Harris took the service, he also planned the whole thing which saved me some work. His wife Jan along with Jo, me and Sheyenne along with her son, Jack did the readings. Our thanks also to David Cordner who stepped in and did the oil lamps as Mark Lilly was away. We raised £147.43p. for the Churches Conservation Trust. Our thanks to all contributors. We hope to see you all next year.

Marion Lucas



## Tech Skills for Life

- Do you need to book appointments, buy things online and apply for jobs, but you've run out of credit and your phone screen is too fiddly?
- Have you got a smartphone, but think you might not be getting the best out of it?
- Do you wonder if you're missing out because you're not on the internet?
- Are you worried about staying safe from online scams?
- Do your kids need to do their homework, but you haven't got a laptop or the internet at home?

Tech Skills for Life is here to help!

Our friendly Community Tech Coaches can help you with laptops, tablets and data and advice about affordable broadband. We can also teach you new skills that will make tech easier to use.

Community Tech Coaches can:

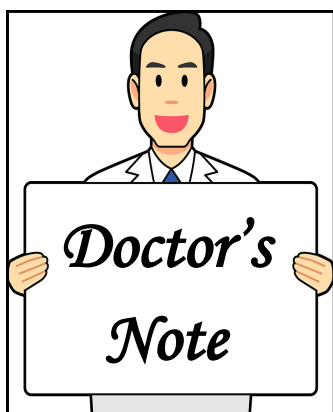
- Give you the skills and confidence to be safe online and use your tablet, laptop, or smartphone however you want.
- Help you get access to a smartphone, laptop or tablet at no cost to you.
- Help you get free mobile data or a cheaper broadband tariff.
- Teach you new skills and suggest useful things like classes or social groups.

Get your tech skills sorted, make your life easier, and get in touch today.

Call 01485 536420 or 01493 448246, Monday to Friday from 9am to 5pm and speak to a Community Tech Coach, or leave a message, and we'll call you back.

If you're online already, fill in our contact form: [www.norfolk.gov.uk/TechSkillsForLife](http://www.norfolk.gov.uk/TechSkillsForLife)





## The Mounting Cost of Missed Appointments at the Surgery.

A disappointing increase in *Did Not Attends*, from 68 in October to 91 in November, brings the total number of missed appointments for the year so far to **769**.

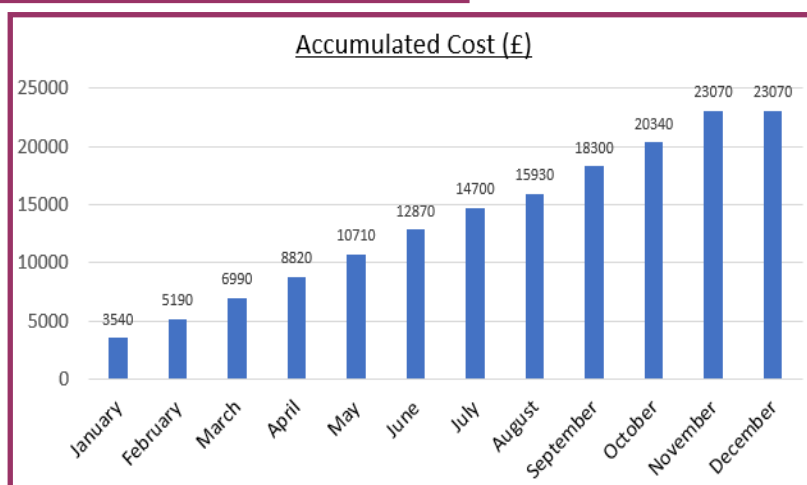
This means that 769 other patients could have been seen by a doctor in the first 11 months of 2024 if only people had cancelled their appointments rather than simply not turning up.



*“Please, if you cannot attend your appointment, cancel it.”*

Each missed GP appointment costs an average of £30,

therefore, the cost of all of the missed appointments so far this year is **£23,070**, (see chart) money that has to be spent to pay the bills and the staff but for which no direct



healthcare benefit is received by anyone. The additional 91 missed appointments in October represent a loss of **£2,730** worth of lost healthcare for the month.

There is a waiting list for appointments each day so please call the surgery to cancel if you know you will be unable to attend. Let me know what you think by emailing me at [garlandp@btinternet.com](mailto:garlandp@btinternet.com).

## MOBILE LIBRARY TIMETABLE—THURSDAYS

Stop Name	Arrival Time	Departure Time	Postcode
Wilton Road	14:25	14:35	IP26 4AY
Fairfield Way	14:40	15:00	IP26 4AT
Church	15:05	15:35	IP26 4DA
St Nicholas Drive	15:40	16:00	IP26 4DW
Munson's Lane nr junction with OMR	16:05	16:25	IP26 4DE
Hereward Way	16:30	16:50	IP26 4BP

### Upcoming Dates

23 January 2025

20 February 2025

20 March 2025

17 April 2025

Please note this information is subject to change or amendment both on a permanent and temporary basis.

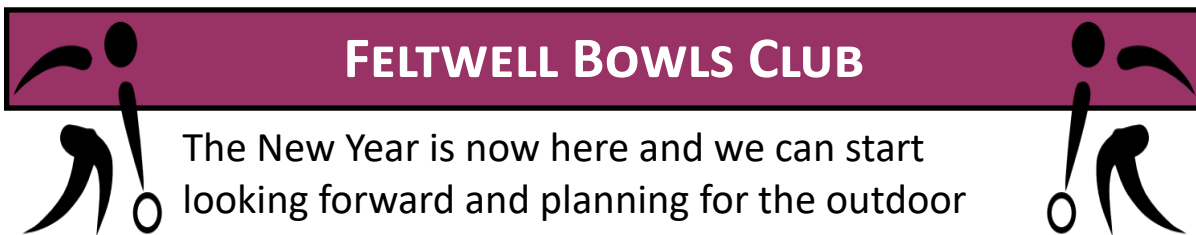
For all enquiries about this route please call 01603 222303

## SIR EDMUND DE MOUNDEFORD CHARITY

### GRANTS AVAILABLE FOR POST 16 STUDY

- Are you over 16?
- Have you lived in Feltwell for at least two years and are still resident in the village?
- Are you studying at College or University?
- Do you need assistance with the purchase of equipment or books to enable you to study?

