

November 2023

# FELTWELL PARISH MAGAZINE

YOUR CONNECTION TO YOUR COMMUNITY



The Moustache issue! How many can you find inside?



## Inside this issue:

School Report—Night Train  
Poems by Oystercatchers  
Wildlife Friendly Gardening  
Our Village in Census 2021  
Scams, Police & Parish report  
Good Health, FiB, Curios 2.  
Plus all our usual puzzles

All proceeds from the sale of this magazine are shared between village organisations and St Mary's Church.

## **FELTWELL ORGANISATIONS**

List maintained by Paul Garland.

Feltwell Bowls	Martin Blackman	829821
The Royal British Legion	John Linkin	828729
RBL Poppy Appeal Organiser	Mary Reynolds	828130
Feltwell Historical and Archaeological Society	Marion Lucas (Chairman)	828769
Feltwell Baby and Toddler Group	Lara Payne	07592 126767
Beavers and Cubs	Claire Scarff	827555
Feltwell School PTA	Lisa Strutt	@ the school
Feltwell Women's Institute	Claire Scarff	827555
Feltwell Playgroup	Samantha Newman	07582 371984
Feltwell Scout Group	Claire Scarff	827555
Feltwell Football Club	Sarah Ramsey (Secretary)	07825 506974
Feltwell Youth Football Club	Andy Kennedy	828914
Feltwell & Thetford District Mencap	Mrs T. Sismey	827292
Feltwell Brownies	Lisa Allbut-Kentish	07710 688857
Feltwell Social Club		828093
Feltwell Primary School	Mrs J. Lillycrop	828334
Feltwell Golf Club	Joanne Bates	827644
Feltwell In Bloom	Rita Page	07785345614
Rector of St Mary's Parish Church	Revd. Joan Horan	828034
Curate of St Mary's	Juanita Hawthorne	01336 728545
Churchwarden of St Mary's	Christine Parker	827152
Friends of St Mary's	Stephen Parker	827152
Feltwell Men's Breakfast Club	Paul Garland	827029
Feltwell Methodists	Mike Wilkinson	07712 578721
Feltwell Museum	Graham Simons	828387
Parish Clerk, Jo Martin. Email: <a href="mailto:feltwellparishclerk@gmail.com">feltwellparishclerk@gmail.com</a> .		828383
Parish Council website: <a href="https://feltwellparishcouncil.norfolkparishes.gov.uk">https://feltwellparishcouncil.norfolkparishes.gov.uk</a>		
Feltwell's History Website can be found at <a href="http://www.feltwell.net">http://www.feltwell.net</a>		

## **Deadline for the next issue is 14<sup>th</sup> November 2023**

Submitted articles may be hand written, emailed or typed in MS Word and sent to: The Editor, Mr Paul Garland, 16, Falcon Road, Feltwell, (827029),  
Email: [garlandp@btinternet.com](mailto:garlandp@btinternet.com)

Advertisers should contact our Advertising Manager: Susan Withers,  
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Distribution is by Ian Webb (828167) & Paul Garland

You can subscribe to this magazine for £5 a year, incl. two free issues and free delivery in Feltwell. Gift subscriptions are available, contact the editor.



## FROM THE CLASSROOM

Oystercatchers this half term have been developing their language skills focusing on a poem 'Night Mail' which is about the mail train that used to travel from London to Edinburgh for a subdivision of the Post Office. The children worked in small groups to create these poems based around modern technology, try reading them in the rhythm of a train.

### Messages

This is the email sent by computer,  
Travelling at lightspeed via a router,  
Emails to the phone, emails to the unknown,  
Emails to make the people groan.

This is the message sent via WhatsApp,  
Messages all around the map.  
Messages to make people clap  
Messages to put you in a trap  
Messages to get you in a flap.

This is a film clip shared over TikTok,  
People in Edinburgh, people in Beattock,  
Children dancing, horses prancing  
Boys and girls always prancing.

HP and OB

### The Email

This is the email sent on devices  
Telling the people about the prices  
Prices of incurrence, prices of bills  
Gosh, the sound of that, it gives me the chills.  
This email could be sent on a faulty wire,  
You never know, it could be sent by a liar.

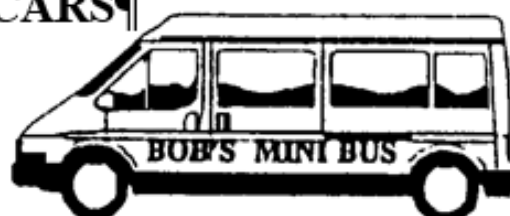
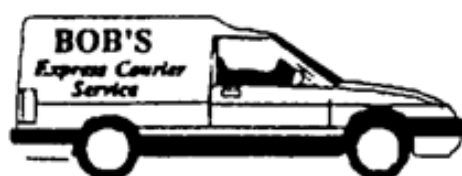
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Through the internet, she'll be rushing  
Some of your emails are really heart-crushing,  
Crushing like funerals, crushing like deaths  
Crushing like how you lose some friends.

SJ

### **Electronics**

This is the email crossing devices  
Confirming increases on oil prices  
Read out in a flat, read out in a home  
From an unknown user about a loan.

This is the text, sent via WhatsApp  
Advertising a new baseball cap  
Texts from a friend, sent from Sandsend  
Texts to say about a new trend

Thousands can't sleep  
For their phones keep pinging  
Restless, annoying and frustrating  
Will the notifications ever stop?

IW

### **Emails**

This is the email, sent by computer,  
Travelling at lightspeed via a router.  
Emails of spite, emails of light,  
Emails trying to start a new fight.

Emails that so epically fail,  
Blown away by an internet gale.  
Emails that enter a lost zone,  
Trying to make themselves known.

Emails sent via a faulty wire,  
Hopefully sent from some kind of liar.  
Emails sent in haste,  
All of these are a stinking waste.



**Diss, Thetford  
& District**

## **YOU NEED US AND WE NEED YOU!**

Would you like to come and join us as a volunteer?

You could work as an adviser, a trustee, a fundraiser, a campaigner or in our new food hub.

Come and see what we do and how we do it at our Diss and Thetford offices.

You could observe an adviser, talk to volunteers and see what's involved to help you decide.

You don't need lots of knowledge and skills, just a willingness to learn, as we offer a comprehensive training programme and ongoing support. You will never work alone - a supervisor is always available and there are other volunteers to ask - it's a very friendly environment.

We help and support people with a huge variety of problems connected with debt, housing, relationships, benefits, consumer and many more. We offer advice through face-to-face appointments or by phone and email.

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If you're interested or would like to find out more, please email us at [v.recruitment@cadat.org.uk](mailto:v.recruitment@cadat.org.uk) and one of our team will contact you.


For further information see our website [cadat.org.uk](http://cadat.org.uk)

Emails telling a tall tale,  
Some of them even making you pale,  
Emails notifying of a new sale,  
Emails from someone spotting a whale.


Emails that are so long,  
Emails that are wrong,  
Emails that sound like a gong  
Emails all about ping-pong.

JS

**FELTWELL**



Western end, school in the foreground. 1950s




**VILLAGE**

View from the east. St Mary's centre. 1980s

**TOUR**

**£5**

The full cost of this tour guide goes to support Feltwell Food Pantry



View from SW. St Mary's and Newcome Hall centre. 1960s

This second edition, limited print run of 30 copies was printed September 2023

## FELTWELL VILLAGE TOUR— SECOND EDITION

Copies of the second edition of the village tour are still available from the Wellington, Fish Piper and Hill House B&B.

They cost £5 and every penny goes to the Food Pantry.

Only 30 copies were printed so don't wait to buy yours.

**Food Pantry Christmas Fete**  
**25th November, 11-3pm**  
**St Mary's Church**



**DID YOU  
KNOW?**

The lining in a person's stomach is replaced every 4 to 5 days to prevent it from digesting itself.





ST. MARY'S,  
FELTWELL  
**Festival of Light**  
Saturday 2<sup>nd</sup>  
& Sunday 3<sup>rd</sup>  
December  
4 pm - 7 pm

The theme of the exhibition is  
**"A Right Royal Occasion".**

An invitation goes to all businesses,  
organisations, families and individuals to  
decorate a Christmas tree.  
Let's make this a real community event.

For More Information please contact:

Chris Parker 01842 827152

[cmparker@talktalk.net](mailto:cmparker@talktalk.net)



## Making Our Village Beautiful

It's November already! I can never grasp how quickly the months pass. My years have always revolved around the garden each year, even when working full time. I have sown the perennials for next year and will be nurturing them through the winter months so that they will flourish in the garden next year. I am sure that a few will be left over to sell at the car show in May, if anyone is interested in buying some. Remember that if you have any spare plants or bulbs, we would appreciate them at any time of the year. Those that we cannot use in the displays, we can sell to fund our activities.

The Feltwell in Bloom group were very busy during October. Four new tubs have been placed around the village – have you seen them? We have re-planted the Queen Elizabeth II roses into tubs now at the entrance to Newcombe Drive. Hopefully these will survive the mowers! We have also placed tubs at the entrance to Hereward Way. These have been planted with bulbs and winter flowering plants. We have cleared and planted all of the other tubs around the village, also with bulbs and winter flowering plants. Please keep an eye on these for us and if you find a problem, do not hesitate to contact me, Rita on 07785345614. The wilding area has died down and we have allowed the flowers to re-seed the area. It will be cleared at the appropriate time. Remember that even during the winter we can have some very dry spells, so if you are planting tubs and baskets up for over this period, they still might need the occasional watering.

We are planning what we will be doing next year around the village already. We have ideas but would welcome anyone else to put forward their own to be considered. Please contact me with your ideas and I will put them to the group next year. Once again, I would like to thank everyone who has shown appreciation for the displays this year. We have appreciated all of your comments and support. If anyone is available for the odd hour a week to check on the containers for us, to water them in dry weather etc, we would really appreciate your help. Please contact me. Remember to follow Feltwell in Bloom through Facebook.

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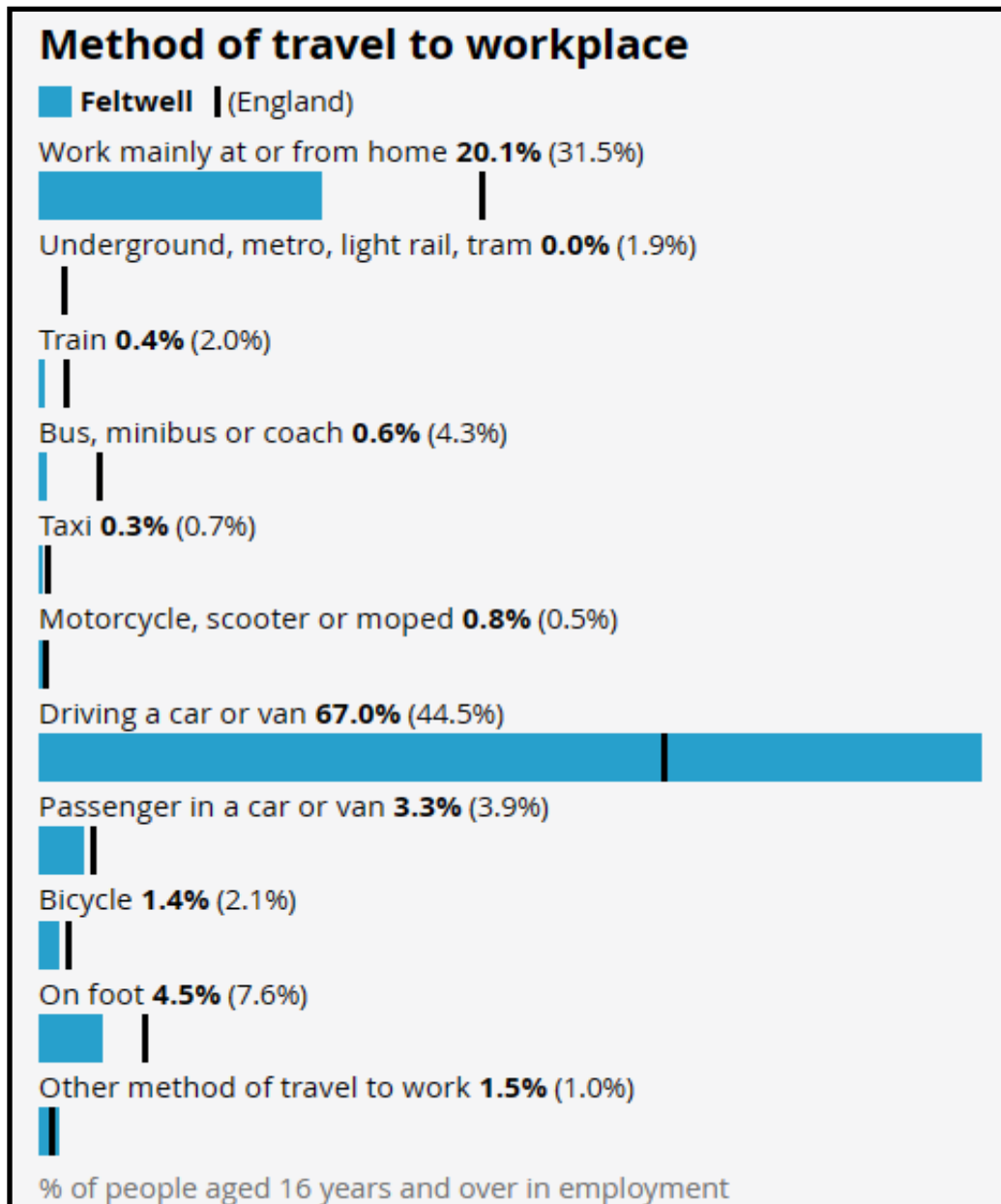
*Instagram*



*Pinterest*

## This is Our Village. Census 2021 Results for Feltwell 5

*The census results and data that follow were made available in June 2022 but it is only now that I've had space in the magazine to include these analyses. Anyone can use this charting tool available at ([www.ons.gov.uk/visualisations](http://www.ons.gov.uk/visualisations)). The charts that follow are specific to Feltwell Parish. In all cases draw your own conclusions, or not. There will be more charts next month.*



For a rural area very little, if anything, on the chart above is surprising but it does highlight the difference between rural and urban living in terms of transport options.

