

September 2026

FELTWELL PARISH MAGAZINE

YOUR CONNECTION TO YOUR COMMUNITY



Water in the Beck.
February 2021



INSIDE THIS ISSUE

**In Colour-New Sign for Museum
History of the Village Sign
Our Green and Pleasant Land
Feltwell Surgery, Practice News
Our MP Talks About Casework
Crime Statistics for Feltwell
And much more inside incl. our
usual puzzles & reports.**

All proceeds from the sale of this magazine are shared between village organisations and St Mary's Church.

FELTWELL ORGANISATIONS

List maintained by Paul Garland.

Alveva Quilters	Sharon Burbridge	01366727002
Feltwell Bowls	Martin Blackman	829821
The Royal British Legion (Hall 828480)	Ian Rayner	07766 348679
RBL Poppy Appeal Organiser	Mary Reynolds	828130
Feltwell Historical	Marion Lucas (Chairman)	828769
Feltwell Table Tennis Club	Steve Wellington	07436 905520
Beavers and Cubs	Claire Scarff	827555
Feltwell School PTA		@ the school
Feltwell Women's Institute	Claire Scarff	827555
Feltwell Food Pantry		07454 259280
Feltwell Playgroup	Merle Gallagher	07582 371984
Feltwell Scout Group	Claire Scarff	827555
Feltwell United Football Club	Neil Edwards (Secretary)	07391866914
Feltwell United Youth Football Club	Kate Collins	07888847452
Feltwell & Thetford District Mencap	Mrs T. Sismey	827292
Feltwell Brownies	Tracey Cock	
Feltwell Social Club		828093
Feltwell Primary School	Mrs J. Lillycrop	828334
Feltwell Golf Club	Joanne Bates	827644
Feltwell In Bloom	Lisa	07718 075569
Feltwell Walking Group	Michael - adamsmike71@yahoo.com	
Churchwarden of St Mary's	Christine Parker	827152
Friends of St Mary's	Stephen Parker	827152
Feltwell Men's Breakfast Club	Paul Garland	827029
Feltwell Methodists	Mike Wilkinson	07712 578721
Feltwell Museum	Graham Simons	828387
Parish Clerk, Jo Martin. Email: clerk@feltwellparishcouncil.gov.uk		828383
Parish Council website: https://feltwellparishcouncil.gov.uk		
Feltwell's History Website can be found at http://www.feltwell.net		

Deadline for the next issue is 14th September 2026

Submitted articles may be hand written, emailed or typed in MS Word and sent to: The Editor, Mr Paul Garland, 16, Falcon Road, Feltwell, (827029),
Email: garlandp@btinternet.com

Advertisers should contact our Advertising Manager: Jean Winter, 10, Clough Drive, Feltwell, Thetford IP26 4AS . (07808 294848)
Email: jean.winter@gmx.com

Distribution is by Ian Webb (828167) & Paul Garland

You can subscribe to this magazine for £5 a year, incl. two free issues and free delivery in Feltwell. Gift subscriptions are available, contact the editor.

THE CURIOUS CASE OF THE MATURE HUMAN

September always feels like a fresh start. Holidays are over, the children are back at school and life gradually settles into its familiar rhythm.

Watching people on holiday this summer got me thinking.

If Sir David Attenborough were making a wildlife programme about us, perhaps it would sound something like this...

"Here we observe the mature human emerging from its vehicle. At first there is little movement. The subject pauses, straightens slowly and takes several cautious steps whilst pretending this is perfectly normal. Within twenty paces, the joints have warmed up and normal service is resumed."

Sound familiar?

Or perhaps...

"Now we find our subject in the supermarket. The prize lies on the bottom shelf. Rather than bending the knees, a fascinating manoeuvre begins. One hand reaches for the trolley, the other stretches towards the tin of baked beans, whilst the face suggests this was the plan all along."

We've all done it.

Here's the interesting bit.

These aren't signs that something terrible has happened. They're simply your body having a quiet conversation with you.

The problem is that we're often too busy to listen.

As a fitness instructor, I spent years measuring strength, balance and flexibility. Most people don't want measuring tapes or stopwatches, and nor should they. But we can all become better observers of how we move.

So here's this month's **Body Clue**.

The next time you get out of the car after a reasonable journey, don't rush off.

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Just notice.

Do you stride away immediately?

Do your first few steps feel a little stiff?

Or do you secretly hope nobody is watching while your hips and knees negotiate the opening few yards?

