FINEL PARISH MAGAZINE OUR CONNECTION TO YOUR COMMUNITY



80th Anniversary of D-Day — 6th June, 8:40pm Grand Village Fete & Parade — Saturday 15th June, 2pm Picnic in the Park — Sunday 21st July, 12 noon—4pm.

How many horses can you find inside?



Inside this issue:

Dr Nisbet talks about 19th
Century Medicine—June 28th
School Report from Starlings,
Patient Information
Parish Council Reports
Plus all our usual puzzles and much more besides.

All proceeds from the sale of this magazine are shared between village organisations and St Mary's Church.

	FELTWELL ORGANISATIONS	List maintained by Paul Garland
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Feltwell Bowls	Martin Blackman	829821
The Royal British Legion (Hall 828480)	lan Rayner	07766 348679
RBL Poppy Appeal Organiser	Mary Reynolds	828130
Feltwell Historical and Archaeological Society	Marion Lucas (Chairman)	828769
Feltwell Table Tennis Club	Steve Wellington	07436 905520
Beavers and Cubs	Claire Scarff	827555
Feltwell School PTA	Lisa Strutt	@ the school
Feltwell Women's Institute	Claire Scarff	827555
Feltwell Playgroup	Merle Gallagher	07582 371984
Feltwell Scout Group	Claire Scarff	827555
Feltwell Football Club	Sarah Ramsey (Secretary)	07825 506974
Feltwell Youth Football Club	Andy Kennedy	828914
Feltwell & Thetford District Mencap	Mrs T. Sismey	827292
Feltwell Brownies	Lisa Allbut-Kentish	07710 688857
Feltwell Social Club		828093
Feltwell Primary School	Mrs J. Lillycrop	828334
Feltwell Golf Club	Joanne Bates	827644
Feltwell In Bloom	Rita Page	07785345614
Rector of St Mary's Parish Church	Revd. Joan Horan	828034
Curate of St Mary's	Juanita Hawthorne	01336 728545
Churchwarden of St Mary's	Christine Parker	827152
Friends of St Mary's	Stephen Parker	827152
Feltwell Men's Breakfast Club	Paul Garland	827029
Feltwell Methodists	Mike Wilkinson	07712 578721
Feltwell Museum	Graham Simons	828387
Parish Clerk, Jo Martin. Email: feltwellparish	clerk@gmail.com.	828383

Parish Council website: https://feltwellparishcouncil.norfolkparishes.gov.uk Feltwell's History Website can be found at http://www.feltwell.net

Deadline for the next issue is 14th June 2024

Submitted articles may be hand written, emailed or typed in MS Word and sent to: The Editor, Mr Paul Garland, 16, Falcon Road, Feltwell, (827029), Email: garlandp@btinternet.com

Advertisers should contact our Advertising Manager: Susan Withers,

The Bungalow, Blackdyke Road, Feltwell (827758)

Email: s_withers@hotmail.co.uk

Distribution is by Ian Webb (828167) & Paul Garland

You can subscribe to this magazine for £5 a year, incl. two free issues and free delivery in Feltwell. Gift subscriptions are available, contact the editor.





FROM THE CLASSROOM

May has been another busy month at Edmund De Moundeford Primary School with a Guide Dog visit

organised by Mrs Hollick-Pearce. Each class has been able to participate in a sponsored guided PE lesson. It has been a great opportunity to showcase the wonderful work that the Guide Dog charity does, and we will look forward to sharing the total with you in the next village magazine. If you would like to donate then please visit this link <u>Claire Hollick-Pearce is fundraising for Guide Dogs</u> (justgiving.com)

On top of all this Starlings have been busy writing a story based on the book 'George and the Dragon' by Christopher Wormell.

Bill and the Giant

Far, far away in the high, high mountains in a deep, deep valley in a dark, dark cave there lived a fierce giant.

He was taller than the clouds and stronger than an elephant. He could crush a forest with a stamp of his humongous feet. He could smash a castle wall with a flick of his mighty finger and he could sweep away an army with a blow of his stinky breath.

There was nothing so fierce and so terrible as the mighty giant! But he had a secret. A big secret! Well actually it was a very small secret ... he was terrified of rabbits!

Which was a pity because that very day a rabbit moved into the cave just next door. His name was Bill. Now, Bill didn't much care for the cave next door as it was damp, frosty and scary. The previous owner had been a bat so the fixtures and furnishings were most inconvenient.

The nearest carrot shop was miles and miles away. Bill was feeling

GRAND VILLAGE FETE 8 CARNIVAL PARADE

SATURDAY 15TH JUNE 2024
FELTWELL PLAYING FIELD



LIVE MUSIC BY GENE GRIMES

GLAMDADS' FROM 6PM

DISCO BY DJ COCKY



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Please note, dogs are not permitted on the playing field (assistance dogs only)

rather miserable. To make matters worse ... he had no milk for his tea! "I know," said Bill, "I'll just pop next door and see if I can borrow some." So he did.

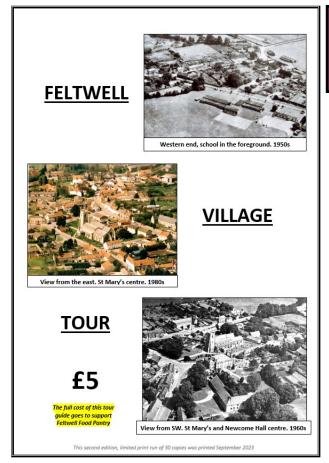
"I say, you couldn't loan me a spoon of milk, could you?" asked Bill. "AAAAAAAAAAAAAAAAAGGHHHHHHHH!" screamed the giant and fled. "Oh, blow," groaned Bill. "No tea then."

A princess appeared from the shadows of the cave. The giant had taken her from her high tower. They went back to the castle and Bill had his cup of tea with a spoonful of milk.

Together they shared carrots, crisps, carrot cake, brownies, lettuce, ham sandwiches, jelly, chocolate and fairy cakes with orange icing.

Because Bill had rescued the princess from the giant, he was also given a cosy little burrow near the castle wall which was a lot closer to the carrots.

We look forward to sharing more learning with you and please look out for our float at the village carnival next month.



FELTWELL VILLAGE TOUR— SECOND EDITION

Copies of the second edition of the village tour are now only available on an order only basis.

They cost £5 and every penny goes to Feltwell Food Pantry.

Copies can be ordered by email to garlandp@btinternet.com. Please provide your name, address and telephone number. I'll then print a copy and take payment on delivery.

Paul



Would you have gone to the doctors in the 1800's?

Dr Ian Nisbet is returning to the village to give you an insight into 19th century medicine.

The Aisle, St Mary's Church, Feltwell Friday June 28th at 7-30pm

Tickets

£10

(including a glass of Pimms or a soft drink.)
Children/Students in full time education

£5

Email:

sueegarland@outlook.com or phone 01842 827029

A message from Dr Nisbet:

"The talk will cover:

- Living conditions in the 1800s and inappropriate medicines used during the 19th century.
- Simpson's fight against The Church and others to get Chloroform accepted. The prevailing view was that women should suffer pain.
- Anatomy, dissection, the life of students and The Resurrectionists Burke and Hare.
- Horror stories from the operating room and appalling conditions in the hospitals of the day.
- The modern day return of maggots and leeches."

He goes on to say, "Those of a nervous disposition might need to lie down!"

WOULD YOU HAVE THE TIME?

Many questions but only one unexpected ending from Frederick James.

Have you ever decided what you would do, if it was the only chance you would get? If your next action would actually be the last thing you would do?

Something so important to you that you simply had to do it, even if you weren't around to check the results of your action? Even if those you were doing it for probably wouldn't be there either?

I don't mean something you had always wanted to do, but never had the time or the opportunity? Rather something that you feel you simply had to do, simply because it was something that just had to be done, and you would have the satisfaction of knowing that you had done it, despite the possibility that no-one would know you'd done it anyway?

Something you had to do in that split second before it would be too late, and no-one would be aware if you had decided not to do it.

Would it matter if you did it, or didn't do it? What difference would it make, in the general scheme of things? Was your split second decision to do it really all that important? Would it really matter, if you had decided not to do it, and let the moment pass?

Why not do it now, whilst you have more time to think it out and come up with a thought-out, logical decision, or leave it until you have only that split second in which to act? Would it have the same impact if you did leave it until the 'last minute'?

You could decide now what you would do, but what if you changed your mind later? Would you spend your time wondering if the decision you had made was the right one? After all, it wouldn't be a 'spur-of-the-moment' decision, would it, and not have the same impact, upon reflection.

We all make decisions every day, throughout our lifetime, but this one is possibly the most important one you will have ever made,

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and you would have to be certain that is really was the right one in the end. There would be no second chance. No going back. No explanations. No excuses. It would be too late. Decision made! So, what is it going to be?

One lump, or two?

NOURISHING NORFOLK AWARDS

On Thursday 16th May four members of Feltwell Food Pantry volunteers were present at the Nourishing Norfolk Awards as we had been nominated. We don't know who nominated us but thank you whoever you are.

The award ceremony was held at the Holiday Inn near Norwich airport and attended by roughly 300 people made up of volunteers from the 25 Food Hubs in Norfolk, representatives of the organisations and businesses who sponsored the various awards and who support the Nourishing Norfolk initiative. Sadly, we did not win our category, that went to The Pantry, Kenninghall.

For those who don't know the Nourishing Norfolk programme was created by the Norfolk Community Foundation in 2020 with the express aim of offering people struggling with the rising cost of living a local place to shop on a budget and the chance to access the support they need to thrive. Each hub provides important products such as fresh food and veg either free or at a discounted price, for us at the Feltwell Food Pantry that is approximately 50% of the shop price. To shop at the Pantry a once only membership fee of £3.50 is required. You do not need to present food vouchers and we don't ask you to provide evidence of your hardship or need, we simply trust that you have one. We also provide crisis packs. We are not a supermarket and therefore we offer a more limited range but one that is dominated by essential products rather than luxury items. We stock a small range of chilled and frozen foods, tinned goods, cleaning and hygiene products, period products, pasta, cereals and pet food to name a few. We also have a range of second-hand clothing items and various bits of bric-a-brac. We are entirely funded by charitable donations, so if you'd like to donate please do.



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Please note, dogs are not permitted on the playing field (assistance dogs only)



A big thank you to everyone who visited the Anglo-American car show in May. Especially those who came to the stall and purchased plants from us. It was lovely to chat to so many of you. Don't worry, we will have more plants for sale during the village fete on June 15th. Leave a little space in your garden or tubs for some. Once again, please come and say 'Hello'.

As you read this article, you might have already noticed that Feltwell in Bloom has extended the wild flower area, as we said we would. We look forward to a good display again this year. Thank you to everyone who helped on the day. We have also begun working on the tubs to ensure that they are tidied up after the spring bulbs have died back. We are now planting-up for the summer show of colour. If anyone has any spare annuals, then please feel free to contact me and donate them to be put into tubs close to you. For the first year, we have managed to grow several annuals ourselves. A big 'thank you' to John who has leant us a greenhouse, or two, to do this in. He has been a great help. We will be selling some of these at the fete but we will also use some in the tubs. Thank you also to Brian for contributing plants, for the second year.

It will be lovely to see the village looking cheerful during the summer months. Any tubs or baskets you can manage to fill at home, will also make the village look attractive to both those who live here and to those passing through.

As the summer moves on, I am hoping for some warm, dry weather. Our tubs can get a little dry, so if you see one which needs attention, please contact me. Thank you

Contact us on the following platforms:Facebook - #Feltwell in Bloom
Email — feltwellinbloom@yahoo.com
Or phone Rita on 07785345614 and I will try to answer your queries.

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LATEST CONSUMER ALERTS AND TRADING STANDARDS NEWS

Scam Alert - Emails claiming to be from 'Microsoft'

We are warning residents about a number of scam emails circulating claiming to be from 'Microsoft support' stating they have received '50 complaints about your email account'. It goes on to state that 'this is the final warning before your account is blocked'. The email then provides a link to 'go to support' to review account information and security settings.