If you can answer "YES" to all of the above then apply in writing to Mr B. Hawkins, Agent for Sir Edmund De Moundeford Trust, 15 Lynn Road, Downham Market, Norfolk. PE38 9NL. In your letter you **MUST** include the date you moved into the village, details of the course you are studying, where you are studying, the qualification you expect to achieve upon completion and any costs necessary for you to embark upon the course. Include details of any books and/or equipment required. If you know a Trustee please put their name in your application. The award of a grant is at the discretion of the Trustees and shall not exceed £300. Only one award will be made per applicant.



The New Year is now here and we can start looking forward and planning for the outdoor season to start.

The green is settling down nicely after the application of the top soiling and beginning to look good.

The games indoors are much reduced which means missing the odd week, but the playing is still enjoyable. All the teams entered are about mid-table.

Our AGM was held on Friday 22<sup>nd</sup> November, 85% of the committee agreed to continue for a further year. We now have a new Treasurer and three new General Committee members.

The Pig Racing night was held on 23<sup>rd</sup> November, it was very well attended and proved to very popular with those attending. The bacon butties at the interval were much appreciated by all.

Around £300 was made to go towards the new mower.

We are about £1000 short towards the full cost of the new mover. The mower is on order so hopefully will be here in time for the new season.

### **COMING EVENTS**

**Coffee morning:-** Saturday 18<sup>th</sup> January, 10 to 12am. See advert.

**Quiz Night :-** Saturday 15<sup>th</sup> February, 7pm to 10:30. All are welcome.

*Max*

## **ART FOR PLEASURE**

Every Thursday 10.30 am – 12.30pm. £3 per session at Weeting Village Hall.

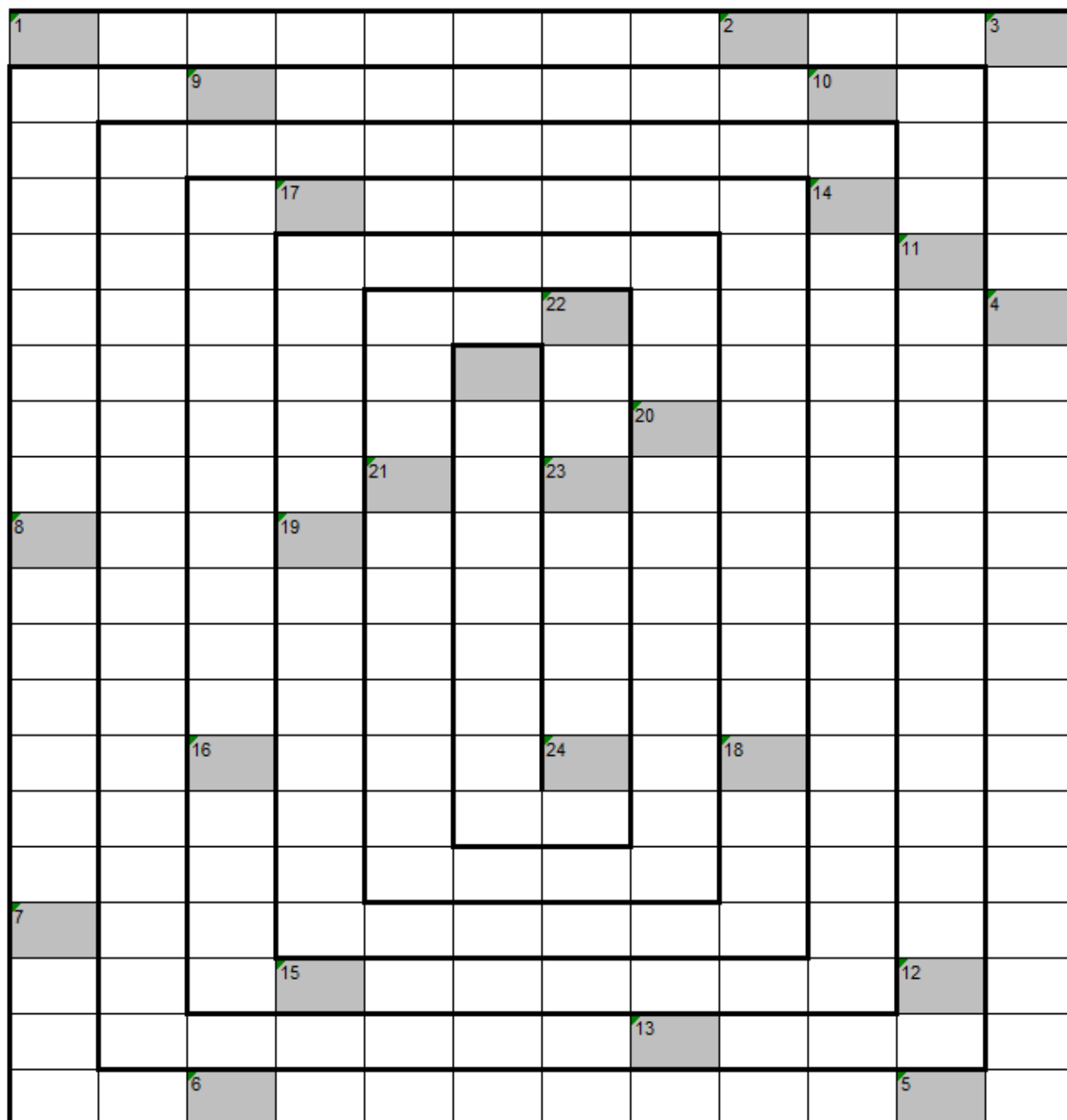
Contact Beryl Pountney, Secretary, for details on  
01842 828750

*The kettle is always on.*

## WORD TRAIL NO. 48

Janet Clements brings us a different type of puzzle, a Word Trail.

Starting at No.1 follow the clue numbers around the box clockwise finishing in the middle. The last letter of each answer is the first letter of the next answer. Work clockwise. Have Fun



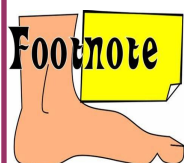
### CLUES

- 1 Odds and ends (4-1-4)
- 2 What is a Kugelhupf? (4)
- 3 The personification of darkness (6)



- 4 English explorer guilty of conspiracy against King James 1<sup>st</sup> of England (3-6-7)
- 5 This creature appears in the 7th Doctor (Who) story 'The Curse of Fenric' by Ian Briggs in 1989 (9)
- 6 Another word for an appetizer (6)
- 7 Turning the sole of the foot laterally (8)
- 8 This bird did not sing in Berkeley Square, London (11)
- 9 MEDICAL: Name of the procedure where an anaesthetic is given close to the spinal cord (8)
- 10 Scales represent this Zodiac sign (5)
- 11 FILM: A 1948 British film of sabotage/resistance in Belgium during WW2 (7-3-4)
- 12 American version of a Café (5)
- 13 RCVS abbr in full (5-7-2-10-9)
- 14 MUSIC: 1960's song by The Drifters' (4-3-4-5-3-2)
- 15 Get away (6)
- 16 Giving pleasure to, amusing (12)
- 17 Who was the first President of the USA? (6-10)
- 18 The last Tsar of Russia (7-3-6)
- 19 The British Prime Ministers residence/workplace in London (7-6)
- 20 What was the final battle of the Napoleonic wars (3-7-2-8)
- 21 The capital of Canada (6)
- 22 On what continent will you find the city of Baku (4)
- 23 The name of Batman's butler (6)
- 24 The currency of Demark (6-5)

*This month's Word Trail solution is on page 74.*



"Both breasts are equal and reactive to light and accommodation.

