

FELTWELL PARISH MAGAZINE

YOUR CONNECTION TO YOUR COMMUNITY

March 2025

Save The Dates

Feltwell Village Fete & Carnival Parade -

Saturday 21st June 2025

Picnic in the Park - Sunday 27th July 2025

Feltwell Playing Field

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MP's Megafarm Statement

Tortoise OR Hare?

Latest Scams

Mutterings from the Farmyard

More Feltwellians Recalled

Parish Council Report

**Plus, all our usual puzzles
and much more inside.**



All proceeds from the sale of this magazine are shared between village organisations and St Mary's Church.

FELTWELL ORGANISATIONS

List maintained by Paul Garland.

Feltwell Bowls	Martin Blackman	829821
The Royal British Legion (Hall 828480)	Ian Rayner	07766 348679
RBL Poppy Appeal Organiser	Mary Reynolds	828130
Feltwell Historical and Archaeological Society	Marion Lucas (Chairman)	828769
Feltwell Table Tennis Club	Steve Wellington	07436 905520
Beavers and Cubs	Claire Scarff	827555
Feltwell School PTA		@ the school
Feltwell Women's Institute	Claire Scarff	827555
Feltwell Playgroup	Merle Gallagher	07582 371984
Feltwell Scout Group	Claire Scarff	827555
Feltwell United Football Club	Neil Edwards (Secretary)	07391866914
Feltwell United Youth Football Club	Kate Collins	07888847452
Feltwell & Thetford District Mencap	Mrs T. Sismey	827292
Feltwell Brownies	Tracey Cock	
Feltwell Social Club		828093
Feltwell Primary School	Mrs J. Lillycrop	828334
Feltwell Golf Club	Joanne Bates	827644
Feltwell In Bloom	Rita Page	07785345614
Rector of St Mary's Parish Church	Revd. Joan Horan	828034
Curate of St Mary's	Juanita Hawthorne	01336 728545
Churchwarden of St Mary's	Christine Parker	827152
Friends of St Mary's	Stephen Parker	827152
Feltwell Men's Breakfast Club	Paul Garland	827029
Feltwell Methodists	Mike Wilkinson	07712 578721
Feltwell Museum	Graham Simons	828387
Parish Clerk, Jo Martin. Email: clerk@feltwellparishcouncil.gov.uk		828383
Parish Council website: https://feltwellparishcouncil.gov.uk		
Feltwell's History Website can be found at http://www.feltwell.net		

Deadline for the next issue is 14th March 2025

Submitted articles may be hand written, emailed or typed in MS Word and sent to: The Editor, Mr Paul Garland, 16, Falcon Road, Feltwell, (827029),
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Distribution is by Ian Webb (828167) & Paul Garland

You can subscribe to this magazine for £5 a year, incl. two free issues and free delivery in Feltwell. Gift subscriptions are available, contact the editor.

Are You a Tortoise or a Hare?

The Fitness Race of Life

As March arrives, bringing the promise of spring, there's a certain energy in the air. Birds are singing, daffodils are popping up, and somewhere in the fields, a mad March hare is bouncing about like it's had one too many espressos. It's a time of year when many of us start thinking about getting more active, but the question is: are you a tortoise or a hare when it comes to fitness?

The Hare Approach: Sprint First, Regret Later

Some villagers take the hare's approach. You know the type, they wake up one sunny morning, declare "That's it, I'm getting fit!" and immediately commit to an Olympic-level training regime. They dig out running shoes last worn in 2003, charge down the High Street at full speed, and spend the next three days walking like a cowboy with sore knees.

Our farmers can be honorary hares too, working dawn till dusk, lugging bales of hay, shifting sacks of feed, and then deciding, "You know what? A quick gym session wouldn't hurt." (It does. The next day.)

And then there are the young mums, whose hare-like energy is spent chasing toddlers through the park, lifting buggies in and out of cars, and dashing between nursery pick-ups, work calls, and dinner prep. Who needs a gym when life itself is a full-body workout?

The Tortoise Approach: Slow and Steady Wins the Race

On the other side, we have the tortoises, the wise, steady folk who know that consistency beats chaos. The village retirees have mastered this art. You'll spot them strolling at a perfectly measured pace, enjoying the scenery while secretly outlasting the overenthusiastic hares who went too hard, too fast, and are now collapsed on a bench.

Then there are the professional commuters, who have learnt that

The Wellington In March



March 1st

KILL ME KATE

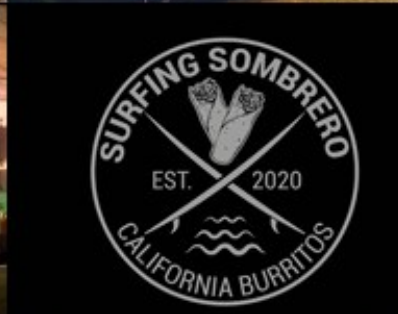
from 8:30pm



March 7th

IV GEEZERS

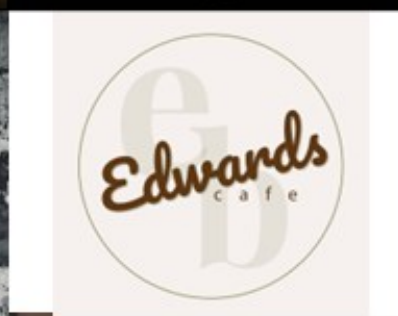
from 8:30pm



March 14th

Blacksox

from 8:30pm



February 22nd

Tim Hackford

from 8:30pm



February 28th

Memphis & Back

From 8:30pm



real fitness is about playing the long game. They schedule in their Pilates or strength sessions, knowing that it's not about how fast you start but how long you keep going. They may not be sprinting through the streets at dawn, but their commitment to moving well means they'll still be bending and stretching with ease well into their later years.

The Perfect Balance: A Tortoise with Hare-Like Moments

So, who's right – the hares or the tortoises? Neither – and both. The trick to sustainable fitness is a little bit of both approaches.

Be a tortoise when it comes to consistency, small, regular movement is better than an all-or-nothing approach. But don't be afraid to channel your inner hare now and then, a burst of energy, a spontaneous dance in the kitchen, or a weekend hike can add variety and joy.

So, this March, whether you're a commuting professional, a hardworking farmer, a busy parent, or a retiree with a walking route perfected to the last step, find your balance. And if you happen to spot an actual hare bouncing through the fields, take inspiration – but maybe don't copy its training plan.

Helen.

Life Fitness Re-engineering

FELTWELL COMMUNITY GROUP

Save The Dates

Feltwell Village Fete & Carnival Parade - Saturday 21st June 2025

Floats and stall-holders needed

Theme: The Wild West

£100 prize for the winning float

Please contact us at feltwellcommunitygroup@gmail.com or message us on our Facebook page for more information



Methwold Theatre Club



needs your help to solve

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Saturday 29th March at 7.30

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01366 727526

methwoldtheatre@gmail.com

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FROM THE CLASSROOM

In Ravens Class, we were delighted to welcome a group of exchange students from China for a week. They joined us in our lessons, practising their English while sharing fascinating insights about Chinese culture. We had fun learning to count from 1 to 10, using phrases and even sang 'Twinkle, Twinkle, Little Star' in Mandarin! It was a fantastic experience making new friends from across the world, and we will truly miss our special buddies.

Write your superhero name here! 写出你心中超级英雄的名字!	
My favourite things 我最喜欢的东西	
Food:	蛇果
食物:	
TV show:	综艺
电视节目:	
Film:	哈利·波特
电影:	
Book:	班长下台
书:	
Sport:	网球
体育运动:	
Holiday:	6.1 儿童节
节日:	
Animal:	蝴蝶
动物:	
Place:	澳大利亚 悉尼
地点:	

I like school because: 我喜欢学校因为: 有温柔的老师 有有趣的知识
My hobbies are: 我的爱好: 出门旅游、画画、唱歌、 主持、钓鱼、种树、设计、养鱼、 拍照、买东西

FROM THE HOUSE OF COMMONS LIBRARY

Exchange programmes are defined as arrangements where individuals from different countries visit each other's country. Programmes commonly have an education or cultural focus. The aims of these programmes can include strengthening links between individuals and improving foreign language skills.

Before we left the EU we were part of the Erasmus programme, an education exchange with 11 European members, including the UK. In December 2020, the then-Prime Minister, Boris Johnson, announced the UK would no longer participate in Erasmus and would establish the [Turing Scheme](#) as a replacement.

The Turing Scheme funds projects for participants from the UK and British Overseas Territories to undertake a study, work, or training placement in another country (known as an 'outward mobility').

Organisations, such as schools, colleges, and universities, apply for funding for Turing Scheme projects on behalf of participants.

Projects must focus on four main objectives:

- global Britain
- levelling up
- developing key skills
- value for UK taxpayers.

Organisational funding helps cover costs directly linked to the administration and implementation of a project. Funding towards living costs is also available for all projects. Participants on further education, vocational education and training, and schools projects receive funding towards their travel costs. Additional financial support is also available to participants from disadvantaged backgrounds.

For the 2023/24 academic year, 619 applications were received and 474 projects approved. Just under £105 million of funding was awarded for 40,000 participants to undertake placements in more than 160 destinations. Nearly two-thirds of placements are for school children, young people, and students from disadvantaged and historically underrepresented backgrounds.

Please let me know if you think this is money well spent?

Feltwell Dispensary

NEW Opening Hours from 2nd Dec


Monday: 08:30-12:00, 15:00-18:00

Tuesday: 07:30-12:00, 15:00-19:00

Wednesday: 08:30-12:00, 15:00-18:00

Thursday: 08:30-12:00, 15:00-18:00

Friday: 08:30-12:00, 15:00-18:00

 **01842 829738 or 01842 828481**

You can order your medication or ask any queries regarding your medication online via our website:

www.feltwellsurgery.co.uk or by using the NHS App. We have a dedicated telephone number in place for our housebound patients to order their medication, which is open Monday to Friday between **10.00-12.00** and **14.00-16.00**.

NORFOLK DEVOLUTION AND LOCAL GOVERNMENT REFORM UPDATES

Norfolk announced as priority area for new powers and funding

The story so far:

In December 2022, Norfolk County Council agreed an in-principle devolution deal with the then Government. This would have seen powers and funding transferred from Westminster to Norfolk.

On 12 September 2024, the newly elected Government halted the Norfolk deal. Ministers advised the council that they did not support the idea of single county deals with an elected council leader.

Talks were offered on an alternative devolution model and ministers signalled their desire to see a Norfolk and Suffolk mayoral combined authority.

On 16 December 2024, the Government published its Devolution White Paper and announced a priority programme for areas interested in devolution and local government reform. The Government wants to replace county and district councils in two-tier areas like Norfolk with unitary authorities, which run all services.

On 9th January 2025, Norfolk's full council discussed and then the cabinet agreed to submit an application to be part of the priority programme.

On 5 February 2025 the Government announced Norfolk as a priority area for devolution and local government reform stating that, "Ministers want to see a devolution deal covering Norfolk and Suffolk, with an elected mayor. They also want "two tier" areas like Norfolk - where responsibility for key services is split between county and district councils - to replace existing councils with unitary authorities.

To give time for the complex work of setting up a Mayoral County Combined Authority, the Government is putting orders in place to postpone May's county council election.