These emails are not from Microsoft and anyone following the link will be taken to a website which will attempt to gather personal, email account and financial details.

Our advice is always to be wary of claims made in unexpected email approaches and **never** click on links or open attachments if approached in this way.

Scam Alert - Investment Scams

We are warning residents to continue to be alert for social media posts which claim to be about well-known celebrities who are endorsing investments.

Scammers frequently make posts or place paid for adverts often linking to fake news articles which claim that the celebrity named is promoting online investments after making large amounts of money from doing so themselves.

These post and adverts are placed attempting to lure people into making contact so they can be encouraged to invest in these investment scams. Common investment scams include fake shares, cryptocurrencies, gemstones, and fine wines.

In reality, the celebrities used in these investment scams have nothing to do with the fraudsters and their image and status are being used without their permission or endorsement. Any money handed over is likely to end up in the hands of cyber criminals with little or no possibility of you ever recovering it.

Protect yourself:

- Be very sceptical about social media posts and online adverts offering shares and other investments using celebrity endorsements especially if they're claiming to be 'guaranteed' or 'risk-free'
- Get independent financial advice before making any investment
- Never sign up to anything immediately or if you're told to keep the deal confidential

Make sure any firm you are thinking of investing with are on the Financial Conduct Authority (FCA) register of authorised firms, you can check the list by <u>visiting the FCA website</u>



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NEED LASTING POWERS OF ATTORNEY?

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Which? Have put together useful guidance on how to spot an investment scam which can be found on the Which? website.

The <u>Financial Conduct Authority website</u> also provides further details on how to avoid investment scams online.

Any online scam adverts spotted can be reported to the Advertising Standards Authority (ASA) by filling out a simple form on the <u>ASA website</u> Based on reports to them, the ASA works with advertising networks and online publishers to remove scams as quickly as possible.

If you think you have received an investment offer that you believe is a scam or you have become a victim of a scam, you can report this to us via our partners the Citizens Advice consumer helpline on **freephone 0808 223 1133**

Scam Alert - Free giveaway scams

We are reminding residents to be very wary of social media posts claiming to be 'free giveaways' from well-known companies or products.

Scammers frequently post details of giveaways, often claiming to be linked to an event or anniversary for the business. Anyone clicking on the scam post will be taken to a website that will attempt to gather personal and financial information usually to cover a small amount for 'delivery charges'.

Instead this information is often then used to attempt further financial scam or to sign the account holder up to subscription services which then take repeated payments from the account.

While there are legitimate online giveaways on social media platforms, you should always be alert for those that ask for excessive personal information or banking details.

If you want to check if a giveaway is real, visit the website of the organisation that's supposedly doing it and see if they have information that can confirm the giveaway.

Scam Alert - Automated telephone cold calls claiming to be from HMRC

We are warning residents to be alert for automated telephone cold calls claiming to be from HMRC.

This follows a report from a resident who received a call which stated 'HMRC have had a letter sent to you returned so legal action will now commence'. The call then states the recipient can 'Press 1 to speak to your case officer'.

These calls are **not genuine** and are designed to panic the call recipient into interacting with the call.

HMRC advise that anyone receiving this, or any similar call making claims about HMRC taking legal action against you to **end the call immediately**.

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Scam Alert - Exam scam warning for students

With exam season here we are highlighting a warning to students about exam scams.

Social media scammers are charging pupils hundreds of pounds for what they claim are leaked GCSE and A-level exam papers but are likely to be fakes or non-existent. The risks to students are high, with not only the loss of money but the possibility of downloading malicious malware, as well as the possibility of being disqualified.

Sir Ian Bauckham, chief regulator at Ofqual, stated: "Students should also be aware of the risks of exam papers on social media. Accounts claiming to sell this year's exam papers are almost always scams. Students should report these accounts to teachers. Students risk losing the qualification they've been studying for if they search for or communicate with social media accounts claiming to sell leaked exam papers. Sanctions can still apply even if the papers turn out to be fake. Buying papers is never worth the risk."

Reporting scams

Reporting scams you receive helps us continue to build up intelligence on the scammers and how they target people.

If you have received a telephone cold call which you believe to be a scam or think you have been a victim of an online scam you can report it to us via our partners the Citizens Advice consumer helpline on freephone **0808 223 1133**.

Citizens Advice consumer service website

If you've been the victim of an online scam you can get advice and support from Citizens Advice Scams Action: 0808 250 5050 (freephone)

You can also report Frauds, Cyber Crime and Phishing attempts to Action Fraud, the National Fraud & Cyber Crime (NCSC) by forwarding it to report@phishing.gov.uk.

You can report suspicious text messages received by forwarding them to 7726.

What is 7726? A free service for you to use to report suspicious texts or calls you might receive on your mobile.

7726 is a number that most mobile customers using UK networks can text to report unwanted SMS messages or phone calls on a mobile. The number '7726' was chosen because it spells 'SPAM' on an alphanumeric phone keypad



I want to complain about the farmer across the road; every morning at 6am his cock wakes me up and it's getting too much for me.

Extracts from letters written by council tenants

2	6			4			3	
			3			2		7
	4				7			
7			6	3		9		
			1		8			
		9		2	8 5			8
			8				5	
3		2			6			
	8			5			9	2

SUDOKU PUZZLE

Each row, column & 3x3 square must contain numbers 1-9

Answer on page 76





The Food Pantry, Feltwell

WHO ARE WE?

We are a group of volunteers who have set up a small non-profit shop of greatly reduced prices to help with the high cost of living for the local villages, as we are a rural

community with no supermarkets nearby.

We run a membership scheme for a one-off charge of £3.50

For that we supply free fruit, vegetables & bread depending on availability & also the ability to shop with us at vastly reduced prices. Food donations are gratefully accepted, please leave in the Food Pantry area in St. Mary's Church, Feltwell.

We can also provide crisis packages for those in need, free of charge with the help of public donations.

You can find us at St Mary's Church, Feltwell.

We also offer second-hand clothing for a small donation.

OPENING TIMES:

Wednesday 9AM – 11:30PM

Saturday 12:30PM – 2:00PM

For more details visit our Facebook Page or call 07454 259280

CARNIVAL FLOAT LOGISTICAL

This Logistical puzzle was designed by Chris at the Wellington. The solution is on p62.	Spiderman	Avengers	The Incredibles	Danger Mouse	1st Place	2 nd Place	3 rd Place	4 th Place	10 People	12 People	14 People	16 People
Playgroup												
Cubs												
Brownies												
Bowls Club												
10 People												
12 People												
14 People												
16 People												
1 st Place					Match the organisation to their float, the number of people							
2 nd Place												eir
3 rd Place												e
4 th Place					riding and the rank.							

- 1. 2nd Place, the float with 12 on board, the Incredibles and Cubs were all different entrants.
- 2. Brownies had less people on board than the Bowls Club.
- 3. Playgroup had 14 Avengers on board.
- 4. The Incredibles Float came 3rd, ahead of the float with 12 People on board.
- 5. The Danger Mouse Float came 1st, it had 10 people on board.

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Feltwellians Around The World



Memoir for Sylvan Ellwood Weaver Born August 5, 1915. ↓
Killed in action April 4, 1943. Part 4

Written by Larry Weaver (son of Sylvan's younger brother Armand)

As I write in the first person I, Larry, will type I(S) so you will know it is what Sylvan thought or felt as I imagined he would. When I write things that I am feeling or thinking I will write them as I(L).

I(S) April 26, 1942 I was transferred to #2 Wireless School Calgary. I wasn't there three weeks and got sent to hospital. It looks like it was just shy of 2 months I spent in hospital. Quite frankly I(L) can't imagine how I(S) learned anything. But I(L) am slowly figuring out that I(S) was actually in Calgary for over one year. Now these leave gaps are making more sense.

The actual school was located in the facilities of the Provincial Institute of Technology and Arts (PITA). This was located on 16 Ave. N. now occupied by SAIT, Calgary. Under the BCATP in 1940, plans were for four dedicated 'Wireless Training Schools'. These provided facilities for training Wireless Operators in the operation and maintenance of radio equipment, both for ground based wireless stations and as a crew in aircraft, in actual flight conditions.

The main function of a Wireless Operator on a multi-engine aircraft during the War was to maintain contact with base stations using C.W. (Continuous Wave) Morse code. It was a great deal more difficult to send and receive code while airborne, than in stable, land -based stations. Airborne Wireless Training was a major part of the curriculum at each of the BCATP Wireless Schools.

To learn Wireless I(S) a typical day looked like this: half an hour in a classroom, three and a half hours in simulator classroom (where we each could cram ourselves into a space similar to a real plane and send and receive code), and seven and a half hours in an actual





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plane doing what we had on the ground. At first in '41, these planes were 2-seater Tiger Moths. But they soon figured out they were too small for 2 men and heavy radio equipment so soon switched to Fort Fleets. But not before a Tiger Moth had crashed in training killing two airmen. That shocked me! The Fort Fleet's weren't that much better and eventually were replaced with American Harvards in '43. That's after I had graduated though. The subjects we learned were theory, Radio Equipment, Morse, Procedure, Signals Organization, Armament, Drills and Physical Training. There were 73 in my class and I placed 22, with a mark of 79.2%. Not something to boast about. We were taught at home to not be proud so I wouldn't have bragged anyway. Graduation day - May 25, '42 I was authorized to wear Wireless Operator's badge. Maybe it was my grade I(L) don't know, but May 28, '41 I was ranked as L.A.C. - Leading Aircraftman. The day I(S) graduated, the records show I turned up in Lethbridge at #8 B.G.S - Bombing Gunnery School. Little did I(S) know it then it was the same place nephew Larry was to show up for his first job. If we had been able to get together then in '42 I'm sure we could have joked about the wind! E.g. If you lose your hat here don't bother chasing it. Just keep trying on hats as they blow past you until you

The records show it was exactly a month spent here and it wasn't too intense. By that I(L) mean that it appears to be more theory than practical. On the written test I(S) got 77% on practical and oral test – 53%, and on Ability as a Firer 76%. On the practical side I did actually fly a total of 12 hrs 20 min. in a Fairey Battle. These yellow monoplanes look a bit like a Harvard (more streamlined though). They have one .303 machine gun in the starboard wing and one Vickers 'K' gun in the rear cockpit. To operate the gun you would slide the cockpit back and stand up to shoot it. It could fire between 950 and 1200 rounds per minute. I(L) doubt the test ratings of the machine guns in the wings but Sylvan was rated on that. Another rating that's undecipherable is rounds fired: ground - 196, air to ground – 160 and air to air 1800. On June 22, 1942 I(S) was authorized to wear the Air Gunners Badge.

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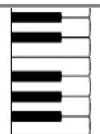


Our speaker for May was Tim Fothergill. Tim is a health and safety practitioner. H&S is generally considered a boring job but essential if it prevents people from getting injured. In Tim's case his working environment is not an office or building

site but the stages at music festivals and concerts.

Tim started working in the live events arena in 1986 having acquired some expertise in programming and a good working knowledge technical knowledge of computers. He was offered a job running a visitor attraction in Gibralter working with high end audio equipment, video projections, lasers, everything that makes such an attraction work. After six months the Cambridge company who installed the equipment offered him a full time job. The first large event he worked on was the John Michelle Jarre show in Docklands in 1988 which involved over 30 lasers and lots of pyrotechnics. The company was commissioned to do live events, live shows, carnivals, and corporate product launches and so Tim got to travel all over the world.

In 89-90 the Rave culture exploded with massive parties, often in warehouses or on fields and often illegal. One thing they all had in common was that they demanded a laser light show, something that was right up the street of the company Tim worked for. Lasers are easy to transport being small devices and Tim was sent all over the UK setting up shows. After five years of working predominantly with lasers Tim decided to move into lighting design and control. Some of the early events he worked on include The Wall concert in Berlin, Madonna's Blond Ambition tour and Fleetwood Mac's world tour. Working on these tours is well paid but a slog, 20 hour days is common. After three years of touring he had had enough so he moved into project management and production with a London based company. He worked on the Expo 92 in Seville amongst other major events, all the time improving his skills in video, rigging and staging. Eventually, again, he outgrew the company and, together with two partners, he established his own company.