*Apparently from an actual entry on a patient's hospital record.*

01842  
828481

## FELTWELL SURGERY OPENING

8.00am - 6.30pm Mon-Fri only

### Extended Hours for Appointments Only

Tuesday: 07:30 – 08:00 Thursday: 18.30 – 19.00

**Out of Hours Service** - Between 18:30 and 08:00, Monday to Friday, and all day at weekends and on Bank Holidays your call will be redirected to the **NHS 111** service.

In a genuine emergency you should call **999** and ask for an ambulance.  
Chest pains and / or shortness of breath constitute as an emergency.

01842  
828481

## DID YOU KNOW?

Breastfeeding is known to have many benefits to mother and baby. Mothers with Gestational Diabetes are more likely to develop type 2 diabetes postnatally. Breastfeeding for up to six months can lower that risk by 24% and breastfeeding for more than six months can lower it by 47%.

*From the Healthwatch Norfolk Newsletter Friday 6 December 2024.*

## TABLE TENNIS



Feltwell Table Tennis club is now up and running every **Monday at 7.00pm and Tuesday from 1.45 at the Methodist Hall, Feltwell.**

Any skill level or none. Just come along for an afternoon

of fun. It's a load o' laughs, which is good for the heart, and the physical exercise loosens those stiff joints. **All ages** welcome. Steve Wellington is the organiser. **£3 for two hours of fun.**

**Pool Table NOW available.**

# ***FELTWELL METHODIST CHURCH, COMMUNITY HALL & GARDEN***



**Monday Club  
with Table-  
Tennis &**

**Pool 7.00pm**

**AND**

**Day Club - Tuesdays at 1.45pm**

**NOW with pool & darts**

**Refreshments available**



\*\*\*\*\*

**NEW Craft Group meets Mondays at 9.30 til midday. Come  
and share your skills and knowledge**

**Thursdays 6:00pm— 1<sup>st</sup> Feltwell Brownies**

**Friday:- join us for a cuppa while we pot or potter!!**

**PLEASE NOTE..... WE DO NOT COLLECT OR RECYCLE CELL  
BATTERIES ANY MORE.**

Please put them in a little bag on top of your wheelie bin for collection

**IT'S THE METHODIST CHAPEL'S 90<sup>th</sup> ANNIVERSARY (on its present  
site) in APRIL 2025**

**IF YOU ATTENDED THE METHODIST SUNDAY SCHOOL OR CHAPEL  
OR HAVE ANY OTHER INFO ABOUT METHODISM IN FELTWELL.....**

**WE'D LIKE TO HEAR FROM YOU**

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**SUNDAYS** – our day to relax and reflect on our lives, where they’ve been and where they should be going.

**11am – Fellowship and Refreshments**

**Sunday Speakers for January**

5 January    Local Arrangement

12 January   Mr D. Monroe

19 January   Rev Paul Critchley

26 January   Mrs P. Driver

It’s **PANTO TIME**      Oh, NO IT ISN’T  
   Oh, YES IT IS!!!!

See the Advert.....Cinderella...The Golden Years is on at the Community Hall in Bell Street on Saturday 11<sup>th</sup> and Sunday 12<sup>th</sup> January, 3pm on both days.

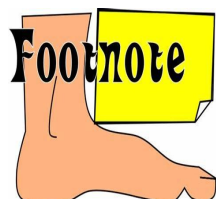
**Come and Meet the Experts.**

Saturday 21<sup>st</sup> February we will be hosting a “Surgery” for people with additional needs and their families and friends. Help will be available from Royal National Institute for the Blind, West Norfolk Deaf Association, Age UK, Multiple Sclerosis Society and KSP Mobility Aids.

Give us a call or message us or one of our members.  
Find us by scanning this QR code on your Android or iPhone.



We can be contacted on Facebook, Messenger or mobile 07712578721 or by email [mikegw15@gmail.com](mailto:mikegw15@gmail.com). Mike & Brigitte Wilkinson 07799216693



The indirect cause of the accident was a little guy in a small car with a big mouth.

*Genuine statement from an insurance form.*

# Walking on Air

07596157826

D.T.Byrne MCFHP MAFHP

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## Welcome to the New Year

This is the time of year which gives you the impression that the land is dormant and there is nothing much to be done in the garden. How wrong can we be. There is always something happening in the garden: you might have hellebores flowering and colour from other plants too. Underneath the ground the bulbs are readying themselves to show their beautiful colours, shapes and scents in the Spring garden. It is a time when gardeners are planning what they will be growing next year, sharpening their tools and ensuring that they are ready for the new growing year.

At Feltwell in Bloom we are doing exactly the same things. We are planning which annual seeds to sow , not only to put into the tubs for the summer, but also to tempt you to buy at the shows we will be attending this year. We will once again be at the Anglo American Motor Show in May, the Village Fete in June and we will have a stall in September. Come and see us. We enjoy chatting to everyone who comes to say 'Hello' whether you buy plants or not.

If you would like to become more involved with Feltwell in Bloom, please pop in to one of our normal meetings during the year. The first of which will be on Tuesday February 18<sup>th</sup> or the AGM will be Tuesday 18<sup>th</sup> March. Our meetings are held at the Wellington and begin at 7pm. You will be very welcome. If you would prefer to, give Rita a call and have a chat.

Finally, I would like to say a fond farewell to John Fenn who recently passed away. He was a great help to the group last year and we will miss his support. We wish Margaret well for the future.