There's no pass or fail.

Your body is simply giving you information.

The same applies when reaching the bottom shelf in the supermarket, climbing the stairs or putting on your shoes. These everyday moments tell us far more about our health than any expensive gadget.

The good news is that our bodies are wonderfully adaptable. They respond to regular movement, often so gradually that we hardly notice. The reward isn't waking up one morning feeling twenty again—it's quietly carrying on doing the things you enjoy without giving them a second thought.

Perhaps that's the real secret of ageing well.

Not becoming the Road Runner...

Just making sure Wile E. Coyote doesn't appear every time you get out of the car!

Until next month, keep moving... and, more importantly, keep noticing.

Helen. Lifefitnessreengineering

*Thank
You!*

The family of Bob Waites would like to thank everyone who attended his funeral on Friday 31st of July. As a family we were very touched by everyone's kind words and people taking the time out of their day to pay tribute to a wonderful husband, dad and grandad. We would also like to thank everyone for their generosity in donating to St Nicholas Hospice. Your donations raised an amazing £910 which has now been received by the Hospice.

Margaret Jacqueline and John.

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- General IT help required?

Covering Feltwell and the surrounding area

To discuss further please email me at:

david@help-with-it.services

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Mental Health Support – Self-Help Resources

If you or someone you know is struggling with mental health, there are excellent free self-help guides available online.

These cover topics such as: Anxiety, Depression, Sleep problems, Stress

Access them at:

<https://selfhelp.cntw.nhs.uk/organisation/norfolk-and-suffolk-nhs-foundation-trust>

These resources are available anytime and can be a great first step.

NHS App – New Look

The NHS App has recently been updated with a new look and improved features.

With the NHS App, you can:

- Order repeat prescriptions
- View your medical record
- Book and manage appointments
- Access health advice
- View test results

If you haven't already, we encourage you to download and explore it

Community MSK Service (Muscle & Joint Problems)

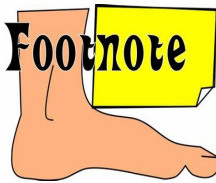
Although we have a very good First Contact Practitioner who works with us most Mondays, his appointments do tend to get filled quite quickly. If you have a muscle, joint, or bone problem (such as back pain, sprains, or arthritis), you may not need to see a GP or a First Contact Practitioner first.

You can **self-refer directly** to the Community MSK (Musculoskeletal) Service.

Why use this service?

- Quick and easy self-referral
- Often seen faster than going through a GP referral

Q. What does Floccinaucinihilipilification mean?



Pronunciation: FLOK-si-NO-si-NY-HIL-i-PIL-i-fi-KAY-shuhn
Definition: the action or habit of estimating something as worthless. For example: We managed to get this house at a great price because of the previous owner's floccinaucinihilipilification of its actual value.

Friends of Feltwell Playgroup



Support your local playgroup by joining our 100 Club for a chance to win a monthly cash prize. For more information

email: friendsoffeltwellplaygroup@gmail.com

Follow us on Facebook and Instagram to keep up to date with our upcoming events including Princesses, Pints & Plaits, Pottery Painting, and our Summer Activity Kits.

Thank you for continuing to support our village playgroup.

SUBSCRIPTION INFORMATION

If casual readers would like all future issues of this magazine delivered **FREE** to your home in Feltwell please contact our Distribution Manager Ian Webb on 828167.

March 26-March 27—£5 (12 issues, 2 free).

All subscriptions below 11 copies are pro rata.

- Access to specialist assessment and treatment
- Support with physiotherapy, exercises, and pain management

This is often the fastest route to getting the right help for many common conditions.

You can self-refer online via the MSK service website:

<https://www.norfolkandwaveneycommunityhealth.nhs.uk/msk/>

Practice Updates—GP Availability

- **Dr Sagar** is now semi-retired and working fewer sessions.
- **Dr Nalubega** is our newest salaried GP and works 6 sessions/wk.

To help you get seen more quickly, please consider booking with any available GP, rather than waiting for a specific doctor.

This also helps you build relationships with a wider team who can support your care.

Respiratory Nurse Update

Kiara Wilson (Respiratory Nurse) will be going on maternity leave in August. During this time:

- Routine asthma and COPD reviews will still happen (via online systems)
- Kiara will return occasionally for limited sessions.

If your symptoms worsen, please book an appointment with a GP so you are not delayed in receiving care.

