

# FELTWELL PARISH MAGAZINE

YOUR CONNECTION TO YOUR COMMUNITY

November 2024



Mobile Library Timetable  
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Prescriptions**

**Plus, all our usual puzzles  
and much more inside.**



How many rockets can you find inside?

All proceeds from the sale of this magazine are shared between village organisations and St Mary's Church.

## **FELTWELL ORGANISATIONS**

List maintained by Paul Garland.

Feltwell Bowls	Martin Blackman	829821
The Royal British Legion (Hall 828480)	Ian Rayner	07766 348679
RBL Poppy Appeal Organiser	Mary Reynolds	828130
Feltwell Historical and Archaeological Society	Marion Lucas (Chairman)	828769
Feltwell Table Tennis Club	Steve Wellington	07436 905520
Beavers and Cubs	Claire Scarff	827555
Feltwell School PTA		@ the school
Feltwell Women's Institute	Claire Scarff	827555
Feltwell Playgroup	Merle Gallagher	07582 371984
Feltwell Scout Group	Claire Scarff	827555
Feltwell Football Club	Neil Edwards (Secretary)	
Feltwell Youth Football Club	Andy Kennedy	828914
Feltwell & Thetford District Mencap	Mrs T. Sismey	827292
Feltwell Brownies	Tracey Cock	
Feltwell Social Club		828093
Feltwell Primary School	Mrs J. Lillycrop	828334
Feltwell Golf Club	Joanne Bates	827644
Feltwell In Bloom	Rita Page	07785345614
Rector of St Mary's Parish Church	Revd. Joan Horan	828034
Curate of St Mary's	Juanita Hawthorne	01336 728545
Churchwarden of St Mary's	Christine Parker	827152
Friends of St Mary's	Stephen Parker	827152
Feltwell Men's Breakfast Club	Paul Garland	827029
Feltwell Methodists	Mike Wilkinson	07712 578721
Feltwell Museum	Graham Simons	828387
Parish Clerk, Jo Martin. Email: <a href="mailto:clerk@feltwellparishcouncil.gov.uk">clerk@feltwellparishcouncil.gov.uk</a>		828383

Parish Council website: <https://feltwellparishcouncil.gov.uk>

Feltwell's History Website can be found at <http://www.feltwell.net>

## **Deadline for the next issue is 14<sup>th</sup> November 2024**

Submitted articles may be hand written, emailed or typed in MS Word and sent to: The Editor, Mr Paul Garland, 16, Falcon Road, Feltwell, (827029),

Email: [garlandp@btinternet.com](mailto:garlandp@btinternet.com)

Advertisers should contact our Advertising Manager: Susan Withers,

The Bungalow, Blackdyke Road, Feltwell (827758)

Email: [s\\_withers@hotmail.co.uk](mailto:s_withers@hotmail.co.uk)

Distribution is by Ian Webb (828167) & Paul Garland

You can subscribe to this magazine for £5 a year, incl. two free issues and free delivery in Feltwell. Gift subscriptions are available, contact the editor.

## IN RELATION TO THE GHOST STORIES LAST MONTH

*Several questions were posed by the ghostly recollections of Mr Ken Lawrence last month, not the least of which was the origin of Muriels' Farm. I am indebted to local historian Edmund Lambert for the following information.*

Hi Paul

I read your article regarding Muriel's Farm.

For your information the farm belonged to a John and Mary Muriel in the mid 1800's. He was a Doctor and Surgeon from Ely.

[[www.murielfamilyely.co.uk/page-39/page-6/](http://www.murielfamilyely.co.uk/page-39/page-6/)]

My source is the Terms and Conditions of each lot when the East Hall estate was sold to the tenants and split up.

So, Muriel sold to the Bowyer Sparke family, there only daughter Maria Hester married Henry Morris Upcher and, under the Marriage Property Act, he obtained it. His son Reverend E. C. S. Upcher inherited and sold to George Henry Morgan, an asset stripper, who sold to the tenants.

Lot 17, 89 acres had been let to Norfolk County Council under their drive to supply smallholdings after the First World War. In the 1980's the holding was sold to Ken's father [82 acres as explained in the article]. After a few years it was sold to Mr Edwin Porter.

That should give you something to do instead of the afternoon nap or indeed it may facilitate it!

Edmund

PS. If you wanted to write an article on the history of County Council smallholdings which were a social experiment of the time try:  
[www.bahs.org.uk](http://www.bahs.org.uk)>AGHR>ARTICLES pdf.

*Although the web link Edmund quotes has changed I did eventually*

*I Can No Longer See You With My Eyes Or  
Touch You with My Hands, But I Will Feel You  
In My Heart Forever*



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*manage to find the relevant article. It's entitled, Smallholdings in Norfolk, 1890–1950: a social and farming experiment by Susanna Wade Martins (Dr). It is very much an academic article, not a short read, doesn't mention Feltwell but, nevertheless, abounds, as one would expect, with detailed references. It provides a fascinating insight into the social history of Norfolk and is, fortunately, free to access at: <https://www.bahs.org.uk/AGHR/ARTICLES/54n2a7.pdf>.*

## **HOUSEHOLD SUPPORT FUND—TRICKY PERIODS, TOILETRIES TO GO, WARM AND WELL, HOT DRINKS**

From 14 October 2024, Norfolk Libraries will be offering the following.

### **Tricky Period**

Norfolk Libraries have free bags of sanitary products available to grab and go. If you're struggling to afford these necessities, please help yourself to a bag. There is no need to ask.

- Tricky Period To Go - 2 packs of sanitary pads (1 normal, 1 super or night)

These are available from all Norfolk libraries and mobile libraries.

### **Donations**

All libraries accept donations of regular and super/night sanitary pads, menstrual cups and washable pads.

### **Toiletries To Go**

Grab and Go bags of Toiletries are available at all Norfolk libraries and mobile libraries. Toothbrushes (for adults and children) are also available to request.

### **Warm and Well and Hot Drinks**

Norfolk Libraries will be offering hot water bottles, blankets and draft excluders whilst funding allows at all of our branch libraries and on our mobile libraries.

Hot drinks and Mug Shots will also be offered in branches during staffed time only. Please see information from your local branch library for the days and times this will be offered.



**ST. MARY'S,  
FELTWELL**  
**Festival of Light**  
**Saturday 30th Nov &  
Sunday 1<sup>st</sup> December**  
**4 pm – 7 pm**

The theme of the exhibition is **"FILMS"**  
Come and vote for your favourite tree.

Father Christmas will be in his  
grotto 5-7pm Saturday and  
4-7pm Sunday to say hello to the  
children, you will be given a time  
slot on entrance to the church.



Children's  
Tombola

Adult's  
Tombola

REFRESHMENTS  
MULLED WINE,  
HOT CHOCOLATE.  
TEA/COFFEE  
MINCE PIES

Name the Teddy

Guess the Weight  
of the cake

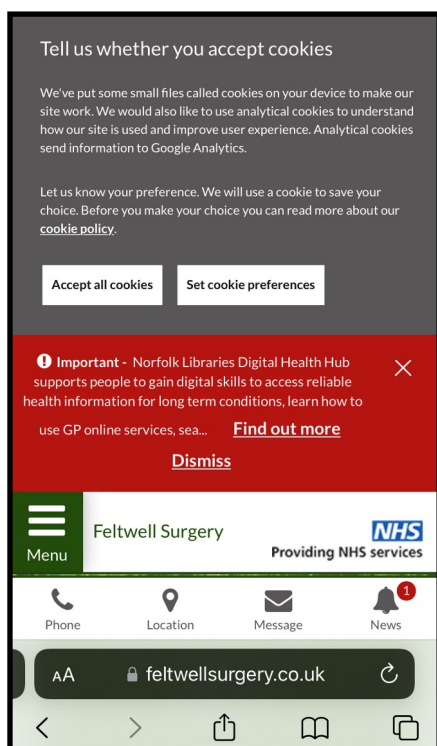
Raffle

For More Information please contact:  
Chris Parker 01842 827152 [cmparker@talktalk.net](mailto:cmparker@talktalk.net)

In response to your request for feedback on the cost of missed

appointments article in the October parish magazine, my sympathies are firmly with those who could have made use of the time wasted and the extra pressures this is putting on the NHS (which needs all the help we can give it). But I found the tone of the article really patronising, like having a finger wagged in my face - which is never a great way of motivating a positive response. Instead it seems to serve only to fire up those who are judgemental (even though they are as susceptible to making mistakes as anyone else). I think much better if the author had addressed the reasons why someone misses an appt rather than assuming it's because they are thoughtless, careless and lazy. People miss appointments for a number of reasons. I suspect a large proportion of patients are elderly and ironically in the preceding article in the

# Comment



magazine Dr Nisbet writes about the impacts of cognitive impairment and Alzheimer's. Or maybe it's just that, in my opinion, the Surgery website is not very user friendly (see screenshot). It might be a better use of space to have a small cookies banner and remove the libraries thing, and have a big button in this space which says 'Click here to cancel an appointment'. You may find missed appointments drop. The way I found to cancel an appointment is to click the 'message' button and complete a nine question form - so maybe the blame doesn't lay entirely with the patients on this one.

Neal Barrett

*The latest statistics for the number of missed appointments can be found on pages 51 and 53.*



**The Historical  
Society  
Invites you all  
to**



# **Carols By Candlelight**

**In  
St Nicholas Church**

**Sunday 8<sup>th</sup> December 2024**

**Commencing at 3.00pm**

We look forward to seeing you at this popular event.

**Come and Sing your favourite carols  
together with selected readings in this  
lovely and now redundant church.**





## FROM THE CLASSROOM

*This month Pelicans class want to tell us about the ...*

### European Day of Languages

European Day of Languages is celebrated every year on 26<sup>th</sup> September. This year, at Edmund de Moundeford school, we celebrated this with a special assembly and activities in our classrooms. These ranged from learning to say key words and phrases in different languages, playing board games and collecting passport stamps, painting flags and landmarks from around Europe and even watching Bluey in French!



In Pelicans Class, we talked about the importance of learning a different language. Here's what some of us said:

"Learning different languages is better instead of just one language. I would like to learn Spanish as I have been to Lanzarote twice." (O)

"There is something very cool about me. I can speak two languages – German and English! Sometimes, I find it hard to understand German as it is my second language. I started learning German as soon as I could speak which is a very long time ago. It helps me quite a bit as every year I go to Germany. The way it helps me is I can communicate with everyone there." (L)

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"I think it is important to learn a language to improve your mind. Currently, I am learning French, Spanish and Mandarin Chinese. It is also helpful for travelling and going on holiday because you can read menus and communicate clearly. Your mind will be a lot sharper if you can learn about a language's culture as well as how to speak the language." (F)

"Learning and speaking a different language could be helpful if you want to study or go on holiday abroad. For example, if you were interested in art, learning French or Italian would be a big help; if you like fashion you may want to go to Paris to see this in its home. Overall, learning a new language could be a huge asset in your life and wellbeing. So go and learn today! It's as easy as un, deux, trois!" (S)

"Learning a new language helps you get a wide range of jobs such as art in Italy. More jobs are Maths in Hong Kong and football in Barcelona, Spain. I would like to be a mechanical engineer for Formula 1 so I would have to know all languages." (B)

"It's important to know more than one language. You can travel and study abroad and you can work in other countries like when you go to the Philippines the language there is Tagalog. If you know Tagalog you can order food from the restaurant and you can work." (L)

# *Pig Racing Night*

SATURDAY

23 NOVEMBER 2024

Doors open 7pm - First race 7.30pm

The Royal British Legion, Long Lane, Feltwell, IP26 4BJ

Join us for a piggin fantastic night of  
fun, laughter and pig racing!

Please bring your own refreshments  
and nibbles if required.

**£3 entry**

on the door  
includes a Bacon  
Roll at half time!

Vegetarian option available  
on request



All proceeds raised are to go towards the  
purchase of a new mower for Feltwell Bowls Club





## IT'S TIME WE WOKE UP!

*Oh dear, Fred is venting his spleen again, hopefully without upsetting too many people. Or does he simply have his tongue firmly in his cheek? I'll let you decide. As before, only thoughtful comments to my email address.*

It's many years, a lifetime for some, when this country heard the phrase, 'Fighting a losing battle'. Probably the most memorable was in nineteen forty-one, just before America joined the second World War. It did appear at that time that the United Kingdom was, in fact, fighting a losing battle in Europe.