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Touch You with My Hands, But I Will Feel You
In My Heart Forever*



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www.markskinnerfunerals.org.uk

From: Cllr. Martin Storey, Norfolk County Council

Devolution and Local Government reorganisation update

Following the extraordinary full council meeting of Norfolk County Council on the 9th January the council voted in favour of applying to be part of the Government's priority programme for devolution. If successful, this would mean that Norfolk would be best placed to obtain the best deal possible for Norfolk residents. We now know that Norfolk has been successful in getting into the Government's priority program for devolution, although that does mean that County Council elections scheduled for May this year will have to be postponed, to allow time for reorganisation to take place. The Government will be organising a public consultation on devolution for all the residents of Norfolk so that they can have their say on what they think should happen. Just to let you know that, as your county councillor, I abstained on the vote because I did not agree with the postponement of the May 2025 County Council elections. That was reinforced by my decision when I voted against postponing the May 2025 elections at the Borough Council meeting recently. As we were given a mandate to serve in office for 4 years, that in my view is what it should be, to allow you the residents to have your choice of who you want to represent you going forward in the future.

All the information about this can be found on the Norfolk County Council website and on the Borough Council of Kings Lynn and West Norfolk website.

Having a party?

Don't have enough plates, dishes, glasses or cutlery?
Contact Sue Garland 827029 or Chris Parker 827152.

St Mary's Church can loan you all of the above
(at least 40 settings)

All we need in return is a donation to St Mary's Church Funds and an understanding that you will pay for any breakages.

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WHAT CAN I SAY?

This month Fred tackles coming to terms with modern technology.

Bit by bit, tick by tock, my tenuous grip on how things used to be is starting to slip once more, and events of recent days have hammered yet another nail in the coffin of my norm, and have made me face up to what I have yet to accept is the reality of a modern world!

For the past twenty years, I have been living in the cosy cocoon of my own version of how life should be, (for me, anyway), and I have been staunch in my most steadfast resistance to the advance of technology, in all it's forms.

When I bought my new car in 2016, Satnav was all the rage at the time, and the salesman tried to explain to me the fineries of how this modern marvel worked. I knew he was making sense, but when he went on to explain Park Assist, and how it would park my pride and joy without my input, I suddenly realised how far behind I was being left, as this modern world marched indefatigably onward.

Then, the smart phone followed, and eventually I succumbed. After a couple of years tutoring from friend and family, I'm proud to say that texting is no longer a stranger to me! However, sending accompanying photographs is still a grey area, but I'm working on that! Wouldn't want folk to think I'm out of touch!

Finally, events that have made me more aware of my tardiness in the progress department. Digital Audio Broadcasting! The wonder of DAB had me backed into a corner that I could see no escape from.

Living alone, radio and television are my companions, day and night, and being without either leaves me inconsolable in the extreme! Then, gradually, things began to go down hill for my 'top-of-the-range' Emmerson radios! Day-by-day, the wonderful reception I had enjoyed since the turn of the century began to diminish, with snap, crackle and pop being the way we got through the day. The tuning windows became narrower and narrower, until a couple of weeks ago, I finally had to admit



How to make your day more fun...

Rearrange your furniture.

Make your home feel like new all over again!

Do you feel modern technology is leaving you behind?

Would you like to brush up your skills?

If so, why not drop into the sessions below?



**Extra sessions added:
March 7th & April 4th
10-1pm at St Mary's church.
Refreshments provided.**

- Do you need to book appointments, buy things online and apply for jobs, but you've run out of credit and your phone screen is too fiddly?
- Have you got a smartphone, but think you might not be getting the best out of it?
- Do you wonder if you're missing out because you're not on the internet?
- Are you worried about staying safe from online scams?
- Do your kids need to do their homework, but you haven't got a laptop or the internet at home?

Tech Skills for Life is here to help!

Our friendly Community Tech Coaches can help you with laptops, tablets and data and advice about affordable broadband. We can also teach you new skills that will make tech easier to use.

Community Tech Coaches can:

- Give you the skills and confidence to be safe online and use your tablet, laptop, or smartphone however you want.
- Help you get access to a smartphone, laptop or tablet at no cost to you.
- Help you get free mobile data or a cheaper broadband tariff.
- Teach you new skills and suggest useful things like classes or social groups.

Get your tech skills sorted, make your life easier, and get in touch today.

Call 01485 536420 or 01493 448246, Monday to Friday from 9am to 5pm and speak to a Community Tech Coach, or leave a message, and we'll call you back.

If you're online already, fill in our contact form: www.norfolk.gov.uk/TechSkillsForLife

that Hi-Fidelity Frequency Modulation was no longer an option for me. I had to go DAB, and accept that it was my only option. The fight was over, and I had to accept that trying to coax the last audible signals from my Emmersons was a lost cause. They had to go!

I put on a bold front, and for anyone who asked, declared that I had been thinking of going DAB all along! That would narrow the gap between gormless and knowledgeable at a stroke, and give me time to work out how to proceed.

First of all, I spent hour after hour on the interwebnet, going from supplier to supplier, looking at pretty photographs and specifications that meant nothing to me, so in the end it had to be a pretty one that looked the least complicated. I found my ideal DAB radio on the website of a familiar local supplier, and picked up my phone.

As always, the salesman, (can I say that?) Ok, salesperson, was very helpful and we did the deal there and then. Agreeing to have it delivered, he (or is that they?) asked whether I would like someone to set it up for me. I ask you! Have someone set it up for me? How hard can it be? You just plug it in, and the modern technology does the rest, doesn't it? How I wish I'd said yes!

When the young delivery driver handed it over, he (they) said, "There's some instructions in the box, Sir, but if you need any help, we're only on the end of a phone!" Did he (they) know something I didn't? Why would he (they) even suggest that I would need help to plug in my shiny new DAB radio?

I signed the young man's phone, and proudly carried my latest purchase indoors.

I decided that I would need to approach this move into Digital Audio Broadcasting with a clear head, so decided to save the excitement for the following day, when I could enact a logical, well-planned transition without any problems. How wrong can you be?

Full of excitement, I opened the box and removed my new DAB radio. I did the technical thing of plugging it in, expecting the wonders of the digital world to unfold before my very eyes! Armed with the 'simple' instructions, I set to with the 'setting-up' part of loading all my favourite channels. Hours later, with the sun setting in the west, the task finally eluded me, and I sadly put my brand new, 'state-of-the-art' DAB radio back in it's box, put the box in the bottom of the nearest wardrobe and

did wonder to myself what should I, could I do, next? That young man from the shop was standing on my doorstep, with all the knowledge of youth at his beck and call, and all I had to have done was say yes in the first place and my new radio would be at my bedside, waiting to entertain me with all the DAB world could offer, at the press of a button. But which button? There's the rub! I pressed all those buttons and all I achieved was to turn it on and off!

This is where having a friend, a good friend, comes in. But how to engage him in my dilemma? How could I enlist his help without appearing to be somewhat lacking in the tech-savvy department, which seems to become a problem with old age. Mind you, I've suffered from that for most of my life, and maybe he would take pity on me, especially as I had made the effort to embrace the modern digital age?

It was worth a try, so when we next met for our weekly cup of coffee, and he asked how I was getting on with my new DAB radio, I spilled the beans. He was very understanding about my predicament and offered to help, with a knowing smile on his face. At least he was respectful of the twenty-five year age gap and didn't laugh out loud. Just that smile that said it all.

In next to no time, he had battled with the 'simple' instructions and had got the result that had eluded me so easily. I can now enjoy Radio 2 again, as long as I remember to avoid any buttons other than 'On', 'Volume', 'Sleep' (Can't go to sleep without the radio. It's a bit like having a bed-time story. Those were the days!), and finally, the button that turns it off.

Have I embraced the modern age and all that that entails? Certainly not! The modern world and all its incumbent technology falls into the 'tolerated through necessity' bracket for me. As a boy, I built my own crystal set in the science lab at school, and to be honest, the very thought that A.I. is now the thing, eighty years on, scares me! And to think that my new radio depends on a signal that travels to a satellite in space and back again in a matter of seconds leaves me baffled, to say the least.

But thanks to clever scientists who invented digital broadcasting in the first place, and a clever friend who managed to decipher their instructions, my world of radio is once more complete, and I am no longer alone.

LATEST CONSUMER ALERTS AND TRADING STANDARDS NEWS

Scam Alert - 'Family member' scam text and WhatsApp messages

We continue to receive reports from Norfolk residents of text and WhatsApp messages where scammers attempt to impersonate family members to steal money.

The message will often start "Hello Mum" or "Hello Dad" and will say that they are messaging from a new mobile number as their phone was lost or damaged. They will then ask for money to purchase a new one or claim that they need money urgently to pay a bill.

The scammer will then provide bank details for the payment to be made to, with some coming back with further demands for money.

If you receive a suspicious message (even if you think you know who it is from), calling or requesting a voice note is the fastest and simplest way to check someone is who they say they are.

Scam Alert - Emails claiming 'your pet's microchip registration has expired'

We are warning residents about emails circulating which claims, 'your pet's microchip registration has expired'.

The email, which often includes information about you, your pet and your pet's microchip number, will state that you need to pay a fee for the registration to be updated.

Our advice is **always** to be wary of claims made in unexpected email approaches and **never** click on links or open attachments if approached in this way.

If you receive this or a similar email you are advised to contact the existing company that holds the registration for your pet's microchip to ascertain its current status. [Information on all the current approved microchip databases is available on the GOV.UK website.](#)

If you do not know your current provider there is also a link to enable you to check your pet's microchip number to identify who it is registered with. If you do not know your pet's microchip number speak with your vet.



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Scam Alert - Emails claiming to be from 'M&S'

We are warning residents about scam emails circulating claiming to be from M&S stating that 'you have been chosen to receive a Marks and Spencer Afternoon Tea Letterbox Hamper'. The emails, which are branded and designed to mimic genuine emails from the retailer, contains a link to 'answer a few quick questions about your experience' to claim the item.

Anyone following the link will be taken to a phishing website which will attempt to gather personal and financial information to claim the fictional offer.

Our advice is **always** to be wary of claims made in unexpected email approaches and **never** click on links or open attachments if approached in this way.

Scam Alert - Emails claiming to be from PayPal

We are warning residents about fake PayPal emails circulating which claim that a money transfer request has been made on your account.

The email then offers a contact number to 'call us immediately' to block this transaction if it 'was not you'.

This email is not genuine and is designed to panic the recipient into contacting the number provided on which attempts will be made by scammers to gather personal, financial and account details.

You can report suspicious PayPal emails by forwarding them to PayPal at phishing@paypal.com or any suspicious email received to the National Cyber Security Centre by forwarding them to report@phishing.gov.uk

Scam Alert - Telephone cold callers claiming to be 'your care alarm service'

We are highlighting a warning from Careline Community Service at the Borough Council of King's Lynn and West Norfolk about telephone cold calls during which the caller claims to be calling from 'your care alarm service'.