◆ CQC Registered Care Provider

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- ✓ Putting you first
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## WHY CHOOSE US

- ✓ CQC Registered
- ✓ Community Support
- ✓ Strong Integrity and Honest  
Spareancy Transparency



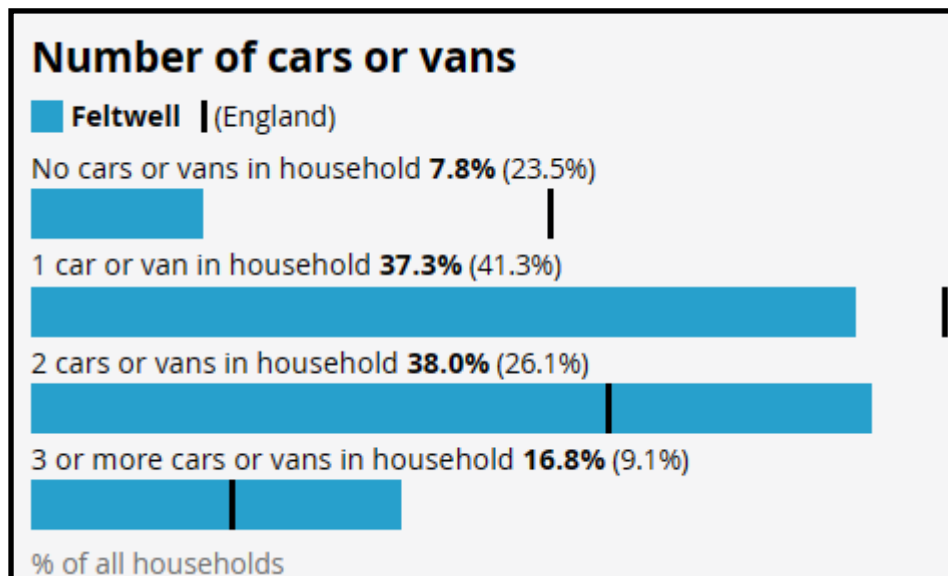
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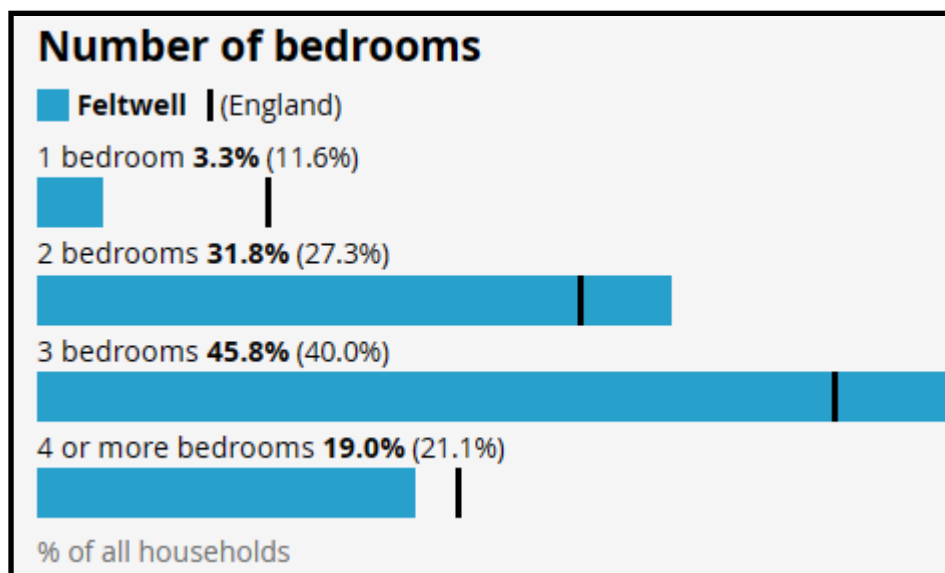
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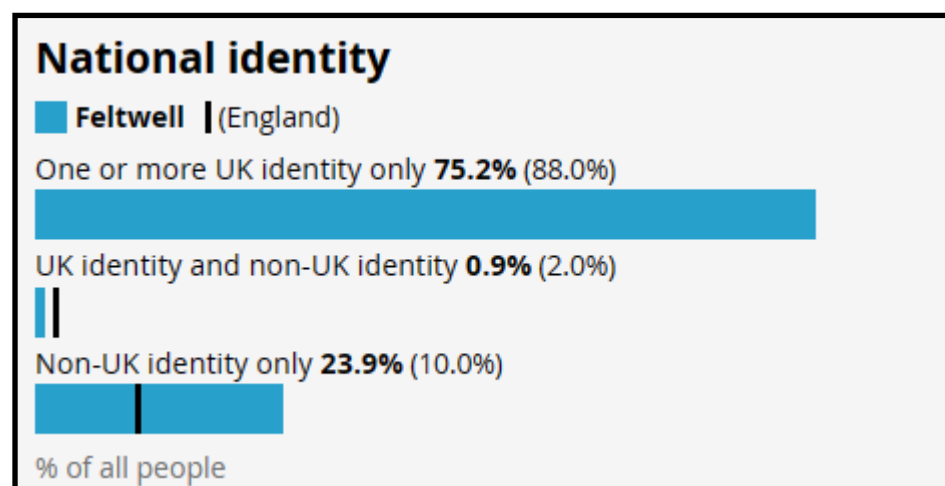
 [info.farenilifecare.co.uk](mailto:info.farenilifecare.co.uk)



And this chart emphasises the difference even more.



Clearly we don't have enough places for singles or even couples without children, but then we knew that.





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**NEED PROBATE?**

**NEED LASTING POWERS OF ATTORNEY?**

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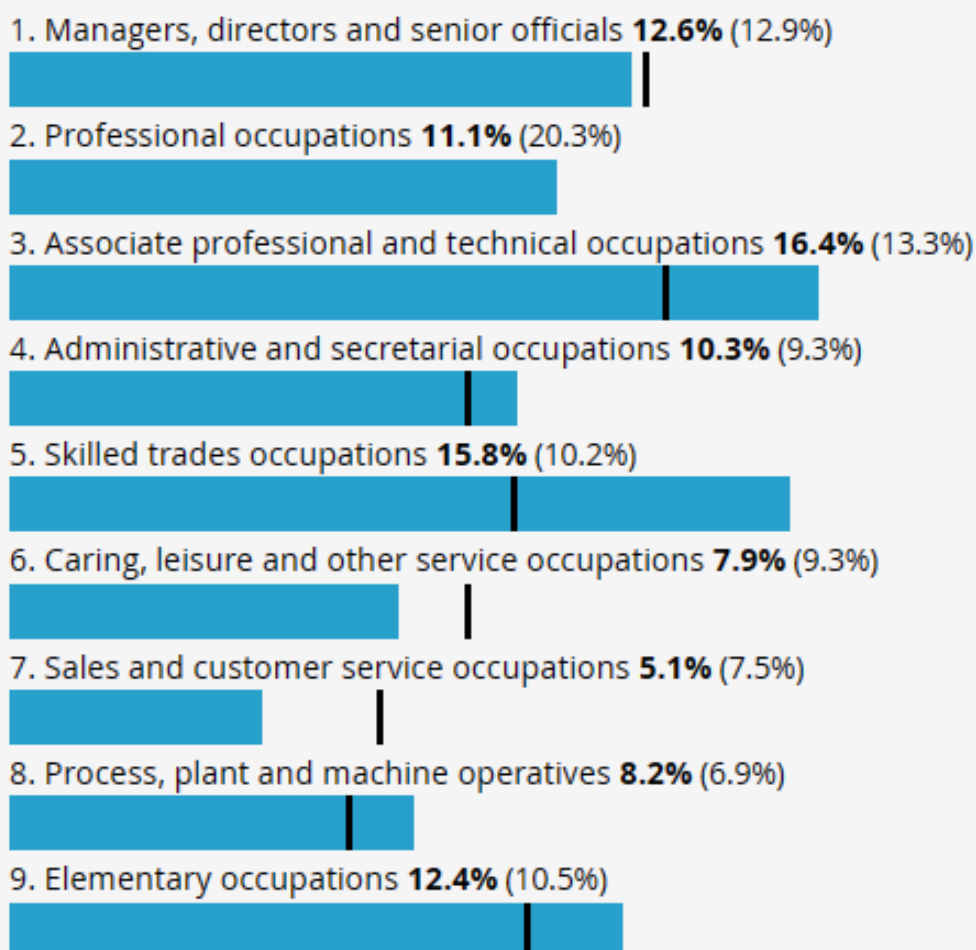
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## Occupation

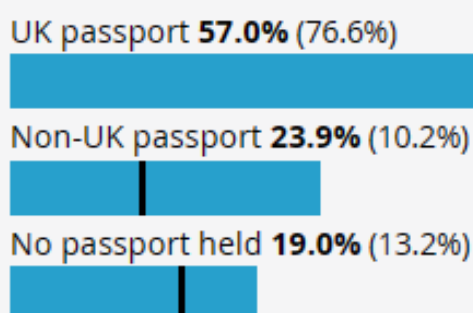
**Feltwell** | (England)



% of people aged 16 years and over in employment

## Passports held

**Feltwell** | (England)



% of all people



# Having a party? Hire the function room @ Feltwell Social Club

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- ☆ ***Squash included for children's parties***

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find us on socials: [@feltwellsocialclub](https://www.instagram.com/feltwellsocialclub)  
or pop in



## A GLIMPSE INTO THE PAST

*A semi-regular column featuring historical news reports relating to the village.*

*BFP Date unknown.*

### Morning Cuppa

Enjoying a cuppa and some snacks at a fund-raising coffee morning are members of the Feltwell Women's Institute.



Founded in 1928, the WI meets twice a month but members are also involved in other activities in the village such as drama, handicraft, flower arranging, badminton, and art classes.

They hold several fund-raising functions each year for both their club and a chosen charity.

"We have around 55 members at the moment but we always like to see new faces. If they come along to one of our meetings they would be made most welcome," said secretary Mrs Iris Norris.



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## CHRISTMAS CARDS FROM FELTWELL

A display of the available designs for the Feltwell Christmas cards can be viewed in St Mary's noticeboard on Bell Street with a further display and order forms available inside the church, plus a sample card. All proceeds will go to Feltwell Food Pantry.

Pricing is as follows: everything printed on white. (After all, it snows at Christmas)

**A5 Cards:** £1, includes envelope and description printed inside the card and a greeting. The greeting reads: Greetings and best wishes for Christmas and the New Year. Some cards are in full colour and some are available with either a B&W or colour border—you can choose. *See over page for examples.*

**A4 print:** £1, with a text description on the front or reverse.

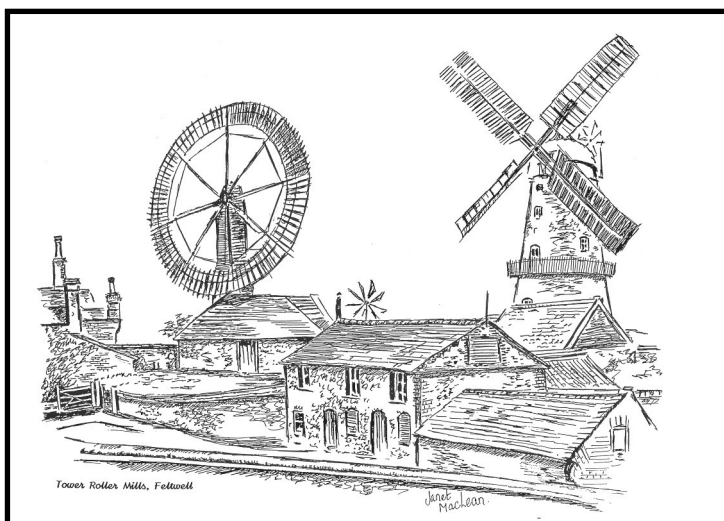
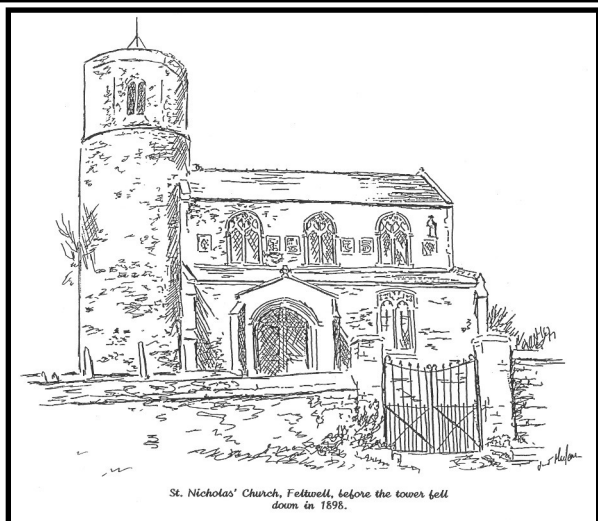
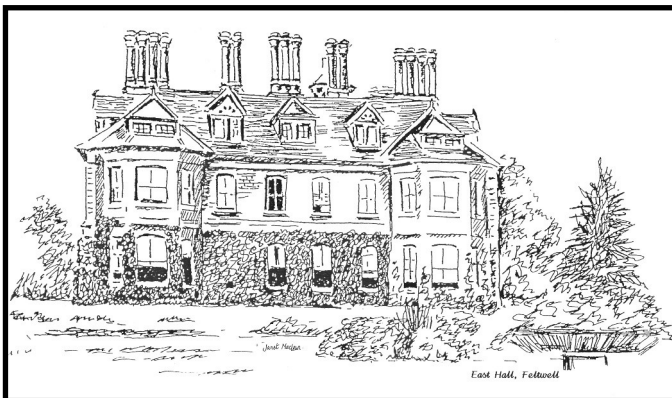
I know there are lots of charity cards available but wouldn't it be nice to support a really local good cause? And there are cards with fancier covers but there are none so specific to Feltwell as these.