Not in such a dramatic fashion, but I think we are going through a similar set of circumstances right now, and we are letting it happen, right in front of our noses!

It's disheartening to realise that I am less than a year away from reaching the age of two fat ladies, as the bingo-caller would have it. Shouldn't have said that, should I? I guess I should have just said, "I am eighty-seven!" Doesn't have the same ring, somehow, does it?

I am, of course, referring to the never-ending battle with the purveyors of that modern-day threat to modern-day living and our freedom of speech, WOKE!

Every aspect of our lives is now coming increasingly under the influence of those who claim to know better than the rest of us, and the saddening part is that these edicts are coming from those who should know better themselves, the so-called intellectuals, hiding away in their ivory towers, looking for an opportunity to strike!

"Methinks the lady doth protest too much!" is how Queen Gertrude put it, in Shakespeare's Hamlet, and her misgivings apply so well today. I don't think a dagger is the solution, but these folk have to be stopped somehow.

They are ruining our lives, and making us aware of all those sayings



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and slips-of-the-tongue that could cause offence, no matter how well-intended. Hardly a day goes by without some caution being applied as to how we deal with each other, being highlighted in the press. Universities, Councils and even the Military are being told to watch their P's and Q's by these individuals, suggesting that everything that is said or done is going to offend, and HM Government is doing nothing to stop the rot!

Now there's one way of getting my vote in five years' time!

There are many examples of the effects of the Woke brigade, and one stands out for me. Being a Yorkshireman, I have always referred to ladies, (Maybe that should be 'persons who menstruate?') as 'Love', but now I must try to avoid being so 'familiar' with those 'persons who menstruate', and could be offended.

'Think before you speak' is an old form of advice for those likely to 'put their foot in it', but it is becoming so prevalent today.

Do we say, "Up yours!", and risk getting our collars felt, or do we check the Woke regulations before we open our mouths?

The problem is, the super-sensitive are seizing the opportunity to be offended, with every chance of compensation being involved. Ka-ching!

Whatever we do, we're in the grip of a Revolution, 2024-style, and it doesn't look like coming to an end any time soon, but do we have to accept it? No?

"UP YOURS!" it is then.

## **NEW Lead Times for Prescriptions NEW**

PLEASE ALLOW **5** FULL WORKING DAYS FOR YOUR MEDICATION TO BE READY

### **Ordered**

Sat, Sun & Mon

Tuesday

Wednesday

Thursday

Friday

### **Ready for collection**

Following Tuesday

Following Wednesday

Following Thursday

Following Friday

Ready a week Monday



# St Mary's Feltwell

## Remembrance Sunday



If you wish to use the space contact: [grimshoebeneficeoffice@gmail.com](mailto:grimshoebeneficeoffice@gmail.com)

### CONTACTS

#### Rector

Rev'd Joan Horan

01842 828034

[revjhoran@gmail.com](mailto:revjhoran@gmail.com)

The Rectory, Oak Street, Feltwell

#### Curate

Rev'd Juanita Hawthorne

01366 728545

[revjuanita58@gmail.com](mailto:revjuanita58@gmail.com)

#### Churchwarden

Chris Parker

01842 827152

[grimshoebeneficeoffice@gmail.com](mailto:grimshoebeneficeoffice@gmail.com)

#### Benefice Administrator

Chris Parker

01842 827152

[grimshoebeneficeoffice@gmail.com](mailto:grimshoebeneficeoffice@gmail.com)

**TO ARRANGE, WEDDINGS, FUNERALS AND  
HOME COMMUNION**

**Please contact Chris Parker 01842 827152**

[grimshoebeneficeoffice@gmail.com](mailto:grimshoebeneficeoffice@gmail.com)

**TO ARRANGE BAPTISM**

**Please contact Tammy Wright 07717 507665**

[grimshoebaptism@gmail.com](mailto:grimshoebaptism@gmail.com)



## Meet the Bone Avengers: Strengthen Your Bones in the Village!

Did you know that your bones have their very own superhero team? Introducing the Bone Avengers: Osteocytes, Osteoclasts, and Osteoblasts! These tiny yet mighty cells work together behind the scenes to ensure your bones remain strong and resilient, ready to take on whatever life throws your way!

### The Super Squad of Bone Health

Osteocytes are like the brainy detectives of your bones, constantly on the lookout for any signs of stress. They've got an eye on your activities—whether you're lifting weights, running after your dog, or just trying to get off the sofa after a binge-watch session. When they sense that your bones are under pressure (the good kind), they sound the alarm!

Now, here come the Osteoclasts, the demolition experts of our superhero squad. When osteocytes give the signal, these guys swing into action like tiny wrecking balls, breaking down old, tired bone tissue. It's a bit like having a clean-up crew that clears out the clutter so that fresh growth can take its place. Out with the old, in with the new!

But wait! Who's going to build all that new bone? Enter the Osteoblasts—the builders of our bone fortress! Once the osteoclasts have done their job, the osteoblasts roll up their sleeves and get to work, laying down fresh bone tissue. Together, these three types of cells ensure your bones stay in tip-top shape, adapting to the demands you place on your body.

### The Secret Sauce: Nutrients!

To keep our Bone Avengers in fighting shape, it's crucial to give them the nutrients they need. Three essential players in this bone health game are calcium, vitamin D, and vitamin K2.

Calcium is the superstar mineral, providing the structural integrity that keeps your bones strong. Think of it as the steel beams of your

**IT'S THE METHODIST CHAPEL'S 90<sup>th</sup> ANNIVERSARY  
APRIL 2025**

**IF YOU ATTENDED THE METHODIST SUNDAY SCHOOL  
WE'D LIKE TO HEAR FROM YOU  
IF YOU HAVE ANY MEMORABILIA OR INFORMATION  
ABOUT THE CHAPEL'S PAST, PLEASE GET IN TOUCH**



Pilot: Something loose in cockpit.

Engineer: Something tightened in cockpit.

*Excerpts from various aviation engineers' fault report forms.*

**TOMBOLA PRIZES REQUESTED**

Traditionally, at St Mary's Festival of Light, Jackie and Barrie Reeve run a children's Tombola, and that will be the case again this year.

The children's Tombola will, for the first time, be joined by an adult focused Tombola courtesy of Angela and Michael Adams.

Both of these require suitable prizes and if you are willing to donate, for the adult Tombola, bottles of wine, chocolates, beers, etc the organisers would be extremely grateful. Also, toys and other items suitable for children would be gratefully received.

Items for both Tombolas can be handed in at any Wednesday Coffee Morning at St Mary's Church or left in the porch at 6A Newcombe Drive, Feltwell. (Newcombe Drive is directly opposite the side door of the church)

Many thanks,

Angela, Michael, Barry and Jackie.

skeletal system! Without enough calcium, your body might start borrowing from your bone bank, leading to weaker bones over time. Make sure to stock up on calcium-rich foods like dairy delights (hello, cheese!), leafy greens (kale, anyone?), and fortified plant-based milks.

Now, let's shine the spotlight on vitamin D—the sunshine vitamin!

☺ This little gem helps your body absorb calcium, and without it, you're in for a tough time. You can soak up vitamin D from sunlight, fatty fish (like salmon), and fortified foods. So, don't be too shy about catching some rays!

Finally, we have vitamin K2, the unsung hero of bone health! It directs calcium to the bones and teeth while keeping it from sticking around in the wrong places (like your arteries). You can find this nifty nutrient in fermented foods like the Japanese natto, hard cheeses, and even certain meats. Go on, get your cheese fix!

Join the Bone-Building Adventure!

In our wonderful village, we have the perfect opportunity to unite and promote better bone health. Engaging in regular training is crucial, as it encourages our Bone Avengers to get to work! The more you lift, move, and groove, the stronger your bones become—plus, you'll feel fabulous!

Let's support one another in making healthier choices. Whether through classes at Roy's Gym or my local sessions, we can all work towards stronger bones while having a bit of fun along the way!

So, are you ready to embrace this journey to better bone health? Let's build a village full of strong, healthy individuals who are ready to take on the world! Your bones will thank you for it—and so will your favourite superhero team!

For more info about bone health, nutrition, or if you have any burning questions, feel free to reach out. Together, we can make bone health the next big thing in our village!

Helen (Life Fitness Re-engineering)

**A warm welcome from  
St Mary's to our Services.**



Sun 3 <sup>rd</sup> Nov	<b>Benefice Eucharist All Souls</b>	<b>11am 3pm</b>	<b>Weeting Hockwold</b>
Sun 10 <sup>th</sup> Nov 	<b>Remembrance Sunday</b>	<b>10.45am Feltwell</b> St Mary's War Memorial Followed by Remembrance Service in St Mary's.	
Sun 17 <sup>th</sup> Nov	<b>Eucharist</b>	<b>9.15am 11am</b>	<b>Feltwell Weeting</b>
Sun 24 <sup>th</sup> Nov	<b>Eucharist</b>	<b>9.15am 11am</b>	<b>Hockwold Northwold</b>

### **Other Services**

First Tuesday of the month **Holy Communion** at Hockwold at 9.30am. All other Tuesdays **Morning Prayer**.

**Zoom Eucharist** 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays at 10am

For Zoom log in contact [grimshoebeneficeoffice@gmail.com](mailto:grimshoebeneficeoffice@gmail.com)

**Evening Prayer** 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays at Feltwell at 4pm



### **Coffee, Cake and Chat**

from 9am every Weds morning.

We have a loo and baby change facility.

***Community Information Point*** and Internet available  
and help to use it.

***Family Support*** and other ***Borough Services*** also  
available.



## LATEST CONSUMER ALERTS AND TRADING STANDARDS NEWS

### Scam Alert - Text messages claiming to relate to 'UK Government living expenses'

We are again warning residents about text messages circulating which claim to be notifications regarding 'living expenses'.

Recent examples have included messages that state:

- 'Due to the cancellation of heating subsidies this winter' the UK Government has 'decided to provide subsidies in the form of living expenses'
- 'The UK Government will begin distributing living expenses to help you through the winter' and that 'receiving this information proves that you are eligible to apply'

The messages then claim that you have a short time window to 'update your information' via a link in the message and claim your payment.

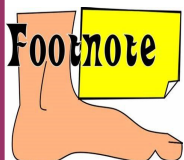
These messages are **not genuine** and anyone following the link will be taken to a website which will look to gather personal and financial information.

If you receive this or any other suspicious text messages you can report them by forwarding the message free of charge to **7726**.

To forward a text message follow these steps:

#### iPhone or iPad

- Take a note of the number that sent you the message
- Press and hold on the message bubble
- Tap More
- Select the message or messages you want to forward
- Tap the arrow on the bottom right of your screen,
- Input 7726 and send



"She stated that she had been constipated for most of her life, until she got a divorce."

*Apparently from an actual entry on a patient's hospital record.*

## **Android**

- Take a note of the number that sent you the message
- Enter the conversation then press and hold on the message bubble
- Tap on the three vertical dots on the top right of your screen
- Tap Forward
- Input 7726 and send

If you are unable to forward a suspicious message you can also take a screenshot or screen recording of the text message and send it to the National Cyber Security Centre at [report@phishing.gov.uk](mailto:report@phishing.gov.uk).

## **Scam Alert - Fake bank emails and text messages**

We are warning residents to continue to be alert for fake communications claiming to be from banks. Scammers will frequently send messages claiming that changes are needed or are about to be made to bank accounts or that payments, often for large amounts of money, are about to be made.

These messages, often designed to mimic genuine communications using the same layouts, colours and logos, are designed to panic the recipient into thinking they need to make immediate contact with their bank, with a link or contact route given in the message.

Recent examples have included:

- Emails claiming to be from Lloyds Bank stating that 'we're changing the way we look' and that 'you'll notice some of our emails look new and some the same' with the email going on to say 'Don't worry they are both from us'. The email also claims that 'we might use your first name and sometimes send you links that go straight to our app'. The email then provides a link to 'reauthenticate' your information
- Emails claiming to be from NatWest stating that 'this week we're revamping the security system from top to bottom' before going on to state that 'prior online banking information is no longer active, so we respectfully ask that you change your details'. The email then

provides a link to continue

- Text messages claiming to be from Nationwide stating that a large payment at 'Selfridges declined' and instructing the recipient to 'Call us now' on an 0203 number quoted

Anyone following the links will be taken to a website which will attempt to gather personal, account and financial details.

Anyone calling the number will be connected to a fake call handler who will attempt to gather personal and financial information which can then be used to commit further frauds on the account.