Careline are continuing to receive reports from service users of

Contacts

Rector

Rev'd Joan Horan 01842 828034

revjhoran@gmail.com

The Rectory, Oak Street, Feltwell

Associate Priest

Rev'd Juanita Hawthorne 01366 728545

revjuanita58@gmail.com

Churchwarden and Benefice Administrator

Chris Parker 01842 827152

grimshobeneficeoffice@gmail.com

TO ARRANGE, WEDDINGS, FUNERALS AND HOME COMMUNION

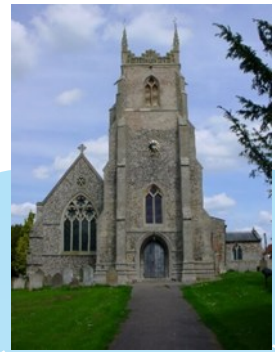
Please contact Chris Parker 01842 827152

grimshobeneficeoffice@gmail.com

TO ARRANGE BAPTISM

Please contact Tammy Wright 07717 507665

grimshobaptism@gmail.com



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Feltwell

St James'
Hockwold

St Andrew's
Northwold

St Mary's
Weeting



telephone cold callers claiming to be from 'your care alarm service' who then attempt to take payments over the phone.

Our advice is always be very wary of any approach made in a telephone cold call and **never** give or confirm any personal or financial details, make payments or agree to someone visiting your home if approached in this manner.

To help with this think **Stop, Challenge, Protect**:

- Stop** - take a moment to think before parting with your money or information.

- Challenge** - Could it be fake? It's ok to reject, refuse or ignore any requests, only criminals will try to rush or panic you.

- Protect** - Contact your bank immediately if you think you have been the victim to a scam. Report it.

Careline Community Service customers can report any suspicious telephone calls asking for payments for your Careline Alarm to them on **01553 616200**.

Selling your vehicle? Never share images of V5C Logbook

We are highlighting a warning from the Driver & Vehicle Licencing Agency (DVLA) to anyone looking to sell a vehicle to never share images of their V5C Logbook.

This is because information within the document could potentially be used to obtain a fraudulent copy of your logbook which could then put the vehicle at risk of being stolen or cloned.

If you are looking to sell your vehicle DVLA advise you should:

Never share your logbook document reference number, a buyer does not need this to 'make checks'

Never share images or copies of your logbook, you can show the document to buyers so they can check the details match the vehicle but ensure they can't record items like the document reference number

Scam Alert - Telephone cold calls claiming to be 'bank security'

We are warning residents about telephone calls which claim to be from 'bank security'.



Would you like to join Methwold Theatre Club?

Have you ever thought about having a go at acting? Would you like to be part of our enthusiastic and friendly group? If so, come and join us. We meet most Tuesday evenings in Methwold.

We are currently planning our activities and performances for the year. These include a Murder Mystery evening in March, and a play in November. You don't have to have to be Judi Dench or Colin Firth, but just want to have some fun! We can find parts for all ages [18+] and abilities. If you don't want to tread the boards there are always backstage jobs to be done.

To find out more about us, find us on Facebook and send us a message or email methwoldtheatre@gmail.com



"The lab test indicated abnormal lover function."

Apparently from an actual entry on a patient's hospital record.

SUBSCRIPTION RENEWAL

Subscribers are politely reminded that our distributors will be collecting renewal subscriptions this month. Although printing costs have increased we **will** be keeping the price of the magazine at £5/year, that's 10 issues at 50p with two free.

SUBSCRIPTION INFORMATION

If casual readers would like all future issues of this magazine delivered **FREE** to your home in Feltwell please contact our Distribution Manager Ian Webb on 828167.

March 25-March 26—£5 (12 issues, 2 free).

All subscriptions below 11 copies are pro rata.

In a recent call reported to us the automated call stated, 'this is bank security', before going on to make claims about payments that were 'about to be authorised' from your account. The message then offers a number of press button options to authorise the payments or to speak to a member of staff.

The wording of the call is designed to panic the call recipient into interacting with the message, if they do it is likely they will be connected to a call handler who will then attempt to gather personal and financial information which could in turn be used to commit further fraud on or with the account.

We always advise people to be very wary of claims made during telephone cold calls. If you receive this or a similar call our advice is **do not** interact with the call and **hang up**.

If you are concerned about the security of a bank account or credit card contact your bank or service provider directly using the Customer Service number printed on the card, on a recent statement or via information available on their genuine website or app. **Never** use details provided in a cold call.

Reporting scams

Reporting scams you receive helps us continue to build up intelligence on the scammers and how they target people.

If you have received a telephone cold call which you believe to be a scam or think you have been a victim of an online scam you can report it to us via our partners the Citizens Advice consumer helpline on freephone **0808 223 1133**.

[Citizens Advice consumer service website](https://www.citizensadvice.org.uk/consumer/scams)

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You can also report Frauds, Cyber Crime, Phishing attempts suspicious emails to Action Fraud, the National Fraud & Cyber Crime (NCSC) by forwarding it to **report@phishing.gov.uk**.

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**Services
elsewhere in the
Benefice**

**St James'
Hockwold
Eucharist**

March 9th 9.15

March 23rd 9-15

1st Tues month
9-30am

Morning Prayer

All Tues except
1st. 9-30am

**St Andrew's
Northwold
Eucharist**

March 9th 11am

March 23rd 11am

**St Mary's
Weeting
Eucharist**

March 2nd 11am

March 16th 11am

Services at St Mary's Feltwell

Sunday 2nd Mar Eucharist 9.15am

Sunday 16th Mar Eucharist 9.15am

Sun 30th Mar Mothering Sunday 9.15am

1st and 3rd Weds Evening Prayer 4pm

2nd and 4th Weds Online Eucharist 10am

**What's On at
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MUTTERINGS FROM THE FARMYARD

As I write this, things are relatively quiet in terms of growing crops. We have had a team of ten experts in to prune the vines back to the fruiting wires, leaving what will be the main trunk for the rest of the plant's life. The suggestion is that some of the varieties are so vigorous that we should expect a modest crop of grapes this year from those and leading shoots have been tied down to encourage that. It is good to think that we might get something to taste this autumn.

We have used the time to do various essential maintenance and to demolish a small cart lodge. This was presumably built soon after the 2nd world war and the timber had rotted and allowed the roof to fall in. The corrugated iron, however, which had been reused from its wartime use, was mainly still strong and at least twice as heavy as anything I could buy today.

The sugar beet has all been delivered and because of the very wet weather last year produced a record yield. Whether we can repeat this during the current year is very much open to question. We have been informed that insecticidal seed treatments will no longer be available and so controlling the aphids that are the vectors of beet virus yellows disease will be much more problematic. Virus yellows decimated some beet crops in 2020 by 70%.

I, personally, am pleased that the current government is determined to establish a better trading relationship with the European Union. I am, however, concerned that our negotiators may not understand how important gene editing will be to aid the breeding of more resilient, better yielding and drought resistant varieties of crops in the future. Europe still does not allow this technology.

I must, yet again, address the issue of Inheritance Tax or the hated Family Farm Tax. I understand how difficult it is to appreciate that although the value of agricultural land is so high the returns from farming that land are so poor. The fact is that many farm businesses in the UK are only just viable despite the fact in many cases they are



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being worked by three generations of the same family. The current proposals will not be affordable to many families without breaking up their current businesses and losing all that knowledge and experience. All the major supermarkets are so concerned that these proposals will undermine the food chain and the ability of the nation to feed itself that they have written to the Prime Minister asking him to reconsider.

FELTWELL TABLE TENNIS CLUB SHOWS OFF NEW TABLE



We have raised enough to buy our first new table, with the help from the Methodist Chapel. We need one more to replace a very old table and are looking into the possibility of grants or donations.

We meet every Monday from 7.00 pm and Tuesdays from 1.45 pm. Free admission for students during the holidays.

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Steve Wellington

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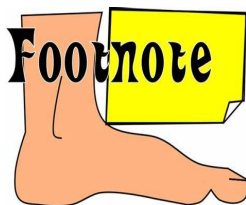
OCEAN SHIPPING LOGISTICAL

This Logistical puzzle was designed by Chris at the Wellington. *The solution is on p74.*

	Shanghai	Guangzhou	Shenzhen	Hong Kong	MSC	ONE	Maersk	Evergreen	Felixstowe	London Gateway	Southampton	Liverpool
Electronics												
Machine Parts												
Cars												
Toys												
Felixstowe												
London Gateway												
Southampton												
Liverpool												
MSC												
ONE												
Maersk												
Evergreen												

Match the cargo to it's departure port, destination and cargo shipping line.

- 1: Maersk do not call at Liverpool or Guangzhou.
- 2: The Electronics were shipped by MSC to Southampton.
- 3: The Machine Parts container, the ONE container, The container from Shanghai and the container from Guangzhou are all different.
- 4: Evergreen transport cargo between Hong Kong & London Gateway.
- 5: The cars shipped from Shenzhen, they didn't go to Southampton.



Excerpts from various aviation engineers' fault report forms

Pilot: DME (Distance measuring equipment) volume unbelievably loud

Engineer: DME volume set to a more believable level.

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Our speaker for the February meeting was Lt. Colonel John Fuson from USAF Lakenheath.

The aim of his talk was to emphasise why the USAF at Lakenheath exists, survives and prevents a major war is

because of the relationship between America and the UK, and between the airbase and the local community

John is a proud Texan through and through, born in Houston, raised in Dallas with the intention to retire eventually to the hill country outside San Antonio. As a young boy he wanted to be a marine Corp fighter/helicopter pilot after seeing the movie Independence Day. He had no idea what was involved in getting there apart from needing to have attended university. On a family vacation to the state of Colorado they happened upon the US Airforce Academy and his father convinced him to apply. Despite not expecting to be admitted he was accepted and in 2007 he graduated as a Second Lieutenant. By then he had realised that he wanted to lead rather than fly. He had studied Civil Engineering and had seen the opportunity to become a civil engineer officer.

He has had experience in Afghanistan, twice, trained as an Explosive Ordnance Disposal Officer (something that the US learned from the Brits—look up Draper Kauffman). He has worked with live Mustard agent and worked at the Armed Forces Mortuary Affairs office at Dover AFB, Delaware; a facility through which all US fallen service members are processed, x-rayed and anything potentially hazardous removed before the medical examiner can carry out their role. He has, therefore, a unique perspective on what the ultimate sacrifice looks like. His Masters degree is on Emergency and Disaster Management which gave him an understanding of the importance of communication and training required to manage such situations. His first squadron command was in Niger where he served as the US Installation Commander in charge of all of the functions on the base, supporting Green Berets, Special Forces and partnering with Italian, French, German and Nigerian forces to help combat terrorism in the



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area. A disadvantage of commanding in a deployed environment is that you don't have the support of your family but you do have full control of the culture of the unit and the installation.

John's mentor was a full colonel serving at RAF Lakenheath and he asked him what he thought of coming to the Base. At this point John stated that the job is usually reserved for those who are up and coming and he is not one of those but his mentor ignored him and put him in post anyway in summer 2023. Now he has his dream job, being in-command of the civil engineering (CE) squadron. Notably, in December 2019 he spent a week exploring why it is so expensive to maintain US air bases in the UK. The reason? The MoD Défense Infrastructure Organisation. What he hadn't fully comprehended from that short visit was that half of the CE squadron are local Brits and the amount of pride they have in being part of that group.

He then moved on to talk about RAF Lakenheath and the 48th Fighter Wing. The 48th began in 1952 in France as the 48th Bomber Wing. As part of building good relations with the host country in 1954 after a flying demonstration on July 4th the Mayor of Chaumont bestowed the honorary title of the Statue de la Liberté (Statue of Liberty) Wing upon the 48th. The Liberty wing was born. It is the only wing in the USAF to have both a name and number designator. In 1959 the USAF was booted out of France and the UK government offered them RAF Lakenheath, a former 'decoy' base, designed to distract German bombers from RAF Mildenhall and Feltwell.