The Atmere Charity

The Charity awards grants to individuals who are in conditions of need, hardship or distress by making grants of money for items, services or facilities designed to reduce the need, hardship or distress.

It also provides help for severe chronic illness in younger people.

Applications for assistance must be made in writing to:

The Atmere Charity Secretary, 16 Falcon Road, Feltwell, IP26 4AJ giving as much detail as possible about the need, hardship or distress being experienced. Please include your contact details.

The applicant **MUST** be a Feltwell resident.

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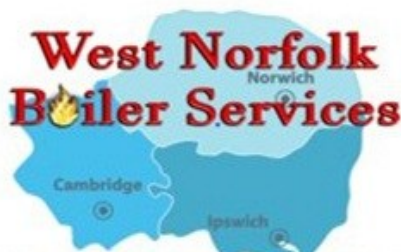
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OUR GREEN AND PLEASANT LAND

I have just returned from a shopping trip to Thetford. A thirty-mile round trip from my home in Feltwell. Nothing special about that, I hear you say. Just went to pick up items I forgot on my last trip, only a week ago. Nothing strange about that, either. An old geezer, living on my own, I'm rather prone to forgetting things these days. I'm trying to keep that between me and the odd confidant, as, at my age, there are those who are only too ready and willing to categorise, and we know what that means.



Anyway, I digress. The road to Thetford passes through about fifteen miles of the most glorious 47,000 acres of man-made pine forest in East Anglia. My frequent trips along the A134 are lined all the way by a selection of 1000-year old oak, beech and sweet chestnut trees, planted so long ago to form a curtain between the road and the millions of Scots and Corsican pine trees behind them, that have flourished, unseen since the very first were planted in 1922, by the Forestry Commission.

Of course, I relish the change of the seasons, as the first green begins to show, the kaleidoscope of colours through the summer months, and the glory of those final few weeks when the forest turns to gold, and winter turns the forest grey.

I have, until now, somehow taken all that for granted, but no longer. Recent events have shown that the natural beauty that surrounds us is a delicately balanced living thing that can be taken from us in a moment. My thirty-minute trip through the forest this morning felt so different, somehow. For weeks now, the World is suffering the worst wildfires for a generation. Until recently, I have felt safe in the knowledge that we have a natural fire-break between us and the fires raging across Europe. On my return trip, I drove a little slower, to let it sink in how vulnerable our forest is, when I noticed some of those trees lining my path appeared to be preparing to shed their

AN EVENING OF MEDIUMSHIP



Sue Hind

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leaves for a premature autumn. The intense heat was having an effect, even here!

"The Channel will keep us safe!", I thought, as I sympathised, from a safe distance, with those losing their homes and livelihoods across the Channel, but that is no longer the case. The fires in the UK may not be European, but they are close to home, and a deadly threat to our forests, especially the one I drive through, to get my shopping! We have had fires in Thetford Forest in the past, and I remember what it was like for the smell of the resin from the pines to be replaced by that of woodsmoke. I suppose we have to admit that Mother Nature has been 'doing her own thing' since time began, and fires, however frightening and lethal, have been a factor, along with all the other natural phenomena that affect the way we live.

We are now praying for the rain that will douse the fires and restore the equilibrium. That rain will come. Of course it will, and however terrible and frightening the fires are, and the floods that will

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**Extra sessions added for 2026:
4th September
10-12pm at St Mary's church.
Refreshments provided.**

- Do you need to book appointments, buy things online and apply for jobs, but you've run out of credit and your phone screen is too fiddly?
- Have you got a smartphone, but think you might not be getting the best out of it?
- Do you wonder if you're missing out because you're not on the internet?
- Are you worried about staying safe from online scams?
- Do your kids need to do their homework, but you haven't got a laptop or the internet at home?

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- Help you get free mobile data or a cheaper broadband tariff.
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Call 01485 536420 or 01493 448246, Monday to Friday from 9am to 5pm and speak to a Community Tech Coach, or leave a message, and we'll call you back.

If you're online already, fill in our contact form: www.norfolk.gov.uk/TechSkillsForLife

inevitably follow, the land will recover. The animals that were able to run, those who could fly, and those who sought refuge below the ground will eagerly return to their homes, to find that, even days later, the ground is starting to give up its larder once again.

We humans are not responsible for the inevitability of drought, fire and flood, but, in our own way, we do contribute to the severity of the overall effect. But that's for another time.