Contact us on the following platforms:-

Facebook - *Feltwell in Bloom*

Email – *feltwellinbloom@yahoo.com*

Or phone Rita on 07785345614

Rita would like to thank the organiser and all who provide free vegetables to the





**3 Christmas Hampers & other prizes  
to be won**

**Tunnel of Light**

**+**

**Cream Tea**

**Tickets available NOW**

**\*Admit One (1) (£5)**

**Admit Family**

**(1/2xAdults + 1/2x Children) (£10)**

**<ENTER VIA TUNNEL of LIGHT>>>>>**



**Contact us for tickets**

We can be contacted on Facebook, Messenger or mobile 07712578721 or by email [mikegw15@gmail.com](mailto:mikegw15@gmail.com) Mike & Brigitte Wilkinson 07799216693





# **RSPB Lakenheath Fen**

## **OUR WILDLIFE NOTICES THE WINTER SOLSTICE**

I am writing this article on a very windy day in the midst of Storm Darragh. We have had a quiet few weeks here with few visitors, not for lack of wildlife but because Christmas and the pressures to prepare, and shop for it seem to dominate most people's lives at the moment. A common topic of conversation is how few hours of daylight we have now- but things are about to change. A monumental shift is about to take place which happens so subtly for us, but it holds so much significance for the natural world- the Winter Solstice.

On 21 December, we will receive the least daylight, the sun will be at its lowest, and the night will be the longest of the winter. Virtually as soon as this day has passed, our wildlife notices the change. The growth of plants is governed not so much by temperature, or sunshine, but by day length so everything from lofty trees in our woodlands to the grass on our lawns will respond by beginning to prepare for a new seasons growth, roots will grow, buds will begin to swell and sap will start to rise in the trunks of trees.

We have several species of birds in the UK which nest very early, such as Tawny owls, which are often incubating eggs in February. The beautiful and quirky Crossbill, a chunky finch (that lives in nearby Thetford Forest) breeds early too, the females are a mossy green and the male birds a rusty red. The tips of their bills cross over, which helps them extract their favourite food, seeds from pine cones. Mistle thrushes will begin to sing as soon as the days lengthen too, these are like much larger Song thrushes. They spend most of the year as a pair and will defend a territory together. Their alternative country name of 'Storm cock' was given to them as they are pretty much indifferent to bleak weather and the males will sing



giving  
nature  
a home

## Events at RSPB Lakenheath Fen

Places for all events need to be booked online- please visit <https://bit.ly/LakenheathFenEvents> to read more and book tickets.

### **Wetland Winter guided walk**

Sunday 19 January 2025 (9:30am-12:30pm)

Wrap up warm and join us to see the best that winter has to offer with our knowledgeable wildlife guides.

RSPB members £12 (£6 for Under 18's); non-RSPB members £15 (£7.50 for Under 18's).

### **Raptors in the Reedbed guided walk**

Sunday 19 January (2:30-5:30pm); Saturday 8 February 2025 (3-6pm)

Watch the reserve come to life as darkness falls, and birds of prey hunt or arrive to roost in the reedbeds.

RSPB members £12 (£6 for Under 18's); non-RSPB members £15 (£7.50 for Under 18's).

### **Winter Walking Safari**

Sunday 9 February 2025 (9:30am-3pm)

This behind-the-scenes tour provides a great opportunity to see the wildlife hiding out in parts of the reserve that aren't usually open to the public.

RSPB members £20 (£10 for Under 18's); non-RSPB members £25 (£12.50 for Under 18's).

### **Treasures of the Moth Trap**

28 February, 28 March, 25 April, 30 May (10am to 11am)

Learn more about the amazing world of moths- join us to admire what we catch in our harmless trap.

RSPB members £5 (£2.50 for Under 18's); non-RSPB members £6 (£3 for Under 18's).



Photo of a Mistle Thrush  
taken on the reserve by  
Tim James

their hearts out from tall trees, even in stormy weather. By the end of December, all these beautiful birds will be affected by the slightly longer days, their brains setting off a cascade of changes in their bodies, controlled by hormones, all because their eyes are picking up daylight for longer and longer each day.

The extra light will also trigger changes in many of our beautiful insects like butterflies and moths, whose development will begin to speed up inside their chrysalises, whether they are hidden in fallen leaves or tucked behind some bark somewhere. Sometimes we see a

gorgeous yellow Brimstone or a dazzling Peacock in February, these species can both hibernate but they may well have hatched on a mild day even though it's not even Spring yet.

So, whilst it may look bleak outside in January and you may even feel it when winter days seem never ending, and the fanfare and jolly of Christmas has passed, outside our wildlife is beginning to wake up and start moving slowly towards another Spring. If you can, why not get outdoors for a bit and see if you can spot the changes?

By Heidi Jones

(Visitor Experience Officer, RSPB Lakenheath Fen).

### **A MESSAGE FROM THE DISPENSARY**

**FELTWELL DISPENSARY WILL BE CLOSING BETWEEN 12 NOON  
AND 3PM, MONDAY TO FRIDAY, FROM NOW ON.**

**SORRY FOR ANY INCONVENIENCE CAUSED.**

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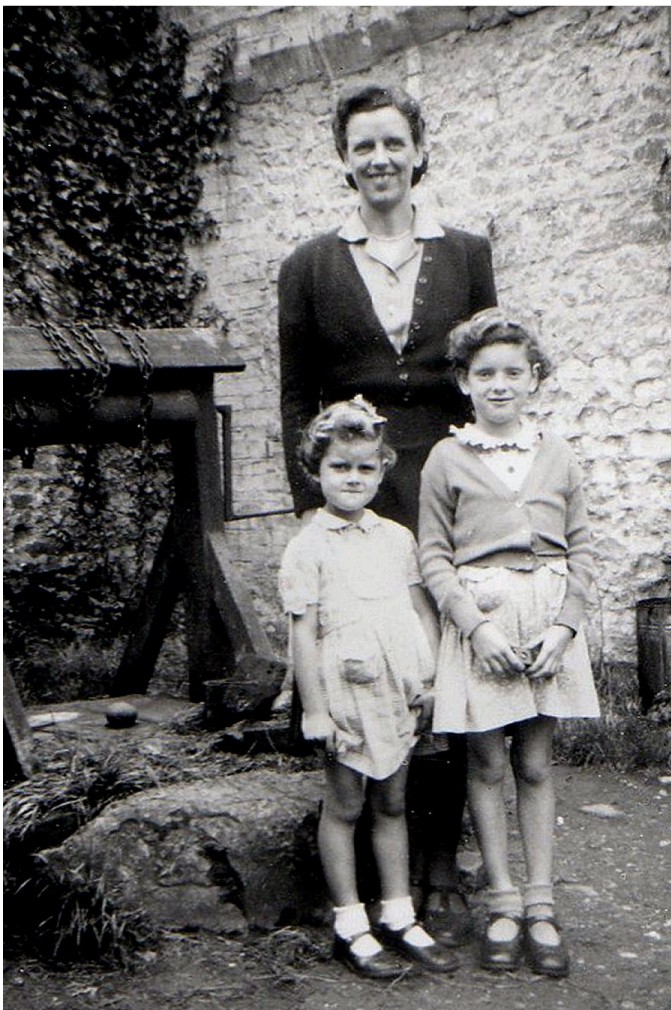