Order forms available at the Food Pantry and in St Mary's.



If you would like a card with this full colour image of the world famous picture of Santa leaving Feltwell from Porter's Piece, from the December issue 2022, please contact me, Paul.

Contact details on page 2 of this issue.



Three examples of the cards—Almshouses, Methodist Church, Old Rectory. Other drawings—East Hall, South Hall, St Marys, St Nicholas, Tower Mill, all can be cards or A4 prints, with or without text. And don't forget the world famous December cover available in colour for £2. All proceeds to Feltwell Food Pantry.



# ***Your Good Health***

**by Dr Ian Nisbet**

Well, dear readers, there has not been a lot of excitement here in Worcestershire since the last article. Deannie's probate is done, most of her assets have been credited to the executors' account and I have distributed the funds to our children and grandchildren. During nearly 50 years as a GP, I came across many instances where a wife died and the husband would not let anyone touch her clothes preserving them as a comfort in his grief. Eventually, perhaps 10 or 15 years later, the clothes would be useless, dusty and moth-ridden, fit only for the dustbin. Those of you who knew Deannie will remember her fantastic clothes, purchased over many years and carefully maintained. Oranges and reds dominated (We had an orange theme at her funeral and at the Methwold memorial service) and she always looked lovely. So, mindful of my comments above, I had to bite the bullet and move her clothes on. This turned out to be one of

the most emotionally traumatic events since her death.

Daughters Alyson and Charlotte plucked up courage and came over for a day. We sorted out all the "posh" clothes and put them aside. The 'lesser' clothes were amalgamated into 8 large packages for women's hostels (refuges). The girls tried to put themselves into the shoes of those who were having to seek refuge and carefully mixed tops, underwear, night wear, trousers, socks and so on with unused cosmetics, nice soaps, shoes, handbags and all sorts of stuff which they thought would be appreciated by people who had absolutely nothing. All the family had looked at the shoes and, many of those had found a good home with granddaughters.

All the refuge parcels were distributed by my "Active Seniors" exercise teacher and I was left with all the posh dresses and trousers. There is, just down the road, a wonderful Mary



# family hubs

Drop In at the Feltwell Food Pantry, St Mary's Church

Wednesday 18<sup>th</sup> October, 22<sup>nd</sup> November, 20<sup>th</sup> December

09:00am – 11:30am

Alison from The Family Hub will be available for a chat and to offer signposting for all your family support needs.

Our family hubs' approach supports parents and carers of children and young people from conception up to the age of 19-years-old (25 for young people with special educational needs and/or disabilities)

[Family hubs in Norfolk - Norfolk County Council](#)



Stevens Hospice and they have several high quality retail outlets for clothes. I loaded them all into my car and that was the really traumatic bit, like “There you go – out of the house Deannie”. Totally illogical but overwhelming. At that point, I funk'd it and I asked a lovely couple of new friends, who have been tremendously supportive, to take them to Mary Stevens for me. They agreed to this and I was mightily relieved.

Sad that I have nothing cheerful to tell you about – perhaps next time.

Here are a few quotes for you to read when you are fed up or feeling stupid:-

“It isn't pollution that's harming the environment. It's the impurities in our air & water doing it”

“We've got to pause and ask ourselves. ‘How much clean air do we need?’”

“We don't necessarily discriminate. We simply exclude certain types of people”

“Your food stamps will be stopped effective March 2020 because we received notice that you had passed away. May God bless you. You may re-apply if there is a change in your

circumstances”

DOSS South Carolina

“The word ‘Genius’ isn't applicable in football. A genius is a guy like Norman Einstein”

“If someone has a bad heart, they can plug in this machine at night and it will monitor their heart throughout the night. If, in the morning, they wake up dead, there will be a record”

“Traditionally, most of Australia's imports come from abroad”

“Smoking kills. If you're killed, you've lost a very important part of your life”

“Half this game is 90% mental”      Football manager

“I've never had knee surgery on any other part of my body”  
An orthopaedic patient

Deannie's Zen saying of the month: “If at first you don't succeed, skydiving is probably not for you”. This reminds me that our son Grant did his skydive for charity exactly a ten years ago. Grant landed perfectly but the lady who landed just after him broke her leg!

Look after yourselves and treasure each other. Ian Nisbet



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## CAT INVASION

The Lion 'poo' we bought is said  
Other animals held in dread  
But I found this was not so  
Cats come when they have to 'go'

It is now beyond a joke  
Not just me but other folk  
Who live close to where I live  
Cats forever their dropping give.

There are three that live next door  
And in the area many more  
Non cat owners say what can be done  
Just as well they have no gun

These cat visitors we can halt  
Perhaps with a catapult  
Not to hurt then I say  
But to scare them away

I do not want to hurt the cats  
But they were driving me quite bats  
So I had to make a change  
And my front garden rearrange

My flower beds at the front  
They have had to bare the brunt  
And now have turf laid where they grew  
So now we have a different view

But not all was lost you know  
Now at the back they grow  
Where in the sun we sit  
Cats don't bother me a bit.

Harry Gill

## Sudoku Puzzle

Each row, column & 3x3 square must contain numbers 1-9

Answer on page 76



		9					8	
7		2	1				3	
				2		4	6	
			4					6
			5	7	6			
6					9			
	2	8		5				
	4				7	9		2
	7					3		



## The Food Pantry, Feltwell

### WHO ARE WE ?

We are a group of volunteers who have set up a small non-profit shop of greatly reduced prices to help with the high cost of living for the local villages, as we are a rural community with no supermarkets nearby.

We run a membership scheme for a one-off charge of £3.50

For that we supply free fruit, vegetables & bread depending on availability & also the ability to shop with us at vastly reduced prices. Food donations are gratefully accepted.

We can also provide crisis packages for those in need, free of charge with the help of public donations.

You can find us at St Mary's Church, Feltwell.

We also offer second-hand clothing for a small donation.

### OPENING TIMES:

**Monday 9AM – 11:30AM**

**Wednesday 9AM – 1:00PM**

**Saturday 12:30PM – 2:30PM**

**For more details visit our Facebook Page or call 07454 259280**

## LATEST CONSUMER ALERTS AND TRADING STANDARDS NEWS

*As scammers are very active at the moment there are more pages in this section than is usual. But I think it important that you are made aware.*

### **Scam Alert – Employment scam messages**

We are warning residents about scam messages claiming to be offering employment opportunities.

The messages, often sent by text or on WhatsApp involve a scammer impersonating an HR recruiter and luring victims in with promises of work that don't exist.

If contact is made the scammer will start by asking for personal information either a CV or they may send a questionnaire to complete, following this the scammer may ask for fees to be paid to cover administration or travel.

Genuine recruiters shouldn't contact jobseekers in this way, so generally it's best to ignore tempting job offers sent via text or unexpected WhatsApp message. You can report suspicious text messages received by forwarding them to **7726**.

### **Scam Alert – Emails offering loans**

We are warning residents to be wary of unexpected emails claiming to be offering loans.

Scammers often try and target people when looking to take out loans or may contact you unexpectedly offering money at very low interest rates.

But before giving the loan, they'll ask for an upfront payment as a deposit, administrative fee or insurance. They might claim it's because of issues like a bad credit history.

They'll often put pressure for the fee to be paid quickly via a bank transfer. Or they may ask for vouchers to be used, for example from Google Play, Amazon or Ebay. Scammers have even started asking for payments to be made via crypto exchanges.

Some scammers will claim that the fees are refundable but no matter what amounts are paid no loan will ever be given. You can report any suspicious email received by forwarding it to [report@phishing.gov.uk](mailto:report@phishing.gov.uk).

### **Scam Alert – Scammers targeting WhatsApp groups**

We are highlighting a warning from Action Fraud about large community and religious WhatsApp groups being targeted by scammers after they received 268 reports since January this year.

The fraud often begins when a member of the group receives a WhatsApp audio call from the fraudster, pretending, or claiming, to be a member of the group. This is done to gain the individual's trust, and often the scammer will use a false profile picture and/or display name, so at first glance it would appear to be a genuine member of the group.

The fraudster will then call the victim and say they are sending a one-time passcode which will allow them to join an upcoming video call for group members. The scammer

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then asks the victim to share this passcode with them so they can be “registered” for the video call. What’s really happening is that the scammer is asking for a registration code to register the victim’s WhatsApp account to a new device where they then “port” their WhatsApp profile over.

Once the fraudster has access to the victim’s WhatsApp account, they will enable two-step verification which makes it impossible for the victim to access their account. The scammer will then message other members of the group, or friends and family in the victim’s contacts, asking them to transfer money urgently as they are in desperate need of help.

Analysis of Action Fraud reports indicate that victims targeted by this scam are often part of large WhatsApp community, alumni and academic, work groups, and religious groups (such as church or prayer groups).

What can you do to avoid being a victim?

Never share your account’s two-factor authentication (2FA) code (that’s the six digit code you receive via SMS)

Set up two-step verification to give an extra layer of protection to your account. Tap Settings > Account > Two-step verification > Enable

THINK. CALL. If a family member or friend makes an unusual request on WhatsApp, always call the person to confirm their identity

You can report spam messages or block a sender within WhatsApp. Press and hold on the message bubble, select ‘Report’ and then follow the instructions.

If you have been a victim of fraud or cybercrime, report it to Action Fraud by calling 0300 123 2040 or by visiting the Action Fraud website.

### **Scam Alert – Free electricity emails**

We are highlighting a warning from Action Fraud after they received over 800 reports about emails circulating claiming to be from energy suppliers offering ‘free’ or cheap electricity.

The emails urge recipients to use the link provided to check if they are eligible for the offer.

These emails are fake, anyone clicking on the link will be taken to a phishing website which will attempt to gather personal and financial information as part of the ‘check’.

### **Scam Alert – Fake DVLA Texts**

We are warning residents about text messages which claim to be from DVLA.

The message states that as ‘part of a routine check’ you are required to confirm your ‘driver’s licence record’.

These text messages are not from DVLA, anyone clicking on the link will be taken to a fake version of the DVLA website which will attempt to gather personal and financial information.

You can report suspicious text messages received by forwarding them to 7726.

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### **Scam Alert – Gift card scams**

Gift card scams are where scammers trick people into purchasing gift cards and then providing them the information such as the card's code and PIN number.

Initial contact from the scammer can come through several different routes including letter, email, telephone cold call, text, or WhatsApp messages utilising a range of strategies including fake prize wins, unnecessary technical support, romance fraud, outstanding tax debts, and court case notifications to get the recipient to interact with them.

Once in communication the scammer will claim that an amount of money needs to be paid and this should be done by purchasing gift cards often for large amounts.

We offer the following advice to stay safe from gift card scams:

Always be wary of unexpected contacts, especially cold calls and messages

Don't be rushed, scammers will emphasise urgency to make people respond without time to think

Be wary of anyone insisting that payment is made by gift card, no real businesses, organisations or government agencies will ask for payment this way

Never provide numbers on a gift card to someone you do not know

Treat gift cards as carefully as you would cash

### **Scam Alert – Investment Scams and fake cryptocurrency exchanges**

We are continuing to receive reports of individuals falling victim to online investment scams, including fake cryptocurrency exchanges. Losses to these scams range from a few hundred to several thousand pounds.

Bitcoin is the most famous cryptocurrency, but there are more than 1,500 cryptocurrencies including other well-known ones such as Ethereum and Litecoin. Cryptocurrencies only exist online and are not controlled by a bank, treasury or country meaning you can't get physical notes or coins from the bank.

Our advice is to always ensure you understand a cryptocurrency or an investment before transferring any money.

A cryptocurrency scam can take many forms, this could include:

- a fake cryptocurrency which doesn't or will ever exist
- a bogus investment which promises to put money in a legitimate cryptocurrency
- a dangerous website link that then downloads malware onto your computer

If you think you have received an investment offer that you believe is a scam or you have become a victim of a scam, you can report this to us via our partners the Citizens Advice consumer helpline on **freephone 0808 223 1133**.

### **Scam Alert – Fake 'Cost of Living Payment' messages**

We are warning residents to be aware for scams related to the Cost of Living payments.

## Feltwell Dispensary Opening Hours

Monday: 08:30-12:00, 14:00-18:00

Tuesday: 07:30-12:00, 14:00-18:00

Wednesday: 08:30-12:00, 14:00-18:00

Thursday: 08:30-12:00, 14:00-18:30

Friday: 08:30-12:00, 14:00-18:00

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You can order your medication or ask any queries regarding your medication online via our website:

[www.feltwellsurgery.co.uk](http://www.feltwellsurgery.co.uk) or by using the NHS App. We have a dedicated telephone number in place for our housebound patients to order their medication, which is open Monday to Friday between **10.00-12.00** and **14.00-16.00**.

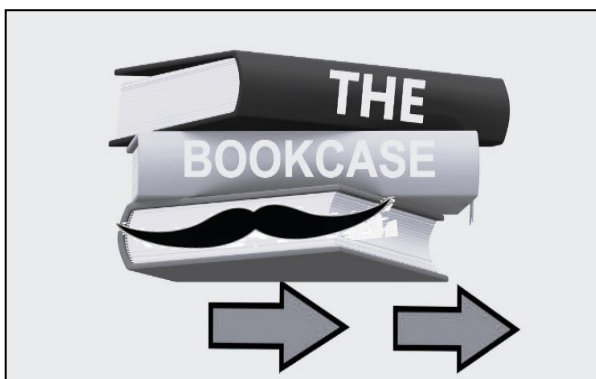
## Having a party?