John is the 42nd commander of the CE squadron, a unique group with the most diverse set of capabilities and skill sets on any airbase. A traditional engineering squadron is responsible for the design and construction of runways, facilities, etc. They control the maps for the base, maintain all facilities (from changing a lightbulb to upgrades to the water treatment system). They are also responsible for the maintenance of the 1006 military family houses across both Lakenheath and Feltwell bases, 1400 dormitory rooms, also responsible for assisting 6000 families find accommodation off base as our neighbours. The other half of the 48th CE group includes the

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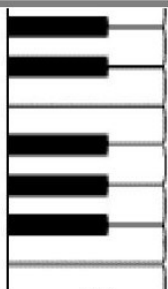
GAS SAFE REGISTERED

fire department (80-90 firefighters, 40% being British), emergency managers for chemical, biological, radiological and nuclear detection and decontamination and the Explosive Ordnance Disposal team. They are a 550 member organisation on a good day, 240 unlisted military, 12 officers, 3 dozen US civilians and 250 British direct hires or MoD employees making them the largest employer of British nationals in the area, some of who have worked on Base for nearly 50 years. John will be moved on after two years due to the demands of the job.

As commander John has three responsibilities. Firstly, to buy risk; only a commander can own the risk to his forces and their equipment. Secondly, to inspire everyone in the organisation. Thirdly, to build a culture that enables everyone to reach their maximum potential.

In conclusion, John asked a series of questions. Why is the Liberty Wing here? Why is the 48th CE squadron here? Why are F15s and F35s here waking us up in the morning? Why is demolition practice done at RAF Feltwell? A number of answers were given, some serious, some frivolous but in the end the answer is, **Strategic Deterrence**, so that we never have to get to the point of defence. But what is Strategic Deterrence? It is being so good, so ready for war that the enemy never makes it happen. Which explains why the fire brigade, the bomb disposal unit and the engineers are all in the same squadron. Should, Russia, China, North Korea or Iran attack, the first thing they would hit would be the runways because without our ability to respond, by getting jets into the air, they would have the upper hand. Consequently, decades ago, the Airforce decided that the emergency services and engineers needed to fix things would be brought together under a single commander who was solely responsible for the manning, training and equipping of forces to recover an airbase after an attack. Readiness is shown at Feltwell by breaking and repairing the small runway built a few years ago.

In the case of an attack the Base would be instantly shut down apart from members of the 48th CE who would go out and assess the damage. Bomb Techs would check for unexploded ordinance, fire



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fighters would be putting out fires, CBRN techs would be setting out sensors. To cut a very detailed explanation short, the point is to have the shortest, usable strip of runway up and running as quickly as possible, so that the planes can get airborne. Arrestor cables would be deployed to enable the planes to land on the shortened runway. All of this “well-oiled” process is practiced a couple of times a year. It is assumed that any enemy will be watching and know just how quickly planes can be got back in the sky for a retaliatory strike and think twice about attacking in the first place.

The Men’s Breakfast Club usually meets on the 1st Saturday of the Month at The Wellington in Feltwell at 9am. It costs £8.00 per person to attend which includes a talk, tea or coffee and a full English breakfast which never fails to please.

New members are always welcome. If you would like to join us then either call The Wellington and book on 01842 828224, before 4pm on the previous Wednesday, or email the Club coordinator Paul Garland at garlandp@btinternet.com.

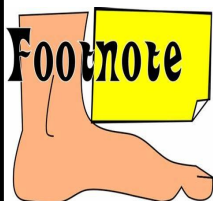
Our next meeting will be on the **1st March** when our speaker will be David Cordner talking about the History of the Bank of England.

ART FOR PLEASURE

Every Thursday 10.30 am – 12.30pm. £3 per session at Weeting Village Hall.

Contact Beryl Pountney, Secretary, for details on
01842 828750

The kettle is always on.



Q. Explain one of the processes by which water can be made safe to drink?

A. Flirtation makes water safe to drink because it removes large pollutant like grit, sand, dead sheep and canoeists.

A child’s answer from an examination paper

						4		6
7			9				5	
4			2	7		8		
	5	4	3	9				
3								4
				1	2	6	3	
		9		8	6			1
	1				9			8
8		7						

SUDOKU PUZZLE

Each row, column & 3x3 square must contain numbers 1-9

Answer on page 78



The Food Pantry, Feltwell

WHO ARE WE?

We are a group of volunteers who have set up a small non-profit shop of greatly reduced prices to help with the high cost of living for the local villages, as we are a rural community with no supermarkets nearby.

We run a membership scheme for a one-off charge of £3.50

For that we supply free fruit, vegetables & bread depending on availability & also the ability to shop with us at vastly reduced prices. Food donations are gratefully accepted, please leave in the Food Pantry area in St. Mary's Church, Feltwell.

We can also provide crisis packages for those in need, free of charge with the help of public donations.

You can find us at St Mary's Church, Feltwell.

OPENING TIMES:

Wednesday 9AM – 11:30PM

Saturday 12:30PM – 2:00PM

For more details visit our Facebook Page or call 07454 259280

WORD SEARCH

Submitted by Mrs J. Clements.

This month our word search is on **Various Cuts of Meat.**

Find the words from the list opposite. They run vertically, horizontally, diagonally, backwards and forwards but always in a straight line.

There is ONE extra phrase on the list that is not found within the grid.

B	A	C	O	N	D	M	B	A	C	G	A
L	A	I	F	K	A	J	H	E	A	D	N
C	H	R	C	H	I	P	O	L	A	T	A
O	A	P	O	R	K	B	E	L	L	Y	M
G	O	T	J	N	M	F	S	E	Q	K	G
B	C	O	G	V	O	Z	C	R	I	B	S
L	H	E	P	N	B	F	L	I	W	H	N
A	A	Y	C	A	I	S	B	B	C	W	E
C	T	H	C	G	J	W	R	E	T	C	I
K	E	F	L	A	N	K	I	P	E	S	Z
P	A	R	K	F	I	S	S	U	D	F	B
U	U	L	V	N	A	H	K	B	O	A	R
D	B	P	G	E	M	J	E	K	T	J	T
D	R	C	B	D	L	E	T	H	O	P	D
I	I	Q	G	O	Y	A	C	H	O	P	R
N	A	K	I	E	E	H	T	H	N	A	F
G	N	N	B	U	A	O	H	G	U	X	A
U	D	I	J	P	I	C	I	C	W	M	V
B	R	L	D	H	B	K	G	O	B	T	P
R	Q	B	N	K	K	S	H	G	K	M	O
E	G	R	K	C	I	T	S	M	U	R	D
A	P	O	R	K	B	L	A	D	E	I	X
S	S	J	C	O	B	P	E	Q	I	A	B
T	B	U	G	A	F	E	K	G	E	Y	E
D	H	E	N	O	B	T	B	M	A	L	M
C	H	I	T	T	E	R	L	I	N	G	S
I	L	C	K	B	J	M	G	H	B	I	D
A	G	G	D	C	I	U	Q	R	A	H	C

BACON BARON OF BEEF BATH CHAP BREAST BRISKET BROKWURST
 CERVELAT CHARQUI CHATEAUBRIAND CHIPOLATA CHITTERLINGS
 CHOP CHUCK CHUMP DRUM STICK FLANK HAM HEAD
 HOCK LAMB T BONE LEG LOIN PORK BELLY PORK BLADE
 RIB EYE RIBS THIGH WING

The solution is on page 78

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MMXXV

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Your Good Health

by Dr Ian Nisbet

I think we would all agree that January was a truly miserable month and I hope you will join me in hoping for better things in the immediate future. The shortest day is long passed, many of the bulbs are sprouting, the grass is growing again and the moss is really flourishing. When I was in Feltwell, my arch enemies in the garden were Spanish Bluebells (the destruction of which, mostly done at night to avoid the wrath of Head Office (Deannie), was covered in several articles) and Convolvulus (Bindweed) which I defeated but may, I suspect, have returned as the garden was re-wilded. Just to be clear, I love the 6" tall, drooping English Bluebells, as featured in Bluebell woods and I really dislike the Spanish Bluebells which infested my garden, 3ft 6in tall (Yes, as measured by Management who would not believe me) with massive

greenery at the base and a terrifying ability to spread. Here, in Spanish Bluebell-free territory, I think Moss might be my new arch enemy in the garden. I actually managed to mow the lawn at the beginning of February, followed by a healthy dose of moss killer. Yes, it will have to be scarified – one of my less pleasurable jobs!

My Kidderminster Ladies' choir is starting up again for the year. Tomorrow (Feb 3rd) I am giving them afternoon tea and have made scones, sponge cakes and whisky fruit loaf – It is known as a "charm offensive." We shall plan the entire year including several concerts in the West Midlands and two anthems at the Remembrance Sunday service in our church. Also, we will plan the content of all rehearsals for the year. The cry, "Oh, I haven't brought that piece of music today" will be neither heard nor tolerated.

The Atmere Charity

The charity awards grants to individuals who are in conditions of need, hardship or distress.

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There will be lively discussions as members have different preferences about the music and we need to compromise with each other. Some of the members are real experts at music theory and I am really keen on dynamics and expression. We are gradually meeting in the middle!

I am delighted to say that Northwold village hall committee has resurrected the Northwold Times and are now taking my article again after a break of a couple of years. They will notice that the jokes have been sanitised and I am sure that we all welcome them back into the family.

As is probably obvious, I do not have much to talk about this time so let's cheer ourselves up with some jokes:

A man was walking along a Californian beach and stumbled across an old lamp. He picked it up and rubbed it and out popped a genie. The genie said, "OK, OK. You released me from the lamp, blah blah blah. This is the fourth time this month and I'm getting a little sick of these wishes so you can forget about

three. You only get one wish!" The man sat and thought about it for a while and said, "I've always wanted to go to Hawaii but I'm scared to fly and I get very seasick. Could you build me a bridge to Hawaii so I can drive over there to visit?" The genie laughed and said, "That's impossible. Think of the logistics of that! How would the supports ever reach the bottom of the Pacific? Think of how much concrete, how much steel! No - think of another wish." The man agreed and tried to think of a really good wish. Finally, he said, "I've been married and divorced four times. My wives always said that I don't care and that I'm insensitive. So, I wish that I could understand women, know how they feel inside and what they're thinking when they give me the silent treatment. I need to know why they're crying and to know what they really want when they say 'nothing' I need to know how to make them truly happy." The genie said, "Would you like the bridge to be two lanes or four?"

One hot day, a farmer was pulled over by the police for

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speeding. The officer started to lecture the farmer about his speed and, in general, began to throw his weight around to try to make the farmer uncomfortable. Finally, the officer got around to writing out the ticket, and, as he was doing that, he kept swatting at some flies that were buzzing around his head. The farmer said, "Having some problems with circle flies there, are you?" The policeman stopped writing the ticket and said, "Well yes, if that's what they are, but I have never heard of circle flies." "So" said the farmer, "Circle flies are common on farms. See, they're called circle flies because they're almost always found circling around the back end of a horse." The policeman said, "Oh," and resumed writing the ticket. Then after a minute he stopped and said, "Hey, wait a minute, are you trying to call me a horse's a*s*?" "Oh no, officer, I have too much respect for law enforcement and police officers to even think about calling you a horse's *r*e." "Well, that's a good thing," said the officer and, once again, resumed writing the ticket.