# Feltwellians Around The World



## CENTRAL GARAGE

*I've recently been working my way through an extensive Task list of emails and updating the village website where required. Amongst the many tasks I came across one from Robert Walden which he had sent me two years ago. Sorry, Robert, for being so tardy. He*



*I hope Robert reads this and that he'll let me know which one is Glenys and which Jennifer.*

*had sent me some photographs of the Field family of Paynes Lane from the 1960s. Forgive me but I cannot remember why he sent these, perhaps it was following an enquiry via the website, however, here are the photographs with Robert's comments.*

Glenys and Jennifer Field first lived in Cock Street (now High Street), then the family moved to the cottage in Paynes Lane adjoining the Willets. (Precise location required, please.) She remembers her Dad building the prefab (not there any longer) which they must have moved into in 1954 as she was 7 years old at the time.

# FELTWELL LODGE

## RESIDENTIAL CARE HOME

Lodge Road, Feltwell, Norfolk IP26 4DR



**Feltwell Lodge** is a comfortable Victorian property dating from 1860. It is a former hunting lodge set in 5 acres of beautiful landscaped gardens situated between Feltwell and Methwold.

The home is run by the proprietors, together with a fully experienced and caring staff providing a full 24 hour cover. The atmosphere is friendly, with no restrictions other than consideration for fellow guests.

Visitors are welcome and we encourage the maintenance of close links between residents and their families and friends.

**For Brochures please phone: Mr Paul Hanley RN  
or Mrs Sandra Hanley RN**

**01366 728282**

Website: [www.feltwelllodge.com](http://www.feltwelllodge.com)

E-mail: [feltwelllodge@hanleycarehomes.com](mailto:feltwelllodge@hanleycarehomes.com)



In this photo entitled, "The "Bomb" the bomb refers to the metal canister in the background which is apparently what they always called it. Glenys accepts it was probably nothing of the kind. *(Any ideas as to what it might have been? Great see-saw btw)*

The car *(below)* with Jennifer and her future husband is almost certainly a 3-wheeler Berkeley. Although they did make 4 wheelers, a quick Google search suggests the 3 wheelers were produced for less than a year in



Jenny and Graham 1967



1960 as the company went out of business then. Its engine could have been as small as 328cc!

Reliance Garage in Paynes Lane, *(The Wilton Road end I'm*

*reliably informed)* was still being used for motor repairs when Mr Field first took over the old Elm Tree Filling Station but probably became redundant once Central Garage was built in 1965.



If you'd like to submit a **FOOTNOTE** of your own, be it a quip, a fact, an idiom, whatever you feel would be suitable, please send your **FOOTNOTE** to Paul at [garlandp@btinternet.com](mailto:garlandp@btinternet.com) or post it through my letterbox.

## Feltwell Dispensary

### **NEW Opening Hours from 2nd Dec**

Monday: 08:30-12:00, 15:00-18:00

Tuesday: 07:30-12:00, 15:00-18:00

Wednesday: 08:30-12:00, 15:00-18:00

Thursday: 08:30-12:00, 15:00-18:30

Friday: 08:30-12:00, 15:00-18:00

☎ 01842 829738 or 01842 828481

You can order your medication or ask any queries regarding your medication online via our website:

[www.feltwellsurgery.co.uk](http://www.feltwellsurgery.co.uk) or by using the NHS App. We have a dedicated telephone number in place for our housebound patients to order their medication, which is open Monday to Friday between **10.00-12.00** and **14.00-16.00**.

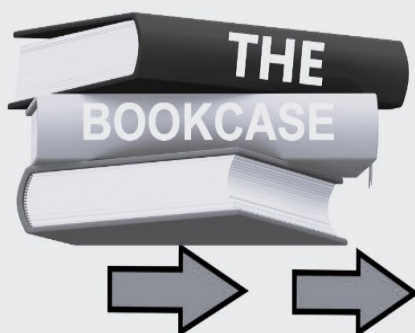
## Having a party?

Don't have enough plates, dishes, glasses or cutlery?  
Contact Sue Garland 827029 or Chris Parker 827152.

St Mary's Church can loan you all of the above  
(at least 40 settings)

All we need in return is a donation to St Mary's Church Funds and an understanding that you will pay for any breakages.

## FELTWELL BOOK EXCHANGE



## **"THE BOOKCASE"**

*Located in the Methodist  
Chapel entrance hall is*

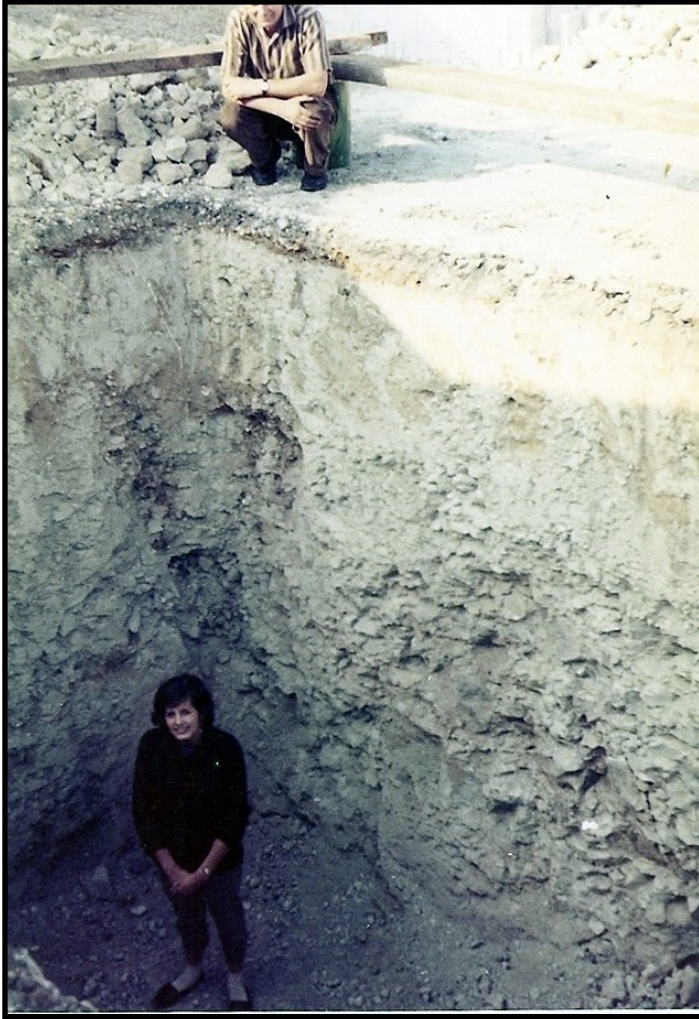
***NOW OPEN***

Just one plea.....