Our advice is **always** to be wary of claims made in unexpected approaches and never click on links, open attachments or contact numbers given if approached in this way.

If you are concerned about the security of a bank account contact your bank directly using the Customer Service number printed on your card, on a recent statement or via information available on their genuine website or app. Never use details provided in an email, text message or cold call.

### **Scam Alert - Text messages claiming to relate to 'British Government living expenses subsidy scheme'**

We are warning residents about text messages circulating which claim to be notification regarding a 'British Government living expenses subsidy scheme'.

The message claims that 'we will issue your living expenses in 2023-2024' and states that you 'if you fail to update your information, we will consider you to have given up receiving it'. The message then provides a link to 'update your details'.

These messages are **not genuine** and anyone following the link will be taken to a website which will look to gather personal and financial information.

### **Scam Alert - Text messages claiming to be from Vodafone**

We are warning residents who are Vodafone customers to be alert for scam text messages that are continuing to circulate.



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The messages claim that you have 'Vodafone points' that will expire 'today' with the message providing a link to 'redeem them immediately'.

These messages are not from Vodafone and anyone following the link will be taken to a website which will attempt to gather personal, account and financial details.

Suspicious or scam text messages can be reported by forwarding the message to 7726. More information on this free reporting service and how to forward messages from your device is available on the [Ofcom website](#).

If you think you have interacted with a scam message and provided scammers with your financial details you should contact your bank immediately on a number you know to be correct, such as the one on the back of your bank card.

### **Scam Alert - Fake parcel delivery text messages**

We are continuing to warn residents about text messages claiming to be from parcel delivery companies stating they are unable to deliver an item.

Recent examples have included messages claiming to be from Royal Mail stating they are 'unable to deliver your package due to an incorrect delivery address'.

The message goes on to say that the that the item had been 'returned to their depot' and provided a link in the message to 'complete the Royal Mail form'.

These messages are sent by criminals who have created fake websites to look like the genuine ones, with the same branding, layout, and font choices. These are used to gather personal and financial information or take payments.

If you receive one of these messages **do not click on any links**.

Suspicious or scam text messages can be reported by forwarding the message to **7726**. More information on this free reporting service and how to forward messages from your device is available on the [Ofcom website](#).



# Pudding night

Join us for a cozy evening of classic desserts at Edwards Café on Friday, November 15th!

Indulge in sweet treats like apple crumble with custard or pancake stacks loaded with your favorite toppings. Whether you're dining in or taking away, we've got something for every sweet tooth!



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If you think you have interacted with a scam message and provided scammers with your financial details you should contact your bank immediately on a number you know to be correct, such as the one on the back of your bank card.

### **Reporting scams**

Reporting scams you receive helps us continue to build up intelligence on the scammers and how they target people.

If you have received a telephone cold call which you believe to be a scam or think you have been a victim of an online scam you can report it to us via our partners the Citizens Advice consumer helpline on freephone **0808 223 1133**.

[Citizens Advice consumer service website](https://www.citizensadvice.org.uk/consumer/scams)

(<https://www.citizensadvice.org.uk/consumer/scams>)

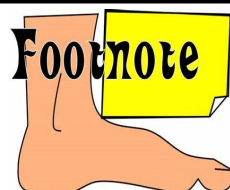
If you've been the victim of an online scam you can get advice and support from Citizens Advice Scams Action: 0808 250 5050 (freephone)

You can also report Frauds, Cyber Crime, Phishing attempts suspicious emails to Action Fraud, the National Fraud & Cyber Crime (NCSC) by forwarding it to **[report@phishing.gov.uk](mailto:report@phishing.gov.uk)**.

You can report suspicious text messages received by forwarding them to **7726** a free service for you to use to report suspicious texts or calls you might receive on your mobile.

**What is 7726?** A free service for you to use to report suspicious texts or calls you might receive on your mobile.

7726 is a number that most mobile customers using UK networks can text to report unwanted SMS messages or phone calls on a mobile. The number '7726' was chosen because it spells 'SPAM' on an alphanumeric phone keypad – that's a handy way of remembering it.



Send a man with the right tool to finish the job and satisfy my wife.

*Extracts from letters written by council tenants*

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**Messenger**

## BONFIRE NIGHT ACTIVITY LOGISTICAL

This Logistical puzzle was designed by Chris at the Wellington.  
*The solution is on p75.*

	Simon	Francesca	Edward	Patsy	Roman Candle	Rocket	Catherine Wheel	Fountain	Bury St Edmunds	Norwich	Kings Lynn	Ipswich
Toffee Apple												
Hog Roast												
Candy Floss												
Hot Dog												
Bury St Edmunds												
Norwich												
Kings Lynn												
Ipswich												
Roman Candle												
Rocket												
Catherine Wheel												
Fountain												



Match the person to their snack, their lunch and favourite firework

1. Francesca and Patsy went to displays in Norfolk.
2. Edward had a Toffee Apple in Bury St Edmunds.
3. The Hog Roast stand was at the display in Ipswich.
4. Simon loves Roman Candles, Patsy prefers Fountains.
5. The person who loves rockets went to the display in Kings Lynn.
6. The Rocket lover had a Hot Dog.

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# Feltwellians Around The World



In Memory of Flight Sergeant Sylvan Ellwood Weaver

**Born August 5, 1915. Killed in action April 4, 1943. Part 8**

Serial #: R77581



Son of a Mennonite family, Sylvan Weaver, born August 5th, 1915, grew up on a farm in the Fleet district. He joined the Air Force in Calgary in November of 1940 and after completing his training in Canada as a Wireless Operator and Air Gunner he was sent to England on Nov. 6th, 1942. He was posted to the #487 New Zealand Squadron in Dec. While stationed in England he wrote several Letters home. This is his final one.

Dear Folks.

England 15/3/43

Well, I better get this letter written before I go on leave. We are going the day after tomorrow for nine days.

I received the parcel with the chicken in it. We ate it that night and it was really lovely. Staff O'Connor, our observer, got two parcels the same day so we are pretty well fixed for food for a few days. I also received 3000 Buckingham's from you today another 300 from



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Armand. Thanks a lot and keep them coming. Cigarettes don't last very long because the boys are always bumming when they run out of Canadian smokes. I can't kick because I do the same myself.

We had a 48 hour pass this weekend but didn't go anywhere as we are going to London on the 17th. The only thing I don't like about London is that the subways quit running at 12 o'clock.

Well, there isn't much I can tell you. I am fine and the doc says I am in good physical condition. I was called into the hospital for a check-up on my operation and its O.K. When we come back from leave we should really start to work hard. If I ever get back to Canada, I will tell you all about it.

Love and Kisses, Sylvan

---

*There is every likelihood that the letter above would have been received by his family after they had been notified of his death by telegram. The letter below is from No. 487 (RNZAF) Squadron, R.A.F. Station, Methwold to The Under Secretary of State at the British Air Ministry and is dated 6th April 1943.*

Sir,

I have the honour to refer to my signal AO.16 dated 5-4-43 and to submit the following report:

On the day of 14th April, 1943, Sgt. R. Steedman was captain of Ventura Mk.II A.E. 957 and was detailed to carry out an operational sortie. The aircraft took off at 18.00 hours and set course along with 11 other machines for target.

The aircraft appeared to be in trouble before he got to the target but the pilot went on and bombed.

Considerable A>A. opposition was met over the target and over a convoy just off the Dutch coast.

On return journey, about 5 minutes on the way, he was seen to be in a shallow dive, and he got within 200 ft off the sea when two enemy fighters attacked him together. Tracer bullets were seen to enter the water near the machine. He was seen to hit the water with a big splash and the water was being churned up round him by what appeared to



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- General IT help required?

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[david@help-with-it.services](mailto:david@help-with-it.services)

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be cannon fire.

Owing to a low mist and increasing distance he was not seen again.

The position was taken and particulars handed to Intelligence Officer on return.

It is presumed he was first hit by flak and as a result lost height when he was finished by fighters. Nothing further has been heard of him.

Crew— R122165 Sgt. Steadman, R.— Pilot, R.C.A.F.

R114634 Sgt. O'Connor, S. T.— Nav. R.C.A.F.

**R77581 Sgt. Weaver, S. E.— WO/AG. R.C.A.F.**

R95454 Sgt. Williamson, J. A. - WO/AG. R.C.A.F.

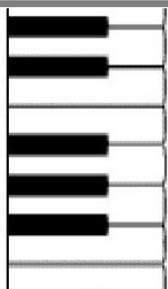
*Although the reverse of the letter containing a signature was not provided I think that it is likely to have come from Wing Commander G. J. Grindell (December 1942–May 1943). Grindell's signature is on a letter to the family of Sgt John Andrew Williamson dated 8th April, 1943, an extract from which follows. Perhaps Sylvan's family got a similar letter.*

“Your son and his crew were a grand type of man, and were certainly doing a big job and doing it well, as I well know from their past operational work and also from the reports that I had from time to time from his immediate superiors. All his work has given satisfaction and his cheerful spirit will be sadly missed on this Squadron.

His effects have been gathered together and forwarded to the Royal Air Force Central Depository, when after a maximum period of six months they will be sent to you through the Administrator of Estates, Ottawa.

May I now express the great sympathy which all of us feel with you in your anxiety, and I should also like to assure you how greatly we all honour the gallant sacrifice your son has made so far from his own country in the cause of freedom and in the service of the United Nations.”





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Our speaker for October was Joanne Foster-Murdoch from the Library Service who began by explaining that the service works with Public Health and that they do know that men's mental health is really poor in the county. Although the

Library Service does not deliver any mental health support it is well known that reading is good for wellbeing and so she had brought along lots of free books for the member to take away under the banner of Reading for Wellbeing. They do this to support the fire service as well which has had a horrendous number of suicides, and the farming and construction industries. She talked about working alongside the YANA—You Are Not Alone— service.

She explained that the mobile library service visits the village once a month and stops at six locations, (*see details overpage*) and that obtaining a library card is free. With a library membership you cannot only borrow books but, with access to a computer or smartphone you can read magazines for free, read newspapers and borrow digital copies of books using free apps such as Libby, BorrowBox and Pressreader. Even audio books are available to borrow.

Joanne had brought a selection of books including the biographies of Ronnie O'Sullivan, Peter Crouch, Bez from the Happy Mondays and Dave Grohl from the Foo Fighters. Books by Rob Beckett, Kevin Bridges and Matt Rudd.

She asked for suggestions of the kind of services that the Library Service might offer in the future and someone suggested open libraries in pubs. It transpired that Joanne is a passionate supporter of this idea and to this end Chris at the Wellington agreed to discuss how such a scheme might work in Feltwell. (*Watch this space and keep your fingers crossed*) She talked about the Open Library initiative ensuring that libraries are accessible between the hours of 8am and 7pm even if staff are not present by swiping your library card and entering a personal PIN but our nearest library is in Downham which brought us back to the mobile facility and some

			6					
		5	7	4				
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3	7							2
	2		1		8		3	
8							6	5
	1	3	2				5	
				9	5	6		
					7			

## SUDOKU PUZZLE

Each row, column & 3x3 square must contain numbers 1-9

Answer on page 78



## The Food Pantry, Feltwell

### WHO ARE WE?

We are a group of volunteers who have set up a small non-profit shop of greatly reduced prices to help with the high cost of living for the local villages, as we are a rural community with no supermarkets nearby.

We run a membership scheme for a one-off charge of £3.50

For that we supply free fruit, vegetables & bread depending on availability & also the ability to shop with us at vastly reduced prices. Food donations are gratefully accepted, please leave in the Food Pantry area in St. Mary's Church, Feltwell.

We can also provide crisis packages for those in need, free of charge with the help of public donations.

You can find us at St Mary's Church, Feltwell.

We also offer second-hand clothing for a small donation.

### OPENING TIMES:

**Wednesday 9AM – 11:30PM**

**Saturday 12:30PM – 2:00PM**

**For more details visit our Facebook Page or call 07454 259280**

sort of community facility. She recognised that we are geographically isolated and deficient in bus services and so rely on our own transport. To this end Joanne surprised us by talking about the Laptops on Loan service, designed to combat digital exclusion, available from the mobile library. The loan period would be a month as that's the frequency of visits. Library cards can be applied for online or at a Mobile library.