Don't have enough plates, dishes, glasses or cutlery?  
Contact Sue Garland 827029 or Chris Parker 827152.

St Mary's Church can loan you all of the above  
(at least 40 settings)

All we need in return is a donation to St Mary's Church Funds and an understanding that you will pay for any breakages.

## FELTWELL BOOK EXCHANGE



## **"THE BOOKCASE"**

*Located in the Methodist  
Chapel entrance hall is  
**NOW OPEN***

**Just one plea.....**

**.....the reason the  
bookcase was closed was that the books had become  
disorganised and in a mess. PLEASE, when you use The  
Bookcase, replace the books in the order in which they  
appear on the shelves.....in alphabetical order of the  
author. Thank you.**

Millions of households across the UK will receive £300 directly from the Department for Work and Pensions (DWP) between 31 October and 19 November 2023. However, criminals are known to be targeting those who might be about to receive the money, trying to get money and personal details from them.

If you are eligible:

- You **do not** need to apply for the payment
- You **do not** need to call
- Payment to you is **automatic**
- **DWP will never ask** for personal details by text or email

The second payment of £300 will automatically be paid into eligible customers bank accounts between 31 October and 19 November. The payment reference for bank accounts will be the recipient's National Insurance Number followed by DWP COL or HMRC COLS.

### **Scam Alert – Fake DVLA emails**

We are continuing to warn residents about fake communications which claim to be from DVLA.

One recent example shared with us states 'Our records show that you are not up to date with your current vehicle tax' and that 'This is your last (v11) reminder from us'. The email goes on to claim that 'Your Vehicle is not permitted to legally be on the road'. These emails are **not from DVLA**, anyone clicking on the link provided in the text will be taken to a fake version of the DVLA website which will attempt to gather personal and financial information.

### **Scam Alert – Fake emails offering 'free electric toothbrushes'**

We are highlighting a warning from Action Fraud as they have now received more than 10,000 reports about emails circulating promising 'free Oral-B electric toothbrushes'.

The emails usually impersonate well known retailers such as Boots and claim that the recipient will receive their free toothbrush if they simply follow the links in the email and complete a feedback form.

These emails are **fake**, anyone clicking on the link will be taken to a phishing website which will attempt to gather personal and financial information.

You can report suspicious emails received to the National Cyber Security Centre (NCSC) by forwarding it to [report@phishing.gov.uk](mailto:report@phishing.gov.uk)

You can report suspicious text messages received by forwarding them to 7726.

You can also report other suspicious contacts received to us via our partners the Citizens Advice consumer helpline on freephone 0808 223 1133

### **Reporting scams**

Reporting scams you receive helps us continue to build up intelligence on the scammers and how they target people.

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## ART FOR PLEASURE

Every Thursday 10.30 am – 12.30pm, Weeting Village Hall.  
Contact Beryl Pountney, Secretary, for details on  
01842 828750

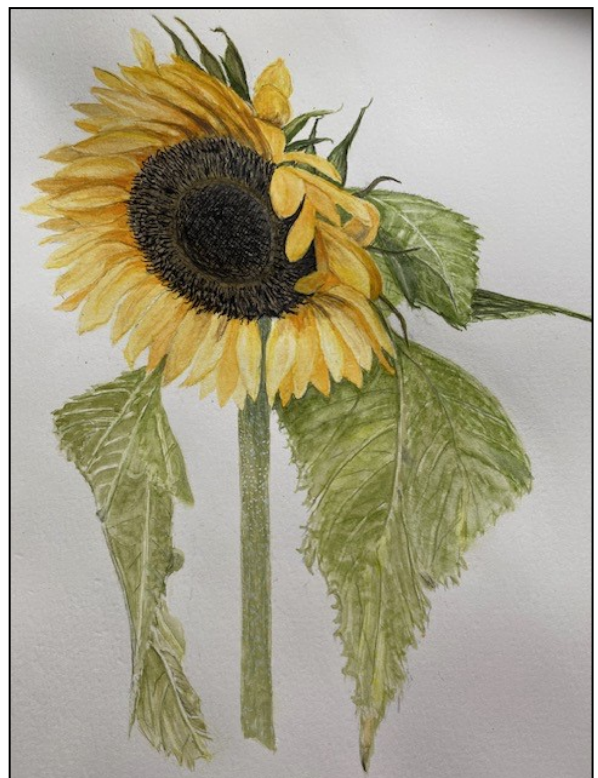
We have usually exhibited at least once a year and tried to be as near to Weeting as possible. So when the opportunity arose this year, we decided to stay at home completely. We meet and paint each week in Weeting Village Hall so on 15<sup>th</sup> July we collected a selection of our work and displayed it for the first time in Weeting Village Hall. For those of you who visited, thank you for your support, and we hope you enjoyed seeing the skill and talent of your friends and neighbours.

We know many of you did as, not only did we sell some of our work, we have been joined by four ladies who wish to take up art as a hobby. In fact, on the day, some of you tried your hand at encaustic art (making pictures from wax colours with an iron) as demonstrated by Mary Wood, one of our members.

We are hoping to make this an annual event so if you missed us this year, look out for us in 2024 at Weeting Village Hall. If you can't wait that long we will be supporting the Village Hall with their Christmas fete.

Our name **Art for Pleasure** describes our group perfectly – whether you have never done anything more than enjoy doodling with a pencil, or you want to return to an old skill, you will be welcome. We are of very mixed abilities and work in many varied mediums – pencils, pen and ink, water colour, acrylics. If you enjoy art why not come along to Weeting Village Hall any Thursday morning at 10.30 am. The kettle is always on.

As shown above we meet every Thursday 10.30 am – 12.30 pm. £3 per session at Weeting Village Hall.





**The Feltwell  
Society**

**Invites you all  
to**



# **Carols By Candlelight**

**In  
St Nicholas Church**

**Sunday 10<sup>th</sup> December 2023**

**Commencing at 3.00pm**

We look forward to seeing you at this popular event.

**Come and Sing your favourite carols  
together with selected readings in this  
lovely and now redundant church.**

## TRIP TO LONDON LOGISTICAL

This Logistical puzzle was designed by Chris at the Wellington.  
The solution is on p66

	Lucy	Britney	Carl	Humphrey	Odeon Leicester Square	Evening River Cruise	West End Show	Sunset @ Sky Garden	Picnic In Hyde Park	Pret In Trafalgar Square	Camden Locks Street Food	Covent Garden Pub
British Museum												
Tower Of London												
Tate Modern												
Madam Tussauds												
Picnic in Hyde Park												
Pret In Trafalgar Square												
Camden Locks Street Food												
Convent Garden Pub												
Odeon Leicester Square												
Evening River Cruise												
West End Show												
Sunset @ Sky Garden												

Match the person to their daytime attraction, their lunch location & their evening activity.

- The person who visited The Tate, finished their day at Sky Garden.
- Humphrey didn't take the river cruise.
- The person who Picnicked went to the West End Show.
- Carl ate at late lunch in Camden before watching the Sunset @ Sky Garden.
- Lucy visited the British Museum; she finished the day at Odeon Leicester Square.
- Britney visited the Tower of London after lunch at Pret.



Answer me this: Why can't driveway gravel stay where it's put?



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by Derek Webb

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## A GOOD IDEA AT THE TIME

When things unexpectedly go wrong for whatever reason, there is always going to be that phrase, “Seemed like a good idea at the time!” and to ease the disappointment, there would be a 'shrug-of-the-shoulder' observation that we've all made at some time in our lives, I'm sure.

A volunteer who steps up to the line in a flash of bravado, and finds himself wishing he hadn't, will often excuse his actions with that phrase.

A father, being pulled from his wrecked pride and joy, after offering to teach his son to drive, will no doubt mutter those words between gritted teeth.

When a club owner pays millions for a player who turns out to be a dud, will no doubt be thinking it in retrospect.

There are many more situations like those examples, but the main proviso in every instance is that there is no 'going back'. Whatever we did that went wrong at the time cannot be put right, so whatever it was has to stay in the past, and make it's mark in history.

However, here is another saying, that can be undeniably associated with my title, and that is that “You can't change the past, but you can learn from it!” A worldly-wise combination of that dismissive shrug and confidence for the future. And how about “If at first you don't succeed, (seemed like a good idea at the time), try, try, try again! (learn from the past)” as a good way to deal with those ventures that don't quite go according to plan?

How many times have you shrugged off the failure of a sure-fire plan as it “seemed like a good idea at the time!”, only to wish that you had persevered? And how many times have you regretted not taking advice when it was offered, being confident that you knew best? Advise which could have meant a Rolls Royce Spectre rather than that beaten up old Reliant Robin you deny ownership of?

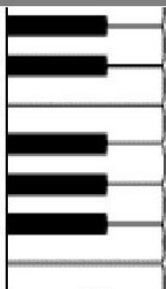
We all dream about what will be when we are young, but instead of that shrug used as our excuse for a failure, we have to realise that that fanciful dream can only come true if we stick to that “good idea” that we felt so sure of at the time.

Nothing comes to us for free, but good advice can sometimes come from someone who simply wants to help, and not just point out our failings, and what seems like a good idea at the time, can be just that, and that Rolls Royce could not be just a pipe dream, to be shrugged off at the first fence.

When I joined the RAF, nearly seventy year ago, I was going to be the next Douglas Bader, fighter ace, a string of medals across my chest, and the prettiest girls at my beck and call. Somehow, it didn't work out that way for me. I have no regrets now, looking back, but----

It did seem like a good idea at the time!

Frederick James



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It happened again at our October meeting, the speaker failed to turn up. This is three in a row and I'm starting to suspect a conspiracy!

Unlike the previous month where I had had prior notice this time I was taken by surprise and didn't have a Plan B on my person. You've guessed it, the USB stick with Plan B was at home and, anyway, it wouldn't have been much use as it wasn't finished. So, what to do? There was a projector, a laptop and a speaker sitting on the table feeling lonely. You've got to do something Paul, I thought to myself. Can't leave the guys sitting around idly chatting for 40 minutes so an ad hoc Plan B had to be enacted, dredged up from what I could remember.

Time to sit down at the keyboard, load up Feltwell.net and British Pathe again. The subject of my impromptu presentation was Fen Floods. I commenced by showing photographs from the 1915 floods with everyone in the room trying to identify any still existing landmarks.

Unfortunately St Peters Church out on the fen had floated away, never to reappear. Then over to British Pathe where a quick search for 'Fen



Floods' unfortunately garnered only some of the videos I had hoped to show. However, they proved to be of great interest and we believe we recognised earlier version of both the A10 and the Southery Road and a pumping station, now defunct.



"I pulled away from the side of the road, glanced at my mother-in-law and headed over the embankment."

*Genuine statement from an insurance form.*



# November @ The Wellington

## Music

## Food

**3rd**

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8:30pm

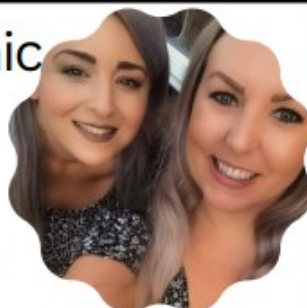


**Rust Box  
Roasties**

**From  
6pm**

**11th**

Harmonic  
Forces  
Live  
From  
8:30pm



**From  
6pm**

**17th**

Karaoke  
With  
Grizzly  
From  
8pm

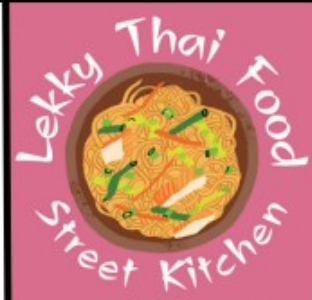


**Rust Box  
Roasties**

**From  
6pm**

**25th**

Mr E  
Live  
From  
8:30pm



**From  
6:30**

**26th**

**Art Exhibition  
With Local Artist  
Linda Pavitt  
12:30pm-4:30pm**



When I returned home and checked the presentation I'd unfortunately left behind I realised why the British Pathe search results were disappointing. The videos I remembered and wanted to show were on the East Anglian Film Archive Site! I metaphorically gave myself a good telling off at this point.

However, all was not lost as a short Pathe video on turning Feltwell Fen into farming land led to some interesting comparisons between the predictions made in the film regarding the countries anticipated self-sufficiency in food and the reality of today's complex world.

Fortunately, the boys in the kitchen managed to get breakfast out early and everyone was very kind and generous about my efforts.

Of course, now, that I've done this presentation, albeit not the slick one I had prepared for, I now have to prepare a Plan C. Which is why I'm making this plea.

Finding 12 speakers a year is not an easy task, so, if any reader feels that they are willing and able to give a talk to the Breakfast Club on a subject of their choosing, be it their working life or a personal interest or an area of expertise, please contact me at the email address below. You will get a free breakfast as payment and my sincere thanks.

The Men's Breakfast Club usually meets on the 1<sup>st</sup> Saturday of the Month at The Wellington in Feltwell at 9am. It costs £8.00 per person to attend which includes a talk, tea or coffee and a full English breakfast which has to be tasted to be believed just how good it is.

New members are always welcome. If you would like to join us then either call The Wellington and book on 01842 828224, before 4pm on the previous Wednesday, or email the Club co-ordinator Paul Garland at [garlandp@btinternet.com](mailto:garlandp@btinternet.com).

Our next meeting will be on the **4th November** when our speaker will be Andy Moore. This will be Andy's third visit to the Breakfast Club and he will continue to regale us on the topic of Bexwell Aerodrome.

Hopefully, he'll remember to turn up.



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## The Quirky Dance of the Circadian Rhythm

Greetings, dear villagers of Feltwell! Today, we're about to embark on a whimsical journey into the world of circadian rhythms, those fascinating inner clocks that dictate our daily lives in ways we never quite appreciate.