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Tim explained that the Live Entertainments industry is by necessity seasnail and reliant on the weather. No-one wants to go to a festival in the winter, apart from a firework display on November 5th and New Years Eve. So, everything moves indoors where there is less space. This coupled with the fact that every show or tour has to be bigger and more spectacular than the last means that safety becomes a bigger issue. This is where Tim comes in. Regulations and insurance insists that the use of lasers in a show is signed off as being safe. At this point Tim did a quick introduction into how lasers work emphasising the serious injury they can cause should they enter your eye. Tim checks the laser setup for a show, ensures that it meets the regulation standard, will not blind either the artist, the technicians or members of the audience, that everyone knows the rules and what they are doing and, when satisfied all is correct, he will sign it off and walk away. This is his winter job.

In the summer he works outdoors at the big festivals where he is the overall health and safety co-ordinator working with other H&S experts in rigging, lighting, pyrotechnics, etc. A very responsible and essential job but one which we seldom think about when we are simply an audience member.

The Men's Breakfast Club usually meets on the 1st Saturday of the Month at The Wellington in Feltwell at 9am. It costs £8.00 per person to attend which includes a talk, tea or coffee and a full English breakfast which has to be tasted to be believed just how good it is.

New members are always welcome. If you would like to join us then either call The Wellington and book on 01842 828224, before 4pm on the previous Wednesday, or email the Club co-ordinator Paul Garland at garlandp@btinternet.com.

Our next meeting will be on the **1st June** when our speaker will be Kevin Boardman. This is Kevin's fourth visit and, if his previous talks are anything to go by, it will be both educational and entertaining. He will talk on a topic of his choosing but it is likely to be something historical as he was a history teacher in a former life.

The Wellington' In June



June 7th 1980'S DISCO FROM 8:30PM & Stem 6-8:30pm

June 9th Lou & The Tall Boys 3-5pm







June 21st

BLUE HARLEQUIN

from 8:30pm

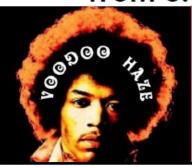
& SURFING SOMBREROS

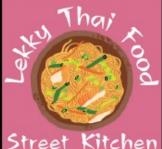
from 6pm

June 29th
VOODOO HAZE
from 8:30pm
& Lekky Thai
from 6:30pm











by Dr Ian Nisbet

Midlands As write this, Standard Weather (cold, dull and wet with the sensation that all the Oxygen has been sucked out of the atmosphere and into the rain) has been suspended. This is our fourth day of wall-towall sunshine and we have warmed up. I have turned off my nocturnal overblanket (a few quid very well spent some months ago) and I can now sleep with the window and bedroom door open. Enjoying a refreshing breeze.

I have spent a lot of time sorting out the garden whose maintenance is about a month "on the drag". I need to get it sorted out before the annual hosepipe ban is imposed in a few weeks' time. Happily, all the perennials have enjoyed the winter; they have flourished, filled out and have provided a profusion of colour for a couple of months already. Dicentra (Bleeding Heart) has figured prominently, as have all the

My Alstroemeria, Camelias. whose flowers, when cut, last for about a month in a vase, are now growing furiously, ready to flower from June until the first frost. Lots of pale blue Forget Me Not but not a Spanish Bluebell in sight! As usual, the lawn is a nightmare. Having had it returfed 4 years ago, it has become infested with meadow grass which has blown in as a white cloud from the surrounding fields and grows in clumps – broad pale leaves which grow a about six times the rate of normal lawn grass. Extensive research has taught me that there is no chemical way of dealing with this grass and the assembled wisdom seems to be that you should use a very sharp hoe to cut the roots off just below ground level, thus discouraging the grass from growing and, more particularly, seeding. I have ordered a really sharp hoe and we shall see how we go.

SUNDAY, 14 JULY 2024

The Members of
Feltwell Bowls Club have
organised a sponsored
BOWLATHON - we will be
bowling continuously from
9am to 7pm
to raise much needed funds
for a new mower for the
green!

Please COME ALONG and support the Members in their quest and, if you are able, please consider sponsoring one of the Members!



Long Lane Feltwell IP26 4BJ

feltwellbowlsclub@gmail.com



Overall, I am delighted that all my work over the years, removing loads of clay, laying perforated 6" drains and planting a great variety of perennials, with annuals in the baskets under the front bay windows and an ornamental round box hedge along the front, carefully trimmed, has created a great cottage garden effect

So, I have decided that the time has come to count mv blessings. Obviously, my biggest blessing (Management, ever Office Head or sometimes known Deannie) as has disappeared. **Nothing** will change that and I have to cope with the situation. However, the blessings are that, by leaving us suddenly, she sidestepped her four big fears in life (Dementia, Care Home, Cancer death, me going before her) and I am really grateful for that - it has kept me going during some of the darkest times. All our memories of Deannie are tainted none by happy, а lingering decline in final years.

I have a wonderful family, seven children and eighteen grandchildren, all of whom have been a wonderful source of comfort. Close new friends at the local Free Church where I have become heavily involved. My new choir of 20 ladies who have taken me a year to knock into shape and are now both cooperative and affectionate – we have put on three concerts so far, all really well received.

I still hear from many of my dear friends and patients from Norfolk. I really miss you all and see many of you regularly. Doctors around here cannot understand my affection for my patients. I am looking forward to talking in Feltwell Church about Medicine and Surgery in the 1800s on June 28th at 7.30pm and I hope to renew a lot of old friendships at that time. You will all be welcome – no charge.

So, lots and lots of blessings to appreciate.

My friend Jayne sent me some American puns which I have modified for us Brits: Some need thought.

Turning Vegan would be a big missed steak.

Crushing Coca Cola cans is soda pressing

My lawn is bird proof – it's impeccable.

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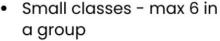
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I ate a frozen apple – hard core!

"I hate this snow – No, wait, I love this snow" Bi-Polar Bear

I am terrified of using electric lifts and I am taking steps to avoid them

Drink wine – it is not good to keep things bottled up.

Being offended doesn't make you correct

People are making apocalypse jokes as though there is no tomorrow

Cows have hooves because they are lactose.

My relationship with whisky is on the rocks

There was a huge fight at the local chippie – battered fish everywhere!

I am familiar with 25 letters of the alphabet – I don't know Y

For pharmacists, alcohol is not a problem – it's a solution

Dog cannot operate MRI scanners – but CAT scan.

Cows in Marijuana farm – steaks never higher

Our mountains aren't funny – they are hill areas.

IRONY - the opposite of

WRINKLY

Seasonal greeting on a card "Wishing you a happy whatever does not offend you"

Life and beer are very similar – CHILL for best results.

Double negatives are a No No in England

I'm pining for a good tree pun – I wish they were more poplar

Are your children afraid of Santa? They may be Claustrophobic

Sweet dreams are made of cheese. Who am I to dis a brie?

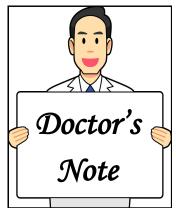
I danced as though no one was watching — My court case is pending

Love and best wishes to you all lan Nisbet

NOT To Be Missed

On Friday 28th June at 7.30pm Ian is giving a talk about Medicine and Surgery in the 19th Century in The Aisle, St Mary's Church.

See advert for more details.



Important Patient Information

At the moment the NHS is under extraordinary pressure. This is particularly true of General Practice. There are increased expectations from Government and our patients about what we should be doing. Increasing hospital waiting lists have a big impact on us — patients who are

waiting to see specialists or for treatment or operations need more input from us.

Funding to General Practice as a proportion of all NHS costs is dropping towards only 6%, which is a record low. This is despite the fact that more than 90% of all NHS patient contacts are made in General Practice, and 80% of all emergency care. It is the bedrock on which the NHS stands.

Sadly, this leaves us in a situation whereby General Practice are experiencing huge financial pressures. We want to let you know about the effect all of this is having on your Practice.

Over the last few years, your Practice has been under increased financial pressure. Like all your households, we have had increases in all our costs — everything we buy costs more, our energy costs have spiralled, and our staffing costs have also increased. Over the last few years, the funding we get from the government has increased by only 2.1% each year and this is dropping to 1.9% this year. This year, practices will receive an average of only £107.57 per registered patient per year, for all appointments, tests, referrals etc. This increase does not get close to covering our current costs.

You may have read about "new" money that has come into primary care networks. Some of this money pays for staff that are making a significant difference to patient care. However, the funding does not help our core medical practice finances and **Government does not allow it to be used to pay for additional GP or practice nurse appointments.**

The impact of the financial pressures is already being felt. The core income to practices fell by 20% in the last year. We cannot afford to

pay for locums or over-time. Feltwell Surgery is a team of fantastic people that we are all very proud to be part of. It is the team that makes the surgery such a great place to work, and why our patients receive good care.

We are also very well supported by our patients and our patient group – which we value hugely. We think it is important that we are honest with you about what is happening. There are some things that you will notice will have to change, and we need you to understand why things are changing.

All of our staff are working extremely hard to provide the best level of care they can for you. We cannot work any harder. The current financial pressures and change in staffing levels mean that we will not always be able to offer the same level of service you are used to. We can only afford to offer the level of service we are funded for. You may have already noticed that waiting times for appointments are longer.

There will be times that we may need to ask you to access healthcare elsewhere. For example, community pharmacies have now been funded and commissioned to assess and treat several minor illness conditions. Acute eye conditions can be seen by the Primary Eye Care Service. The way you contact and access us may change. We are doing everything we can to try and minimise the impact on the services we offer. We are looking at different ways of delivering services, so that you can still access good quality care with us.

You can help us by trying to self-manage minor illnesses at home, by using other services when they are offered to you and by attending the health checks you are invited to.

If you feel strongly about the issue of general practice funding, you may wish to contact the politicians that control it – we are in an election year!

We will keep you up to date with changes at Feltwell Surgery. We will do everything we can to continue to provide you with good quality care. We are very grateful for all the support you offer us.

The Partners

NEWS FROM THE LEGION

Back in the May edition of this magazine, I mentioned some of our activities that we run throughout the month.

There has been a change to a couple of them due to the start of the lawn bowls season. The Monday night cribbage meetings have moved to a Tuesday night - 7pm start

The Thursday night carpet bowls sessions have ceased for the summer months and will restart later in the year. Many of our evening bowlers also take part in the outdoor bowls season and as such, it was no longer viable to run these evening sessions. Don't fear though, the morning carpet bowls are going strong and long may they continue.

At our May meeting we very warmly welcomed Senior Airman Alderete, an Aerospace Medical Technician, from RAF Lakenheath to give us a talk. This was gratefully received by the joining members who asked SrA Alderete many questions and listened intensely to his stories and tales from his time in the service. A big thank you goes to SrA Alderete for agreeing to come and visit us for the evening and for giving up his time.

D-DAY 80 CELEBRATIONS

As many of you might know, Thursday 6th June is the 80th Anniversary of D-Day. D-Day was the result of unprecedented coordination between 13 allied nations in a 5000-vessel armada. 24,000 paratroopers and glider-borne troops landed behind German lines to provide tactical support. A 130,000 strong group of ground troops came ashore on five beaches across a 50 mile stretch of Normandy coastline. By the end of D-Day, there had been 10,000 allied casualties.

To help celebrate this milestone and in line with the national celebrations, Feltwell Royal British Legion Branch, with the kind permission of The Porter Family, will be lighting the village beacon

on the meadow off Old Methwold Road.

Starting at 8:40pm, a parade will march across the meadow from the Old Methwold Road to the beacon where a celebration and reflection service will take place by Rev. Canon Joan Horan. During which an Act of Remembrance will take place. At 9:15pm, the beacon will be lit. This beacon will be seen as a beacon of peace and will join the many across the nation being lit for such a reason.

Please do come and join us, everyone is welcome.