After a long pause, the farmer said softly, "Hard to fool those flies though."

This should just about pass the censors – There was a pet shop and in the window there was a beautiful blue parrot priced at £5. An upper class lady enquired as to why the bird was so inexpensive. The shop owner replied that the bird had been resident in one of the town's brothels for many years and had a rather fruity speech pattern, hence the price. "I don't care about the language" said the lady, and took the parrot home. The new owner took the cover off the parrot's cage. The bird looked around "Ah, quite a smooth gaff, I shall be OK" The lady's two good looking daughters walked into the room and the parrot was ecstatic "Wow, two lovely girls, a much higher quality than in my last place" At that moment, the posh lady's husband walked in and the parrot was delighted "Hello, Keith, how are you keeping?"

Best wishes to you all.

Ian Nisbet

UPDATE ON CAMPAIGNING AGAINST THE 'MEGAFARM' BY TERRY JERMY, MP.

I want to thank everyone for their recent campaigning against the proposed megafarm to be built in Methwold and Feltwell by Cranswick.

As we await the result of the application for a permit from the Environment Agency and the Planning Application from the Borough Council, you should be proud in the knowledge that your voice has been heard, and national attention has now been brought to this situation.

Recently, the Telegraph newspaper ran a piece on the application and detailed the hard work of the Cranswick Objection Group who have raised awareness and lobbied the Environment Agency and others.

Megafarms more widely are a real concern of mine and we must continue to push back against such farming practices to safeguard our hardworking family farms who produce high quality British food.

Recent Freedom of Information requests by Sustain and Feedback Global found that intensive poultry and pig farms have violated environmental regulations at least 776 times in Norfolk and Suffolk alone. On average the breaches occurred at least twice a week, or nearly 10 times a month, between 2017 and 2024. Breaches included water, ground and air pollution incidents, including waterways being contaminated with slurry and excessive odours, dead animal carcasses being left outside rather than in sealed containers, farms being overstocked with more livestock than allowed and irregularities relating to the transport and disposal of farm waste.

Cranswick operated sites were amongst farms found to have breached environmental permit regulations.

I want to assure you I will continue to fight against this proposal in every way I can. In parliament I have been arguing that this proposal must not go ahead and called for a national conversation about the future of farming in the United Kingdom. *Continued over page*

Alongside 47 other Labour MPs I recently wrote to the bosses of the top five supermarkets in the UK, calling out their excessive £5billion in profits for the last financial year whilst local growers and producers barely make ends meet. We need fairness introduced into the system and due reward for the hard work and risk faced by farmers.

I hold local surgeries across the constituency, if you would like to book to attend one of these or if you would like to get in touch to raise an issue of concern or seek support, I can be contacted by email via terry.jermy.mp@parliament.uk For further information, please visit the website; www.terryjermy.com

A REQUEST FROM THE SURGERY

The surgery has received complaints from patients that dog walkers are using the surgery car park. They ask dog walkers to please park elsewhere as it causes great inconvenience to genuine patients when the car park is full.

01842
828481

FELTWELL SURGERY OPENING

8.00am - 6.30pm Mon-Fri only

Extended Hours for Appointments Only

Tuesday: 07:30 – 08:00 Thursday: 18.30 – 19.00

Out of Hours Service - Between 18:30 and 08:00, Monday to Friday, and all day at weekends and on Bank Holidays your call will be redirected to the **NHS 111** service.

In a genuine emergency you should call 999 and ask for an ambulance.

Chest pains and / or shortness of breath constitute as an emergency.

01842
828481

TABLE TENNIS

Feltwell Table Tennis club is now up and running every **Monday at 7.00pm and Tuesday from 1.45 at the Methodist Hall, Feltwell.**

Any skill level or none. Just come along for an afternoon of fun. It's a load o' laughs, which is good for the heart, and the physical exercise loosens those stiff joints. **All ages** welcome. Steve Wellington is the organiser. **£3 for two hours of fun.**

Pool Table NOW available.

MOBILE LIBRARY TIMETABLE—THURSDAYS

Stop Name	Arrival Time	Departure Time	Postcode
Wilton Road	14:25	14:35	IP26 4AY
Fairfield Way	14:40	15:00	IP26 4AT
Church	15:05	15:35	IP26 4DA
St Nicholas Drive	15:40	16:00	IP26 4DW
Munson's Lane nr junction with OMR	16:05	16:25	IP26 4DE
Hereward Way	16:30	16:50	IP26 4BP

Upcoming Dates

20 March 2025

17 April 2025

Please note this information is subject to change or amendment both on a permanent and temporary basis.

For all enquiries about this route please call
01603 222303

SIR EDMUND DE MOUNDEFORD CHARITY

GRANTS AVAILABLE FOR POST 16 STUDY

- Are you over 16?
- Have you lived in Feltwell for at least two years and are still resident in the village?
- Are you studying at College or University?
- Do you need assistance with the purchase of equipment or books to enable you to study?

If you can answer "YES" to all of the above then apply in writing to Mr B. Hawkins, Agent for Sir Edmund De Moundeford Trust, 15 Lynn Road, Downham Market, Norfolk. PE38 9NL. In your letter you **MUST** include the date you moved into the village, details of the course you are studying, where you are studying, the qualification you expect to achieve upon completion and any costs necessary for you to embark upon the course. Include details of any books and/or equipment required. If you know a Trustee please put their name in your application. The award of a grant is at the discretion of the Trustees and shall not exceed £300. Only one award will be made per applicant.

MY MOTHER TAUGHT ME

Most of us over 60 were home schooled

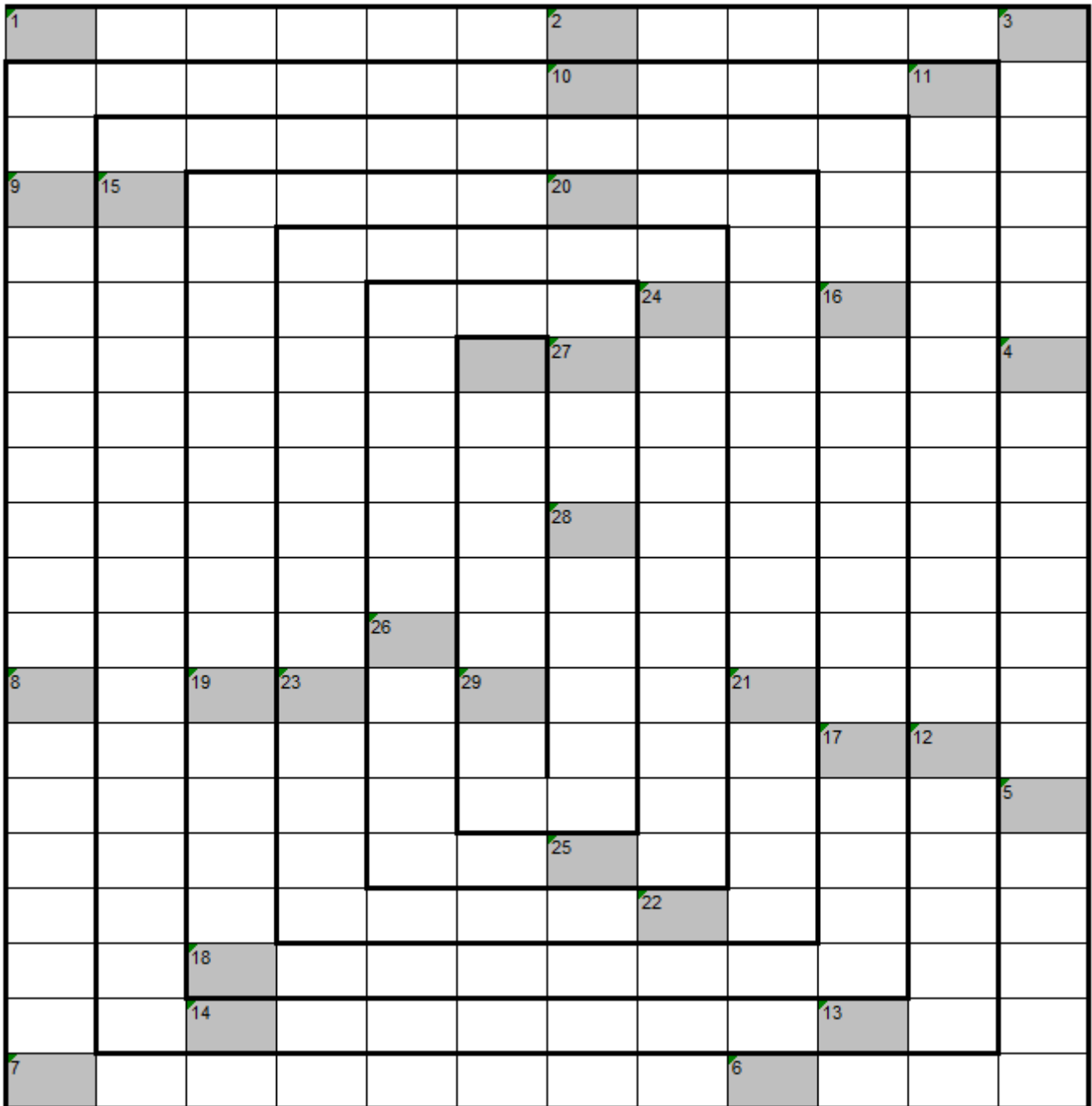
- 1 My mother taught me TO APPRECIATE A JOB WELL DONE.
If you're going to kill each other, do it outside. I just finished cleaning.
- 2 My mother taught me RELIGION.
You better pray that will come out of the carpet.
- 3 My father taught me about TIME TRAVEL.
If you don't straighten up, I'm going to knock you into the middle of next week!
- 4 My father taught me LOGIC. Because I said so, that's why.
- 5 My mother taught me MORE LOGIC.
If you fall out of that swing and break your neck, you're not going to the store with me.
- 6 My mother taught me FORESIGHT.
Make sure you wear clean underwear, in case you're in an accident.
- 7 My father taught me IRONY.
Keep crying, and I'll give you something to cry about.
- 8 My mother taught me about the science of OSMOSIS.
Shut your mouth and eat your supper.
9. My mother taught me about CONTORTIONISM.
Just you look at that dirt on the back of your neck!
10. My mother taught me about STAMINA.
You'll sit there until all that spinach is gone.
11. My mother taught me about WEATHER.
This room of yours looks as if a tornado went through it.
12. My mother taught me about HYPOCRISY.
If I told you once, I've told you a million times, don't exaggerate!

More of mother's teachings next month

WORD TRAIL

Janet Clements brings us a different type of puzzle, a Word Trail.