Computers are available for free use at any library (*not mobile*) where help is available, for example, to apply for pension credit which might open the door to a winter fuel payment. Her advice was to apply even if you think you will be ineligible. You only need to be getting a few pence of pension credit to qualify for the full winter fuel payment. Don't be put off by the size of the form. Age UK will help.

She talked about the volunteer led Home Library Service in which a selection of books is taken to housebound people once a month. If anyone would like to volunteer contact the Library Service. You will have to collect the books from the library and then go to the persons house, sits with them and has a conversation with them.

For those unable to afford the cost of mobile data the service now offers free SIM cards, no questions asked. You have to be over 18. It takes about two weeks for the SIM card to arrive through the post. Mention was made of the book exchange in the porch of the Methodist church.

The Men's Breakfast Club usually meets on the 1<sup>st</sup> Saturday of the Month at The Wellington in Feltwell at 9am. It costs £8.00 per person to attend which includes a talk, tea or coffee and a full English breakfast which never fails to please.

New members are always welcome. If you would like to join us then either call The Wellington and book on 01842 828224, before 4pm on the previous Wednesday, or email the Club coordinator Paul Garland at [garlandp@btinternet.com](mailto:garlandp@btinternet.com).

Our next meeting will be on the **2nd November** when our speaker will be Susan Jones from the British Trust for Ornithology.

## MOBILE LIBRARY TIMETABLE—THURSDAYS

Stop Name	Arrival Time	Departure Time	Postcode
Wilton Road	14:25	14:35	IP26 4AY
Fairfield Way	14:40	15:00	IP26 4AT
Church	15:05	15:35	IP26 4DA
St Nicholas Drive	15:40	16:00	IP26 4DW
Munson's Lane nr junction with Old Methwold Rd	16:05	16:25	IP26 4DE
Hereward Way	16:30	16:50	IP26 4BP

### Upcoming Dates

28 November 2024

23 January 2025

20 February 2025

20 March 2025

17 April 2025

Please note this information is subject to change or amendment both on a permanent and temporary basis.

For all enquiries about this route please call 01603 222303

### FELTWELL PARISH COUNCIL

#### ALLOTMENT LAND

Tenders are being invited for four vacant areas of land.  
Please see Parish Noticeboard for details.

**ALLOTMENT MANAGEMENT COMMITTEE**





# *Your Good Health*

by Dr Ian Nisbet

**Would you like to post a letter or send a Christmas card?** – That would be easy – Just seal the envelope, glue it to a gold bar and drop it in the letter box. “Oh Dear” I hear you ask – “What has set him off this time?” Well, I am sure that most of you will be aware that the cost of posting a first-class letter is now £1.65, an increase of 30p. Now, I have been writing these articles for just over 40 years and many of my loyal readers will have grown old with me. So, with apologies to my newer, younger readers, us oldies will reflect that the 30p increase is, in old money, six bob (6/-). When I was at school, my weekly pocket money was one shilling (a bob or the equivalent of 5 new pence today). The bob a week would buy me 6 iced buns in the school tuck shop. However, they also sold Manchester tarts (reconditioned bread and cakes

boiled up with cinnamon and inserted between a top and a bottom made of shortbread-type pastry) These only cost three ha’pence so, if I had a Manchester tart instead of an iced bun, I would save one ha’penny. Do that twice and I would save a whole penny which just happened to be the price of a big scone being sold off at the end of the day by the local baker. Those of you who have “kept up” with me will realise that my financial skills, such as they are, hail back to my school days and I have never lost my penchant for sweet treats.

We won’t discuss the “penny tray” in the newsagent where a penny would buy 4 Black Jacks, 4 Aniseed balls, two Traffic lights or one “Gobstopper”. I cannot remember the price of a Sherbert dip containing a stick of liquorice. Can anyone help

# November @ The Wellington



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2nd

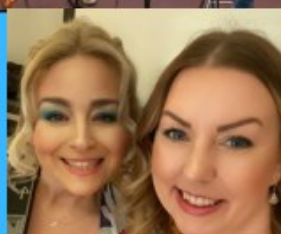


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9th



16th



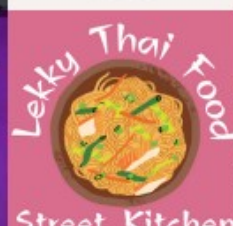
22nd

**Mr E**



30th

**Two of a Kind**  
50's, 60's & 70's  
Appearing Live



me out?

I have a large bag of pre-decimal currency – farthings, ha’pennies, pennies, shillings, florins (2/-), half crowns (2/6d), a crown (5/-), ten bob notes, pound notes and so on. I have to tell you, they weigh a ton and I have no idea how our pockets survived – Oh yes, I do know – I only had a bob a week and it didn’t weigh much!

**Here are a few thoughts, courtesy of Jayne De Pol:**

Light travels faster than sound.  
This is why some people appear bright until they speak.

A fine is a tax for doing wrong.  
A tax is a fine for doing well

Who laughs last thinks slowest.  
Those who live by the sword get shot by those who don’t

Flashlight / Torch: A case for keeping dead batteries.

The things that come to those who wait may be the things left by those who got there first.

The 50-50-90 Rule. Any time you have a 50-50 chance of getting something right, there is a 90% probability that you will get it wrong.

### **And a few more jokes:**

Lucy, a little girl, asked her mother why she always cut the ends off the sausages before frying them. The answer was “My mother used to do it”. Lucy went to her Grandma and asked the same question, receiving the same answer “My mother used to do it”. Fortunately, Great Grandma was still alive so Lucy asked her why she cut the end off the sausages before frying them like her Mummy does. “Oh, my word, don’t tell me that your Mummy is still using that small frying pan after all these years” came Great Grandma’s response.

A boy told his Mum that he needed a cucumber to take to church. He came home with the cucumber having misheard “You must bring a newcomer to church”.

Using vodka to clean the house really does work. The more I drink, the cleaner the house looks.

Every year, Sam told his wife that he would like a “threesome” for his birthday. Eventually, she relented and asked him who he wanted to



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invite. “Well, you know Susie in accounts at the office – I’ll invite her and one of her friends. Outcome of the conversation was predictable

Billy told his friend Bob that he needed a holiday but, this year, he was going to arrange it differently. 3 years ago, he went to Hawaii and Earlene, his wife, got pregnant. 2 years ago, Billy went to the Bahamas and Earlene got pregnant again, The following year, he went to Tahiti and Earlene got pregnant again. “What are you going to do this

year that’s different?” asked Bob. “I’m going to take Earlene with me” came Billy’s reply.

A bachelor propositioned a lady in a bar and she always declined , telling him that she was keeping herself pure until she met the man she loved. “Wow, that must be rather difficult” said the bachelor. “Oh, I don’t mind too much, bit my husband is a bit upset about it” she said.

Best wishes to you all.

Ian Nisbet

## Thank you!

Margaret, David & family would like to thank everyone who supported their coffee morning on 28<sup>th</sup> September in aid of MacMillan Cancer Support at 2 Clough Drive, Feltwell.

£480.55 was raised at the event and £55 donations received made a total of £535.50!





# *Santa is coming to town*

## **Christmas Sleigh Timetable - 2024**

1st Feltwell Scout Groups' Annual Christmas Sleigh will be visiting Feltwell village with Santa on the following dates. Any donation will be gratefully received by our elf collectors who will wear bright tabbards with the Scout Logo on.

### **PLEASE CHECK CAREFULLY BEFORE MAKING YOUR DONATION**

which will be used to support the village scout group & the children that attend.

We will call on the night published - unless severe weather conditions prevail. We have a facebook page,

**Santas Sleigh - Feltwell**, which we update with timings etc. on visiting evenings.

**SANTA'S GIFT SERVICE** - Have Santa deliver a gift to someone special (children or adults). Due to time factors, gifts need to be collected from the sleigh. Cost is £5 per delivery with a maximum of **3** gifts per stop (extra gifts can be delivered at the same time for £2 per gift).

Gifts must be dropped off at Claire's - 67, Nightingale Lane, Feltwell, IP26 4AR - **by no later than 12 noon the day before delivery day**.

To make the experience for the recipient more special, please include on a separate piece of paper with the following info, however, if you'd rather not include it, that's fine.

RECIPIENTS NAME; GENDER; AGE; AN INTEREST or HOBBY; ANYTHING ELSE IMPORTANT  
You can just write everything on a piece of paper, but please do not attach it to the gift.

Please ensure gifts are well wrapped and CLEARLY marked with the recipients name, address & the delivery day.

(please only small/medium sized gifts due to space on the sleigh)



Each evening we will start at approximately 5.30pm & are usually finished by 8.30pm - apologies if it is a little later.  
All timings are approximate. Parked cars may restrict us from being able to turn, apologies if we cant get down your road.

**Tuesday 10th Dec. - GIFTS MUST BE AT CLAIRE'S BY 12 NOON ON MON 4th, ALONG WITH PAYMENT & INFO FORM**

WILTON ROAD; entrance to BANHAM WALK; start of NIGHTINGALE LANE; CLOUGH DRIVE; rest of NIGHTINGALE LANE (start **ETA 6.15pm**); FAIRFIELD WAY; FAIR CLOSE; ST. JOHN'S WAY; entrance to EDMUND MOUNDEFORD ROAD; UPCHER CLOSE (**ETA 7.15pm**); rest of WILTON ROAD; THE OAKS; BELL STREET; entrance to BARKERS DRIVE; NEWCOMBE DRIVE; FALCON ROAD; Front of HALL DRIVE & houses opposite; MULBERRY CLOSE; HIGH STREET

**Wednesday 11th Dec. - GIFTS MUST BE AT CLAIRE'S BY 12 NOON ON TUE 5th, ALONG WITH PAYMENT & INFO FORM**

LONG LANE; WESTERN CLOSE; MOATSIDE; ARCHERS AVENUE (**ETA 6.30pm**); SPARKES WAY & entrance to CAMP CLOSE; entrance to CURTIS DRIVE; HERWARD WAY; PORTAL CLOSE (**ETA 7pm**); SHORT LANE; LIME KILN LANE (we will stop at the Social Club) (**ETA 7.30pm**); VINCENT CLOSE; PAYNES LANE; entrance to CRABBES CLOSE ; rest of PAYNES LANE.

**Friday 13th Dec. - GIFTS MUST BE AT CLAIRE'S BY 12 NOON ON THU 7th, ALONG WITH PAYMENT & INFO FORM**

SHORT BECK; HILL STREET, THE BECK; OLD SCHOOL CLOSE; rest of THE BECK; entrance to NEW HALL FARM; OLD METHWOLD ROAD (**ETA 6.30pm**); MUNSONS LANE; MUNSONS PLACE; rest of MUNSONS LANE; RAWLINGS WAY; LAMBERTS CLOSE; ST. NICHOLAS DRIVE; OAK STREET; ADDISONS CLOSE (**ETA 7.30pm**) (due to turning difficulties we apologise if we are unable to get down each road); LODGE ROAD; entrance to SKYE GARDENS; rest of LODGE ROAD; EAST HALL.

## **LISTEN OUT FOR THE MUSIC**

Thank you & a very Merry Christmas & Happy New Year  
to you all from 1st Feltwell Scout Group



## RAF FELTWELL ENSIGN DISCOVERED

*Now here's something unexpected. A gentleman called Colin Murray emailed out of the blue to tell me this.*



I do remote work for the Imperial War Museum memorials database and came across this item the other day that is directly linked to RAF Feltwell.

It's located in St Leonards Church, St Leonards, Buckinghamshire. Were you aware of it?

I have attached low resolution images of the ensign and the explanatory board.

*I wrote back that I had no knowledge of this and casually remarked that, "I guess you find lots of interesting things in your research," to which he replied.*

*This flag hung on the station chapel at RAF Feltwell in Norfolk and received bullet and shrapnel holes when the aerodrome was strafed in the Battle of Britain in 1940. As the Revd. Arthur Kayll the New Zealand chaplain had built the chapel, the flag was presented to him when he was posted. He later served this church faithfully for 33 years.*

## Feltwell Dispensary Opening Hours

Monday: 08:30-12:00, 14:00-18:00

Tuesday: 07:30-12:00, 14:00-18:00

Wednesday: 08:30-12:00, 14:00-18:00

Thursday: 08:30-12:00, 14:00-18:30

Friday: 08:30-12:00, 14:00-18:00

☎ 01842 829738 or 01842 828481

You can order your medication or ask any queries regarding your medication online via our website:

[www.feltwellsurgery.co.uk](http://www.feltwellsurgery.co.uk) or by using the NHS App. We have a dedicated telephone number in place for our housebound patients to order their medication, which is open Monday to Friday between **10.00-12.00** and **14.00-16.00**.