Now, you may be wondering, "What on earth is a circadian rhythm?" Well, it's not some exotic, rhythmic dance from a far-off land – though it might as well be! In fact, it's an internal timekeeper, and every living being, from the smallest ladybird to the grandest oak tree, has one.

Picture your circadian rhythm as a punctual but often unpredictable conductor of a curious orchestra. This maestro is responsible for regulating your sleep-wake cycle, energy levels, and even the moments when your tummy rumbles for breakfast, lunch, or dinner.

In our village, the rooster's crow is the earliest manifestation of this biological rhythm. It's as if the rooster is saying, "Rise and shine, sleepyheads! Your circadian rhythms have already set the stage for a brand-new day!" Not to forget, our local badger friends, who embody the circadian rhythm's nocturnal side with their late-night foraging escapades.

But why is this circadian rhythm such a big deal, you may ask? Well, imagine it as a natural alarm clock that keeps your body ticking along with the glorious daily symphony of our environment. As the sun rises, your body releases cortisol, the "get-up-and-go" hormone. This is your body's way of telling you, "Time to seize the day!"

Conversely, when the sun sets, your body starts producing melatonin, the "sleepy-time" hormone, encouraging you to prepare for a cozy night's sleep. So, if you're wondering why you're always nodding off during that village meeting, you can blame it on your circadian rhythm's call for a little midnight shut-eye!

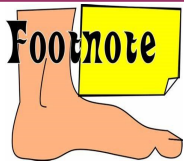
Beyond these quirky shenanigans, understanding and embracing your circadian rhythm has remarkable benefits. When you sync your

# WE ARE MACMILLAN. CANCER SUPPORT

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We are delighted to announce that at our recent Coffee Morning at The Wellington the grand total of **£438.10** was raised. This far exceeded our expectations and we would like to thank everyone who donated cakes and/or helped out in any way.

And thanks to all of you who attended for your generous support.



Healthy appearing decrepit 69 year old male, mentally alert but forgetful.

*Apparently from an actual entry on a patient's hospital record.*

## SIR EDMUND DE MOUNDEFORD CHARITY

### GRANTS AVAILABLE FOR POST 16 STUDY

- Are you over 16?
- Have you lived in Feltwell for at least two years and are still resident in the village?
- Are you studying at College or University?
- Do you need assistance with the purchase of equipment or books to enable you to study?

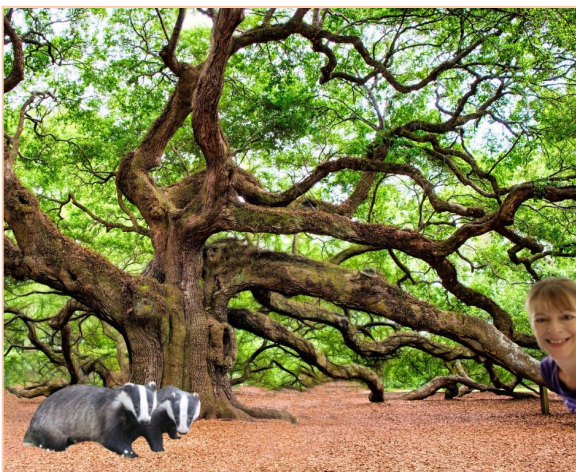
If you can answer "YES" to all of the above then apply in writing to Mr B. Hawkins, Agent for Sir Edmund De Moundeford Trust, 15 Lynn Road, Downham Market, Norfolk. PE38 9NL. In your letter you **MUST** include the date you moved into the village, details of the course you are studying, where you are studying, the qualification you expect to achieve upon completion and any costs necessary for you to embark upon the course. Include details of any books and/or equipment required. If you know a Trustee please put their name in your application. The award of a grant is at the discretion of the Trustees and shall not exceed £300. Only one award will be made per applicant.

daily routine with your inner timekeeper, you can enjoy deeper sleep, improved mood, and even enhanced cognitive function. It's as if nature is giving us an instruction manual for peak performance!

Furthermore, honouring your circadian rhythm can boost your metabolism, help maintain a healthy weight, and reduce the risk of chronic diseases. It's like your body's way of saying, "Follow the natural rhythm, and I'll keep you hale and hearty!"

So, dear villagers, let's all tip our hats to our ever-reliable circadian rhythms, which, like the conductor of a grand orchestra, guides us through the magnificent daily spectacle of life. From the first light of dawn to the twinkling of the stars, it's all a part of this entrancing dance.

The next time you find yourself in tune with nature's rhythm, relish



the symphony your body orchestrates. Just remember, whether you're an early bird or a night owl, your circadian rhythm is your secret companion in this captivating performance we call life. So, embrace it, and let the rhythm of life carry you away on an enchanting journey!

The first scientific observation of circadian rhythm was made in 1729 by French scientist Jean-Jacques d'Ortous de Mairan. He conducted an experiment to distinguish an endogenous clock from responses to daily stimuli and noted that 24-hour patterns in the movement of the leaves of the plant *Mimosa pudica* persisted, even when the plants were kept in constant darkness

The existence of circadian rhythm was independently discovered in fruit flies in 1935 by two German zoologists, Hans Kalmus and Erwin Bünning. The 2017 Nobel Prize in Physiology or Medicine was awarded to Jeffrey C. Hall, Michael Rosbash, and Michael W. Young for their discoveries of molecular mechanisms controlling the circadian rhythm



## **Please support our Christmas Appeal**

Christmas is a difficult time for struggling families and to help out *The Food Pantry* is asking for your support for our **Christmas Fete on 25th**

**November, 11-3pm**, we are in need of donations of Christmas decorations and any unwanted presents. Cash donations are always welcome.

Please help make Christmas an enjoyable occasion for all our families with children.

## **FELTWELLBEINGS**

**On your own? New to the village?**

**Want to meet other people?**

Then come and join us.

**Thursday 10am -12.noon** at Methodist Church Community Hall in Bell Street.

CHAT, Gentle Exercises, Play Table Tennis, Snooker, Board Games, Cards, Dominoes and loads more. We do Countdown, Bingo and more. We also have a Bring & Buy table.

We are also a listening ear and can help with form filling and other information.

Open to all over age 18 —whatever your ability.



Come and see the warm welcome you will get in our Warm Space.

Oh, and we do refreshments.



**TOTALLY ACCESSIBLE PREMISES**

## West Norfolk Aviation Society October 2023

[www.westnorfolkaviationsociety.org.uk](http://www.westnorfolkaviationsociety.org.uk)



Once again the Lindsay Peacock Show returned to the stage at the Mundford bowls club but, this time, his discourse related to the shooting of aeroplanes in Japan; for 'shooting' please read, 'photographing'. His presentation was scheduled for last month but both he and the speaker seeker, John B, had reasons for crying-off. John's excuse appears to be the result of a heart attack but he had recovered enough to make his presence felt on this occasion, not in the flesh, but via a video link set up by Techie Steve C. As is usual at these meetings John was still able to fill in the gaps throughout the speakers orations, together with the backing of his family's kitchen appliances.

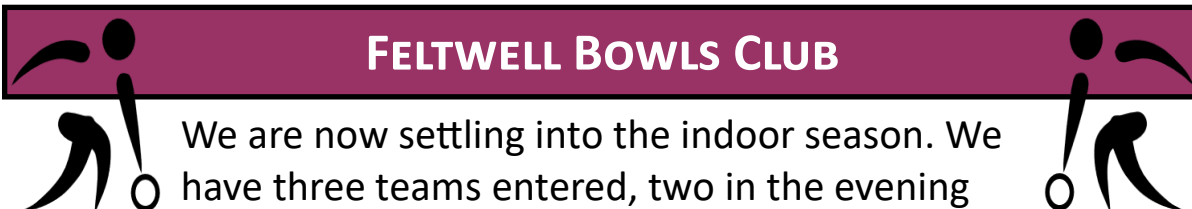
It seems that whenever Lindsay visits foreign climes he is greeted with rain; there was no exception on this visit to Aruna and the Hyacuri air base. It is always important to Lindsay that he should have a decent vantage point in order to capture the best pictures and, apart from the regular practice of poking the camera lens through holes in the fencing, an elevated position is always a bonus. The land on which Hyacuri is situated, once privately owned, has a small area which retains its independence. The wily owner decided he could capitalise on this by building a watch tower thereupon and renting its facility to wealthy, professional photographers. Lindsay is always ready to evaluate other services like food: good in this case; accommodation: not so good; barbering: good and, amusing, eg. [sic] Hair Saron.

Membership Secretary Roger Alston described how another WNAS member had introduced him to a fellow aircraft simulator buff and television repair man, one Julian Horn of Watton. During their meeting Julian related a ghost story about a WW2 pilot who still haunts the old RAF Watton site. After Roger returned home he received a full account of the story which Julian had published some years ago. Roger made a few copies to share with other members of the WNAS.

Roger also announced that, reluctantly, owing to family commitments, he has to move back to Essex and must therefore resign from the position of MS. We wish him well with his move.

This means that the revered position is now up for grabs and *any* would-be candidate craving responsibility should attend the next meeting in order to secure an interview. NT.

Club details at: [westnorfolkaviationsociety.org.uk](http://westnorfolkaviationsociety.org.uk)



We are now settling into the indoor season. We have three teams entered, two in the evening Pairs Div 2 and one in the morning Triples Div 2. Results are not good so far but it will improve when we have had a few more games to get used to the different surface we are bowling on.

We had a very good day on the green, Tuesday 4th. October, dressing it with top soil, about ten volunteers helping to move four tonnes of top soil. The day was dry so made spreading and levelling easy, now we have the whole of winter for it to settle in.

The Quiz Night held on the 16<sup>th</sup> September was very successful with approximately fifty people attending and yours truly in the winning team, which made up a little for losing in the Club Singles.

The next Quiz night will be arranged for some time in the New Year. Our next event was the Race Night held on Saturday 28<sup>th</sup> October. I will report on this in the next issue.

### **Coming Events.**

Coffee morning, Saturday 10<sup>th</sup> November, 10 to 12 am.

AGM, Friday 24<sup>th</sup> November, 7 for 7-30.

Saturday, 9<sup>th</sup> December, Members Christmas Party.

Max

<b>01842 828481</b>	<b>FELTWELL SURGERY OPENING</b> 8.00am - 6.30pm Mon-Fri only <b>Extended Hours for Appointments Only</b> Tuesday: 07:30 – 08:00    Thursday: 18.30 – 19.00 <b>Out of Hours Service</b> - Between 18:30 and 08:00, Monday to Friday, and all day at weekends and on Bank Holidays your call will be redirected to the <b>NHS 111</b> service. <b>In a genuine emergency you should call 999 and ask for an ambulance.</b> <b>Chest pains and / or shortness of breath constitute as an emergency.</b>	<b>01842 828481</b>
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## HERITAGE CRIME UPDATE

Sadly, we have seen a number of churches and historical sites continue to suffer damage, once damaged these sites/items cannot be restored to their complete original state and never will be. I encourage anyone who has information or has seen anyone acting inappropriately around these places to contact us immediately.

*This includes our very own St Mary's which has suffered damage to windows by stones thrown deliberately.*

## HARE COURSING UPDATE

Thankfully our reports of hare coursing remain almost non-existent except a couple of calls in South Norfolk around the Wymondham/Attleborough area. When I am out and about people tell me it's going on yet our figures don't back this up. I would like to advise people if hare coursing is going on it is reported to us via 999, if the criminals have left or it's seen later (damage) this is then reported via our online form so we have accurate records, trends and intelligence on the issue.

## PLANT MACHINERY THEFT

We have seen a theft of high value plant machinery this month, can I again remind anyone that owns any sort of machinery, trailers or high value tools mark the property appropriately, attach trackers

where possible and have the serial numbers/photographs available should the worst happen. This can make a real difference in recovering stolen property, a little black book of your own property is an easy solution

## HOME SECURITY ADVICE

Burglary and thefts tend to increase during the autumn months as the afternoons get darker, making it easier to identify unoccupied homes, which are often left unlit. Residents can make their homes more secure by following some basic crime prevention advice such as:

- Use timer switches on a lamp, radio or TV set so that they turn on as it gets dark in the afternoons.
- Make a habit of checking that ground floor windows and doors are closed and locked when you leave the house or go to bed. Upstairs windows should be locked when the house is unoccupied.
- PVC doors must be locked by lifting the handle and turning the key to ensure all the security features are in place.
- Car and house keys should be kept out of sight in a safe place. Don't leave them on display on windowsills, in porches, hallways or kitchens.

Secure your rear garden by shutting and locking any gates. Burglars can use garden tools, like ladders to break in, so make sure you securely lock away any tools after use



If you'd like to submit a **FOOTNOTE** of your own, be it a quip, a fact, an idiom, whatever you feel would be suitable, please send your **FOOTNOTE** to Paul at [garlandp@btinternet.com](mailto:garlandp@btinternet.com) or post it through my letterbox.

This magazine is printed by **Limetree Printing**,  
44A Paradise Road, Downham Market PE38 9JE.

**Phone: 01366 383989**

## WHAT HAPPENED IN THE COUNTRYSIDE IN OCTOBER

With the weather as it was at the start of the month our arable farms were able to get next summer's crops in the ground. You will have seen farms harvesting sugar beet which is our only form of home-grown sugar so when you see British sugar in the supermarket it has come from those huge dirty looking bulbs.

Livestock farms were in full swing getting the final winter feed crop into the silage clamps. You may have seen tractors towing trailers of green shredded matter. This is maize, very similar to sweetcorn, but harvested at slightly lower moisture content and chopped up, placed into silage clamps like the summer grass to 'pickle' to preserve it as vital winter feed.

On the livestock farms many prepared for bringing stock in for the winter months but managed to get as much as possible out of the grass outside. Housing livestock for their welfare during winter is an expensive necessity. Feed and bedding do not come cheap and never more so than this year.