Starting at No.1 follow the clue numbers around the box clockwise finishing in the middle. The last letter of each answer is the first letter of the next answer. Work clockwise. Have Fun



CLUES

- 1 The name given to an Egyptian sail boat (7)
- 2 MEDICAL: a condition marked by pain in the chest, often also spreading to the shoulders, arms, affecting the heart. (6)
- 3 Feminine term for Actor (8)

- 4 Scurried (9)
- 5 Gutter attachment (9)
- 6 A river in SW Asia, rising in E. Turkey and flowing south across Syria and Iraq to join the Tigris (9)
- 7 Sauntered (8)
- 8 FILM: a 1955 British epic docudrama war film starring Richard Todd and Michael Redgrave 'The ____' (3-8)
- 9 Artificial (9)
- 10 Dried Coconut kernels (5)
- 11 A mobile substance surrounding and protecting the Fetus in the uterus (8-5)
- 12 Ship repair area (3-4)
- 13 To pull (an offender) under the bottom of a ship and up on the other side as a punishment. (8)
- 14 MUSIC: A 1974 record by Neil Sedaka (8-2-3-4)
- 15 MUSIC: Which rock band was founded by Trent Reznor in 1988 (4-4-5)
- 16 A machine used in the task of laundering (4-5)
- 17 PLANTS: Shrub or small tree with large clusters of bell-shaped flowers, widely grown as an ornamental. (12)
- 18 Which southern Italian city is credited as the birthplace of the pizza (6)
- 19 Who authored The Hunger Games book series? (8-7)
- 20 Legendary surrealist artist is famous for painting melting clocks (8-4)
- 21 A soft drink commonly associated with Scotland (3-3)
- 22 Statement, remark (9)
- 23 Who was the British monarch at the time of the Abdication Crisis? (6-3-5)
- 24 Name the gentleman who directed 'The Social Network' (5-7)
- 25 The name of the person who painted 'The School of Athens' (7)
- 26 The author of 'War & Peace' (3-7)
- 27 What is the Sanskrit word for 'union' (4)
- 28 Name of the highest mountain outside of Asia (9)
- 29 Competence in an activity or occupation (7)

This month's Word Trail solution is on page 76.

J M Harris EST. 1996 **LANDSCAPES CONSTRUCTION**

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FELTWELL METHODIST CHURCH, COMMUNITY HALL & GARDEN

NEW Craft Group meets Tuesdays at 9.30 til 11.30. Providing a WARM SPACE to come and share your skills and knowledge over a drink and a biscuit.



**Thursdays 6.00pm –
1st Feltwell Brownies**



Friday:- join us for a cuppa while we pot or potter!!

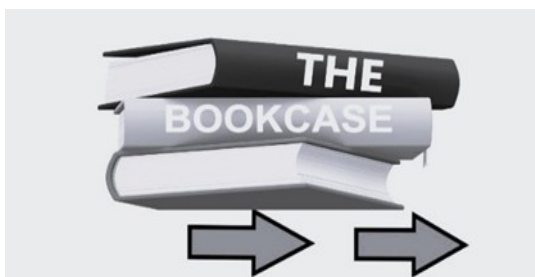
SUNDAYS – our day to relax and reflect on our lives, where they've been and where they should be going.

11.00am – Fellowship and Refreshments

SUNDAY Speakers for March

2	–	Rev Paul Critchley	9	–	Local Arrangement
16	–	Mrs Cumbers	23	–	Local Arrangement
30	-	Local arrangement			

With “Wi-Fi” in our hall you can use the internet for work, for making benefit enquiries, searching for help on a particular subject and all this while enjoying some social time with all our visitors on any of the days we are open. And it's FREE to use Wi-Fi.



We thank Tracey for looking after The Bookcase for the last couple of years. S he is no longer able to, so, PLEASE, when you use The Bookcase, replace the books on the shelves.....in order so that

other visitors can find what they're looking for. Thank you.

What you may not know. We regularly sort the books which are not being borrowed or which are past their best. We pass lots of books to our friend at Hilgay who arranges for them to be collected for the charity “World Books” and are sent to developing countries around the world.

Give us a call or message us or one of our members.

Find us by scanning this QR code on your Android or iPhone.



We can be contacted on Facebook, Messenger or mobile 07712578721 or by email

mikegw15@gmail.com Mike & Brigitte Wilkinson 07799216693

Mr Terry Power writes...

This is a plea for you to put some of your cash to help dementia.

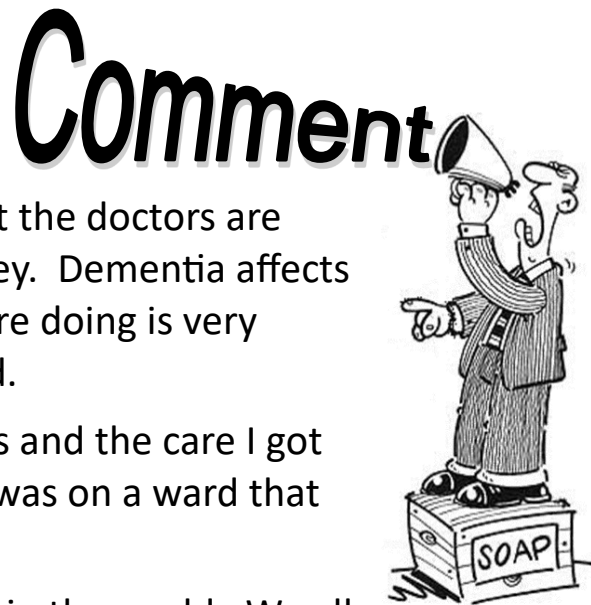
There is no cure at the moment but the doctors are working very hard, they need money. Dementia affects families. The research what they are doing is very important. The feedback is needed.

I went into hospital for four months and the care I got was very good. I was very lucky. I was on a ward that was 100%.

We all get old. The NHS is the best in the world. We all have to give and take. My wife spent 40 years as a nurse. She gave but my wife wont give in. But I and my family have made her go to the doctors for help. I myself have learnt a lot a lot over six years. Living with dementia is a living hell. It's not their fault but, please, memory loss is very bad so please when it starts report. There is always help out there. The doctors are trying to get a cure.

By the way. We had a good surgery in Feltwell but not anymore. Why? Because it is a business now and not a surgery. The NHS is a non profit organisation. They are meant to help us all, but you are using it for profit.

The views expressed above are solely those of Mr Power.



FELTWELL COMMUNITY GROUP

Save The Date

Picnic in the Park

Sunday 27th July 2025

Feltwell Playing Field

With our resident DJ Cocky, Mister E and Alisha

Walking on Air

07596157826

D.T.Byrne MCFHP MAFHP

Walking on Air, Unit 4, Harvey Adams Enterprise Centre, Wimbledon Avenue, Brandon, Suffolk, IP27 0NZ

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Whilst we welcome in March, knowing that we are fully into Spring now, the weather is still not always kind to us. With the lighter days and the slight warmth in the sun when we see it, everything is growing around us. It is a time when we are starting to work in the garden again when the weather allows us to. As per usual, the weeds are growing faster than anything else, but the bulbs are looking good along with any early flowering plants or shrubs. It is good to see them after the dark of Winter.

Feltwell in Bloom are planning our year. Firstly, we would like to invite everyone to our AGM on Tuesday 18th March. We will be meeting at the Wellington at 7pm. Come along, meet our friendly group and have a cup of tea or coffee with us and a chat. We are always looking for new members of all ages and capabilities. You will be made to feel very welcome.

At the meeting we will start the planning for our stalls, the first of which will be at the Anglo American Car Show to be held in May. We will also be planning our stall for the Village Fete in June. Our last adventure is in September when we will hold our sale outside the Wellington on a Saturday morning. I will confirm all of these dates with you nearer the time.

Obviously during the year we will also be working on the tubs to ensure that they are blooming well. If anyone would like to sponsor one of our tubs, please feel free to contact any of the members, or myself on the phone number below. We are looking forward to a busy year and continue to appreciate everyone's support. Thank you

Contact us on the following platforms:-

Facebook - Feltwell in Bloom

Email – feltwellinbloom@yahoo.com

Or phone Rita on 07785345614

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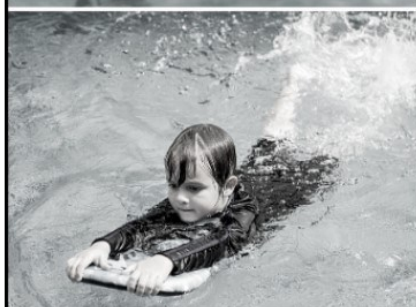
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Graham.smith09@hotmail.co.uk



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RSPB Lakenheath Fen

A New Chapter for RSPB Lakenheath Fen

In these uncertain times it is lovely to be bringing some positive news to readers, and we would like to spread the word that we will very soon have a brand-new off-road mobility scooter available to hire for visitors to the reserve.

Thanks to an incredibly generous donation from one of our supporters (who wishes to remain anonymous) we have been able to purchase a Trampler - something we thought would always be well out of reach of our modest reserve budget. For those who aren't familiar, Trampers are a brand of mobility scooter which can cope with the roughest terrain easily, allowing the user to go almost anywhere they wish to go in the countryside. It will have various adaptations to make it as accessible as it can be, including a reversible throttle so either the left or the right hand can be used to power the device. It will have a lockable storage box, so that visitors can leave valuables inside - perhaps whilst they pop into Mere Hide - or less valuable things like lunch and a map of the reserve!

We are hoping it will enable anybody with mobility difficulties to enjoy the reserve in ways they haven't been able to before, or in more comfort than they would be in if they had to travel on foot. We have spoken to other RSPB sites that already have Trampers and having one really seems to be a game changer- allowing family groups to visit together, instead of certain members of the family needing to stay at home because the reserve is just too strenuous to walk around. It will also allow people to travel alongside their family, friends or spouses instead of needing to be pushed from behind in a manual wheelchair, as is sometimes necessary. We are immensely grateful to our donor and very excited to see this asset begin to be used by the community.



Events at RSPB Lakenheath Fen

Places for all events need to be booked online- please visit <https://bit.ly/LakenheathFenEvents> to read more and book tickets.

Treasures of the Moth Trap 28 March, 25 April, 30 May (10am to 11am)

Learn more about the amazing world of moths- join us to admire what we catch in our harmless trap.

RSPB members £5 (£2.50 for Under 18's); non-RSPB members £6 (£3 for Under 18's).

Guided Pond Dipping 5 April, 3 May (11am-1pm)

Why not borrow a pond-dipping kit to see what beautiful and strange creatures live below the water? Come along to learn about the underwater world with our knowledgeable volunteer guides.

RSPB members £5 (£2.50 for Under 18's); non-RSPB members £6 (£3 for Under 18's).

Bittern Walks Saturday 26 April, Sunday 18 May (9:30am-12:30pm)

This brand-new event aims to get you up close to Bitterns, at the time of year and time of day that offers us the best chance. We should hear plenty of booming as well.

RSPB members £12 (£6 for Under 18's); non-RSPB members £15 (£7.50 for Under 18's).

Hobby Walks Saturday 10 May, Sunday 25 May (1-4pm)

In peak season we have dozens of Hobbies on the reserve at once- and by the early afternoon they should all be busy hunting for food. On these new walks we hope to get you good views of these spectacular birds of prey.

RSPB members £12 (£6 for Under 18's); non-RSPB members £15 (£7.50 for Under 18's).

Join in with Harrier & Bittern Nest Watches

Tuesdays 13 & 27 May, also 10 June (7:30am-12:30pm)

Why not join a warden for the morning and help complete our bittern and marsh harrier nest watch surveys? Spectacular views, high seats, hot drinks, pastries and transport are all included.

RSPB members £64; non-RSPB members £80.