~~

On a sadder note, the weekend of 11th and 12th May saw the Royal British Legion come together at their annual national conference in Newport. Just after the conference finished on 12th May, the National President of the RBL, Vice Admiral Sir Clive Johnstone (rtd) KBE, CB, passed away very suddenly. Some of you may have noticed the flag at our hall was flying at half-mast to mark this passing. The Royal British Legion is a close group of serving or ex-serving military people as well as a large number of non-serving members. Camaraderie is a large part of the Royal British Legion and so, when one member passes, it is marked locally as a sign of a time of reflection and to give thanks for the service the member has given to this welcoming group.

~~~

On a more positive note, we look forward to seeing everyone at the village fete where we will have some fun and games on the stall as well as some Poppy Appeal merchandise where all the money raised from the sale of these items goes directly to the Poppy Appeal.

Until next month comrades.

#### The Legion Hall telephone number is 828480



While in ER, she was examined, x-rated and sent home.

Apparently from an actual entry on a patient's hospital record.

#### Feltwell Dispensary Opening Hours

Monday: 08:30-12:00, 14:00-18:00

Tuesday: 07:30-12:00, 14:00-18:00

Wednesday: 08:30-12:00, 14:00-18:00

Thursday: 08:30-12:00, 14:00-18:30

Friday: 08:30-12:00, 14:00-18:00

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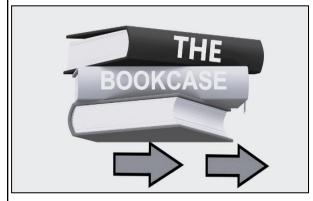
www.feltwellsurgery.co.uk or by using the NHS App. We have a dedicated telephone number in place for our housebound patients to order their medication, which is open Monday to Friday between 10.00-12.00 and 14.00-16.00.

## Having a party?

Don't have enough plates, dishes, glasses or cutlery? Contact Sue Garland 827029 or Chris Parker 827152. St Mary's Church can loan you all of the above (at least 40 settings)

All we need in return is a donation to St Mary's Church Funds and an understanding that you will pay for any breakages.

# FELTWELL BOOK EXCHANGE



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Bookcase, replace the books in the order in which they appear on the shelves.....in alphabetical order of the author. Thank you.

# Secrets to Eternal Youth: A Villagers Guide to Growing Old Disgracefully!

Greetings, dear villagers! Are you tired of counting the wrinkles, feeling like your joints are creakier than the floorboards of Granny Smith's house, and wishing you could trade your age for a shiny new model? Fear not, for I bring you the juiciest secrets to eternal youth, straight from the fountain of... well, maybe not eternal, but definitely prolonged, youth!

Growing old may be inevitable, but who says we can't do it disgracefully? Let's kick things off with a hearty chuckle at the aging process. Picture this: you wake up one morning, look in the mirror, and see not a distinguished elder but a person who's decided to play an extra in a horror movie. Embrace it! Laugh lines? More like comedy gold! Every wrinkle tells a story, and by golly, we've got a whole library.

Now, onto the serious stuff—well, as serious as it gets when we're talking about dodging the aging bullet. Step one: ditch the diet of boiled cabbage and bland crackers. Our bodies deserve better! Dive into a rainbow of fruits and veggies, throw in some oily fish for good measure, and don't forget the occasional indulgence in dark chocolate. Who knew defying Father Time could be so delicious?

Exercise? Oh, you mean that thing we used to do when chasing after the chickens in the coop? Well, dust off those cobwebs, because it's time to get moving! Dance like nobody's watching (or like everybody's watching, if you're feeling particularly bold), take brisk walks through the village, and maybe even join the local Pilates class—because nothing says "forever young" like gracefully waving your arms in slow motion.

And speaking of motion, let's not forget the importance of sleep. Sure, we used to burn the midnight oil, but these days, burning the midnight oil just leads to a cranky morning and an afternoon nap that lasts until teatime. Aim for those precious eight hours, dear

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In a genuine emergency you should call 999 and ask for an ambulance. Chest pains and / or shortness of breath constitute as an emergency.

## **Save the Dates**

**Grand Village Fete & Carnival Parade — Saturday 15th June** Picnic in the Park — Sunday 21st July.

Floats and Stalls are welcome for the fete contact feltwellcommunitygroup@gmail.com for further info.

#### **TABLE TENNIS**



Feltwell Table Tennis club is now up and running every Monday at 7.00pm and Tuesday from 1.45 at the Methodist Hall, Feltwell.

Any skill level or none. Just come along for an afternoon

of fun. It's a load o' laughs, which is good for the heart, and the physical exercise loosens those stiff joints. All ages welcome. Steve Wellington is the organiser. £3 for two hours of fun.

Pool Table NOW available.

villagers, and watch as your body thanks you by feeling as sprightly as a newborn lamb.

Now, onto the pièce de résistance: the fountain of youth isn't a mystical spring hidden in the depths of the forest—it's your local pub! No, not for drowning your sorrows (although a tipple now and then never hurt anyone), but for the camaraderie, laughter, and sense of community that keeps your spirit young and your heart merry. So, raise a glass to the joy of growing old disgracefully!

In conclusion, dear villagers, aging may be inevitable, but there's no harm in giving it a run for its money. Embrace the wrinkles, savour the laughter, and remember: life's too short to take seriously. Here's to a village full of forever young souls, raising a toast to the journey of growing old disgracefully! Cheers to eternal youth—may we never grow up!

If you're itching to uncover the secrets of eternal youth and discover the ten foods that will keep you sprightly well into your golden years, look no further! Give me a call, and let's chat about how you can embrace a lifestyle of vitality and vibrancy.

Yours in fitness and health

Helen,

Life Fitness Re-Engineering



"I knocked over a man who admitted it must have been his fault as he had been run over before."

Genuine statement from an insurance form.



#### **Meet Up Mondays**

At the Wellington every Monday afternoon.

Free tea and coffee, games and a good chat.

All welcome.



#### **Opening Hours**

Owing to very different levels of demand opening hours are as follows.

Wednesday

**9AM - 11:30PM** 

Saturday

12:30PM - 2:00PM

Bric-a-brac and various items of clothing available.

All we ask is a small donation in return.

Feltwell Food Pantry—Supporting our community

# **FELTWELLBEINGS**

On your own? New to the village?

Want to meet other people?

Then come and join us.

**Thursday 10am -12.noon** at Methodist Church Community Hall in Bell Street.

CHAT, Gentle Exercises, Play Table Tennis, Snooker, Board Games, Cards, Dominoes and loads more. We do Countdown, Bingo and more. We also have a Bring & Buy table.

We are also a listening ear and can help with form filling and other information.

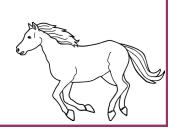
Open to all over age 18 —whatever your ability.



Come and see the warm welcome you will get in our Warm Space.

Oh, and we do refreshments.

**TOTALLY ACCESSIBLE PREMISES** 



#### **FELTWELL BOWLS CLUB**



We are now settling into the season, the weather so far has been good although the first two weeks were very cool.



The green is settling down well and we have had some good games.

The green keeper Colin is slowly getting back into the cutting the green very ably assisted by Neil the under green keeper.

The first league game commenced Monday 13<sup>th</sup> May with a friendly on Thursday 16<sup>th</sup> May I will be able give results in the next issue.

The race night was held 27<sup>th</sup> April with around 40 attending, raising around £250-00 made after expenses this is going to the new mower (we need to raise approximately £3000 to go with the funds we have been promised). We must thank all the sponsors for their support.

The open day was very successful and well attended by some interested in trying out the game, 3 or 4 have shown some interest to go further.

Quiz night was held 18<sup>th</sup> May will report in the next issue.

We are holding a Bowlathon on the 14<sup>th</sup> July. This consists of bowling continuously for 10 hours from 9am to 7pm by two bowlers in turns. We are hoping to be sponsored with the funds going towards the mower. We will also during the afternoon be playing our annual Ladies versus the Men.

Spectators will be made most welcome and who knows you may develop an interest!

#### **COMING EVENTS**

Saturday 15<sup>th</sup> June Carnival (our float is coming along nicely)

Saturday 6<sup>th</sup> July Yard Sale

Sunday 14<sup>th</sup> July Bowlathon 9am to 7pm.

Max

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# West Norfolk Aviation Society May 2024 Report



www.westnorfolkaviationsociety.org.uk

W.N.A.S

May 7<sup>th</sup> dawned bright, sunny and warm after many days of blooming cold and wet days, thank goodness. West Norfolk Aviation Society (WNAS) were up for a day out, well afternoon anyway with a visit to the Sculthorpe Heritage Centre now settled in their new home in the old RC church on the former RAF Sculthorpe base. This wasn't any old trip however, oh no, we were going to travel by bus, a 1952 AEC Regal Four or AEC RF as its apparently known in the trade. Fortunately one of our members is a member of the group responsible for this vehicle and he drove it beautifully. What an experience in time travel it was. For you technophobes it has a 9.6 litre 6 Cylinder AEC horizontal diesel engine and a pre selector gearbox which meant no big gear lever just a small lever on the steering wheel which pre selects the gear required, the actual change is made by operating the 'clutch' pedal which selects the pre -selected gear if you see what I mean! Anyway, very clever technology and seemed to work perfectly and very smoothly. First up, literally was a couple of steep steps, no kneeling flat platforms here thank you. Once on board, the bus was respectably quiet and pretty comfortable cruising happily on the main roads at 45mph. The trip from Brandon to Sculthorpe was about one hour and we all settled happily into chatting about all things aviation. Soon we were at our destination and a fine job they have done as well having spruced up the old RC church with loads of interesting displays and memorabilia, parts of old aircraft, histories of various aircraft flying suits. Operation Jiu Jitsu (see February's WNAS report) and even some old Air Traffic Control Tower bricks and glass for sale, a subject close to my heart as a former Air Traffic Controller for 46 years. The Heritage centre was opened especially for our visit and included tea and some especially delicious cake, homemade by the curator's wife

#### **ART FOR PLEASURE**

Every Thursday 10.30 am – 12.30pm. £3 per session at Weeting Village Hall.

Contact Beryl Pountney, Secretary, for details on 01842 828750

The kettle is always on.

#### **Save the Dates**

Grand Village Fete & Parade — Saturday 15<sup>th</sup>

June, 2pm

Picnic in the Park — Sunday 21<sup>st</sup> July,

12 noon—4pm.

Please contact feltwellcommunitygroup@gmail.com for further information. See adverts in this issue.

#### **MISSED APPOINTMENTS @ THE SURGERY 2024**

January—118 February—55 March—60 April—61

Every GP appointment costs an average of **£30.** These appointments could have gone to someone else in need.

If you cannot attend your appointment, please cancel it.

Footnote

If you'd like to submit a **FOOTNOTE** of your own, be it a quip, a fact, an idiom, whatever you feel would be suitable, please send your **FOOTNOTE** to Paul at <a href="mailto:garlandp@btinternet.com">garlandp@btinternet.com</a> or post it through my letterbox.

- lovely! After about two and half hours it was time to go so we all boarded the AEC RF (think I'm getting the hang of the terminology!) for the return trip. It only reminded us to fill the bus with diesel, about 10 mpg on average. We say thank you to our fantastic driver John. The picture below is NOT driver John but your 'stand in scribe'



sitting in the driver's seat making 'brum brum' noises whilst pretending to be driving the bus - another bucket list item fulfilled! Finally, if you like the sound of our group why not come to the West Norfolk Aviation Society meetings on the first Tuesday of every month at