Most sheep will remain outdoors until lambing in the spring normally, however, many were preparing them for tupping season (mating). It's essential that the male sheep (tup or ram) is in top condition ahead of going in with the ewes as he is likely to be asked to cover 30+ ewes very quickly. The ewes themselves also need to be in top condition to carry the lambs through the winter months. Some early lambing flocks started tupping, traditionally you put the tup in on the 5th of November for lambs to be born on the 1st of April however, with modern markets requiring lamb all year round some flocks have moved to earlier lambing making the product available for a longer period. You also tend to find pedigree pure bred sheep are lambed earlier, so they are much bigger for the show season which starts at the end of May.

As for our wildlife most, if not all, our summer visitors are long gone to warmer climates. That said, we still had some migratory birds that visit us from the North for a less harsh winter including many Geese. One of our most prolific species that appears is the Pink-Footed Goose, it arrives from Iceland and Greenland to spend winter here

*Continued over page.*

# **J M Harris** EST. 1996 **LANDSCAPES CONSTRUCTION**

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## **Walking on Air**

07596157826

D.T.Byrne MCFHP MAFHP

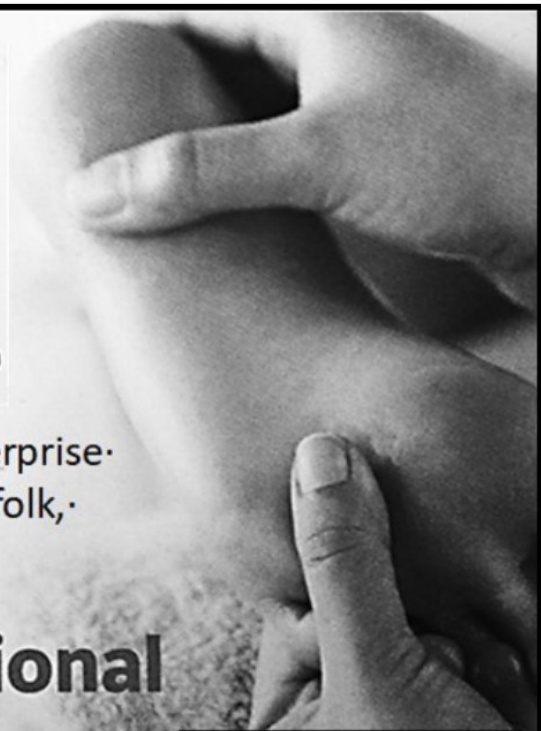
Walking on Air, Unit 4, Harvey Adams Enterprise  
Centre, Wimbleton Avenue, Brandon, Suffolk,  
IP27 0NZ

▪

## **Foot Health Professional**

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available



## THE CHANGING FACE OF SHOPPING IN FELTWELL 7—1959-1967

In a copy of the St Mary and St Nicholas Parish Magazine from 1967 (price 6d), provided by Diane Crane comes this page of adverts.

*I am open to any corrections of what follows.*

**R. H. LINDSAY, R.P.**

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**L. A. ALLEN**

THE BLADE CAFÉ - FELTWELL

LIGHT MEALS      REFRESHMENTS

CIGARETTES      ICES & SWEETS

### R. H. Lindsay.

I would really like additional information on this business. Please contact me if you can help.

The business now resides near the entrance of Munsons Lane.

### L. A. Allen.

The Blade Café was on Long Lane. If anyone has a photograph of it I would very much like a copy, please. Paul

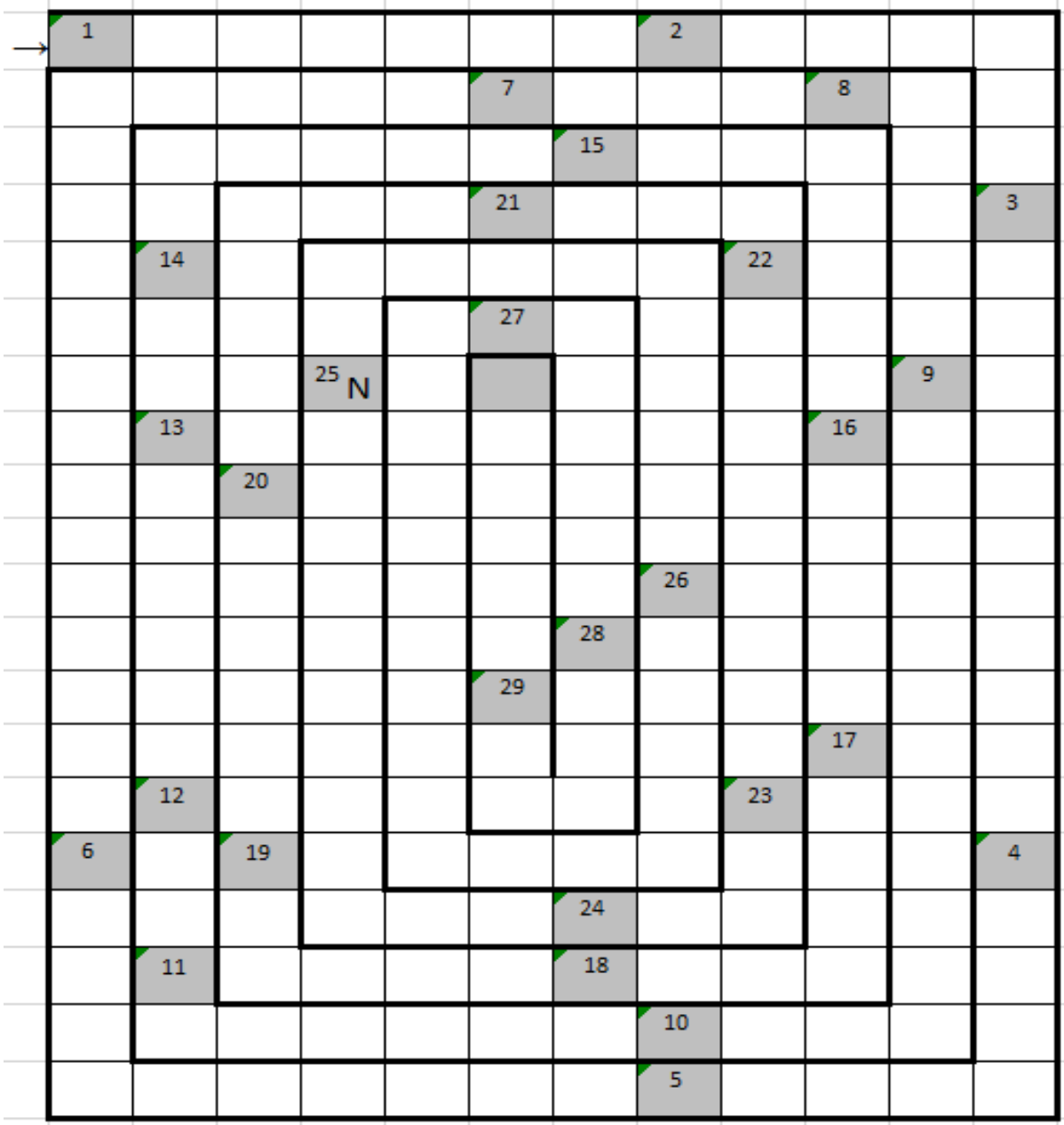
in better feeding grounds normally feeding on the sugar beet tops from harvested beet fields.

October is also a fantastic time in our woodlands, as the leaves started to change colour carpeting the ground in a crunchy carpet. You will also have seen some colourful mushrooms popping up. Many of our hibernating species or ones that slow down during winter were building up reserves and collecting nuts. Robins were back in our gardens looking for that worm you turn over alongside the blackbirds as their more natural food sources run out.

## WORD TRAIL NO. 34

*Janet Clements brings us a different type of puzzle, a Word Trail.*

Starting at No.1 follow the clue numbers around the box clockwise finishing in the middle. The last letter of each answer is the first letter of the next answer. Work clockwise. Have Fun



### CLUES

- 1 A backward current or flow (8)
- 2 Dealing with or treating the whole of something or someone and not just a part (8)
- 3 Festival in honour of the Eucharist, observed on the Thursday after Trinity Sunday (6-7)

- 4 FILM: He appeared in Thor (2011) and Thor: The Dark World 2013 as the Asgard sentry (5-4)
- 5 BOTANICAL: also known as the 'Gazania' (7-5)
- 6 American park in California, surrounded on the south east by Sierra National Forest and on the northwest by Stanislaus National Forest (8-8-4)
- 7 A narrow boat tapered both ends and propelled by paddles (5)
- 8 The movement of an organism in response to a stimulus (7)
- 9 MUSIC: Ivory Joe Hunter sang this song in 1956 (5-1-3-3-4)
- 10 One whose attitude is that of confident affirmation (3-5)
- 11 What grain is the Japanese spirit Sake made from (4)
- 12 MEDICAL: A term applied to a disease which affects a large number of people (8)
- 13 In which country was the Mojito cocktail created (4)
- 14 If you are born on Valentine Day, what is your birth sign (8)
- 15 The number of sides of an Heptadecagon (9)
- 16 In 1943 this city had the first ever Fashion Week (3-4)
- 17 Large Indian diamond property of the English Crown since 1849 (8)
- 18 Emitting rays of light (7)
- 19 A hybrid shrub produced by crossing a blackberry, raspberry, and loganberry (8)
- 20 A critical endangered species of ray-finned fish in the Cyprinidae family. (3-6)
- 21 Small island within the Balearic Sea (5)
- 22 Which prime minister (1955-57) born in 1897 attended Christ Church College, Oxford (7-4)
- 23 This constellation is found in the Southern Celestial Hemisphere between Ara and Lupus (5)
- 24 She became as the 'Queen of Sole' (6-8)
- 25 A section of a town or city (13)
- 26 MEDICAL: DNA in full (20)
- 27 A small desert cake usually ring-shaped that is fried (8)
- 28 The art of cutting shrubs into ornamental shapes (7)
- 29 To utter a short, sharp bark or cry (7)

*This month's Word Trail solution is on page 75, last months on p74.*

Lauren, Mark & Sam Skinner



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**Tremendous Tuesdays**

**HobbyCraft 10am – noon**

Come and share your favourite hobbies, quilling, card-making, felt, chalk, modelling or whatever you come with or want to share. And enjoy some light refreshment and chat.



**Table-Tennis Club**

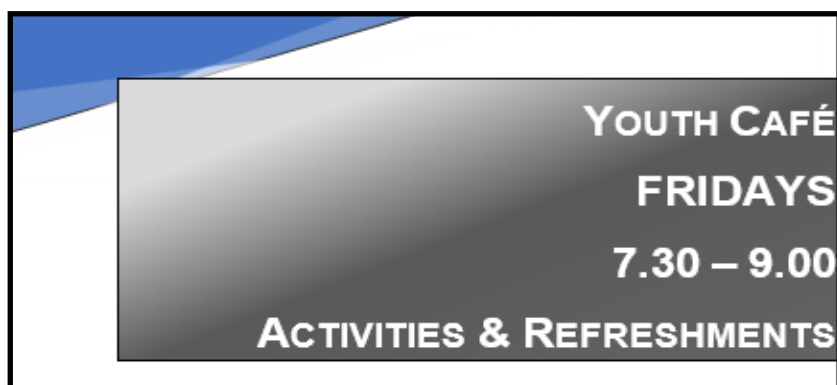
**now meets**

**Mondays at 7.30pm and  
Tuesdays at 1.45pm.**

Steve Wellington is the organiser. Any skill level or none. Just come along for an afternoon or evening of fun. It's a load o' laughs, which is good for the heart, and the physical exercise loosens those stiff joints. All ages welcome. See advert in this mag.

**WWW.garden—Wednesdays We Weed**

**The Community Garden is always open for anyone to** potter, prune, dead-head, trim, repair. All available hands welcome. Have you a skill to share? Or just come along for a coffee and a chat



## The Atmere Charity

The Charity awards grants to individuals who are in conditions of need, hardship or distress by making grants of money for items, services or facilities designed to reduce the need hardship or distress.

It also helps for severe chronic illness in younger people.

Applications for assistance must be made to: The Atmere Charity Secretary, 16 Falcon Road, Feltrwell, IP26 4AJ giving as much detail as possible about the need, hardship or distress being experienced.

The applicant **MUST** be a Feltrwell resident.

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**So to SUNDAYS** – our day to relax and reflect on our lives, where they've been and where they should be going.

**10.45am for 11 to 11.45 – Fellowship and Refreshments**

## **Sunday Fellowship—Speakers for November**

5 Nov—Local Fellowship

12 Nov—Cenotaph

19 Nov—Mr Munroe

26 Nov—Mrs Cumbers

**ALL are welcome to share with us in these informal meetings**

**Keep up to date**

**with our electronic notice board in the foyer**

Find us by scanning this QR code on your Android or iPhone.

We can be contacted on Facebook, Messenger or mobile 07712578721 or by email

[mikegw15@gmail.com](mailto:mikegw15@gmail.com) Mike & Brigitte Wilkinson

Give us a call or message us or one of our members.



### **SENIOR CITIZEN VEG PACKS**

Local farmers have generously donated produce for vegetable packs for Senior citizens (over 65 years) living in the parish of Feltwell. Packs can be collected from Feltwell Social Club car park on

**Tuesday 19<sup>th</sup> December from 2.15 – 4.00pm**

Everyone needs to bring their own bag to collect their pack. (Please help neighbours to collect their pack if they are unable to come along themselves.)

Contact Penny Black on (01366 728711) or (07952 183040) before Friday 15<sup>th</sup> December to reserve your pack. Delivery will be available for those unable to personally attend.