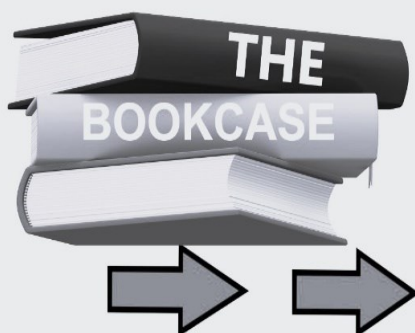
## Having a party?

Don't have enough plates, dishes, glasses or cutlery?  
Contact Sue Garland 827029 or Chris Parker 827152.

St Mary's Church can loan you all of the above  
(at least 40 settings)

All we need in return is a donation to St Mary's Church Funds and an understanding that you will pay for any breakages.

## FELTWELL BOOK EXCHANGE



## "THE BOOKCASE"

*Located in the Methodist  
Chapel entrance hall is*

***NOW OPEN***

Just one plea.....

**PLEASE,** when you use The

**Bookcase, replace the books in the order in which they appear on the shelves.....in alphabetical order of the author. Thank you.**

Glad they are of interest.

I certainly come across a lot of interesting items in my travels, and all told there are well over 100,000 on the main Imperial War Museum memorials website, very few being my finds of course; and that can be found here: <https://www.iwm.org.uk/memorials/search>

It is undergoing a big revamp at the moment, and hopefully the new website will be up and running within the next couple of weeks.

The entry for this flag probably won't be seeable on the website until next week (I only put it on this morning). So what I shall do tomorrow is send you the photos and all the details, and please feel free to use as you wish.

I'll also send the intended IWM link, which should work on Monday although I don't think the photos will show.

The Ensign can be found at: St Leonard's Church, Chapel Lane, St Leonards, Bucks, Aylesbury Vale, HP23 6NP.

This will be the link when the IWM database is updated, probably next week:

<http://www.iwm.org.uk/memorials/item/memorial/110411>

Colin

*The explanatory board reads as follows.*

This flag hung on the station chapel at RAF Feltwell in Norfolk and received bullet and shrapnel holes when the aerodrome was strafed in the Battle of Britain in 1940. As the Revd. Arthur Kayall the New Zealand chaplain had built the chapel the flag was presented to him when he was posted. He later served this church faithfully for 33 years.

*Look closely at the photograph of the flag and you will see the bullet and shrapnel holes.*



01842  
828481

## FELTWELL SURGERY OPENING

8.00am - 6.30pm Mon-Fri only

### Extended Hours for Appointments Only

Tuesday: 07:30 – 08:00    Thursday: 18.30 – 19.00

**Out of Hours Service** - Between 18:30 and 08:00, Monday to Friday, and all day at weekends and on Bank Holidays your call will be redirected to the **NHS 111** service.

**In a genuine emergency you should call 999 and ask for an ambulance.**  
**Chest pains and / or shortness of breath constitute as an emergency.**

01842  
828481

## DID YOU KNOW?

If someone is said to be "on their soapbox" or even asked to "get off their soapbox," it's often said in an exasperated tone implying that someone is passionately, probably loudly, sharing their opinions with those who might not want to hear them. This idiom comes from the actual practice of speakers elevating themselves to be heard better by standing on a box. As soap used to be shipped in portable wooden crates ideal for this very purpose, they became one of the more popular types of boxes used by public orators. *Our regular contributor Frederick James likes to get on his.*

## TABLE TENNIS



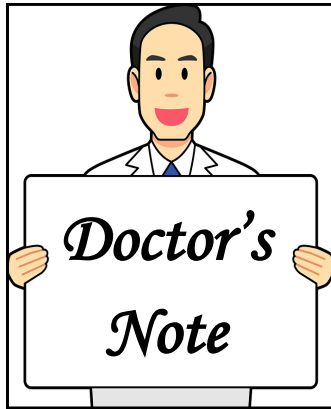
Feltwell Table Tennis club is now up and running every **Monday at 7.00pm and Tuesday from 1.45 at the Methodist Hall, Feltwell.**

Any skill level or none. Just come along for an afternoon

of fun. It's a load o' laughs, which is good for the heart, and the physical exercise loosens those stiff joints. **All ages** welcome. Steve Wellington is the organiser. **£3 for two hours of fun.**

**Pool Table NOW available.**





## The Mounting Cost of Missed Appointments at the Surgery.

My hopes of a continuing fall in the number of missed appointments, the so-called *Did Not Arrive* number, were dashed by the September stats. There was almost a doubling in the number of DNAs from 41 to 79! This brings the total number of missed appointments for the year so far to **610**.



This means that 610 other patients could have been seen by a doctor in the first 9 months of 2024 if only people had cancelled their appointments rather than simply not turning up.

*“Please, if you cannot attend your appointment, cancel it.”*

Each missed GP appointment costs an average of £30, therefore, the cost of all of the missed appointments so far this year is £18,300, money that has to be spent to pay the bills and the staff but for which no direct healthcare benefit is received by anyone. The additional 71 missed appointments in August represent a loss of £2,370 worth of lost healthcare for the month.

It's not that hard to cancel an appointment even if you don't have

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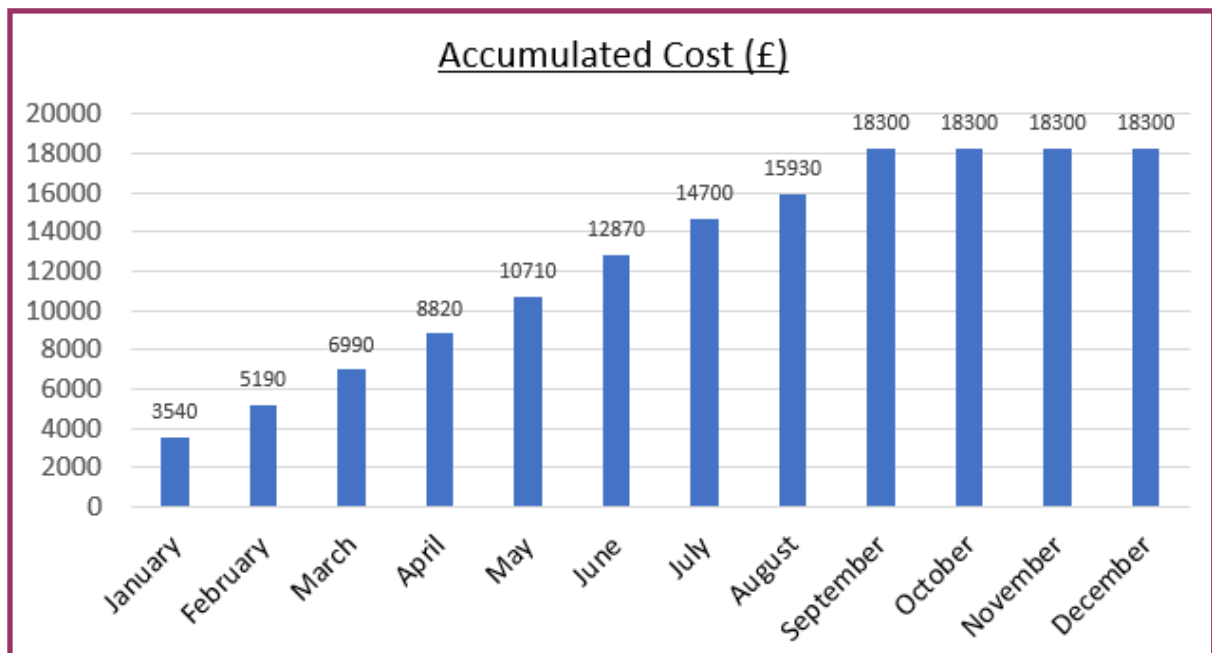
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access to the internet. A simple phone call will suffice.

Let me know what you think by emailing me at [garlandp@btinternet.com](mailto:garlandp@btinternet.com).

## SIR EDMUND DE MOUNDEFORD CHARITY

### **GRANTS AVAILABLE FOR POST 16 STUDY**

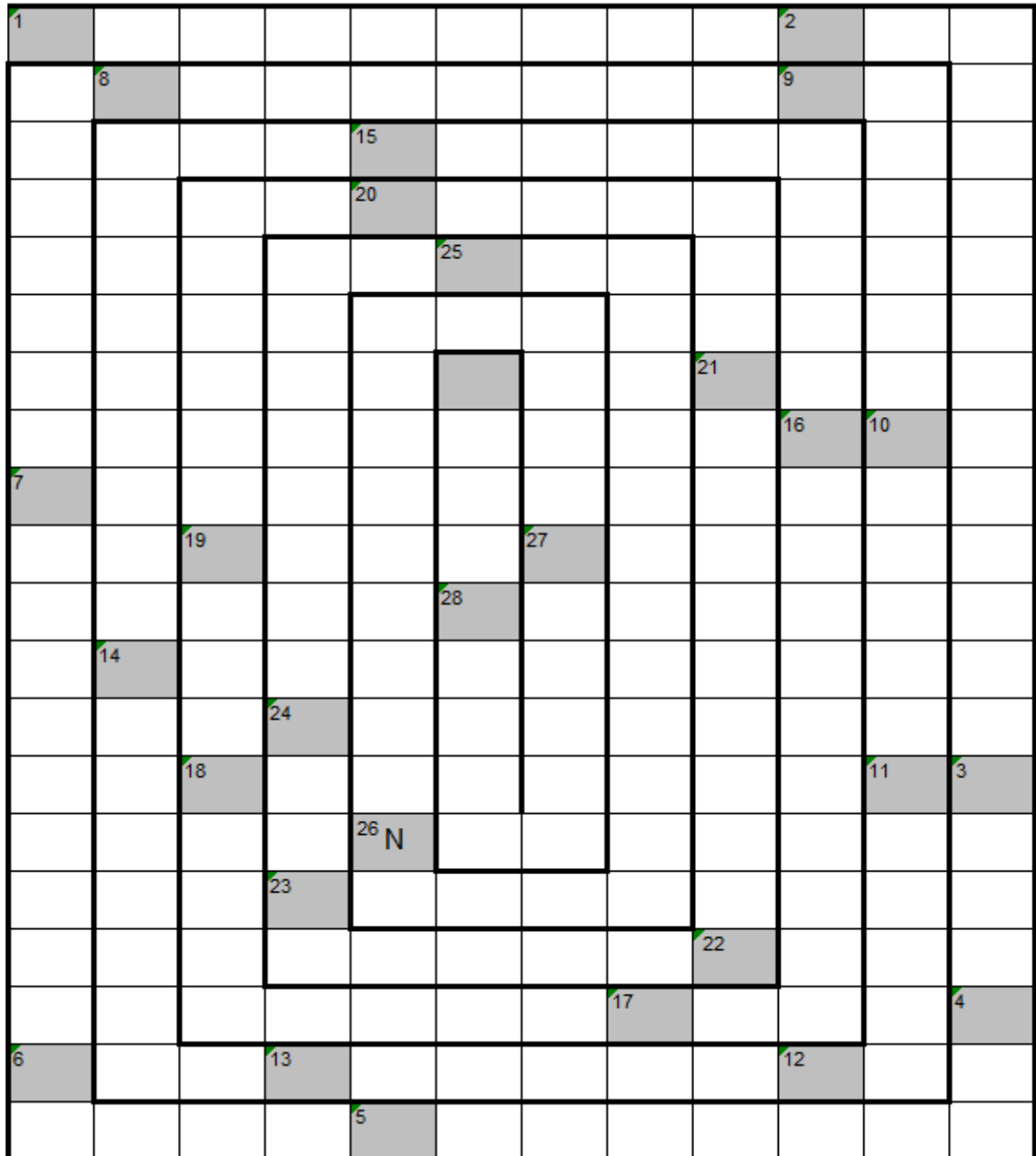
- Are you over 16?
- Have you lived in Feltwell for at least two years and are still resident in the village?
- Are you studying at College or University?
- Do you need assistance with the purchase of equipment or books to enable you to study?

If you can answer "YES" to all of the above then apply in writing to Mr B. Hawkins, Agent for Sir Edmund De Moundeford Trust, 15 Lynn Road, Downham Market, Norfolk. PE38 9NL. In your letter you **MUST** include the date you moved into the village, details of the course you are studying, where you are studying, the qualification you expect to achieve upon completion and any costs necessary for you to embark upon the course. Include details of any books and/or equipment required. If you know a Trustee please put their name in your application. The award of a grant is at the discretion of the Trustees and shall not exceed £300. Only one award will be made per applicant.