Hiring the Trampler will be free of charge, but we will gladly accept donations for its upkeep as it will require an annual service to keep it safe for use. Any surplus funds from the donations will be put to good use on the reserve. Although we haven't finalised the details yet, it is likely that we will take bookings by e-mail, telephone or in person at the Visitor Centre, and the hire will be for either a half or a whole day. When the user arrives, we will provide a short explanation of how the Trampler works and where it can safely be used on the reserve. We will also require a signature on a liability form from the user to say that they accept that the Trampler is their responsibility for the duration of the hire, and that they fully understand what we have explained to them regarding safety. And then, they should be free to explore!

Please feel free to spread the word about our new arrival to those you know, and if you would like to check availability and hire the Trampler, please get in touch with us. We are hoping to begin hiring it from Wednesday 19 February onwards.

With best wishes,

Heidi Jones (Visitor Experience Officer at RSPB Lakenheath Fen).

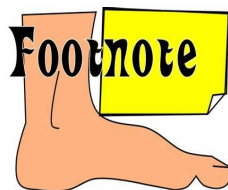
ADVANCE NOTICE

Lakenheath Fen Open Day

Sunday 13 April (9am-5pm)

Join us to celebrate our 30th Anniversary year in style - we'll be offering free entry to all on the day, whether you are an RSPB member or not. There'll be a range of activities on offer for people of all ages.

Entry for all is free; individual activities are chargeable.



Question and answer from a school exam paper

Q. How is dew formed?

A The sun shines down on the leaves and makes them perspire.

FELTWELL LODGE

RESIDENTIAL CARE HOME

Lodge Road, Feltwell, Norfolk IP26 4DR



Feltwell Lodge is a comfortable Victorian property dating from 1860. It is a former hunting lodge set in 5 acres of beautiful landscaped gardens situated between Feltwell and Methwold.

The home is run by the proprietors, together with a fully experienced and caring staff providing a full 24 hour cover. The atmosphere is friendly, with no restrictions other than consideration for fellow guests.

Visitors are welcome and we encourage the maintenance of close links between residents and their families and friends.

**For Brochures please phone: Mr Paul Hanley RN
or Mrs Sandra Hanley RN**

01366 728282

Website: www.feltwelllodge.com

E-mail: feltwelllodge@hanleycarehomes.com

Feltwellians Around The World



Tom Cuthbert

*This month another recently discovered email from back in 2009 entitled **Workshops and M.T.R.I. R.A.F. Feltwell 1948***

Picture one. In the truck, Chic Hunt.

Back row, Jeff,
Dawkins, Jock
Wilson, Ken
Punt, Whittle
and Spellman

next row,
Grant, Hewitt,
Mitchell,
Gibson,
Robinson,
Davenport



As you may
have observed,

we were not part of the glamorous pilot cadet unit of that time. All of the people pictured including myself were part of the maintenance group, our officer was Flt. Lt. Ashbee.

A little more detail which you might find of interest. We were housed in the #1Barack block the first building on the left as you passed the Guard house. Between us and the guard house there was a wooden structure which for a period of time was occupied by a number of civilians from Northern Ireland who were contracted to paint the hangers.



Picture two, front row, extreme left, yours truly, Age 19, on my left George Winstanley from Wigan, the others I have no record.

My close friend at that time, Tommy McAleer was also Irish which led to many interesting social get togethers. To complete this picture, the American Air base was at Lakenheath at that time and they were usually included in the gatherings, which ultimately leads to the end of my story. Without fail we could always depend on the Yanks to show up in a couple of jeeps on a Sunday morning, bribe their way past the guard room and deliver copious amounts of the "hair of the dog" to the Irishmen.

The parties took place in Feltwell (Chequers), Thetford, and as far away as Kings Lynn.

Before ending I meant to include earlier that the pilot cadets always began their training in one of a couple of old Tiger Moths which



If you'd like to submit a **FOOTNOTE** of your own, be it a quip, a fact, an idiom, whatever you feel would be suitable, please send your **FOOTNOTE** to Paul at garlandp@btinternet.com or post it through my letterbox.

were based here. I tried one once after a maintenance check, preferred terra firma thank you.

Thought I'd try again. These pictures are of the thatched cottage a couple of hundred yards down from the Chequers hotel. It was called the "Hill" then but according to my google image



may now be called "Short Beck". The young ladies in the photo (*below*) were local girls and two of them lived in the cottage with an aunt who at that time worked in the local cinema. More detail, left to right there names were Elizabeth (Liz) Best, Verna Lemmon, Pat?

and Marie Best. Liz and Marie were sisters and lived in the cottage. Liz and I had a long and very serious relationship, we were both



FELTWELL FUEL ALLOTMENT CHARITY

If you can answer “YES” to the following two questions you may be eligible for a **Winter 2024 Fuel Payment** from three Feltwell charities.

Are you at least 70 years of age or will be by the end of 2025?

Have you lived in the village of Feltwell for a minimum of 10 years and are still resident?

The Feltwell Fuel Allotment Charity does its best to maintain a list of qualifying recipients but relies heavily on local knowledge. The list is also used by the Trustees of the Atmere and De Moundeford charities who also give winter fuel donations. Last year the three charities issued a combined donation of £100.

If you meet the qualifying criteria and have **not** received a grant before, please write to: Feltwell Fuel Allotment Agent, 15 Lynn Road, Downham Market, Norfolk, PE38 9NL. Please provide your **name, address, date of birth and the date that you moved into the village.**

Please mark the envelope “**Feltwell Fuel Allotment List.**”

Only one grant per household will be given.

ADVERTISING RATES

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Eighth page—£30 per year or £3 per month

Our advertising year runs 1st Apr to 31st March

If you would like to place an advert in this magazine please contact our Advertising Manager: Susan Withers

Email: s_withers@hotmail.co.uk

deeply in love. When I was "Demobbed" and returned to my home up north we continued to communicate and eventually Liz travelled there and spent time with my family and I. Unfortunately it went no further, "Mea Culpa" I think I was too immature at the time.

Based on the above, if you do use the photos, please do so carefully, I still hold these ladies in high regard.

I would also like to point out that my wife and I celebrated our 60th anniversary a few months ago.

Been in Canada since 1952, but have visited Feltwell a couple of times since.

By sheer coincidence the next 'found' email in my list, from 2013 this time, is about the Beamis family who lived in the thatch cottage. It comes from:

Roger Grice

Liz and Marie Best (twins) were indeed brought up from the age of 3-4 by my Nan, Joan Beamis, together with her sister Dorrie. They all lived together in the thatched cottage (it faced both sides of Short Beck) where my great grandfather lived and ran his thatching business from. I believe it was on the market in recent times.

Funnily enough I have just looked to see if it is still for sale and now see that the cottage that faced the other direction onto Short Beck is on the market. This was owned and lived in by my Aunt Nellie Beamis, one of Joan and Dorrie's sisters.

I am still in touch with Elizabeth (always known to me as my Auntie Liz) and only last month visited her at her home in Kings Lynn, where we discussed the search of the Beamis family tree and I passed on many old family photographs. Her sister Marie passed away only 2-3 years ago. She lived in the USA, having married an American serviceman in the late 1950's.

Nicola Gaughan

This arrived in 2015!

I'm interested in having my uncle and his crew added to the RAF Feltwell Memorial wall on your website.

Feltwell Historical Society - programme 2025

Mar. 21st—Paul Garland - Feltwell photos

Apr. 18th - Kevin Boardman - Growing up in Norfolk in the 50's

May 16th - Sarah Doig - The A-Z of Curious Norfolk

June 20th - Kate Roma - herLocal Com. Officer, CCT & Church repairs

July 18th - Social evening with buffet

Aug. 15th - Kevin Boardman - TBA

Sep. 19th - Liz Lesley-Smith - Oxburgh Hall

Oct. 17th - Stuart Samuels - Ghosts of Feltwell

Nov. 21st - Society Annual Dinner

Dec. - St. Nicholas Church - Carols by Candlelight TBA

There will also be an Afternoon Tea Event at St. Nicholas Church in June.

All meetings at the Wellington, 7pm, 3rd Friday of the month

FELTWELLBEINGS

On your own? New to the village?

Want to meet other people?

Then come and join us.

Thursday 10am -12.noon at Methodist Church Community Hall in Bell Street.

CHAT, Gentle Exercises, Play Table Tennis, Snooker, Board Games, Cards, Dominoes and loads more. We do Countdown, Bingo and more. We also have a Bring & Buy table.

We are also a listening ear and can help with form filling and other information.

Open to all over age 18 —whatever your ability.



Come and see the warm welcome you will get in our Warm Space.

Oh, and we do refreshments.



TOTALLY ACCESSIBLE PREMISES

My uncle was F/S James E Linehan (2nd pilot) and he joined 57 Squadron at Feltwell on 6 November 1941. He flew with 2 crews



both of whom were killed within the space of a week. The crew whom he died with were P/O Noel Percy 'Bill' Morse RNZAF (Pilot), F/S George Hillary Vogan RNZAF (Observer), Sgt Graham Lakeman (2nd W/O & Gunner), Sgt Norman Joseph Naylor (1st W/O & Gunner) and Sgt Roland Geoffrey Richards (Rear Gunner). They flew on about 12 raids together at Feltwell, the last plane being Wellington x3757 which came onto

the squadron on 4 April 1942 and was lost 4 days later with all crew on 8/4/1942. They were on a raid to Hamburg.

He was just 20. The rear gunner was 19 and had changed his name and date of birth to enlist



I've spent the last 4 years researching what happened to the plane and I've also managed to trace the families of the other crew members.

John Houghton

(From 2018)

Could you possibly tell me if the RAF police were part of a squadron,

as my father was stationed at Feltwell in ww2 and I know that he escorted prisoners to RAF Prestwick in Scotland. He used to have a document with red printing on it and I'm sure it said 75 NZ squadron at the top but I was only a boy when I saw this, and have not been able to find it since he passed away some years ago. I also have a few photos; one outside I think the cookhouse and one of him in a rugby team with, I think, billets behind him and also one of him in the military band where he used to play the French horn.

There doesn't seem to be much information on the site about the military police and what their role was. *Whis is perfectly true as this is the first time anyone has mentioned the military police at Feltwell.*

Pam Nassau

(From 2018)

I have come to your page after a day on the internet. My father, who died 49yrs ago, when I was child, left some WW2 photos. I decided to try and identify where it was taken and/or the planes. The photo (stamped on the back for the Sport and General Press agency) is of him standing in a field with planes lined up. After many comparisons and almost giving up, I have tracked the planes down as Venturas at RAF Feltwell. And not only that, but there on your page is a rather fuzzy copy of my treasured photo (on the *The Ventura Airmen at St Nicholas* page.) He is the man facing forward, 7th from the left: Herbert John Nassau. I have also 2 group photos, which I think are more of the Canadian/Aus servicemen with my father. One of the photos has their surnames on the back. I think at least one of the men is also in your photos.

I would like to help you record these brave men.



FELTWELL BOWLS CLUB



Feltwell Bowls Club have, over the last year and with the support of several local sponsors, been actively fundraising for a new mower.

Our target was achieved in December 2024 and the club has now taken delivery of the new mower. This will greatly help keep the green to a high standard, benefiting members and visiting clubs.

We wish to thank all our sponsors and Norfolk Community Foundation in helping us reach this goal.