Mundford Bowls Club between 1900-2130 where you will be guaranteed a warm welcome with tea, biscuits and light snacks provided. Check the website

<u>www.westnorfolkaviationsociety.org.uk</u> to see what exciting topics await and to confirm we actually will be there and not on a trip to Sculthorpe by vintage bus. Come on, what have you got to lose? Mark Burch, Stand In Scribe.

#### IT WOULD BE WONDERFUL IF...

... we could increase the circulation of this community magazine in order to help ensure its survival. Since September 2021 when we printed 453 copies numbers have fallen to an all-time low of 365. Now, I'm not saying that its days are numbered but I'd certainly like to be on more solid ground. If you, dear reader, could encourage one other person to take out a subscription (£5 for the year) then its future would be guaranteed for many years to come. Remember, all profits go to village organisations. Many thanks, Paul.



While in ER, she was examined, x-rated and sent home.

Apparently from an actual entry on a patient's hospital record.

#### **ANGLO AMERICAN CAR SHOW 2024**



The 4<sup>th</sup> Anglo American Car Show was organised by Stuart Samuels & family assisted by TSgt Anthena Sanchez & the personnel from USAF 48
Component Maintenance Squadron

(CMS) from RAF Lakenheath, commanded by LtCol Jared Struck.

Stuart has enjoyed a 14-year association with 48 CMS (The Green Dragons) in his role as Honorary Commander. The annual Car Show



offers a perfect opportunity to promote liaison between the USAF & the local community. Other invaluable help was offered from Paul Mazey with support from Stuart's friends at the Brandon & District



Car Club who brought their vehicles to add to the display.

The day started out cool and drizzly, causing a few anxious

moments worrying if the weather would spoil the show. Thankfully all was well & the weather improved as the day progressed.

An eclectic mix just over 200 vehicles arrived for visitors to enjoy

ranging from camper vans, vintage tractors, muscle cars, vintage buses,



trikes, motorbikes, scooters and not forgetting our friends from the

Norfolk Constabulary with their police vehicle which proved particularly popular with the children.

Visitors were able to enjoy catering from 48 CMS who cooked BBQ burgers & hotdogs plus candy



floss (cotton candy) & popcorn. Stuart's friend Gary Ramsay served ice cream which was particularly enjoyed later in the day once the sun came out. Liquid refreshment was dispensed from a converted 1931 Chevvy pickup truck 'The Bootlegging & Moonshine Bar'



provided by The Wellington Pub and also Claire's mobile barista coffee van.

Three village organisations took up the offer of free

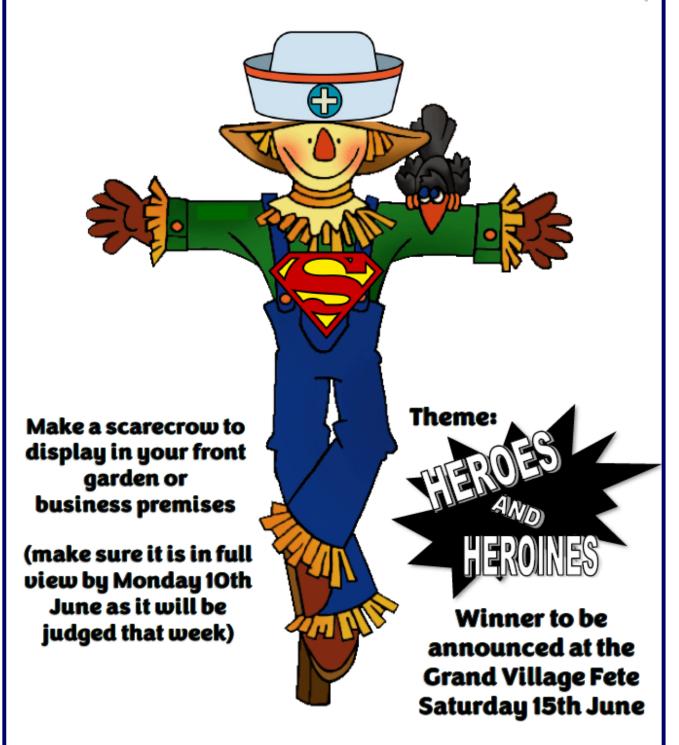
pitches to raise money for their causes, the Feltwell Playgroup, Feltwell Primary School PTA and Feltwell In Bloom.

Stuart would like to thank all those who made the show a success & is delighted to reveal that even though the entrance fee was just £2 an adult with children attending free of charge, the grand total raised was £1207.25 which has been donated to Feltwell Playgroup.



Please save the date for the next Anglo American Car Show on Saturday 17<sup>th</sup> May 2025

# FELTWELL'S 5CARECROW COMPETITION



Please contact feltwellcommunitygroup@gmail.com for a registration form and more information

#### **MUTTERINGS FROM THE FARMYARD**

The whole of Great Britain has had a dreadful, wet Spring. In fact every week the TV news bulletins seemed to feature flooded homes and shops and often flooded fields and farms. In many areas crops have gone unharvested and it has often been impossible to establish a new season crop this spring. In spite of this we, with our free draining soils, have been very fortunate. Our autumn sown crops have come through this winter quite well and we have managed to plant our spring sown onions and sugar beet without too much trouble. As we move into summer these food crops are growing away strongly and we have now sown the areas of wild bird seed mixtures and sunflowers that need higher soil temperatures for germination.

The vines were pruned right back down to two buds in February and have now started to shoot and grow within their protective tubes. The aim is for them to have spent their first twelve months creating a strong, deep root and this year we want to encourage one or two strong, woody trunks. These will be the basis from which the fruiting stems will come each year in the future.

The months of May and June are when the weeds always seem to grow much more rapidly than the crops. This is particularly a problem in onions as they are not at all competitive with the weeds. This year however we have the advantage of some new technology to assist in our battle with the weeds. As a member of the G's Growers co-operative we can combine with our other grower members to have access to machinery that we could not justify on our size of farm. This year we have been among the first to use an Ecorobotix sprayer owned by G's Growers. The sprayer is mounted on the rear of a tractor with a tank containing the spray on the front. The computer that controls it has used Artificial Intelligence to learn the appearance various crops and it can therefore set a safety zone around each onion plant and only spray the weeds. Three cameras control 156 spray jets individually and can cover up to six metres at a speed of up to 7kph. We have had some financial help from the

# Walking on Air

07596157826 D.T.Byrne MCFHP MAFHP

Walking·on·Air,·Unit·4,·Harvey·Adams·Enterprise· Centre,·Wimbledon·Avenue,·Brandon,·Suffolk,· IP27·ONZ¤

Ħ

**Foot Health Professional** 

Long nails ,Corns, Callus, Hard skin,Cracked Heels and Fissures, Fungal Nails, Ingrowing Toe Nails (Home or Clinic visits available) Diabetic Foot Care and Fissures and Fissures (Home or Clinic visits available)

Gift·vouchers· available

□



07539 937 884 or 01366 691112

enquiries@ne-bookkeeping.co.uk

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Tailored Service To Your Needs





Government as the machine uses much less chemical than overall spraying and has the added bonus of having no detrimental effect on the crop plants.



#### **SUMMER EVENTS AT RSPB LAKENHEATH FEN**

#### **Summer Walking Safari**

Sunday 21 July (2-7pm)

Our very popular annual longer walk, taking in the full range of habitats on offer. With luck, we may see Bittern, Common crane, Bearded tit, Hobbies and more!

RSPB members £20 (£10 for Under 18's); non-RSPB members £25 (£12.50 for Under 18's).

#### **Big Wild Sleepout**

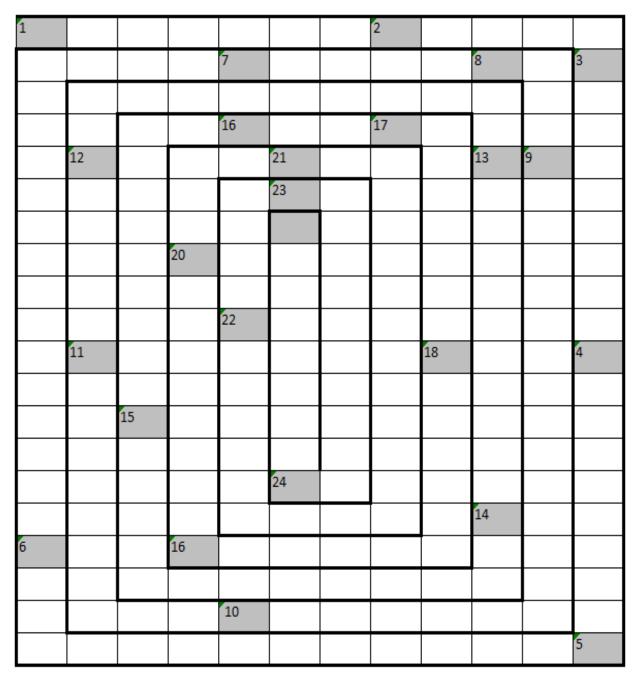
Saturday 3 – Sunday 4 August (1pm-1pm)

Join us for a night camping under the stars on the nature reserve, with a range of wildlife-themed activities on both days- including pond dipping, bug-hunting, wildlife arts & crafts, guided walks and bat detecting. The price below is all-inclusive, even for non-RSPB members.

RSPB members £30 (£15 for Under 18's); non-RSPB members £35 (£17.50 for Under 18's).

#### WORD TRAIL NO. 41

Janet Clements brings us a different type of puzzle, a Word Trail. Starting at No.1 follow the clue numbers around the box clockwise finishing in the middle. The last letter of each answer is the first letter of the next answer. Work clockwise. Have Fun



#### **CLUES**

- 1 MEDICAL: Redness of the skin due to the dilatation of Dermal blood vessels (8)
- 2 A very handsome young man (6)

- 3 Happening or produced every six months or twice a year (10)
- 4 German leather shorts (10)
- 5 MUSIC: In 1984 Duran Duran had a #10 hit with this song (3-4-2-6)
- 6 The American conservation area was formed in 1864 and covers 759,620 acres (8-8-4)
- 7 FOOD: Korean classic vegetable dish (6)
- 8 The Ponte Vecchio Bridge is found in which country (5)
- 9 This Bird is native to Mexico (6-6-9)
- 10 Remote tropical tract (6-6)
- 11 Underestimate the worth (7)
- 12 MUSIC: A 1982 popular song by 'Survivor' (3-2-3-5)
- 13 Equestrian academy (6-6)
- 14 Posterior muscle of the chest and lower back (10-5)
- 15 The Papaver Nudicaule plant is commonly known as? (7-5)
- 16 Himalayan Bigfoot (4)
- 17 Unable to tolerate delay (9)
- 18 MOVIES: Who plays the voice of the 'Bounty Hunter Droid' in The Mandalorian (5-7)
- 19 Not careful in saying or doing things that should be kept secret(10)
- 20 MYTHOLOGY: Son of Poseidon and Amphitrite, messenger of the Greek Gods (6)
- 21 Native wild flower and a member of the Orchid family (6-6-11)
- 22 Accompany (6)
- 23 Gossip (6-6)
- 24 Ardent or keenness (9)

This month's Word Trail solution is on page 75.

# FELTWELL VILLAGE MUSEUM

2024

Hi all, 😊 we're back open again 😊 MMXXIV

Every Last <u>SATURDAY</u> of the month, March - October 11AM - 3PM

See...

Feltwell's Wellington bomber crash remains & the story of its sole survivor.

Look...

Our Village Millenium photo books, see your house in the year 2000?

Read...

Paul Garlands 'Then & Now' books, all you need to know of who lived here before us!

& Kids, if you can make it... you can keep it...

#### a FREE Flying Bird!

Oak street Feltwell IP26 4DP

Enquiries call Graham

01842-828387

FREE ENTRY



# FELTWELL METHODIST CHURCH, COMMUNITY HALL & GARDEN



Table-Tennis Mondays 7.00pm (during spring & summer)

AND

Day Club - Tuesdays at 1.45pm NOW with pool



Any skill level or none. Just

come along for an afternoon of fun. It's a load o' laughs, which is good for the heart, and the physical exercise loosens those stiff joints. All ages welcome. Refreshments available.

Steve Wellington is the organiser.

SUMMER HOLIDAY sessions FREE FOR STUDENTS, with a tournament on Tuesday 27<sup>th</sup> August.

Wednesdays - 7.30pm—Zumba dancing

Thursdays 6:00pm— 1st Feltwell Brownies

**Thursdays** — Feltwellians meet at **Feltwellbeings 10 til 12** for a chat over light refreshments in a warm environment. Activities available and optional.

**Friday is now Forage day.** Yes, foraging for weeds, dead heading, planting new plants and foraging for a space to plant our community vegetables, runner beans etc. YOU are welcome to join us. You might even get a cuppa!!

## FELTWELL LODGE RESIDENTIAL CARE HOME

Lodge Road, Feltwell, Norfolk IP26 4DR



**Feltwell Lodge** is a comfortable Victorian property dating from 1860. It is a former hunting lodge set in 5 acres of beautiful landscaped gardens situated between Feltwell and Methwold.

The home is run by the proprietors, together with a fully experienced and caring staff providing a full 24 hour cover. The atmosphere is friendly, with no restrictions other than consideration for fellow guests.

Visitors are welcome and we encourage the maintenance of close links between residents and their families and friends.

For Brochures please phone: Mr Paul Hanley RN or Mrs Sandra Hanley RN

01366 728282

Website: www.feltwelllodge.com E-mail: feltwelllodge@hanleycarehomes.com So to SUNDAYS - our day to relax and reflect on our lives, where they've been and where they should be going.

#### 11am – Fellowship and Refreshments

#### **Sunday Fellowship—Speakers for June**

2 June — D G Monroe

9 June — S Harrington

16 June — Mrs J Nash

23 June Celebration at Wimbotsham Chapel

30 June — What can we share

ALL are welcome to share with us in these informal gatherings.

Give us a call or message us or one of our members.

Find us by scanning this QR code on your Android or iPhone.

We can be contacted on Facebook, Messenger or mobile 07712578721 or by email mikegw15@gmail.com Mike & Brigette Wilkinson 07799216693



### Saturday 14 December – Christmas Cream Teas AND The Tunnel of Light



The liver is the largest internal organ and is the only organ that can regenerate itself. However, repeated damage to the liver can eventually injure and scar it.





# NEW LITTLE PICKLES NEW



**PARENT & TODDLERS** 

Fridays 9.30 am – 11.30

METHODIST CHURCH, COMMUNITY HALL



#### WILDLIFE CRIME UPDATE

This month has followed similar trends of last month with several complaints around nesting birds being disturbed with hedge work, building work and maintenance. It is essential that nesting birds are left alone, no matter where they nest, all nests are protected when being built and in use. This is quite topical as I have just been notified that one of our new police cars, waiting to be fully kitted out by workshops, has had to be put to the back of the queue as a bird has taken up residency in the wheel arch!