**PLEASE,** when you use The

**Bookcase, replace the books in the order in which they appear on the shelves.....in alphabetical order of the author. Thank you.**





Richard Pohl and Peter Fox worked there. The phone number was Feltwell 254! *(Peter tells me that the old filling station was located at what is the front of the current site with it's pumps closer to the road.)*

Payne's Lane used to be called Howards Lane.

I assume the prefab is long demolished or enclosed in brick now?

Mr Field's new Central Garage occupied the site of Lovell's former taxi garage *(Q. Behind the Elm Tree Filling Station where the workshop is now?)* and sold

Super National petrol with its very modern blue and yellow sign. They also did MOTs and welding. Not long after opening Tom the mechanic was working on a big American automatic raised up on the new hydraulic lift. He revved the engine while the car was still in "Drive" and it shot off the lift and through the end wall of the new garage!



## FELTWELL FUEL ALLOTMENT CHARITY

If you can answer “YES” to the following two questions you may be eligible for a **Winter 2024 Fuel Payment** from three Feltwell charities.

**Are you at least 70 years of age or will be by the end of 2025?**

**Have you lived in the village of Feltwell for a minimum of 10 years and are still resident?**

The Feltwell Fuel Allotment Charity does its best to maintain a list of qualifying recipients but relies heavily on local knowledge. The list is also used by the Trustees of the Atmere and De Moundeford charities who also give winter fuel donations. Last year the three charities issued a combined donation of £100.

If you meet the qualifying criteria and have **not** received a grant before, please write to our agent: Mr Barry L Hawkins, 15 Lynn Road, Downham Market, Norfolk, PE38 9NL. Please provide your **name, address, date of birth and the date that you moved into the village.**

Please mark the envelope “**Feltwell Fuel Allotment List.**”

Only one grant per household will be given.

## ADVERTISING RATES

**Full page—£240 per year or £24 per month**

**Half page—£120 per year or £12 per month**

**Quarter page—£60 per year or £6 per month**

**Eighth page—£30 per year or £3 per month**

**Our advertising year runs 1st Apr to 31st March**

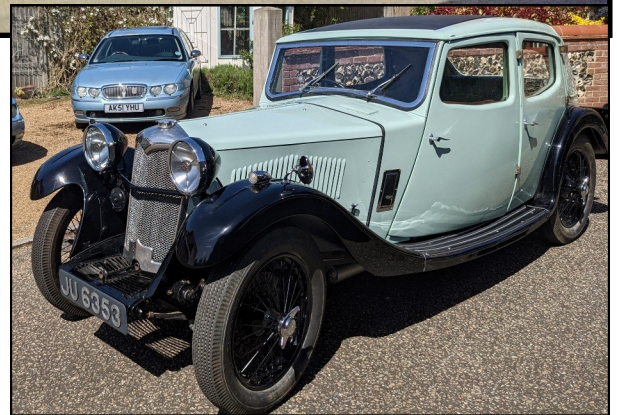
**If you would like to place an advert in this magazine please contact our Advertising Manager: Susan Withers**

**Email: [s\\_withers@hotmail.co.uk](mailto:s_withers@hotmail.co.uk)**





In April 1970 as a student living in Nottingham I booked an MOT appointment with Mr Field for my newly acquired 1934 Riley (£35) which had not been on the road for 2 years and was not taxed and had several (not-minor) defects. Fortunately, Mr Field had





## Feltwell Historical Society - programme 2025

Jan. 17th - No meeting

Feb. 15th - Battle of Medway (Saturday morning, 9:45)

Mar. 22nd—Paul Garland - Feltwell photos

Apr. 18th - Kevin Boardman - Growing up in Norfolk in the 50's

May 16th - Sarah Doig - The A-Z of Curious Norfolk

June 20th - Kate Roma - her role as Local Com. Officer, CCT & Church repairs

July 18th - Social evening with buffet

Aug. 15th - Kevin Boardman - TBA

Sep. 19th - Liz Lesley-Smith - Oxburgh Hall

Oct. 17th - Stuart Samuels - Ghosts of Feltwell

Nov. 21st - Society Annual Dinner

Dec. - St. Nicholas Church - Carols by Candlelight TBA

There will also be an Afternoon Tea Event at St. Nicholas Church in June.

### FELTWELLBEINGS

**On your own? New to the village?**

**Want to meet other people?**

Then come and join us.

**Thursday 10am -12.noon** at Methodist Church Community Hall in Bell Street.

CHAT, Gentle Exercises, Play Table Tennis, Snooker, Board Games, Cards, Dominoes and loads more. We do Countdown, Bingo and more. We also have a Bring & Buy table.

We are also a listening ear and can help with form filling and other information.

Open to all over age 18 —whatever your ability.



Come and see the warm welcome you will get in our Warm Space.

Oh, and we do refreshments.



**TOTALLY ACCESSIBLE PREMISES**



replied to my letter by scribbling on it, “OK. See you Saturday!” So when the policeman stopped me on the A1 dual carriageway I was able to produce not only a Norwich Union cover note confirming the car was insured for 7 days but proof that I was on my way to an MOT appointment and hence the reason why the car was displaying a 1968 tax disc. It got me as far as Hilgay under its own power that day and 52 years later it had yet to run again on the road... *I believe Robert has now got it back on the road.*

## **David Saunders**

David writes about his dad’s cousin, Squadron Leader Anthony (Tony) Saunders who served with 75 (NZ) Sqn and was based at Feltwell in 1941. He would like to know a bit more about the Wellington he is next to – and the nose art – which is a little odd!