## WORD TRAIL NO. 46

Janet Clements brings us a different type of puzzle, a Word Trail.

Starting at No.1 follow the clue numbers around the box clockwise finishing in the middle. The last letter of each answer is the first letter of the next answer. Work clockwise. Have Fun



### CLUES

- 1 As a substitute for (7-2)
- 2 **FILM:** 2004 - The story of Sir J.M. Barrie's friendship with a family who inspired him to create Peter Pan. (7-9)
- 3 Afrikaans was developed from which European language. (5)

- 4 One of the two halves of the brain (10)
- 5 Any one of two (6)
- 6 British Ambassador to Belgium 1831-35 (6-5)
- 7 **MUSIC:** 1984 Song by Queen that charted at #2 (5-2-2)
- 8 An animal whose body is covered in hard strips that allow it to roll into a ball when attacked (9)
- 9 This Broadway musical is famous for the song '*People will say we are in love*' (8)
- 10 On the Periodic table what does 'As' represent (7)
- 11 Win (7)
- 12 **MEDICAL:** The medical term for German Measles (70)
- 13 A person or thing regarded as supremely evil (10)
- 14 A massive, irregular shaped slab of solid rock (8-5)
- 15 A bone found in the skull (7-4)
- 16 A member of the Shelduck family found in Africa and further afield (8-5)
- 17 A native of a country lying to the east, from the Baltic (10)
- 18 A Roman Greek physician, surgeon and philosopher also known as Aelius Galenos (5)
- 19 The capital city of Myanmar
- 20 Seven Royal Navy ships from 1596 to 1965 have been given this name (8)
- 21 Derives from the Greek word *Euangelion* meaning good news or gospel (11)
- 22 Gum residue from plants of genus *Citrus*, used in perfumery (7)
- 23 Associated with the Sun and Moon in Dahomey mythology (4)
- 24 Designed to be useful or practical rather than attractive (11)
- 25 British Prime Minister 1937-1940 (7-11)
- 26 **FILM:** A 2006 movie with Ben Stiller as a building guard (5-2-4-6)
- 27 Terry Pratchett wrote this book, the 36th Discworld novel in 07 (6-5)
- 28 To sing by making a series of very fast changes between the natural and much higher voice. (5)

*This month's Word Trail solution is on page 76.*



# Walking on Air

07596157826

D.T.Byrne MCFHP MAFHP

Walking on Air, Unit 4, Harvey Adams Enterprise Centre, Wimbledon Avenue, Brandon, Suffolk, IP27 0NZ

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## FELTWELL BOWLS CLUB



The Winter indoor season has commenced at Lakenheath. We have two teams entered in the evening Pairs Division Two and one team in the morning Triples Division Two.

For those of you who can not get to or do not want to bowl at Lakenheath, there is always the Short mat bowls at the RBL on a Thursday mornings at 10 o'clock.

The Winter work on the green is now well under way, the green was cut, deeply scarified and top soil spread on top, about 5 tonnes, this hopefully will level up some of the lows and runs. This will be left to settle over Christmas.

Our Quiz night was not up to our usual numbers but we still made a bit to add to the mower fund.

The next event is the Pig Racing night on Saturday 23<sup>rd</sup>, doors open 7pm. *See separate advert for details.* This should be a lot of fun with bacon butties at half time. I will report on it in the next edition.

## ART FOR PLEASURE

Every Thursday 10.30 am – 12.30pm. £3 per session at Weeting Village Hall.

Contact Beryl Pountney, Secretary, for details on  
01842 828750

*The kettle is always on.*



If you'd like to submit a **FOOTNOTE** of your own, be it a quip, a fact, an idiom, whatever you feel would be suitable, please send your **FOOTNOTE** to Paul at [garlandp@btinternet.com](mailto:garlandp@btinternet.com) or post it through my letterbox.



With the first frosts now occurring, we are steadily replacing the annuals with bulbs and spring flowers. Winter has never been a favourite time of mine as a season; I do not enjoy the cold and darker days. It lacks the glow and instant colour of summer flowers. However, it has other compensations. I enjoy all of the sparkle of Christmas and the New Year and know that in the following month, the first snowdrops and aconites will begin to flower, which always brings the promise of Spring.

There is little to do during this time in the garden except to plan for the new season. As a group, Feltwell in Bloom will be doing this too over the next few months. So if as a member of the community, you have any ideas of how we can continue to develop our work next year, or even if there are specific plants you would like to see in the tubs, please do not be shy. Send us a message and we will try to accommodate your ideas. We would like to hear from you. You would also be welcome to bring your ideas to our meeting in March, which is our AGM. We will advertise when exactly it will be nearer the time. Come and have a coffee and a chat with us.

I would like to thank those who have sponsored one of the tubs this year. You might notice the new nameplates appearing on some of the tubs. If you would like to become a sponsor, please contact us. It is a good way to get your business noticed.

Thank you once again for all of your support this year. It is appreciated.

Contact us on the following platforms:-

Facebook - *#Feltwell in Bloom*

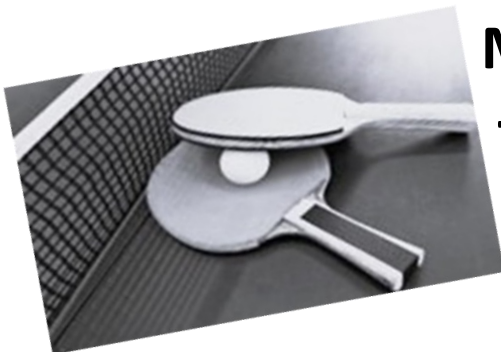
Email – *feltwellinbloom@yahoo.com*

Or phone Rita on 07785345614

# **FELTWELL METHODIST CHURCH, COMMUNITY HALL & GARDEN**



Now preparing the garden for Spring flowering. Major works cutting the wild garden to the ground and reducing the nettles, thistles and brambles to a minimum. All valuable invertebrates habitats, which consequently encourages our feathered friends. This year we've seen, a variety of butterflies, grasshoppers, beetles, hover flies, bees and many more. The seed heads attracted goldfinches and sparrows, the blackberries attracted blackbirds and 'pie-makers'! You can still enjoy a wander through our wild garden, "Meadow Snake Path", and lawn. It is a developing area, and you will see changes frequently around the garden. See how many animals you can find in different shapes and sizes and in different materials.



**Monday Club with Table-  
Tennis & Pool 7.00pm**

**AND**

**Day Club - Tuesdays at 1.45pm**

**NOW with pool**



Any skill level or none. Just come along for an afternoon of fun. It's a load o' laughs, which is good for the heart, and the physical exercise loosens those stiff joints. All ages welcome. Refreshments available. Steve Wellington is the organiser.

**IT'S THE METHODIST CHAPEL'S 90<sup>th</sup> ANNIVERSARY (on its present site) in APRIL 2025**

**IF YOU ATTENDED THE METHODIST SUNDAY SCHOOL OR CHAPEL OR HAVE ANY OTHER INFO ABOUT METHODISM IN FELTWELL.....**

**WE'D LIKE TO HEAR FROM YOU**





CHRISTMAS  
**CRAFT FAIR**

& DECORATIONS SALE  
**FELTWELL METHODIST CHAPEL**

**BELL STREET**

**SATURDAY**

**23 NOVEMBER**

**10.00am**

Refreshments

Tables available to book via Fb



**Thursdays 6:00pm— 1<sup>st</sup> Feltwell Brownies**

**Friday is now Forage day.** Yes, foraging for weeds, dead heading, planting new plants and foraging for a space to plant our community vegetables, runner beans etc. We are making changes and developing new borders. Come and help us make those changes.

YOU are welcome to join us. You might even get a cuppa!

**SUNDAYS**—our day to relax and reflect on our lives, where they've been and where they should be going.

**11am – Fellowship and Refreshments**

**Sunday Speakers for November**

<b>3 November</b>	<b>Joella Nash</b>
<b>10 November</b>	<b>LA</b>
<b>17 November</b>	<b>Rev Critchley</b>
<b>24 November</b>	<b>Sue Moore</b>

Give us a call or message us or one of our members.  
Find us by scanning this QR code on your Android or iPhone.



We can be contacted on Facebook, Messenger or mobile 07712578721 or by email [mikegw15@gmail.com](mailto:mikegw15@gmail.com) Mike & Brigitte Wilkinson 07799216693



**Saturday 14 December –**  
**Christmas Cream Teas AND**  
**The Tunnel of Light**

## FELTWELL FOLK 10, A REPLY

This column will feature *Feltwell Folk* from the past, sometimes in sports teams, sometimes in working situations and even singly.

*In last month's Feltwell Folk I asked if anyone could identify the make of the bus in front of which a group of men were standing. I didn't hold out much hope but lo and behold I received this email from Steve Waddington.*

I was chatting to Richard Towler yesterday and showed him the picture of the bus on it's way to Skegness. John (Heath) had already spoken to Richard about the magazine article so Richard had been looking through the photo archives of Towlers Coaches earlier in the week and found a photo of a Crossley, taken at the front of the bus, and looks just like the coach in the magazine article. He believes it was registered GV 11 and bought by Towlers in 1930 and was still with them in 1939. Crossley were made in Stockport near Manchester but were taken over by AEC in the early 50s.

Richard asks if anyone might recognise the driver?



# Feltwellians Around The World



*Back in mid-October I received the following email from a Douglas Edwards in Germany.*

I have found your Feltwell Village website whilst undertaking research on Surgeon Major Ernest Edward Francis, having discovered that he became the village's GP on his return from India.

As background, I am a collector of Indian Volunteer Decorations, and have recently become the custodian of Surgeon Major E. E. Francis's decoration. Being a social and historical geographer by background, I like placing the individual whose medal(s) I currently hold within their social, economic and military environments through creating a profile of them.

My profile of Dr Francis is currently being worked on and I was wondering whether you might have any background information as to his time in the village and / or images of the Doctor from within your archives. *(This is probably a pointless question but does anybody have a photograph of the doctor?)*

I attach a copy of the current draft profile which hopefully will also allow you to gain a little more colour on the man. Once completed, I would be pleased to send you a copy or write an article.

*How could I refuse an offer like this? And so, here is the final profile.*

## **FELTWELL'S INDIAN VOLUNTEER**

**Dr Ernest Edward Francis (1866 – 1935)**

**Surgeon Major, Assam-Bengal Railway Rifle Volunteers**

In July I attended a local auction. Hidden within the jewellery section I found a single silver decoration, hanging on a green ribbon with the initial's GRI in its centre and the words on the front stating



giving  
nature  
a home

## Events at RSPB Lakenheath Fen

Places for all events need to be booked online- please visit <https://bit.ly/LakenheathFenEvents> to read more and book tickets.

### **Treasures of the Moth Trap**

Friday, 29 Nov (10am to 11am).

Learn more about the amazing world of moths- join us to admire what we catch in our harmless trap.

RSPB members £5 (£2.50 for Under 18's);  
non-RSPB members £6 (£3 for Under 18's)

### **Wild Wetland Winter Guided Walk**

Sunday 17 November (9:30am – 12:30pm)

Wrap up warm and join us to see the best that winter has to offer- we will be looking for seasonal highlights with our knowledgeable guides on this beautiful reserve!

Adults: £18 non-RSPB members, £15 for RSPB members. Under 18 non-RSPB members £9, Under 18's RSPB members £7.50.

### **Raptors in the Reed Bed**

~~12 January~~—SOLD OUT. 8 February, 2025, 3pm-6pm

We will be hosting two guided walks this winter to look for birds of prey at dusk across the reserve- with luck we will see marsh harriers roosting in the reedbeds as well as barn owls, possibly merlin, peregrine and hen harrier. Sparrowhawks and merlin are also drawn to the small birds roosting too, hoping for an easy bedtime meal in the low light. We might hear tawny owls too. Not to mention other winter delights such as whooper swans and woodcock flying overhead! Our experienced and knowledgeable guides will take you on a lovely evening tour of the reserve.