Two other investigations have come to a close this month. A male has been issued a caution for kicking a sea gull in the Yarmouth area. Also, a homeowner has been issued with a conditional caution after destroying a bat roost, within a barn, as part of a development. This conditional caution had a financial condition, to an equivalent monetary sum of what was agreed to have been the likely amount saved, by not doing the work under licence. This sum of money (couple thousand+) was donated to a local bat conservation project which is already being put towards a project, at a vital bat site in Norfolk, which is in urgent need of some maintenance

#### **TOOL THEFTS, SECURE YOUR TOOLS AND SHEDS NOW!**

We have seen a number of thefts from units, sheds and similar in the last few weeks. The west has been particularly hard hit but nobody should be complacent.

Please make an effort to take prevention action now, a few minutes

may prevent a lot of time reporting the crime to us and heading out to replace the item.

First thing to look at, have you marked your value items? Simply mark them with permanent marker (postcode/surname) or use an engraving tool. The other option is to use a forensic marking kit.

Do you know the serial numbers? Keep a small notepad with your serial numbers or unique identifying marks that should the worse happen it can be given to the police and then loaded onto national computer systems.

Make it noisy! Can you install audible alarm or padlock? Chain all your high value items together like chainsaws and similar. It makes it frustrating and noisy. Gravel drives can also help.

Remove, remove! Can you remove a battery or blade and store it separately?

Use of trackers – there are some very affordable tracking solutions out there now which are much smaller than ever before. These trackers can be installed in some very clever positions, and we have seen some success's recently especially around generators.

Motion sensor alarms and lights – lights which are triggered by movement can be very effective as can motion sensor alarms (often called PIR alarms). They ultimately work on an invisible laser line being broken which sets the alarm off.

Signs – notify people you are taking action to protect your property 'CCTV in action' 'Guard dogs present' 'Dogs loose' etc.

CCTV/Ring doorbells – another solution that is becoming more affordable however remember most of these systems are only useful in POSSIBLY identifying individuals involved rather than preventing the theft in the first place.

Challenge and record visitors – genuine visitors to farms and properties will be more than happy to identify themselves and explain why they're present. Always remain polite and avoid confrontation. If you can take photos or record number plates of vehicles that people arrive in.

#### NEED TO TALK TO US?

PC Chris Shelley | christopher.shelley@norfolk.police.uk| 07900 407106

## METHWOLD SPIRITUALIST CHURCH SPIRITUALIST SERVICES

Friday Meetings 2023, Doors open 7pm for 7.30 start.

June 7th - AM REID.

June 21<sup>st</sup> - An Evening of Clairvoyance With LYNDA ROSE.

July 12th - OLIVE BYRNE & SHEILA JAMES.

July 26th - MELINDA BASSETT.

AUGUST CLOSED

The 21 Room, St. George's Hall Complex, 16 High Street, Methwold, Norfolk IP26 4NT.

Entrance donation £3. Evening of Clairvoyance £5 (towards costs) (Ample parking at rear) For further information ring 01366 727160

| CARNIVAL FLOAT LOGISTICAL SOLUTION |             |                       |           |  |  |  |  |  |  |
|------------------------------------|-------------|-----------------------|-----------|--|--|--|--|--|--|
| Playgroup                          | Avengers    | 2 <sup>nd</sup> Place | 14 People |  |  |  |  |  |  |
| Cubs                               | Dangermouse | 1 <sup>st</sup> Place | 10 People |  |  |  |  |  |  |
| Brownies                           | Spiderman   | 3 <sup>rd</sup> Place | 16 People |  |  |  |  |  |  |
| Bowls Club                         | Incredibles | 3 <sup>rd</sup> Place | 16 people |  |  |  |  |  |  |



Answer me this: Why is it a good thing that inflation is coming down when prices are still going up, albeit more slowly?

#### **SUBSCRIPTION INFORMATION**

If you would like future issues of this magazine

delivered **FREE** to your home in Feltwell please contact our Distribution Manager Ian Webb on 828167.

March-March -£5 (12 issues, 2 free).

All subscriptions below 11 copies are pro rata.

#### **CURIOS No. 9**

First, the answer to Curio No. 8 from last month. .

Ans: It was designed for disabled people (e.g. with one hand) to use when removing a tea bag from a mug or cup! See photo. This gadget is still on sale although it is a bit of a curio. Some of our readers may have one in their kitchen drawer. Should you desire one it can be obtained from Amazon, simply type Teatool into their search bar.

And now for this month's curio. Answer next month.

**Description:** This item would be held by the long handle in one hand and a disc of emery or fine sandpaper would be glued to the plastic disc so that when the disc was turned by the user's other hand turning the little knob, it honed or sharpened something secured in the nib at the end of the main body. But what did it sharpen?





Answers and/or guesses to my email address, please: garlandp@btinternet.com



# **Events at RSPB**Lakenheath Fen

#### **Summer Walking Safari**

Sunday 21 July (2-7pm)

Our very popular annual longer walk, taking in the full range of habitats on offer. With luck, we may see Bittern, Common crane, Bearded tit, Hobbies and more!

RSPB members £20 (£10 for Under 18's); non-RSPB members £25 (£12.50 for Under 18's).

#### **Big Wild Sleepout**

Saturday 3 – Sunday 4 August (1pm-1pm)

Join us for a night camping under the stars on the nature reserve, with a range of wildlife-themed activities on both days- including pond dipping, bug -hunting, wildlife arts & crafts, guided walks and bat detecting. The price below is all-inclusive, even for non-RSPB members.

RSPB members £30 (£15 for Under 18's); non-RSPB members £35 (£17.50 for Under 18's).

#### SIR EDMUND DE MOUNDEFORD CHARITY

#### **GRANTS AVAILABLE FOR POST 16 STUDY**

- Are you over 16?
- Have you lived in Feltwell for at least two years and are still resident in the village?
- Are you studying at College or University?
- Do you need assistance with the purchase of equipment or books to enable you to study?

If you can answer "YES" to all of the above then apply in writing to Mr B. Hawkins, Agent for Sir Edmund De Moundeford Trust, 15 Lynn Road, Downham Market, Norfolk. PE38 9NL. In your letter you **MUST** include the date you moved into the village, details of the course you are studying, where you are studying, the qualification you expect to achieve upon completion and any costs necessary for you to embark upon the course. Include details of any books and/or equipment required. If you know a Trustee please put their name in your application. The award of a grant is at the discretion of the Trustees and shall not exceed £300. Only one award will be made per applicant.

**ABACONE** 

#### **WORD SEARCH**

This month our word search is on **NAMES OF COMMERCIAL AIRLINES.** Find the words from the list. They run vertically, horizontally, diagonally, backwards and forwards but always in a straight line.

There is ONE extra name on the list that is not found within the grid.

| A B T A T O W E R P I O H F B L N K E N O U E I J O F X T D R N L T C E C E G F D L A M I R I B P Z D B I T C X L I N B A Z Y O F E C A F E R O N W T K L H T L R T H O T E L I N Z I B H H E M L B T N Z K E G P A W I E R N T O T I A F H N T E R A R S P T O A E D N S T R Z T L I R D H E D C P P X A A E Q X H M A T H R R C M Y                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | T<br>V<br>O<br>Y<br>D                               | O<br>H<br>B<br>W<br>I<br>U<br>J<br>Y<br>T<br>E<br>I<br>H<br>L<br>M | T S N R I A M A M G R B L A K E                     | E L X A Z S L N O U U A Z A L                            | L H J O Q P F Y C O F W E H T                    | T A M B A S S A D O R S K E N S                          |
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| E N O U E I J O F X T D R N L T C E C E G F D L A M I R I B P Z D B I T C X L I N B A Z Y O F E C A F E R O N W T K L H T L R T H O T E L I N Z I B H H E M L B T N Z K E G P A W I E G C S D I B U F N Y O T I A F H N T E R A R S P T O A E D N S T R Z T L I R D H E D C P P X A A E Q X H                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | T G R T V O Y D M N B E                             | B W I U J Y T E I H L M G                                          | N<br>R<br>I<br>A<br>M<br>A<br>M<br>G<br>R<br>B<br>L | E<br>X<br>A<br>Z<br>S<br>L<br>N<br>O<br>U<br>U<br>A<br>Z | J O Q P F Y C O F W E H T                        | M<br>B<br>A<br>S<br>S<br>A<br>D<br>O<br>R<br>S<br>K<br>E |
| X T D R N L T C E C E G F D L A M I R I B P Z D B I T C X L I N B A Z Y O F E C A F E R O N W T K L H T L R T H O T E L I N Z I B H H E M L B T N Z K E G P A W I E G C S D I B U F N Y O T I A F H N T E R A R S P T O A E D N S T R Z T L I R D H E D C P P X A A E Q X H                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | G<br>R<br>T<br>V<br>O<br>Y<br>D<br>M<br>N<br>B<br>E | W I U J Y T E I H L M G                                            | R I A M A M G R B L A K                             | X A Z S L N O U A Z                                      | O Q P F Y C O F W E H T                          | B A S A D O R S K E N                                    |
| C E G F D L A M I R I B P Z D B I T C X L I N B A Z Y O F E C A F E R O N W T K L H T L R T H O T E L I N Z I B H H E M L B T N Z K E G P A W I E G C S D I B U F N Y O T I A F H N T E R A R S P T O A E D N S T R Z T L I R D H E D C P P X A A E Q X H                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | R T V O Y D M N B E H                               | J<br>Y<br>T<br>E<br>I<br>H<br>L<br>M                               | I A M A M G R B L A K                               | A Z S L N O U A Z                                        | Q<br>P<br>F<br>Y<br>C<br>O<br>F<br>W<br>E<br>H   | A S S A D O R S K E N                                    |
| I       R       I       B       P       Z       D       B       I         T       C       X       L       I       N       B       A       Z         Y       O       F       E       C       A       F       E       R         O       N       W       T       K       L       H       T       L         R       T       H       O       T       E       L       I       N         Z       I       B       H       H       E       M       L       B         T       N       Z       K       E       G       P       A       W         I       E       G       C       S       D       I       B       U         F       N       Y       O       T       I       A       F       H         N       T       E       R       A       R       S       P       T         O       A       E       D       N       S       T       R       Z         T       L       I       R       D       H       E       D <td>V<br/>O<br/>Y<br/>D<br/>M<br/>N<br/>B<br/>E</td> <td>U<br/>J<br/>Y<br/>T<br/>E<br/>I<br/>H<br/>L</td> <td>A M A M G R B L A K</td> <td>Z<br/>S<br/>L<br/>N<br/>O<br/>U<br/>U<br/>A<br/>Z</td> <td>P<br/>F<br/>Y<br/>C<br/>O<br/>F<br/>W<br/>E<br/>H</td> <td>S<br/>S<br/>A<br/>D<br/>O<br/>R<br/>S<br/>K<br/>E</td> | V<br>O<br>Y<br>D<br>M<br>N<br>B<br>E                | U<br>J<br>Y<br>T<br>E<br>I<br>H<br>L                               | A M A M G R B L A K                                 | Z<br>S<br>L<br>N<br>O<br>U<br>U<br>A<br>Z                | P<br>F<br>Y<br>C<br>O<br>F<br>W<br>E<br>H        | S<br>S<br>A<br>D<br>O<br>R<br>S<br>K<br>E                |
| T C X L I N B A Z Y O F E C A F E R O N W T K L H T L R T H O T E L I N Z I B H H E M L B T N Z K E G P A W I E G C S D I B U F N Y O T I A F H N T E R A R S P T O A E D N S T R Z T L I R D H E D C P P X A A E Q X H                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | V<br>O<br>Y<br>D<br>M<br>N<br>B<br>E                | J<br>Y<br>T<br>E<br>I<br>H<br>L                                    | M<br>A<br>M<br>G<br>R<br>B<br>L                     | S<br>L<br>N<br>O<br>U<br>U<br>A<br>Z                     | F<br>Y<br>C<br>O<br>F<br>W<br>E<br>H             | S A D O R S K E N                                        |
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| Z I B H H E M L B T N Z K E G P A W I E G C S D I B U F N Y O T I A F H N T E R A R S P T O A E D N S T R Z T L I R D H E D C P P X A A E Q X H                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | M<br>N<br>B<br>E<br>H                               | I<br>H<br>L<br>M                                                   | R<br>B<br>L<br>A                                    | U<br>U<br>A<br>Z<br>A                                    | F<br>W<br>E<br>H                                 | R<br>S<br>K<br>E<br>N                                    |