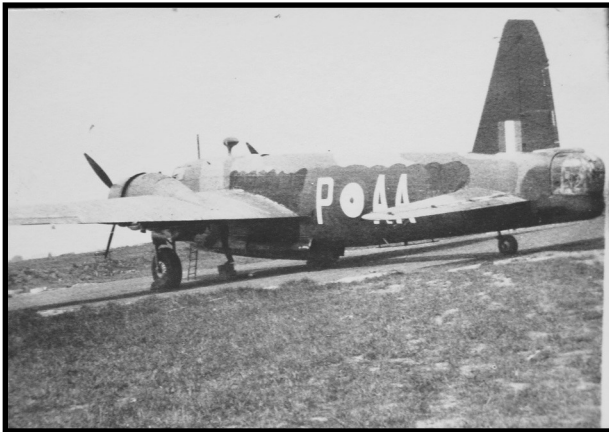


Written on the back. Wellington U for Uncle. 75NZ Sqn, Feltwell, Lincs  
Left to right. Ray Curlewis, Anthony Saunders, Jack Thompson, Taffy Martin  
'Jock' Callender, 'Windy' Windiate



Sadly he died on his 48th mission whilst serving with 156 Pathfinder Sqn based at RAF Warboys.

He is mentioned in the 75 Sqn history book published in NZ. I believe he also served on 7 Sqn Pathfinders and after 156 Sqn took a hammering, was posted there to make up the numbers. Research I have since completed here in NZ has established which German night fighter shot him down. Amazing!



75 N.Z. SQDN  
P FOR PETER (WELLINGTON)  
ANTHONY'S FIRST OPERATION  
AIRCRAFT  
FETWELL JUNE 1941



## Breckland Branch



Antibiotics are medicines used to treat and prevent bacterial infections. They can work either by killing bacteria or inhibiting their growth. This prevents bacteria from spreading. Many mild bacterial infections will get better on their own without the need for antibiotics. However, antibiotics are vital for infections that are unlikely to resolve on their own, have the potential to infect and negatively impact others, or could take too long to clear without treatment.

Each antibiotic is only effective against certain bacteria. When selecting an antibiotic for your cat, your vet will need to assess whether the bacteria is definitely present, where the bacteria is and which specific bacteria is the cause of disease.

To ensure that antibiotics are needed, our vet may suggest a culture and sensitivity test. This is a test where a sample, such as pee, blood, skin or mucus, is taken from the site of infection. The sample is then placed in a liquid or gel, known as a culture medium, that provides an environment suitable for bacteria to grow. If bacteria develop, they are then exposed to various antibiotics to see which ones are most effective at eliminating them. This information will guide your vet in selecting the most appropriate antibiotics for your cat's infection. This is important to both resolve the infection, but also to prevent antibiotic resistance.

### MISSED APPOINTMENTS @ THE SURGERY 2024

**January—118   February—55   March—60   April—61**

**May—63   June—72   July—61   August—41**

**September—79   October—68   November—91**

*Every GP appointment costs an average of £30. These appointments could have gone to someone else in need.*

*If you cannot attend your appointment, please cancel it.*



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Breakfast and lunch

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Antibiotic resistance occurs when bacteria develop mechanisms to reduce the effects of antibiotics. This is a concern for both human and veterinary medicine as it can lead to 'superbugs' such as MRSA and Clostridium difficile. These are bacterial infections that are not easily killed by antibiotics. Antibiotic resistance has occurred due to a combination of the following factors.

Bacteria mutating and evolving naturally, overuse, extensive agricultural use, for example using them in farm animal feed to promote the growth of farm animals. Inappropriate prescribing of antibiotics for example in cases of flu and colds, which are viruses. Antibiotics are ineffective against viruses.

As antibiotic resistance is a growing concern in both human and veterinary medicine, there is some pressure to restrict the use of certain antibiotics in animals. This could have considerable implications for animal welfare. It is therefore vital that antibiotics are used responsibly and that vets adhere to the following guidelines. Prescribe only where necessary, reduce use of antibiotics for



preventing infections, offer other options, treat effectively to ensure the infection is resolved and use culture and sensitivity testing to ensure an appropriate antibiotic is selected.

Antibiotics have undoubtedly been important in curing infections and have saved countless lives. In order to preserve their vital function, society must collectively promote and practice responsible antibiotic use so that these important medicines can continue to save lives.

For help or advice or if you need help with the cost of neutering, please call us on 01842 810018.

Rita Thompson.

## **METHWOLD SPIRITUALIST CHURCH SPIRITUALIST SERVICES**

Friday Meetings 2023, Doors open 7pm for 7.30 start.

**JANUARY CLOSED.**

**First Service for 2025, 21st February**

**The 21 Room, St. George's Hall Complex,  
16 High Street, Methwold, Norfolk IP26 4NT.**

Entrance donation £3. Evening of Clairvoyance £5 (towards costs)  
(Ample parking at rear) For further information ring 01366 727160

### **BOOK CLUB LOGISTICAL SOLUTION**

Jaz	Pride and Prejudice	6	Iain Banks
Joe	Harry Potter	7	Ruth Jones
Jess	Twilight	5	Philip Pullman
John	Lord of the Rings	4	Anthony Horowitz



Answer me this: Why don't those who expect  
somebody to do something about it, do something  
about it themselves?

### **SUBSCRIPTION INFORMATION**

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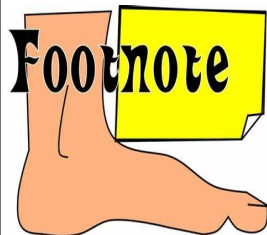
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## WORD TRAIL No. 48 SOLUTION

<sup>1</sup> B	R	I	C	A	B	R	A	<sup>2</sup> C	A	K	<sup>3</sup> E
A	L	<sup>9</sup> E	P	I	D	U	R	A	<sup>10</sup> L	I	R
G	R	Y	S	U	R	G	E	O	N	B	E
N	A	N	<sup>17</sup> G	E	O	R	G	E	<sup>14</sup> S	R	B
I	N	I	N	G	S	T	R	W	A	<sup>11</sup> A	U
T	I	N	I	A	W	<sup>22</sup> A	E	A	V	G	<sup>4</sup> S
H	R	I	N	T	E	S	E	S	E	A	I
G	E	A	W	T	N	I	<sup>20</sup> T	H	T	I	R
I	T	T	O	<sup>21</sup> O	O	<sup>23</sup> A	H	I	H	N	W
<sup>8</sup> N	E	R	<sup>19</sup> D	O	R	L	E	N	E	S	A
O	V	E	N	L	K	F	B	G	L	T	L
I	F	T	O	R	H	R	A	T	A	T	T
S	O	N	C	E	S	E	T	O	S	H	E
R	E	<sup>16</sup> E	E	T	I	<sup>24</sup> D	T	<sup>18</sup> N	T	E	R
E	G	P	S	A	N	A	L	I	D	W	R
V	E	A	E	W	F	O	E	C	A	I	A
<sup>7</sup> E	L	C	H	T	S	A	L	O	N	N	L
E	L	S	<sup>15</sup> E	M	R	O	F	E	C	<sup>12</sup> D	E
R	O	C	L	A	Y	O	<sup>13</sup> R	E	N	I	I
T	N	<sup>6</sup> E	R	O	V	O	M	E	A	<sup>5</sup> H	G



“When we were in Spain, there were too many Spanish people there. The receptionist spoke Spanish, the food was Spanish. No one told us that there would be so many foreigners.”