If the weather is really bleak, we won't see much so we will move the event to a week later (until we get decent conditions!) **For non-RSPB members, the entry fee to Lakenheath Fen is included in the ticket price. £8.50—£19.00**

Indian Volunteer Forces. On the reverse the decoration had an inscription declaring the recipient to be Surgn.Major E.E.Francis, A.B.RY VOLTR RFLS. There were no other associated papers or items included in the Lot. As a collector of Indian Volunteer medals, I recognised its importance and so was keen to win the item when the bidding began. This I subsequently achieved.



Then I had a conundrum to unlock and all that there was available to me was the named inscription on the decoration. The journey was to take several months, with assistance from a variety of sources, including the Feltwell Village Website. This culminated in unlocking a story of social endeavour

& achievement reflecting the times and environment found in the late 19<sup>th</sup> and early 20<sup>th</sup> centuries.

The Volunteer Officers' Decoration was instituted in 1892 and could be awarded to 'efficient and thoroughly capable officers of proven capacity', for their long and meritorious service in the part-time Volunteer Force of the British Army. A minimum service of 20 years was also required.

In 1894 the granting of the decoration was extended to commissioned officers of Volunteer Forces throughout the British Empire. A separate new decoration was instituted known as the Volunteer Officers' Decoration for India and the Colonies. It was discontinued in 1899, when it was superseded in India, with the Indian Volunteer Forces Officers' Decoration. It was an example of this decoration that I had found at the auction.

My initial questions were where to start and which sources to use in my quest to know more. Familiar with the abbreviation A.B. RY,



# **FELTWELL LODGE**

## **RESIDENTIAL CARE HOME**

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Visitors are welcome and we encourage the maintenance of close links between residents and their families and friends.

**For Brochures please phone: Mr Paul Hanley RN  
or Mrs Sandra Hanley RN**

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Website: [www.feltwelllodge.com](http://www.feltwelllodge.com)

E-mail: [feltwelllodge@hanleycarehomes.com](mailto:feltwelllodge@hanleycarehomes.com)

standing for Assam Bengal Railway and with the officer having a distinctive name my first point of call was the Indian Army Lists held by FIBIS (Families in British India Society). All Indian Volunteer Officer's appointments were published quarterly in the Indian Army Lists. The respective units to which they were allocated as well as the date of promotion to the rank are also included.

Surgeon E E Francis was first found in April 1896 as a Surgeon Lieutenant with the Chittagong Mounted Rifles and later in 1902 as Captain in the newly created Assam Bengal Railway Volunteer Rifles. Later entries detailed his subsequent promotions as well as his Great War service.

Finding Surgeon Major Francis's various promotions enabled confirmation of his volunteer unit and the period over which he served. The Indian Army Orders also announced the award of the Indian Volunteer Decoration to Surgeon Ernest Edward Francis on 12<sup>th</sup> September 1914. So having discovered and confirmed his full name, his volunteer unit(s), the location and approximate area where he lived, I was then able to use the genealogy websites, to find a Ernest Edward Francis for the time period that he would have been alive. I have then been able to detail out the life of Ernest Edward Francis, a Surgeon, Soldier, Social activist and Feltwell's Indian Volunteer.

Ernest was born in Lambeth, Surrey in July 1865 into a Plymouth Brethren family. His father Samuel Trevor Francis was a leading figure in the movement as well as a renowned preacher and hymn writer. He also was an Indian Tea Merchant. Samuel, and his wife Angelina, were to have six children with Ernest being the oldest son.

Ernest is found matriculating from Mercer School in 1882, taking a different path from his father by training as a Surgeon at St Bartholomew Hospital. In 1891, he had passed his surgical exams and had become a member of the medical profession and would remain so for the next 43 years.

*To be continued next month.*

# WORD SEARCH

Submitted by Mrs J. Clements.

C	A	A	Z	N	A	W	K	S	U	O	Y	O	J
B	E	L	L	D	M	F	D	F	E	A	B	S	M
E	A	S	I	H	E	C	I	R	R	H	D	E	A
L	Y	G	E	B	R	G	J	O	Y	O	K	A	K
L	H	N	H	I	R	J	O	H	D	A	H	S	A
A	D	I	D	F	Y	H	Y	E	Z	G	X	O	I
S	A	T	I	Y	C	A	E	W	K	N	K	N	F
F	D	E	R	E	H	I	U	E	B	E	I	S	B
E	I	E	H	X	R	D	X	I	Z	W	H	G	C
S	V	R	C	M	I	N	N	H	H	A	Z	R	E
T	A	G	G	D	S	E	O	N	C	L	O	E	A
A	N	E	I	E	T	Y	E	A	A	L	B	E	K
S	Z	D	A	I	M	O	L	C	E	G	N	T	A
N	I	I	L	N	A	N	C	H	M	I	E	I	M
A	L	T	L	A	S	S	R	T	A	L	K	N	I
D	E	E	O	O	H	U	F	E	S	O	E	G	K
A	F	L	N	P	B	E	B	N	H	D	R	S	I
L	I	U	U	D	Z	Y	H	O	A	A	T	G	L
A	S	Y	Q	O	T	O	I	U	K	N	S	J	A
L	Z	E	V	F	J	J	M	H	K	S	X	C	K
A	B	K	C	R	G	D	H	A	U	F	E	U	E
H	O	L	I	A	H	T	I	S	N	T	C	E	L
N	C	F	Z	C	I	A	O	A	A	D	Q	H	E
B	O	N	N	A	D	A	L	B	H	W	D	O	M
B	S	Y	A	D	I	L	O	H	Y	P	P	A	H
X	U	C	M	D	A	E	B	Q	I	C	J	B	N
G	S	O	B	I	E	M	G	J	E	I	O	O	I
L	B	G	N	O	H	L	M	K	Z	Q	E	V	F
Z	O	D	B	N	Y	Z	I	M	G	L	D	G	R
P	A	W	W	Q	A	M	C	K	B	F	M	B	H
A	F	R	E	Q	U	T	J	H	L	P	D	U	M
J	R	M	F	N	C	S	A	O	J	O	K	I	E
D	Y	B	N	A	R	Z	I	L	Z	N	W	Y	A
E	G	H	I	E	D	H	E	J	E	G	H	E	H
H	A	P	P	Y	H	A	N	U	K	K	A	H	N

This month our word search is on **DIFFERENT WAYS TO SAY MERRY CHRISTMAS.**

Find the words from the list opposite. They run vertically, horizontally, diagonally, backwards and forwards but always in a straight line.

***There is ONE extra phrase on the list that is not found within the grid.***

*The solution is on page 78*

## WORD SEARCH WORDS

BELLAS FESTAS DA NADAL

BON NADAL

BUON NATALE

DJOYEUS NOYE

FELIZ NAVIDAD

FROHE WEIHNACHTEN

HAID JOULE

HANUKKAH SAMEACH

HAPPY HANUKKAH

HAPPY HOLIDAYS

HAPPY NEW YEAR

JOY

JOYEUX NOËL

JOYOUS KWANZAA

MELE KALIKIMAKA

MERRY CHRISTMAS

NADELIK LOWEN

NADOLIG LLAWEN

NOEL

NOLLAIG CHRIDHEIL

SEASONS GREETINGS

STREKEN BOZHIK

YULETIDE GREETINGS

## DO HEADLINE WRITERS READ WHAT THEY WRITE?

### Total lunar eclipse will be broadcast live on Northwoods Public Radio

If you're a stargazer, join KAXE 91.7 FM for a special skywatch on Sunday evening, Nov. 28. A spectacular view of the total lunar eclipse is predicted for northern Minnesota. KAXE and Itasca Community College physics professor Aaron Wenger will

If it's cloudy, call the station first for more information.

KAXE will broadcast the stargazing, and Wenger's comments about the lunar eclipse, live on 91.7 FM, beginning around midnight.

KAXE 91.7 FM is Northwoods Public Radio, a 17-

The answer to this question is, not always, as witnessed by these headlines.

With thanks to Colin Clement who sent them.

These are the last two headlines unless anyone has any others hidden away.

### Miracle cure kills fifth patient

By The Associated Press

A fifth volunteer died Tuesday from an experimental drug touted as a miracle cure for hepatitis B, beyond medical rescue even as scientists unraveled the mystery of what went gravely wrong in a clinical trial.

Amazingly, the first die was in plain sight a year ago, but somewhere at the National Institutes of Health didn't know enough about how the drug worked to recognize what it meant, the study's lead scientist says.

"Something terrible happened and we missed it," Dr. Jay Hoofnagle said in an emotional

interview describing the horror of realizing the drug was killing people months after they stopped taking it.

"The dreadful thing [ed waiting to see what will happen," he said, his voice trembling, before learning of the most recent death. "I just hope we're over the worst."

The drug, Fialuridine, or FIAU, had shown great promise for fighting the hepatitis B virus, which can cause deadly cirrhosis and liver cancer. When dogs passed toxicity tests unharmed, the Food and Drug Administration approved FIAU for human trials.

Too late, scientists would discover that in humans, FIAU steadily attacks the very building blocks of cells in livers, kidneys and nerves.

Five people treated with FIAU have died of liver and kidney failure, despite liver transplants for three of them. On Tuesday, a 57-year-old woman succumbed after two months in critical condition and two liver transplants at the University of Virginia Medical Center. One volunteer remains in serious condition there, and another is recovering from an Aug. 4 transplant at Emory University Hospital in Atlanta.



## FELTWELL FUEL ALLOTMENT CHARITY

If you can answer “YES” to the following two questions you may be eligible for a **Winter 2024 Fuel Payment** from three Feltwell charities.

**Are you at least 70 years of age or will be by the end of 2024?**

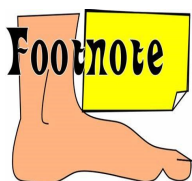
**Have you lived in the village of Feltwell for a minimum of 10 years and are still resident?**

The Feltwell Fuel Allotment Charity does its best to maintain a list of qualifying recipients but relies heavily on local knowledge. The list is also used by the Trustees of the Atmere and De Moundeford charities who also give winter fuel donations. Last year the three charities issued a combined donation of £100.

If you meet the qualifying criteria and have **not** received a grant before, please write to our agent: Mr Barry L Hawkins, 15 Lynn Road, Downham Market, Norfolk, PE38 9NL. Please provide your **name, address, date of birth and the date that you moved into the village.**

Please mark the envelope “**Feltwell Fuel Allotment List.**”

Only one grant per household will be given.



“The pedestrian had no idea which way to run so I ran over him.”

*Genuine statement from an insurance form.*

## ADVERTISING RATES

**Full page—£240 per year or £24 per month**

**Half page—£120 per year or £12 per month**

**Quarter page—£60 per year or £6 per month**

**Eighth page—£30 per year or £3 per month**

**Our advertising year runs 1st Apr to 31st March**

**If you would like to place an advert in this magazine please contact our Advertising Manager: Susan Withers**

**Email: [s\\_withers@hotmail.co.uk](mailto:s_withers@hotmail.co.uk)**



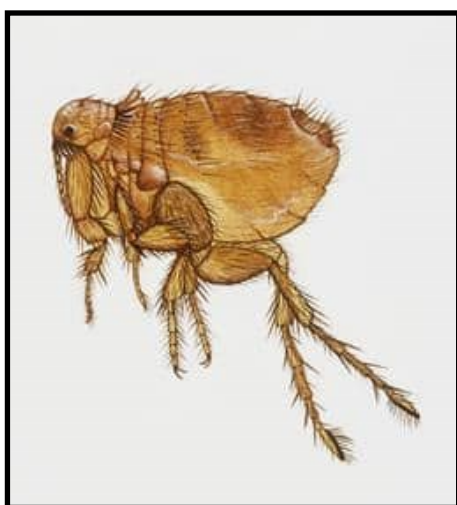
## Breckland Branch



There are so many flea products on the market nowadays and the choice can be overwhelming. They are available in supermarkets, pet shops and on line as well as from your vet.

Although it is tempting to buy something cheaper and avoid a trip to the vet, the trouble with using a flea treatment which has not been prescribed by your vet is that very often they simply don't work.

The reason for this is that some products available off the shelf without a prescription have not undergone any tests to check for their effectiveness or safety. Unfortunately many of the cheaper options do not contain any ingredients proved to prevent or treat fleas. Others may not contain the necessary ingredients in sufficient quantities. This makes them a complete waste of your time and money, and leaves your cat unprotected.



Getting what you need from your vet will also mean that your cat is given the most appropriate treatment for their personal circumstances. Your vet will take into account your cat's health, weight and lifestyle and will offer you something in a format that your cat will prefer. For example, for the cats who hate tablets or spot-on treatments, there is an injectable flea treatment that is quick and simple to give and will last for several months.