I wish you all a safe Christmas

Penny Black

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## CURIOS No. 2

*First, the answer to Curio No. 1 from last month. The object is a "Campaign Egg Cup" shown assembled in the photo. Congrats to Mr J. Maughan for working it out. They were apparently popular with the troops in the 19th century campaigns in India.*



*Now to this months curio. Answer next month.*

**Description.** This object consists of a rubber bulb (for squeezing air) an air tube and a plastic container (which could hold a powder such as chalk) attached to which is a rubber sucker which could attach to a hard smooth surface. The 50p piece is there to give scale. This gadget is believed to date from the 1950s - but what was it used for?



Answers to my email address, please—[garland@btinternet.com](mailto:garland@btinternet.com)

# **FELTWELL LODGE RESIDENTIAL CARE HOME**

Lodge Road, Feltwell, Norfolk IP26 4DR



**Feltwell Lodge** is a comfortable Victorian property dating from 1860. It is a former hunting lodge set in 5 acres of beautiful landscaped gardens situated between Feltwell and Methwold.

The home is run by the proprietors, together with a fully experienced and caring staff providing a full 24 hour cover. The atmosphere is friendly, with no restrictions other than consideration for fellow guests.

Visitors are welcome and we encourage the maintenance of close links between residents and their families and friends.

**For Brochures please phone: Mr Paul Hanley RN  
or Mrs Sandra Hanley RN**

**01366 728282**

Website: [www.feltwelllodge.com](http://www.feltwelllodge.com)

E-mail: [feltwelllodge@hanleycarehomes.com](mailto:feltwelllodge@hanleycarehomes.com)

## WORD SEARCH

Submitted by Mrs J. Clements.

This month our word search is on **NAMES OF PHOBIAS**. Find the words from the list. They run vertically, horizontally, diagonally, backwards and forwards but always in a straight line.

***There is ONE extra name on the list that is not found within the grid.***

C	A	U	R	O	P	H	O	B	I	A	A	ABLUTOPHOBIA
H	N	S	A	I	B	O	H	P	Y	B	D	ACROPHOBIA
E	E	E	P	H	M	I	B	G	L	A	F	AUOPHOBIA
A	O	I	H	J	E	F	A	U	O	L	A	BALLISTOPHOBIA
T	P	N	O	M	L	N	T	H	C	L	I	BATHOPHOBIA
O	H	G	B	K	O	O	H	M	K	I	B	CAINOPHOBIA
P	O	P	I	Q	P	V	O	H	I	S	O	CHEATOPHOBIA
H	B	G	A	H	H	I	P	A	O	T	H	DENTOPHOBIA
O	I	I	O	X	O	P	H	I	P	O	P	EUPHOBIA
B	A	B	L	C	B	A	O	B	H	P	A	LOCKIOPHOBIA
I	I	Z	Z	A	I	I	B	O	O	H	T	MELOPHOBIA
A	S	R	O	I	A	B	I	H	B	O	N	MNEMOPHOBIA
Q	C	U	O	N	E	O	A	P	I	B	I	NEOPHOBIA
T	A	R	A	U	P	H	J	O	A	I	U	OPHIDIOPHOBIA
X	E	W	O	J	N	P	R	N	T	A	Q	PEDIOPHOBIA
V	D	D	S	P	Y	I	W	I	R	E	V	QUINTAPHOBIA
B	E	H	D	E	H	X	S	A	G	P	K	TOXIPHOBIA
W	K	R	A	D	Z	O	D	C	V	L	A	UROPHOBIA
Z	O	L	B	I	R	T	B	L	F	M	I	VERBOPHOBIA
P	J	R	B	O	B	A	N	I	P	S	B	WICCAPHOBIA
H	H	W	K	P	P	O	U	Y	A	E	O	XEROPHOBIA
J	P	O	R	H	P	H	H	R	B	U	H	ZEUSOPHOBIA
X	Z		B	O	Y	H	O	P	H	Z	P	ZOOPHOBIA
A	A	H	K	B	H	J	O	B	U	X	O	
I	D	I	R	I	T	T	R	N	I	E	T	
B	V	Z	B	A	M	V	E	T	E	A	N	
O	O	D	O	O	F	L	P	N	Y	L	E	
H	N	E	W	I	H	X	M	U	O	Q	D	
P	A	I	B	O	H	P	A	C	C	I	W	
O	A	I	B	O	H	P	O	R	U	R	M	
M	P	H	O	B	E	H	Q	S	K	H	I	
E	Y	D	D	E	T	E	J	I	U	F	E	
N	F	A	I	B	O	H	P	O	R	E	X	
M	D	Y	A	I	B	O	H	P	O	O	Z	

*The solution  
is on page  
76*

## **METHWOLD CHURCH SPIRITUALIST SERVICES**

Friday Meetings 2023, Doors open 7pm for 7.30 start.

**17th November LYNDA ROSE**

**8th December CLAIRE QUADLING**

**Closed January**

**The 21 Room, St. George's Hall Complex,  
16 High Street, Methwold, Norfolk IP26 4NT.**

Entrance donation £3. Evening of Clairvoyance £5 (towards costs)  
(Ample parking at rear) For further information ring 01366 727160



### **TABLE TENNIS**

Feltwell Table Tennis club is now up and running every  
**Monday at 7.00pm and  
Tuesday from 1.45 at the  
Methodist Hall, Feltwell.**

**Come and have a coffee, great company and a bit of exercise from  
beginners up. £3 for two hours of fun.**

## **TRIP TO LONDON LOGISTICAL SOLUTION**

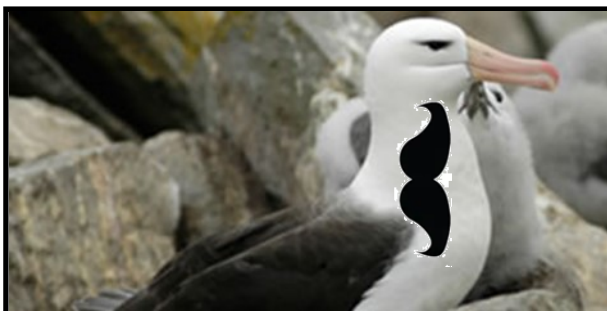
Lucy	British Museum	Covent Garden Pub	Odeon Leicester Sq.
Britney	Tower of London	Pret in Trafalgar Sq.	Evening River Cruise
Carl	Tate Modern	Camden Street Food	Sunset @ Sky Garden
Humphrey	Madam Tussauds	Picnic in Hyde Park	West End Show

### **SUBSCRIPTION INFORMATION**

If you would like future issues of this magazine delivered **FREE** to your home in Feltwell please contact our Distribution Manager Ian Webb on 828167.

March-March -£5 (12 issues, 2 free).

All subscriptions below 11 copies are pro rata.



# **RSPB**

## **Lakenheath Fen**

### **WILDLIFE-FRIENDLY GARDENING THIS AUTUMN**

As the weather cools down and our garden plants die back, it can be difficult to find a compromise between a 'tidy' garden and one that supports wildlife through the colder months. Well, what if you could have both? Here I'll mention a few ways you can help the nature in your garden at a time of year when it is looking for hiding places to see out the harsh weather ahead.

Some people feel conflicted about their lawns, in particular- longer grass provides sheltered spots for insects, which in turn support beloved and beneficial mammals like Hedgehog and Wood mouse. Both will help to control garden 'pests' and you might find it easier to support them by leaving sweeping curves or oval patches of long grass in your lawn- that way the area still looks 'maintained' but you benefit wildlife too. Many butterfly caterpillars, such as Meadow brown, Ringlet and Small skipper overwinter inside living grass stems and at the base of upright tussocks. So you'll be helping boost your local butterfly numbers for the next year, too.

Another task on the gardener's list at this time of year is to gather up fallen leaves, especially from paths, so that it's less of a slip risk. However, instead of putting these into your brown bin, it's better for wildlife if you can keep them in your garden- for example, by piling them up underneath hedges and shrubs. Queen bumblebees hibernate in a shallow tunnel underneath a layer of dry leaves so you'd be helping them survive the winter to start new colonies in the Spring. Also, dead leaves are food for a range of bugs including woodlice and earthworms, which are vital food for our garden birds like Blackbirds, Robins and the enchanting little Wren (pictured over). Hedgehogs and shrews depend on bugs to eat, too.



giving  
nature  
a home

## Events at RSPB Lakenheath Fen

Places for all events need to be booked online- please visit <https://bit.ly/LakenheathFenEvents> to read more and book tickets.

### **Treasures of the Moth Trap**

24 November, 26 January (all 10am to 11am).

Learn more about the amazing world of moths - join us to admire what we catch in our harmless trap.

Adults: £3 non-RSPB members, £2 for RSPB members. Under 18's go free! November and January dates are free, just turn up!

### **Raptors in the Reedbed guided walk**

Sun 10 December 2023 (2pm-5pm)

Watch the reserve come to life as darkness falls, and birds of prey emerge to hunt or arrive to roost in the reedbeds.

Adults £12/ Children £6 (RSPB-members) Adults £15/ Children £7.50 (non-RSPB members)

### **Sundown at Lakenheath Fen (accessible)**

Sun 19 November 2023 (3:30pm-5pm)

Join us on this new event to experience the reserve as dusk falls across the reedbed. This event is designed to be accessible to all, including those with reduced mobility. Hot drinks and biscuits included!

Adults £6/ Children £3 (RSPB-members) Adults £7.50/ Children £3.75 (non-RSPB members)



Wren photo by Dave Rogers

After the long, warm summer months (and a good amount of rain this year) our shrubs and trees tend to have put on a lot of woody growth and many of us want to trim them back. With the material you collect, why not make a wood pile? They can look really attractive assembled within a flowerbed, or even in a lawn with the grass allowed to grow long around it- and as the wood begins to break down, colourful fungi often pop up and beetles move in underneath the pile. Not to

mention toads and newts, who love to hibernate in a damp, cool spot. Both of these species will have slugs and snails at the top of their list of favourite foods, so you'll be helping give your seedlings a better chance of surviving next Spring!

For more ways to help nature in your garden, you can visit <https://www.rspb.org.uk/helping-nature/what-you-can-do/activities>. I hope this article has been a useful read.

With best wishes for the month ahead,

Heidi Jones (Visitor Experience Officer, RSPB Lakenheath Fen).

### **FELTWELL PARISH COUNCIL**

## **Vacancy for HANDYPERSON**

**Zero Hours Contract.**

**Please contact the Parish Clerk on 01842 828383 or email [feltwellparishclerk@gmail.com](mailto:feltwellparishclerk@gmail.com) for further information.**



# St Mary's Church

## Feltwell

The building works are about complete.  
Come and see.

### CONTACTS

#### Rector

Rev'd Joan Horan

01842 828034

[joanhoran123@btinternet.com](mailto:joanhoran123@btinternet.com)

The Rectory, Oak Street, Feltwell

#### Curate

Rev'd Juanita Hawthorne

01366 728545

[revjuanita58@gmail.com](mailto:revjuanita58@gmail.com)

#### Churchwarden and Benefice Administrator

Chris Parker

01842 827152

[grimshoebeneficeoffice@gmail.com](mailto:grimshoebeneficeoffice@gmail.com)

**TO ARRANGE, WEDDINGS, FUNERALS AND  
HOME COMMUNION**

**Please contact Chris Parker 01842 827152**

[grimshoebeneficeoffice@gmail.com](mailto:grimshoebeneficeoffice@gmail.com)

**TO ARRANGE BAPTISM**

**Please contact Tammy Wright 07717 507665**

[grimshoebaptism@gmail.com](mailto:grimshoebaptism@gmail.com)

## FELTWELL FOLK 1.

This new column will feature *Feltwell Folk* from the past, sometimes in sports teams, sometimes in working situations and even singly. In many cases, as in this first photograph, names may not be known. Our first image is of a cricket team from August 20 1914. No names are known nor the location. It is badly creased. If anyone has any information on this photograph please get in touch. Paul.



## WARM AND WELL AT NORFOLK LIBRARIES


If you are finding it difficult to make ends meet, from October 16, visit your local Norfolk library to pick up free Winter essentials. You will be able to collect items such as blankets and hot water bottles, as well as toiletries like deodorant, shampoo, body wash and toothpaste, should you or your family need them.

Our Tricky Period initiative is also running in our libraries, where you can get free sanitary products. Sustainable items are also available whilst stocks last, including menstrual cups, washable pads, and period pants.

All items are free, with no questions asked – simply pop into your local library and tell a staff member what you need.

A warm welcome from  
St Mary's to our Services.



Sun 5 <sup>th</sup> Nov	Eucharist	9-15 am 11am	Feltwell Weeting
Sun 12 <sup>th</sup> Nov	Remembrance Sunday 	Parade from St Nicholas War Graves to St Mary's Feltwell. <b>Service of Remembrance,</b> <b>St Mary's Feltwell, 11 am</b>	
Sun 19 <sup>th</sup> Nov	Eucharist	9-15 am 11am	Feltwell Weeting
Sun 26 <sup>th</sup> <u>Nov</u>	Eucharist	9.15am 11am	Hockwold Northwold

### Other Services

First Tuesday of the month Holy Communion at Hockwold at 9.15am. All other Tuesdays Morning Prayer.

Weds 8<sup>th</sup> and Weds 22<sup>nd</sup> November Evening Prayer at Feltwell at 4pm.

**Zoom Eucharist** - Email Chris Parker for details:

[grimshoebeneficeoffice@gmail.com](mailto:grimshoebeneficeoffice@gmail.com)



**Coffee, Cake and Chat**  
from 9am every Weds morning.

Internet available and help to use it.

## Breckland Branch



The law is changing regarding some treatments available from the vets. The new guidelines mean that the vet can only prescribe antimicrobials, including antibiotics, antivirals and antifungals as well as flea and worm treatment at the same time as a clinical examination by a vet, so an appointment may be needed where it wasn't previously. It also applies to certain other prescription medication, including anti-epilepsy medication and some pain relief. The vets offer free flea and worm check appointments providing there are no other issues regarding your cat, therefore there is no extra cost to the client because of this change.