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| N T E R A R S P T O A E D N S T R Z T L I R D H E D C P P X A A E Q X H                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | Н                                                   | G                                                                  | K                                                   | Α                                                        | Т                                                | N                                                        |
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**AMBASSADORS KENSINGTON APEX CITY BLAKES HOTEL BOUNDDARY** CAFÉ ROYAL **CLARIDGE'S CROWN PLAZA DOUBLE TREE** HARD ROCK HOTEL **HOTEL INDEGO** INTERCONTINENT **AL PARK LANE** KIMPTON FITZROY ONE ALDWYCH PARK PLAZA THE CLERMONT THE HOXTON THE LANGHAM THE LONDONER THE MAYFAIR THE RITZ THE SAVOY THE STANDARD **TOWER HOTEL** 

The solution is on page 76



## St Mary's Feltwell

Your Parish Church is open every day.

#### CONTACTS

Rector

Rev'd Joan Horan

01842 828034

revjhoran@gmail.com

The Rectory, Oak Street, Feltwell

Curate

Rev'd Juanita Hawthorne

01366 728545

revjuanita58@gmail.com

Churchwarden

Chris Parker

01842 827152

grimshoebeneficeoffice@gmail.com

Benefice Administrator

Chris Parker

01842 827152

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TO ARRANGE, WEDDINGS, FUNERALS AND HOME COMMUNION

Please contact Chris Parker 01842 827152

grimshoebeneficeoffice@gmail.com

TO ARRANGE BAPTISM

Please contact Tammy Wright 07717 507665

grimshoebaptism@gmail.com

## **Breckland Branch**



With the rising costs of veterinary fees, its a good idea to have your cat insured in case they have an accident or become poorly. There is always an excess charge to pay, as there is with most insurance

excess charge to pay, as there is with most insurances, whether it's your house or your car. But in the long run, if your cat runs up large vet bills, the excess is a small price to pay, knowing the vet bills will be met. Shop around to see where you get the best deal, and don't forget that the excess goes up with the age of your cat.

Unfortunately, we as a charity are unable to pay your vet bills for you. Our own vet bills are very high and we have to raise that money by fundraising., which leaves little over to help the public with their vet bills. Although we are quite often asked. Sometimes if a cat is really poorly and the owner cannot pay the vet bill, the cat is signed over to us and we take care of all its needs. But the cat then becomes ours and will be found a new home when he is fit and well.

Another good idea is to join your vet's healthy pet club, which most vets have available. Paying a monthly charge spreads the cost over the year. It includes flea and worm treatment, which is expensive if you buy it direct from the vets. And may not work if you buy it from the supermarket or pet shop. Joining the healthy pet club also means that your cat's yearly vaccination booster are free, and you also receive 10% discount on any treatment your cat may need. And you will also be able to take your cat to the vet for a 6 monthly check up, included in the healthy pet club charges. So its a very good deal.

If you are unable to insure your cat, or to join the healthy pet club at your vets, maybe you should consider putting a certain amount of money away each month for vet fees in case your cat becomes unwell. By the age of around 5 years old, most cats will need a dental, which can cost several hundred pounds, especially if they need extractions.

The best way to ensure your cat stays healthy is to make sure they are neutered. Unneutered toms can get testicular cancer and females may develop mammary tumours or an infected uterus leading to a pyometra where the uterus fills up with pus, usually after a season. Unneuterd cats of either sex are at risk of road accidents when looking for a mate, or incurring infections when fighting over a female resulting in abscesses or worse, needing veterinary treatment.

We can offer help with neutering your cat. We can provide vouchers for£50 towards the cost of a male cat and E70 towards the cost of neutering a female cat. These vouchers can be used at any vet. Call us on the number below if you need help.

Breckland Cats Protection 01842 810018.

Rita Thompson.

#### DO HEADLINE WRITERS READ WHAT THEY WRITE?



The answer to this question is, not always, as witnessed by these two headlines.

Thanks to Colin Clement who sent them, along with several others.

More next month if space allows but first, one more for your enjoyment.





## **RSPB** Lakenheath Fen

#### THE JOYS OF EARLY SUMMER AT RSPB LAKENHEATH FEN

At this time of year there is so much to see at Lakenheath Fen, no matter your level of interest. Many visitors come to see Hobbies- a very elegant bird of prey which migrates here each Spring from Africa. They feed on large flying insects such as Cockchafers and dragonflies and eat them in flight. It's not unusual to find a scattering of discarded insect wings on a path above where Hobbies have been hunting! Last year we recorded 22 different species of dragonflies here, including some more unusual species such as Variable damselfly, Norfolk hawker and Scarce chaser.

Bitterns are another species which are easier to see at the moment- in Spring, males 'boom' throughout the reedbeds but as we move into early Summer they will pursue other males in



Bittern swimming. Photograph by Alfie Shadbolt

territorial disputes, or a female will be chased by more than one male, all keen to mate with her. Whilst you are out in the reedbeds, it's hard to miss the Marsh harriers busy raising young families. Male harriers that have been successful in attracting a female (and



# **Events at RSPB**Lakenheath Fen

Places for all events need to be booked online- please visit <a href="https://bit.ly/LakenheathFenEvents">https://bit.ly/LakenheathFenEvents</a> to read more and book tickets.

#### **Treasures of the Moth Trap**

28 June, 26 July, 30 August (10am to 11am).

Learn more about the amazing world of moths- join us to admire what we catch in our harmless trap.

RSPB members £5 (£2.50 for Under 18's); non-RSPB members £6 (£3 for Under 18's)

#### **Guided Pond Dipping**

Saturdays 1 June, 6 July, 3 August (12-1:30pm)

Why not borrow a pond-dipping kit and a knowledgeable guide to see what beautiful and strange creatures live below the water?

RSPB members £6 (£3 for Under 18's); non-RSPB members £7 (£4 for Under 18's).

#### **Beginner's Photography Workshop**

Saturday 22 June (10am-4pm)

Reserve Site Manager Dave Rogers will be giving an introductory talk covering the features of your camera, followed by a walking tour of the reserve to put your new knowledge and skills into practice. Suitable for budding photographers with a DSLR camera.

RSPB members £80 (£40 for Under 18's); non-RSPB members £100 (£50 for Under 18's).

#### **Fascinating Flora Guided Walk**

Saturday 20 July (10am-1pm)

The reserve holds a hidden world of plants with harmful or healing effects, some of which folk have made use of for centuries. Join us to learn more!

Continued opposite

sometimes more than one) to nest will now be rushed off their feet trying to find enough food to deliver to the nest(s). Female harriers that are incubating eggs or minding young chicks will often quickly fly up and meet the male in mid-air to collect the catch in what is known as a 'food pass'. When the chicks grow to a size where they can keep themselves warm, the female will also leave to hunt for food to help feed their growing appetites- eventually both adults will just drop food on the nest as they pass for the young to argue over!

All of this drama plays out to a backdrop of Reed, Sedge and Willow warblers, and plenty of singing Cuckoos too. It can be quite easy to see a Cuckoo as males often fly across their territory slowly and deliberately, calling as they go. One of the more unusual birds we get here is Grasshopper warbler- at the time of writing visitors have helped us to pin down the location of two- one near Mere Hide and one close to Joist Fen Viewpoint. The unique song of the male birds is unlike anything else- it is often likened to a freewheeling bicycle, or a fishing line being drawn out- a high-pitched and constant buzz whose source appears to move around as the bird turns its head as it delivers the call.

On the pools around the reserve and on the nearby Hockwold Washes, broods of ducklings can often be seen following their mothers around, and small clusters of Coot, Moorhen, Little grebe and Great crested grebe chicks will be supported by both parents who bring them insects and plant matter. All of this lovely wildlife is here for everyone to enjoy and we hope to welcome plenty of visitors to the reserve to enjoy it this Summer. If you plan to visit us and have any questions, please free to give us a call on 01842 863400.

With best wishes,

Heidi Jones (Visitor Experience Officer, RSPB Lakenheath Fen).

RSPB members £12 (£6 for Under 18's); non-RSPB members £15 (£7.50 for Under 18's). Additional events continued on p64

#### A warm welcome from St Mary's to our Services.



| Sun 2 <sup>nd</sup> June  | Eucharist | 9.15am | Feltwell  |
|---------------------------|-----------|--------|-----------|
|                           |           | 11am   | Weeting   |
| Sun 9 <sup>th</sup> June  | Eucharist | 9.15am | Hockwold  |
|                           |           | 11am   | Northwold |
| Sun 16 <sup>th</sup> June | Eucharist | 9.15am | Feltwell  |
|                           |           | 11am   | Weeting   |
| Sun 23 <sup>rd</sup> June | Eucharist | 9.15am | Hockwold  |
|                           |           | 11am   | Northwold |
| Sun 30 <sup>th</sup> June | Benefice  | 10am   | Hockwold  |
|                           | Eucharist |        |           |

#### Other Services

First Tuesday of the month Holy Communion at Hockwold at 9.30am. All other Tuesdays Morning Prayer.

Zoom Eucharist 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays at 10am

For Zoom log in contact grimshoebeneficeoffice@gmail.com

Evening Prayer 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays at Feltwell at 4pm

#### Coffee, Cake and Chat

from 9am every Weds morning.
We have a loo and baby change facility.

Community Information Point and Internet available and help to use it. Family Support and other Borough Services also available.

#### FELTWELL FOLK 7

This column will feature *Feltwell Folk* from the past, sometimes in sports teams, sometimes in working situations and even singly.

This months Feltwell Folk photograph shows some pupils pushing their headteacher, Mr Don Feltwell into the new swimming pool on Wednesday 24th September 1980.



It was all in good, clean fun as Mr Feltwell took an early bath in front of staff, pupils and school managers at the official opening.

The heated indoor pool, 60 ft by 25 ft. and up to 5 ft 6 in. deep, has been paid for by the Sir Edmund Moundeford charity trust. It cost over £80 000.

The chairman Mr. E. W. Porter handed over the building's keys to the chairman of Norfolk Education Committee, Mrs Judith Walpole, yesterday.

She in turn told parents, staff and pupils: "I am particularly pleased that the pool will be used by other schools and by the community."





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Door Hanging - Cupboards Shelving - Wardrobes - Wall
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## The Atmere Charity

The Charity awards grants to individuals who are in conditions of need, hardship or distress by making grants of money for items, services or facilities designed to reduce the need hardship or distress.

It also helps for severe chronic illness in younger people.

Applications for assistance must be made to: The Atmere Charity Secretary, 16 Falcon Road, Feltrwell, IP26 4AJ giving as much detail as possible about the need, hardship or distress being experienced.

The applicant MUST be a Feltwell resident.

# Do you need help with your household cleaning?

If so, I am able to assist you.

I have availability for a few hours each week, fortnightly, monthly, a one-off clean or whatever you require.

Feltwell based.

**Contact Angie on 07534 826556** 

To advertise in this space for just £3.00 per month, please contact