The choice is, of course, yours but spending a little more for a vet recommended treatment can give you peace of mind. Remember too that preventing infestations is more cost-effective than treating them later. And if your cat has fleas, only 5 per cent are on your cat – the rest are in your home!

For advice or help with the cost of neutering, please call us on 01842 810018. Rita Thompson.

# West Norfolk Aviation Society

## October 2024 Report

[www.westnorfolkaviationsociety.org.uk](http://www.westnorfolkaviationsociety.org.uk)



Speaker Seeker John B and his recruit, speaker extraordinaire and multi-disciplined aviator Steve d'R, both submitted their apologies for being ill and unable to attend the meeting this month. The chairman, Chris H wished them well for their speedy recovery and once again took over the reins for the rest of the evening. His presentation was simply: "Missiles and their Evolution". As is usual with this talented speaker and comedian he is always accompanied by a plethora of assorted props, courtesy of Blue Peter - his words. The first was a spear, fortunately with a rubber tip, which he hurled with gusto down the aisle between the two ranks of the assembly. He progressed with the description of a number of developments of this missile which, he said, included the arrow, the bullet, the torpedo, heat seeking, TV guided, anti-missile missiles and finally his beloved Side Winder, a weapon with which he had had a personal experience during his time spent at RAF Marham as an armourer. To add more glamour to his delivery and, again with some help from Blue Peter, he has built a life size model of the Side-winder (in cardboard) with the three main sections: the control module at the front, the explosive charge in the middle with encompassing shrapnel and, at the rear, the rocket motor. At this end too, are the four wings each with wind turbine inertial stabilisers on their tips. Derisory perhaps but this led to the missile's nickname: 'The Wheelbarrow'. There were enlightened guests and members who gave their own account of personal experiences. One such was the story of a Phantom that mistakenly took down a Jaguar over Germany during exercises. There were no casualties apart from the Jaguar. With Chris' inimitable satire he concluded, 'What's a couple of million quid; the tax payer can afford it. The two pilots were probably congratulating each other in the bar afterwards'. Because our speaker seeker is temporarily out of action it would appear appropriate here to suggest that any reader of this article who would like to expose their oratorical expertise in front of a very

*Continued over*

tolerant and good humoured audience (as long as the word 'aeroplane' is mentioned in their delivery) then they should contact any of the officials on the website:

[www.westnorfolkaviationsociety.org.uk](http://www.westnorfolkaviationsociety.org.uk).

Thanks again to our hosts, Val and Len for the free sumptuous spread.

## NORFOLK HOME LIBRARY SERVICE

The Home Library Services bring books and in some cases, DVDs, CDs and audio tapes on a regular basis to people who are unable to get to a library. Volunteers can select reading materials based on your individual taste and preference. Our volunteers are a friendly, familiar face and provide a useful check on your safety and well-being.

To volunteer or apply for the service contact 01603 397998, Monday -Friday 09:00-13:00.

Your **Parish Councillors** are:

Mr Ian Rayner (Chair), Mr Edmund Lambert (Vice-Chair),  
Mrs Sue Arnold, Mr Paul Cole, Mrs Helen Wilson,  
Mrs Bernadette McGeeney, Mrs Linda Peckham,  
Mr Martin Storey (County Councillor), Mr Jonathan Fenn,  
Mrs Emma Edwards, Mrs Julie Peacock.

The Parish Council website can be found at:

<https://feltwellparishcouncil.gov.uk/>

The Parish Clerk, Jo Martin can be contacted by email at [clerk@feltwellparishcouncil.gov.uk](mailto:clerk@feltwellparishcouncil.gov.uk). Or by phone on 828383.



Feltwell Community Magazine is happy to sponsor a Feltwell In Bloom flower tub.



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## METHWOLD SPIRITUALIST CHURCH SPIRITUALIST SERVICES

Friday Meetings 2023, Doors open 7pm for 7.30 start.

**8th November LYNDA ROSE.**

**22nd November GREGG PETTIT.**

**6th December An Evening of Clairvoyance With  
POPPY BOWLING.**

**JANUARY CLOSED.**

**First Service for 2025, 21st February**

**The 21 Room, St. George's Hall Complex,  
16 High Street, Methwold, Norfolk IP26 4NT.**

Entrance donation £3. Evening of Clairvoyance £5 (towards costs)  
(Ample parking at rear) For further information ring 01366 727160

### BONFIRE NIGHT LOGISTICAL SOLUTION

Simon	Hog Roast	Ipswich	Roman Candle
Francesca	Hot Dog	Kings Lynn	Rocket 
Edward	Toffee Apple	Bury St. Edmunds	Catherine Wheel
Patsy	Candy Floss	Norwich	Fountain



Answer me this: Who are they who should do  
something about it?

### SUBSCRIPTION INFORMATION

If you would like future  
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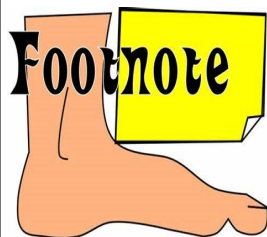
March-March -£5 (12 issues, 2 free).

All subscriptions below 11 copies are pro rata.



## WORD TRAIL No. 46 SOLUTION

<sup>1</sup> I	N	S	T	E	A	D	O	F	<sup>2</sup> F	I	N
G	<sup>8</sup> A	R	M	A	D	I	L	L	<sup>9</sup> O	K	D
A	L	A	T	<sup>15</sup> E	T	H	M	O	I	L	I
G	P	D	A	<sup>20</sup> W	A	R	S	P	D	A	N
O	C	I	I	A	<sup>25</sup> N	E	V	I	B	H	G
I	I	Y	R	E	M	U	I	T	O	O	N
D	N	P	A	H	L	S	L	<sup>21</sup> E	N	M	E
A	O	Y	T	T	E	E	L	V	<sup>16</sup> E	<sup>10</sup> A	V
<sup>7</sup> R	T	A	I	T	D	U	E	A	G	R	E
I	C	<sup>19</sup> N	L	A	O	<sup>27</sup> M	C	N	Y	S	R
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D	<sup>14</sup> T	L	T	H	E	K	A	E	T	N	A
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T	I	<sup>18</sup> G	W	I	O	N	B	I	A	<sup>11</sup> C	<sup>3</sup> D
R	R	N	A	<sup>26</sup> N	M	G	E	C	N	O	U
E	H	I	<sup>23</sup> M	I	A	L	R	A	G	N	T
B	C	L	U	N	A	D	A	<sup>22</sup> L	O	Q	C
O	I	R	E	T	S	A	<sup>17</sup> E	S	O	U	<sup>4</sup> H
<sup>6</sup> R	T	N	<sup>13</sup> A	L	L	E	B	U	<sup>12</sup> R	E	E
E	H	T	I	<sup>5</sup> E	R	E	H	P	S	I	M



"I compared the size of our one-bedroom suite to our friends' three-bedroom and ours was significantly smaller."

*Actual complaint received by Thomas Cook*

A Parish Council Meeting was held on Monday the 14<sup>th</sup> of OCTOBER 2024 in the British Legion, Long Lane. Nine Councillors attended and 2 members of the public

In his report, Sqn Leader Eaton thanked the Council for hosting and supporting the presentation of a new Standard to the Norfolk Royal British Legion. RAF Feltwell will be used for joint USVF/British Army training activity during October, specifically w/c 14th and 28th. Some helicopter activity is possible and use of explosives but the latter part of the month should be less disruptive to residents as it will focus on airfield damage repair. He confirmed the runway is not serviceable and for maintenance use only.

Mr Storey reported on Borough and Norfolk County Council matters and said the new QEH is on schedule for completion by 2030. There are a limited number of single Norfolk Oak trees available via the 1 million tree project scheme. Further info on this and other news can be found on Borough Council and NCC websites.

Mr Storey hoped the 30mph and 40mph roundels would be painted on Lodge Road and Wilton Road this financial year. Potholes on Short Beck near Central Garage to be reported to Highways as well as the condition of Southery Road which will deteriorate further in winter months.

New rubber-mulch surfacing has been installed under some items of play equipment. A new basketball unit will be installed by the concrete slab near the Changing Rooms in due course. Quarter-yearly play area inspection has been carried out and the few 'low risk' items identified as needing attention will be dealt with by the Handyman. Zurich Insurance have processed the claim to renew the damaged playing field entrance gate and fence.

Clerk submitted an insurance claim for a street light on Mulberry Close damaged beyond repair by a vehicle reversing into it. K&M will install a new one and hopefully UKPN will push this through as urgent and reconnect asap. The third

## WORD SEARCH SOLUTION

B	E	L	L	D	M	F	D	F	E	A	B	S	M
E	A	S	I	H	E	C	I	R	R	H	D	E	A
L	Y	G	E	B	R	G	J	O	Y	O	K	A	K
L	H	N	H	I	R	J	O	H	D	A	H	S	A
A	D	I	D	F	Y	H	Y	E	Z	G	X	O	I
S	A	T	I	Y	C	A	E	W	K	N	K	N	F
F	D	E	R	E	H	I	U	E	B	E	I	S	B
E	I	E	H	X	R	D	K	I	Z	W	H	G	C
S	V	R	C	M	I	N	N	H	H	A	Z	R	E
T	A	G	G	D	S	E	O	N	C	L	O	E	A
A	N	E	I	E	T	Y	E	A	A	L	B	E	K
S	Z	D	A	I	M	O	L	C	E	G	N	T	A
N	I	I	L	N	A	N	C	H	M	I	E	I	M
A	L	T	L	A	S	S	R	T	A	L	K	N	I
D	E	E	O	O	H	U	F	E	S	O	E	G	K
A	F	L	N	P	B	E	B	N	H	D	R	S	I
L	I	U	U	D	Z	Y	H	O	A	A	T	G	L
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L	Z	E	V	F	J	J	M	H	K	S	X	C	K
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X	U	C	M	D	A	E	B	Q	I	C	J	B	N
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P	A	W	W	Q	A	M	C	K	B	F	M	B	H
A	F	R	E	Q	U	T	J	H	L	P	D	U	M
J	R	M	F	N	C	S	A	O	J	O	K	I	E
D	Y	B	N	A	R	Z	I	L	Z	N	W	Y	A
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H	A	P	P	Y	H	A	N	U	K	K	A	H	N
C	A	A	Z	N	A	W	K	S	U	O	Y	O	J

Next  
month's  
Word Search  
will feature  
**SPIELBERG  
FILMS**

Including the one below there are 8  
rockets hidden somewhere inside  
this issue.



## SUDOKU SOLUTION

4	8	7	6	3	9	5	2	1
2	6	5	7	4	1	3	9	8
1	3	9	5	8	2	4	7	6
3	7	4	9	5	6	1	8	2
5	2	6	1	7	8	9	3	4
8	9	1	4	2	3	7	6	5
9	1	3	2	6	4	8	5	7
7	4	2	8	9	5	6	1	3
6	5	8	3	1	7	2	4	9

party has been contacted but no reply has been received.

Frith Blake Consulting will carry out a structural survey of all concrete street light columns.

Clerk will continue to chase Flagship for a date for work to recommence on Long Lane.

Parish Partnership Scheme deadline is 6<sup>th</sup> December and projects must be put forward for consideration at the next meeting.

A public event in conjunction with Age UK and Feltwell Community Group will be held to give elderly residents information on grants, benefits etc they may be entitled to. Further information will be posted on Facebook and a leaflet drop will be carried out to ensure as many residents are reached as possible.

**Residents are encouraged to deposit any glass waste into the bottle bank on the playing field as the Parish Council obtains recycling credits for every tonne collected.**

**Residents are politely requested to trim back greenery to their boundaries, particularly if it is obstructing pedestrians on neighbouring footpaths.** Clerk will continue to chase Hemingford Construction to remove the greenery obstructing the dog and rubbish bins on Long Lane.

**Residents are asked to refrain from parking on the green in front of Central Garage as their vehicles are severely obstructing vision for drivers at the Long Lane/Short Beck junction.** Clerk to contact Highways to discuss removing the green altogether.

Please subscribe to the Council's website (<https://feltwellparishcouncil.gov.uk>) and Facebook page for latest news and notifications including RAF Feltwell demolition activities and road closures.

The next Parish Council meeting will take place at the British Legion on Monday 11<sup>th</sup> November 2024 at 7.30 pm. Everyone is welcome.



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