The 15th Feb. Quiz was very well attended, and we made a welcome return towards our new project for club shirts. If you are interested in joining or wanting to learn/play the game or any other information I can be contacted on 01842 827511

Our Social committee have arranged several events for the coming year as follows:-

1. **Musical Bingo** Saturday 15th March 7pm to 10pm in the large room in the RBL.
2. **Coffee morning** Saturday 12th April 10am to 12am.
3. **Horse Racing** Saturday 17th May 7pm to 10pm at the RBL
4. **Quiz night** Saturday 14th June 7pm to 10pm at the RBL.
5. **Treasure Hunt and Afternoon Tea** Saturday 20th July 2pm to 5pm at the RBL.

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Facebook
[@edwardscafe](https://www.facebook.com/edwardscafe)

Breckland Branch



We are often faced with a dilemma when taking in an unknown female cat. Is she neutered? Unlike male cats, there is no outward sign that a female cat is neutered. Unless she has a large tummy, early pregnancy is not detectable. We have to make a decision to either ask the vet to shave the fur off one side of her body (females are always neutered on the left hand flank) and look for an scar which is not always visible. The scar would only be around 2-3 millilitres long and as they are very good at healing, cannot always be seen. Or ask the vet to perform an exploratory laparotomy to look for a uterus. This means spending around one hundred pounds, as it would be the same for a spay. The other alternative is to wait and see if she comes into season.

Fortunately there is now a new blood test to determine neuter status in females based on detection of luteinising hormone. LH, as it is known is a hormone released from the pituitary gland in the brain which plays a role in reproduction. In female cats, mating stimulates the release of LH into the bloodstream, leading to ovulation. In unneutered female cats, LH is normally maintained at low serum levels through negative feedback from the ovaries, unless coitus or spontaneous ovulation has just occurred in which case LH will rise but return to basal levels within 24 hours. Removal of the ovaries through neutering removes the negative feedback and

MISSED APPOINTMENTS @ THE SURGERY 2025

2025 has started better than 2024 did. There were **74** missed appointments in January, worth **£2220**, last year it was 118!

The total for 2024 was **866** missed appointments, and as every GP appointment costs an average of **£30** this representing **£25,980** of medical care lost. These appointments could have gone to someone else in need.

If you cannot attend your appointment, please cancel it.

METHWOLD SPIRITUALIST CHURCH SPIRITUALIST SERVICES

Friday Meetings 2023, Doors open 7pm for 7.30 start.

7th March SHEILA JAMES & OLIVE BYRNE

21st March An Evening of Clairvoyance with JOHN ENNIS

11th April TERRI LAKE

25th April POPPY BOWLING

**Peggy's Room, St. George's Hall Complex,
16 High Street, Methwold, Norfolk IP26 4NT.**

Entrance donation £3. Evening of Clairvoyance £5 (towards costs)
(Ample parking at rear) For further information ring 01366 727160

OCEAN SHIPPING LOGISTICAL SOLUTION

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Toys	Shanghai	Maersk	Felixstowe



Answer me this:

Are eyebrows considered to be facial hair?

SUBSCRIPTION INFORMATION

If you would like future issues of this magazine

delivered **FREE** to your home in Feltwell please contact our
Distribution Manager Ian Webb on 828167.

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subsequently the serum levels of LH in neutered females are higher. Levels above 1ng/ml of LH in serum is detected as a positive result and indicates that the individual has likely been neutered.

The test itself is a bit like a pregnancy test. Several drops of serum are added to the well on the test kit and the test is ready around 20 minutes later. A single pink line on the test indicates a negative result. She is not neutered. Two pink lines indicates a positive result. She has been neutered.

This is a great innovation and saves us time and money and gives us the result we need in a short time.

For help or advice, or if you need help with the cost of neutering, please call us on 01842 810018.

Rita Thompson.

Please 'Like' our Facebook page to support our funding application for new equipment at Feltwell Playing Field

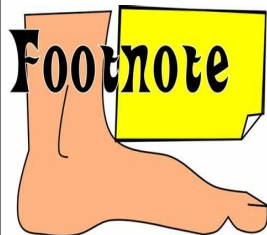
Feltwell Parish Council is looking to improve its play equipment on the playing field by installing a Monkey Challenge Climbing Wall and a Target Trainer similar to those in the photos below (see [www.finding-fitness.co.uk for information]).

If you think these will benefit you, your friends or your family, please like our Facebook post or email us at clerk@feltwellparishcouncil.gov.uk. We need to show demand in order to gain the funding for it, so please share with friends too.



WORD TRAIL SOLUTION

¹ F	E	L	L	U	C	² A	N	G	I	N	³ A
N	T	H	E	T	I	¹⁰ C	O	P	R	¹¹ A	C
Y	I	N	E	I	N	C	H	N	A	M	T
⁹ S	¹⁵ N	L	L	I	N	²⁰ S	A	L	I	N	R
R	I	O	E	T	H	I	R	V	L	I	E
E	A	C	H	S	T	O	²⁴ D	A	¹⁶ S	O	S
T	R	E	T	L	Y	²⁷ Y	A	D	P	T	⁴ S
S	E	N	D	O	T	O	V	O	I	I	C
U	H	N	R	T	I	G	I	R	N	C	A
B	T	A	A	O	L	²⁸ A	D	D	D	F	M
M	N	Z	W	E	I	C	F	A	R	L	P
A	I	U	D	²⁶ L	B	O	I	L	Y	U	E
⁸ D	R	¹⁹ S	²³ E	E	²⁹ A	N	N	²¹ I	E	I	R
E	E	E	C	A	U	C	C	R	¹⁷ R	¹² D	E
L	T	L	N	H	G	A	H	N	H	R	⁵ D
L	H	P	A	P	A	²⁵ R	E	B	O	V	R
O	G	A	R	E	T	T	²² U	R	D	D	A
R	U	¹⁸ N	O	R	D	N	E	D	O	O	I
T	A	¹⁴ L	U	A	H	L	E	E	¹³ K	C	N
⁷ S	E	T	A	R	H	P	U	⁶ E	P	I	P



"It is your duty as a tour operator to advise us of noisy or unruly guests before we ravel.."

Actual complaint received by Thomas Cook

A Parish Council Meeting was held on Monday the 10th of FEBRUARY 2025 in the British Legion, Long Lane. Nine Councillors attended and Vikki Quamina, Community Liaisons Officer at RAF Lakenheath

Ms Quamina said a very successful NATO drone exercise had been carried out last month involving fighter aircraft from US, UK, Netherlands and Norway. Discussions are taking place with Suffolk Highways to alleviate traffic flow problems around base entrances. 48FW would like to be involved in any village plans to commemorate the 80th anniversary of VE day in May. 48FW airmen have been attending Feltwell Lodge Care Home and engaging with residents since late last year which is proving very popular. Vegetation from Portal Close protruding onto neighbouring Moat Side properties should be cleared by 21/2/25 and vegetation along Short Lane and Long Lane will be cut back sooner than April.

Highways have said the footway widening programme for Oak Street may be delayed due to changes in their works programme for next year. Potholes have been reported at Hill Street junction with St Mary's Street/The Beck and on Short Beck. Clerk will contact Highways again following concern about the condition of Southery Road. Residents are requested to report any potholes direct to Norfolk County Council at www.norfolk.gov.uk/highwaysproblem. Clerk to request the renewal of faded white lining at various locations around the village.

Residents are asked to refrain from parking on the pavement in front of Central Garage as their vehicles are severely obstructing vision for drivers at the Long Lane/Short Beck junction. Several Councillors met with Highways to look at changing the give-way priority from High Street to Short Beck. Highways will take this forward.

The Age UK event at St Mary's Church was deemed successful. It was also attended by the Borough Council's Beat Your Bills

WORD SEARCH SOLUTION

B	A	C	O	N	D	M	B	A	C	G	A
L	A	I	F	K	A	J	H	E	A	D	N
C	H	R	G	H	I	P	O	L	A	T	A
O	A	P	Q	R	K	B	E	L	L	Y	M
G	O	T	J	N	M	F	S	E	Q	K	G
B	C	O	G	V	O	Z	C	R	I	B	S
L	H	E	P	N	B	F	L	I	W	H	N
A	A	Y	C	A	I	S	B	B	C	W	E
C	T	H	C	G	J	W	R	E	T	C	I
K	E	F	L	A	N	K	I	P	E	S	Z
P	A	R	K	F	I	S	S	U	D	F	B
U	U	L	V	N	A	H	K	B	O	A	R
D	B	P	G	E	M	J	E	K	T	J	T
D	R	C	B	D	L	E	T	H	O	P	D
I	I	Q	G	O	Y	A	G	H	O	P	R
N	A	K	I	E	E	O	T	H	N	A	F
G	N	N	B	U	A	O	H	G	U	X	A
U	D	I	J	P	I	C		C	W	M	V
B	R	L	D	H	B	Q	G	O	B	T	P
R	Q	B	N	K	K	S	H	G	K	M	O
E	G	R	K	C	I	T	S	M	U	R	D
A	P	O	R	K	B	L	A	D	E	I	X
S	S	J	C	O	B	P	E	Q	I	A	B
T	B	U	G	A	F	E	K	G	E	Y	E
D	H	E	N	O	B	T	B	M	A	L	M
C	H	I	T	T	E	R	L	I	N	G	S
I	L	C	K	B	J	M	G	H	B	I	D
A	G	G	D	C	I	U	Q	R	A	H	C

**NEXT MONTH'S WORD SEARCH WILL
BE ON VEGETABLES**

SUDOKU SOLUTION

1	9	2	8	3	5	4	7	6
7	8	3	9	6	4	1	5	2
4	6	5	2	7	1	8	9	3
6	5	4	3	9	8	2	1	7
3	2	1	6	5	7	9	8	4
9	7	8	4	1	2	6	3	5
2	3	9	5	8	6	7	4	1
5	1	6	7	4	9	3	2	8
8	4	7	1	2	3	5	6	9

team and both organisations were able to help residents with their enquiries and applications for various grants/benefits they are entitled to. Free electric blankets, crocheted blankets, shower heads as well as other items were handed out to residents. Careline, The Lily Service and Food Pantry were also on hand. Another event is planned for September.

Funding is available from the National Lottery Community Fund for a Climbing Wall and Target Trainer. Part of the application process will be proving residents want this equipment installed so a survey will be carried out on Facebook. If you would like to support this project, please 'Like' Feltwell Parish Council's Facebook post or email the Clerk at clerk@feltwellparishcouncil.gov.uk

A new bus stop proposal for outside Manor Park Estate has been accepted by Norfolk County Council and will be funded by their new bus stop scheme. The Council has been informed the Icen High School and Breckland School buses will be able to utilise this.

Hamill Landscaping & Maintenance Services has been awarded the grass maintenance contract for the next three year's based on satisfactory performance.

TWR Accountants will carry out the internal audit this year.

Residents are encouraged to deposit any glass waste into the bottle bank on the playing field as the Parish Council obtains recycling credits for every tonne collected.

Residents are politely requested to trim back greenery to their boundaries, particularly if it is obstructing pedestrians on neighbouring footpaths.

Please subscribe to the Council's website (<https://feltwellparishcouncil.gov.uk>) and Facebook page for latest news and notifications including RAF Feltwell demolition activities and road closures.

The next Parish Council meeting will take place at the British Legion on Monday 10th March 2025 at 7.30 pm. Everyone is welcome.



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