*Actual complaint received by Thomas Cook*

## **EBOOKS, ENEWSPAPERS, EMAGAZINES AND EAUDIO FROM NORFOLK LIBRARY SERVICE**

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*Everything above in paler text is a live link in the online copy of this magazine available at the end of January on Feltwell.net.*



# NEWS FROM THE PARISH COUNCIL

A Parish Council Meeting was held on Monday the 9<sup>th</sup> of DECEMBER 2024 in the British Legion, Long Lane. Ten Councillors attended and 3 members of the public

As a public meeting is to be held on 12<sup>th</sup> December by Methwold Parish Council to discuss planning applications 22/00860/FM and 22/00866/FM, it was agreed to defer the Planning agenda item to an Extraordinary Meeting to be held on Monday 16<sup>th</sup> December 2024.

Sqn Leader Eaton was not present again but his report mentioned the recent drone activity and asked members of the parish to report any suspicious activity to the Police. The period from 20/12/24 to 3/1/25 will be a no-fly period.

Mr Storey updated on Borough and Norfolk County Council news. New Queen Elizabeth Hospital is still on schedule for completion 2030 and the first phase of the West Winch housing development is also on track. Further information can be found on both websites.

Mr Storey said Highways had confirmed 30mph and 40mph roundels would be done before Christmas.

New entrance gate and fence should be installed at the playing field this week following irreparable damage to the existing earlier in the year. *(Ed. By the time you read this it will, hopefully, be finished.)*

Replacement street light at Mulberry Close is up and running.

Funding is still available for new bus stops so the Clerk will enquire if one can be installed outside Manor Park Estate.

Everyone thought the Christmas tree and churchyard looked beautiful and Mr Rayner was thanked for his and his family's efforts with this.

The Parish Council are organising a public event in conjunction with Age UK and Feltwell Community Group to be held Wednesday 25<sup>th</sup> January 2025, 10 am – 12 noon, during the coffee morning at St Mary's Church, to provide residents with information on grants, benefits etc which they may be

## WORD SEARCH SOLUTION

**NEXT  
MONTH'S  
WORD  
SEARCH WILL  
BE ON  
PLANETS &  
MOONS**

M	I	S	T	L	E	T	O	E	C	S
S	E	L	B	U	A	B	F	T	A	G
E	Y	D	C	I	H	C	U	N	H	W
S	N	O	B	B	I	R	T	U	P	R
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D	P	E	K	E	G	Z	E	S	Y	P
C	W	R	Y	L	H	A	G	J	C	P
I	O	H	A	V	R	E	P	G	A	I
L	N	U	B	H	I	S	B	O	R	N
M	S	F	L	O	S	U	S	O	D	G
I	R	L	I	H	T	O	T	D	S	P
D	C	A	T	O	M	H	U	D	A	A
N	V	K	Z	H	A	D	O	G	T	P
I	G	E	E	O	S	A	R	N	I	E
G	Q	O	N	F	C	E	P	I	N	R
H	S	M	O	D	A	R	S	D	S	H
T	E	V	E	S	K	E	L	D	E	E
M	E	B	I	G	E	R	E	U	L	O
A	R	C	A	X	I	E	S	P	S	N
S	T	S	A	K	E	G	S	S	G	S
S	R	Q	E	K	D	N	U	A	E	C
O	I	G	T	V	E	I	R	M	P	M
G	F	I	A	M	L	G	B	T	R	S
T	L	F	U	R	B	E	R	S	I	E
B	H	E	P	A	O	Y	C	I	G	L
D	O	N	E	R	B	L	Z	R	I	D
O	J	H	C	W	A	I	S	H	F	N
R	X	F	I	U	Q	N	A	C	T	A
E	A	O	S	G	B	K	C	S	S	C
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E	S	E	T	R	E	E	B	D	E	O
R	B	S	T	U	N	T	S	E	H	C

## SUDOKU SOLUTION

If you've missed finding the hidden animals this month please let me know and I'll reinstate them.  
Email: [garland@btinternet.com](mailto:garland@btinternet.com) with the phrase, 'Bring back the animals' in the subject line.

5	8	7	1	3	6	2	9	4
4	6	9	5	8	2	7	3	1
3	1	2	4	9	7	8	5	6
1	9	3	8	6	5	4	2	7
7	2	5	3	4	1	6	8	9
8	4	6	2	7	9	5	1	3
6	7	1	9	5	8	3	4	2
9	3	8	7	2	4	1	6	5
2	5	4	6	1	3	9	7	8

entitled to. The Food Pantry will be there as will the Borough Council's "Beat Your Bills" roadshow. Children's Services and Careline to confirm their attendance. Further information will be provided via Facebook and a leaflet drop. Everyone will be welcome.

Residents are asked to refrain from parking on the pavement in front of Central Garage as their vehicles are severely obstructing vision for drivers at the Long Lane/Short Beck junction. Proposal to Highways to change the road layout.

Residents are encouraged to deposit any glass waste into the bottle bank on the playing field as the Parish Council obtains recycling credits for every tonne collected.

Residents are politely requested to trim back greenery to their boundaries, particularly if it is obstructing pedestrians on neighbouring footpaths.

Please subscribe to the Council's website (<https://feltwellparishcouncil.gov.uk>) and Facebook page for latest news and notifications including RAF Feltwell demolition activities and road closures.

The next Parish Council meeting will take place at the British Legion on Monday 13<sup>th</sup> January 2025 at 7.30 pm. Everyone is welcome.

Added by the editor.

Planning Applications mentioned above are as follows:

22/00860/FM - Demolition of existing buildings and construction of new buildings in connection with pig finishing provision and other associated works

22/00866/FM - Demolition of existing poultry sheds, construction of 20 new poultry sheds, 4 workers dwellings and associated infrastructure.

Both refer to Airfield / Methwold Farm, Brandon Road, Methwold, Norfolk ,IP26 4RJ



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