Susan on 07957 716242 or email s withers@hotmail.co.uk

#### WORD TRAIL NO. 41 SOLUTION

| <sup>1</sup> E | R               | Υ             | Т               | Н               | E               | M   | <sup>2</sup> A | D               | О               | N              | - 1            |
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| L              | Р               | Α             | R               | <sup>7</sup> K  | -1              | M   | С              | Н               | <sup>8</sup> I  | Т              | <sup>3</sup> S |
| Α              | E               | 0             | F               | Т               | Н               | E   | T              | - 1             | G               | Α              | Ε              |
| N              | Υ               | Р             | Р               | <sup>16</sup> Y | E               | Т   | <sup>17</sup>  | М               | E               | L              | М              |
| O              | <sup>12</sup> E | 0             | Т               | 0               | <sup>21</sup> N | Α   | R              | Р               | <sup>13</sup> R | <sup>9</sup> Y | -1             |
| - 1            | U               | Р             | _               | R               | <sup>23</sup> T | _   | R              | Α               | -               | E              | Α              |
| Т              | L               | D             | R               | 0               | S               | Т   | 0              | Т               | D               | L              | N              |
| Α              | Α               | Ν             | <sup>20</sup> T | С               | S               | Т   | W              | _               | 1               | L              | N              |
| N              | ٧               | Α             | Е               | S               | Ε               | L   | L              | Е               | Ν               | 0              | U              |
| Е              | E               | L             | Е               | <sup>22</sup> E | N               | E   | _              | N               | G               | W              | Α              |
| Т              | <sup>11</sup> D | Е             | R               | N               | R               | Т   | Р              | <sup>18</sup> T | S               | Н              | <sup>4</sup> L |
| -1             | N               | С             | С               | 1               | Е               | Α   | Р              | Α               | С               | E              | Ε              |
| М              | Α               | <sup>15</sup> | S               | R               | G               | Т   | Е              | _               | Н               | Α              | D              |
| Ε              | L               | S             | _               | O               | Α               | Т   | D              | K               | 0               | D              | Ε              |
| S              | S               | R             | D               | В               | <sup>24</sup> E | L   | Н              | Α               | 0               | E              | R              |
| 0              | 1               | 0             | Ν               | Е               | L               | L   | E              | W               | <sup>14</sup> L | D              | Н              |
| <sup>6</sup> Y | Т               | D             | <sup>16</sup>   | Т               | -1              | Τ   | - 1            | Α               | Α               | В              | O              |
| Α              | R               | S             | U               | М               | -1              | S   | S              | - 1             | Т               | L              | S              |
| D              | E               | S             | E               | <sup>10</sup> D | R               | - 1 | В              | K               | С               | Α              | E              |
| N              | O               | М             | N               | O               | N               | 0   | 0              | М               | W               | E              | <sup>5</sup> N |



"No one told us there would be fish in the water. The children were scared.

Actual complaint received by Thomas Cook

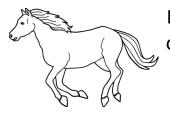
# WORD SEARCH SOLUTION

Next month's Word Search will feature BIRDS OF THE CARRIBEAN

| A        | В | Т | Α | _                | O | W          | ŧ | R            | Н            | 0               | T        | E       | <del>_</del> L, | <b>/</b> T              |
|----------|---|---|---|------------------|---|------------|---|--------------|--------------|-----------------|----------|---------|-----------------|-------------------------|
| P        | _ | ø | Η | F                | В | L          | 2 | K            | N            | Η               | S        | L       | A               | A                       |
| E        | N | О | Þ | Ε                | _ | J          | ф | F            | Т            | В               | N        | Æ       | J               | М                       |
| X        | + | D | R | ź                | L | Т          | ¢ | Ε            | G            | W               | ×        | Χ       | O               | В                       |
| ¢        | Ē | G | F |                  | × | L          | A | М            | R            | $\overline{\ }$ | _        | Α       | Q               | $\mathbf{A}$            |
|          | R | - | В | Р                | Z | Á          | В | Τ,           | $ \nearrow $ | ٦               | Α        | Z       | Р               | \$                      |
| <u> </u> | ¢ | X | L | _                | Ν | В          | × | 1            | ٧            | ٦               | М        | S       | F               | \$                      |
| Y        | ф | F | Ε | Ն                | A | F          | E | ×            | 0            | }               | A        | ť       | Υ               |                         |
| ф        | 8 | W | Τ | K                | L | Н          | Т | L            | Y            | Т               | М        | Ν       | C               | $\overline{\mathbf{A}}$ |
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| <b>k</b> |   | В | Ι | <del>_</del>     | Ε | М          | L | В            | М            | _               | R        | X       | F               | R                       |
| <u>†</u> | N | Z | K | ŧ                | G | Р          | Α | W            | N            | Н               | 18       | U       | W               | \$                      |
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|          | R | O | Н | Ь                | A | $\nearrow$ | O | U            | W            | O               | <u> </u> | A       | X               |                         |
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| В        | Ε | D | K | N                | О | В          | S | G            | L            | Ø               | R        | S       | H               | Т                       |
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| Т        | Н | E | L | 0                | N | D          | 0 | N            | E            | R               | В        | G       | F               | 7                       |

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| 1 | 4 | 3 | 2 | 8 | 7 | 5 | 6 | 9 |
| 7 | 1 | 8 | 6 | 3 | 4 | 9 | 2 | 5 |
| 5 | 2 | 6 | 1 | 9 | 8 | 4 | 7 | 3 |
| 4 | 3 | 9 | 7 | 2 | 5 | 6 | 1 | 8 |
| 9 | 7 | 4 | 8 | 1 | 2 | 3 | 5 | 6 |
| 3 | 5 | 2 | 9 | 7 | 6 | 1 | 8 | 4 |
| 6 | 8 | 1 | 4 | 5 | 3 | 7 | 9 | 2 |

#### **SUDOKU SOLUTION**



Including this one there are 8 horses hidden somewhere in this issue.

# Z П $\leq$ S П 刀 0 **Z** $\blacksquare$ I П U 刀 S I C Z **O**

The **Annual Parish Meeting** was held on Monday the 13<sup>th</sup> of MAY 2024 in the British Legion, Long Lane. Eleven Councillors attended and four members of the public

Clerk gave a report of the Rawlins Charity accounts. There was no other business.

The **Annual Meeting of the Parish Council** followed the above meeting. Eleven Councillors attended and four members of the public

Mr Rayner was duly re-elected as Chairman and Mr Lambert as Vice-Chairman.

Internal audit has been completed and accounts accepted as correct.

Chair gave data collected from two SAM2's as follows:-

Lodge Road (within 40 mph zone) from 24/3/24 to 10/5/24: 23,163 vehicles approached the village and an average speed of 38.9 mph was recorded. 42% were travelling over 30 mph and the maximum speed recorded was 75 mph on 25/3/24 at 6.25 pm.

The Beck from 24/3/24 to 24/4/24: 30,179 vehicles with an average speed of 23.1 mph. 7.3% were speeding and the maximum speed recorded was 50 mph on 1/4/24 at 8.10 pm.

Highways would not consider a traffic survey along Paynes Lane unless data was backed up by a poor accident record related to speed and the record here is good. Police will now be contacted to carry out targeted checks based on SAM2 data collected. Speed reduction measures such as a 20 mph speed limit or a weight limit with access zone would be put forward to Highways. Painting of 30 mph and 40 mph roundels on Wilton Road and Lodge Road is with the lining crew to be completed mid-July. Pothole at Western Close junction to be reported.

New bus stops on Wilton Road are operational and flags will be installed in due course.

New gate and fencing for playing field entrance has been installed. This was part-funded by a £1822.45 donation from the Anglo-American Car Show and £200 from Niagri Engineering. Alternative landing pods for the seesaw are being sought as the current ones are too hard although do conform to EN1176 regs. Clerk is obtaining prices for servicing the cable wire. New seats will be installed on the Junior swing set in due course. New picnic table has been installed, funded by a £400 donation from Feltwell Community Group and monies donated by RAF Lakenheath. Fire Risk Assessment has been carried out at the Changing Rooms.

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Defibrillators have now been installed at the British Legion on Long Lane and Feltwell Surgery on Old Brandon Road. These were obtained via grants from the Dept of Health & Social Care and a donation of £1000 from Feltwell Community Group via funding from Martin Storey's and Adrian Lawrence's Borough Councillor Community Grant budgets.

New solar powered street light to be installed in the front grounds of the Almshouses.

Mr Storey had attended the Borough Council's full council meeting and said the devolution deal was still on the table. Natural England's discovery of an unusual breed of bat has halted the Norwich Western Link project. An alternative site for the new QE Hospital was being considered. The new Borough Council Leader will be appointed 16/5/24. Mr Storey gave interesting statistics for Norfolk which he felt perfectly summed up the overall aspect of the county. Further details regarding this and other news items can be found on the Norfolk County Council and Borough Council websites or by contacting Mr Storey directly.

Parish Council Meeting dates were agreed as follows: For **2024**—10th June, 12th August, 9th September, 14th October, 11th November, 9th December.

Ш  $\leq$ S П 刀 I П T 刀 S I 0 0 Z **(**)

For **2025**—13th January, 10th February, 10th March, 14th April and 12th May (Annual Parish Meeting and Annual Meeting of the Parish Council).

Residents are encouraged to deposit any glass waste into the bottle bank on the playing field as the Parish Council obtains recycling credits for every tonne collected.

Bagged dog waste can be deposited in domestic black wheelie bins.

Residents are asked to subscribe to the Council's website (<a href="https://feltwellparishcouncil.gov.uk">https://feltwellparishcouncil.gov.uk</a>) and Facebook page for latest news and notifications including RAF Feltwell demolition activities and road closures.

The next Parish Council meeting will take place at the British Legion on Monday 10<sup>th</sup> June 2024 at 7.30 pm.

Everyone is welcome.

#### Your **Parish Councillors** are:

Mr Ian Rayner (Chair), Mr Edmund Lambert (Vice-Chair), Mrs Sue Arnold, Mr Paul Cole, Mrs Helen Wilson, Mrs Bernadette McGeeney, Mrs Linda Peckham, Mr Martin Storey (County Councillor), Mr Jonathan Fenn, Mrs Emma Edwards, Mrs Julie Peacock.

The Parish Council website can be found at:

https://feltwellparishcouncil.gov.uk/

The Parish Clerk, Jo Martin can be contacted by email at clerk@feltwellparishcouncil.gov.uk. Or by phone on 828383.



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