Flea and worm treatment is weight related, which means the vet will weigh your cat to make sure he is being given the correct dose. Some treatments also work on ticks as well. If your cat regularly picks up ticks, its best of make sure the flea and worm treatment works on ticks as well.

With the warm weather it is still important to keep treating your cats for fleas, and the best treatment which is guaranteed to work is to buy the products from the vets. It can be expensive, but worth it in the long run, as you can buy products at other outlets or on line, but with no guarantee that it will work. If you have fleas in your home, it is very difficult to get rid of them, as they can live in the carpet for long periods and leap onto you or your cat as you walk past. When you have your heating on in the winter, it is an ideal environment for fleas to live and reproduce.

Other items you may buy from the vets, such as certain foods, are not affected by the new law.

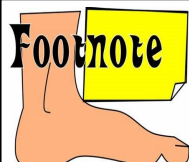
We offer help with the cost of neutering your cat. £50 towards the cost of neutering a male cat and £70 towards the cost of neutering a female cat. The voucher can be taken to any vet. Please call the number below if you need help.

Rita Thompson. Breckland Cats Protection, 01842 810018.

## WORD TRAIL No. 33—SOLUTION (From last month)

Apologies to everyone who found it extremely annoying that I'd left the answers to Word Trail 32 in the last issue and not WT 33. This is the correct one for 33. I blame the incompetence of the editor.

→ <sup>1</sup> I	L	L	N	E	S	<sup>2</sup> S	U	V	<sup>3</sup> A	R	E
C	H	A	R	D	H	A	R	R	I	<sup>9</sup> S	A
I	I	<sup>15</sup> E	S	S	E	<sup>16</sup> X	I	P	H	T	O
<sup>8</sup> R	X	L	S	O	N	M	A	N	O	I	F
A	I	E	E	S	T	A	T	D	I	C	N
G	<sup>14</sup> D	<sup>20</sup> N	<sup>23</sup> G	O	I	S	I	E	<sup>17</sup> D	K	A
L	E	E	N	T	N	<sup>28</sup> E	O	L	I	S	T
E	T	D	I	R	O	P	<sup>24</sup> N	A	P	O	U
D	A	L	N	O	I	I	O	H	L	F	R
R	T	O	I	<sup>27</sup> T	S	T	U	O	O	R	A
A	N	G	A	S	I	H	G	U	D	O	L
W	E	S	T	A	V	E	H	S	O	C	B
D	I	I	R	C	R	T	T	<sup>21</sup> E	C	<sup>10</sup> K	E
<sup>7</sup> E	R	E	E	E	E	<sup>29</sup> S	<sup>25</sup> S	N	U	A	A
L	O	C	T	P	P	U	L	D	<sup>18</sup> S	P	U
I	S	N	N	Y	<sup>26</sup> T	N	A	E	T	P	T
N	I	E	<sup>22</sup> E	M	A	G	S	R	I	<sup>11</sup> A	<sup>4</sup> Y
R	<sup>13</sup> D	L	I	<sup>19</sup> S	Y	A	R	G	N	U	A
E	N	I	R	A	M	A	<sup>12</sup> T	S	U	G	R
V	I	<sup>6</sup> R	I	A	<sup>5</sup> H	G	U	O	R	O	B



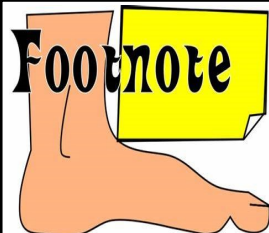
Their 18 year old son is continually banging is balls  
against my fence

*Extracts from letters written by council tenants*

## WORD TRAIL NO. 34—SOLUTION

This is the right one, I've double checked.

→ <sup>1</sup> B	A	C	K	W	A	S	<sup>2</sup> H	O	L	I	S
A	L	P	A	R	<sup>7</sup> K	A	Y	A	<sup>8</sup> K	I	T
N	U	A	R	I	U	<sup>15</sup> S	E	V	E	N	I
O	Q	L	I	G	<sup>21</sup> I	B	I	Z	N	E	<sup>3</sup> C
I	<sup>14</sup> A	A	I	G	H	B	O	<sup>22</sup> A	T	S	O
T	B	B	E	I	<sup>27</sup> D	O	U	N	E	I	R
A	U	G	<sup>25</sup> N	C	G	U	R	T	E	<sup>9</sup> S	P
N	<sup>13</sup> C	A	I	A	N	G	H	H	<sup>16</sup> N	I	U
E	I	<sup>20</sup> Y	L	C	I	H	O	O	E	N	S
T	M	R	K	I	P	N	O	N	W	C	C
I	E	R	N	E	L	U	<sup>26</sup> D	Y	Y	E	H
M	D	E	A	L	E	<sup>28</sup> T	E	E	O	I	R
E	I	B	R	C	<sup>29</sup> Y	O	O	D	R	M	I
S	P	Y	F	U	R	P	X	E	<sup>17</sup> K	E	S
O	<sup>12</sup> E	A	A	N	A	I	Y	<sup>23</sup> N	O	T	T
<sup>6</sup> Y	C	<sup>19</sup> T	H	O	B	I	R	O	H	Y	<sup>4</sup> I
S	I	N	T	E	R	<sup>24</sup> A	M	R	I	O	D
I	<sup>11</sup> R	A	I	D	A	<sup>18</sup> R	O	O	N	U	R
A	E	Y	A	S	A	E	<sup>10</sup> Y	B	A	B	I
D	N	A	C	I	R	F	<sup>5</sup> A	B	L	E	S

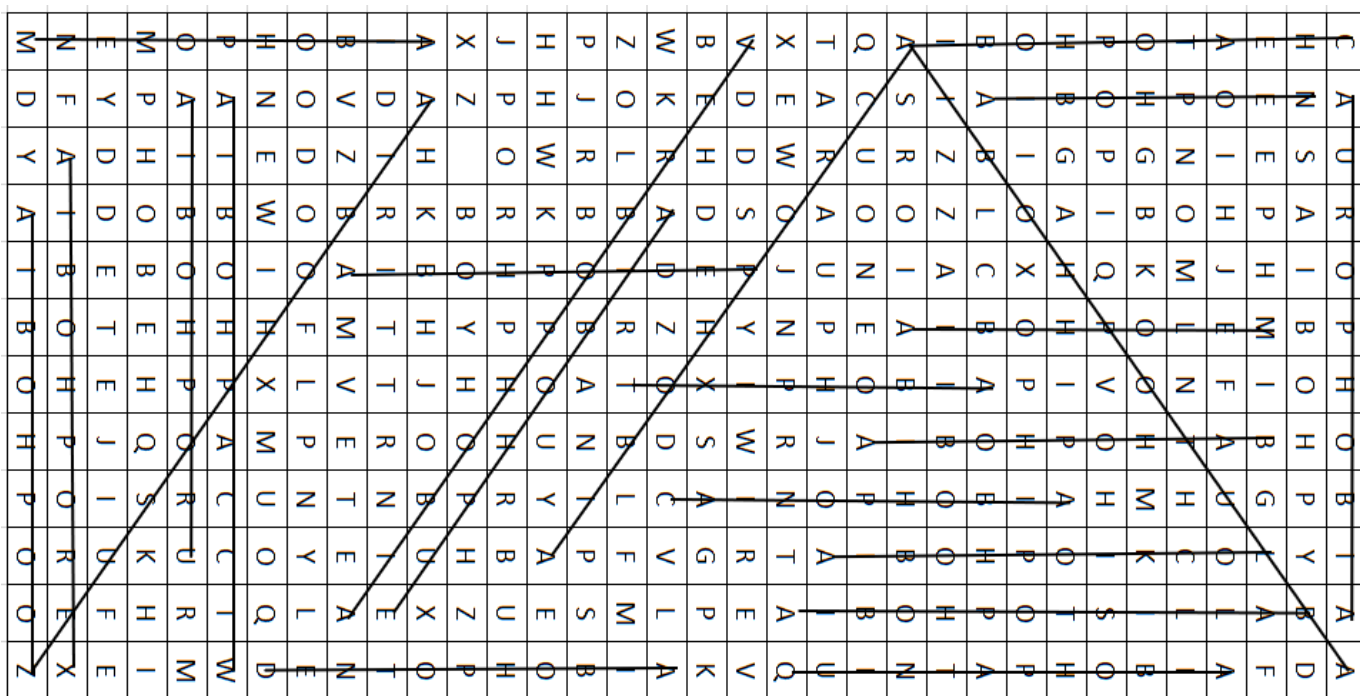


They should not allow topless sunbathing on the beach. It was very distracting for my husband who just wanted to relax.

*Actual complaint received by Thomas Cook*

## Word Search Solution

Next month's Word Search will feature  
**Christmas Decorations**



Excluding the one above, which isn't exactly hidden, there are 9 moustaches of various designs somewhere in this issue.

## SUDOKU SOLUTION

4	5	9	7	6	3	2	8	1
7	6	2	1	4	8	5	3	9
8	1	3	9	2	6	4	6	7
5	8	7	4	3	2	1	9	6
2	9	1	5	7	6	8	4	3
6	3	4	8	1	9	7	2	5
9	2	8	3	5	1	6	7	4
3	4	5	6	8	7	9	1	2
1	7	6	2	9	4	3	5	8

## A Message from the Editor

Readers are reminded that the magazine is released online on the village website towards the end of the month in which it is issued. The web address is :

[http://feltwell.net/  
magazines/mag\\_index.htm](http://feltwell.net/magazines/mag_index.htm)

All issues are in pdf format for easy viewing. What you may not realise is that many of the links in the online version are active and, of course, it is in colour. But please buy a printed copy as well.

A Meeting was held on Monday the 9<sup>th</sup> of October 2023 in the British Legion, Long Lane.

Eight Councillors attended and five members of the public.

RAF Commander was not present but forwarded a report which read that in addition to conducting competency and currency training sorties from RAF Lakenheath which included two weeks of night flying at the start of September, the 48<sup>th</sup> Fighter Wing hosted some Norwegian F35 aircraft for two weeks whilst they participated in Exercise Cobra Warrior. On 11<sup>th</sup> September, 48<sup>th</sup> FW conducted a 9/11 remembrance ceremony and in addition, members attended a plethora of Battle of Britain events around Suffolk and Norfolk. Mrs Vikki Quamina has joined the 48<sup>th</sup> FW as the new Community Relations Advisor who will hopefully be joining the RAF Commander at the November meeting. Plans are also being finalised for 48<sup>th</sup> FW representation at Remembrance events in November.

Mr Storey said Norfolk Fire & Rescue Service is marking its 20<sup>th</sup> anniversary this year with its 'Crucial Crew' programme and has educated more than 80,000 children about fire safety. The construction of the new Queen Elizabeth Hospital is on schedule. He gave brief information on the Healthy Weight Campaign launched 18/9/23, Travel Norfolk Car Scheme, 'Chances' employment assistance scheme, Norfolk Western Link which had been mentioned in the Government's Transport Investment Plan, Norfolk 'Green Libraries theme' and then touched on a farming scheme which helps disabled people take on farm tenancies. Further information on all these topics can be found on the website <https://www.norfolk.gov.uk/news>.

Mr Storey met with Andy Wallace and Jason Moore of Highways and will set a date for the 30mph and 40mph roundels to be painted on Wilton Road and Lodge Road since this is to be funded by his Road Safety Community Fund



# WORKSHOP CREATIONS

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**workshopcreationsbrandon@gmail.com**

budget. White lining is all in hand. Clerk to chase 'Give Way Ahead' sign for Hill Street.

Highways have been asked to side out the path along Oak Street further round towards the Almshouses. Clerk to chase Highways.

Falcon Road residents voiced their concern regarding parking along Bell Street during certain times of the week. Whilst the Parish Council has no legal powers to do anything, it will write to the Churchwarden requesting that visitors to the church leave a 2-car width gap in front of Newcombe Drive junction so that vehicles can pull out of this junction safely. Visitors to also be asked to park along Newcombe Drive rather than along Oak Street and if able-bodied, to park along St Mary's Street and The Beck.

R H Landscapes & Maintenance to cut the hedges of the overflow car park at the Doctors Surgery.

Insurance to be renewed with Zurich Municipal.

**It is requested that local groups refrain from displaying advertising posters on the bus shelters as the residue left behind is very hard and costly to remove.**

Following the resignation of Mrs Miranda Bane, a casual vacancy has arisen for the position of Parish Councillor (Feltwell ward). Please see notice on the Parish Council Noticeboard (St Mary's Street) and website for further details.

Don't forget to join Feltwell Parish Council's Facebook page for regular updates and subscribe to our website <https://feltwellparishcouncil.norfolkparishes.gov.uk> to be automatically notified of latest news including RAF Feltwell demolition activities.

The next Parish Council meeting will take place at the British Legion on Monday 13<sup>th</sup> November 2023 at 7.30 pm, all are welcome.



# *The Fish Piper*

*43 High Street, Feltwell 01842 828878*

***Your Local, Traditional, Fish & Chip Shop***

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- ◆ ***LINE CAUGHT Cod & Haddock***
- ◆ ***10% Off for N.H.S & Blue Light Card Holders***
- ◆ ***Fish Piper Loyalty Card***
- ◆ ***All Fish Cooked to Order***

***We wish you all a very Merry Christmas  
and Very Best Wishes for 2024***

## **Christmas Hours**



**Sun, Mon & Tues - CLOSED**

**Wednesday & Thursday:**

**4:30pm - 8:00pm**

**11:30am - 1:15pm & 4:30pm - 8:00pm**

**Friday 22nd & Saturday 23rd Dec:**

**11:30am - 1:15pm & 4:30pm - 7:30pm**

**Wed 3rd January - 4:30pm - 8:00pm**

◆ ***Last Orders taken half hour before closing***

**Advance orders welcome**

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