In the meantime, Earth from Space- 4 part (BBC IPlayer) is well worth a watch, believe me!

Frederick James August 1st 2026



COMING EVENTS

1. Coffee morning.

Saturday 19th September in the Club room at the RBL commencing at 10am. All are welcome, there is plenty of parking spaces, see our poster on page 18

2. Quiz Night,

Saturday 10th October in the large room at the RBL. 7pm for 7-30pm. All are welcome. Come join us for a very enjoyable evening and who knows you may win the lovely prize. There is plenty of parking spaces.

Max

Readers are reminded that past copies of this magazine are available for viewing in full colour on the village website at:

www.feltwell.net/magazines/mag_index.htm

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Benefice Administrator

Fiona Hearn

07811 782316

wisseygrimshoebenefice@gmail.com

St Mary's is part of **Grimshoe Benefice:**

St Andrew's Northwold, St James' Hockwold, & St Mary's Weeting

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TO ARRANGE BAPTISM

Please contact:

Tammy Wright 07717 507665

grimshoebaptism@gmail.com

LATEST CONSUMER ALERTS

Scam Alert - Text messages claiming to be from Parkingeye

The messages claim that you have an 'parking charge outstanding' and goes on to state that you need to visit their 'official website' via a link in the text to 'view your parking session details and complete your payment' to 'minimise the possibility of further charges'.

These messages are **not** from Parkingeye and anyone following the link will be taken to a website which will attempt to gather personal, account and financial details. Parkingeye state they **do not** send parking charge notices, payment requests or fine reminders via text message or email.

Scam Alert - Emails claiming to be from 'Nationwide'

The email, which is designed to mimic genuine emails from Nationwide in font and design, claims that 'a new Direct Debit has successfully been set up' before giving details of a payment to a Dental Practice for hundreds of pounds and a 'monthly instalment first payment date' for a couple of days after the email is received.

These emails are **not** from Nationwide and are designed to panic the recipient into thinking large payments are about to leave their account.

Our advice is **always** to be wary of claims made in unexpected email approaches and **never** use contact information, click on links or open attachments if approached in this way.

If you are concerned about the security of a bank account contact your bank directly using the Customer Service number printed on your card, on a recent statement or via information available on their genuine website or app. **Never** use details provided in an email or via a cold call.

Scam Alert - Emails claiming to be from 'TV Licensing'

Recent examples have included emails that state, 'your TV Licence payment has failed' claiming this could be due to 'insufficient funds in your account, or a problem with your payment provider'. The email contains a link to 'Pay Now'.

These emails are **not** from TV Licencing and any links contained within the message are likely to go to a genuine looking fake version of the TV Licencing website which will attempt to gather personal and financial details.

Our advice is **always** to be wary of claims made in unexpected email approaches and **never** click on links or open attachments if approached in this way.

TV Licensing offer the following advice to help spot scam TV Licence emails:

Check the sender - Genuine TV Licensing emails are sent from donotreply@tvlicensing.co.uk or donotreply@spp.tvlicensing.co.uk.

Partial Postcode — If you have provided us with your postcode details, our emails will include part of your postcode and/or the name on the licence.

COFFEE *Morning*

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BOWLS CLUB**



**SATURDAY
19TH
SEPTEMBER**



**AT
10 A.M.**



**AT THE
ROYAL BRITISH
LEGION,
FELTWELL**



— ♡ *Everyone Welcome!* ♡ —

Look for your name — If you've given us your name, then we'll always address you using your last name and title. The scammers won't normally have that information about you. So, watch out for emails that only address you as "Dear client" or "Dear customer" - or just use your email address (or part of it)

Check the spelling and grammar - Because scammers can't use our genuine TV Licensing web addresses or email addresses, they'll try to use slightly different spellings - look out for things like hyphens and full stops in odd places. Be suspicious too if there are mistakes in the email with capital letters or other grammatical errors, like missing full stops - this could be a scam.

Check the links - Be wary of emails promising money/refunds. For example, phrases such as, "click below to access your refund", followed by a request to provide your credit card or bank details (we would never process a refund in this way). Always check links in an email before clicking or tapping them. If you're on a computer Hover over the link (but don't click it). This will reveal the name of the web address that you are being sent to. If you're on a smartphone or tablet Press and hold on the link (don't release while you are on the link). This will reveal the name of the web address that you are being sent to.

TV Licensing offer further advice on helping you to avoid TV Licensing Scams on their website.

You can report scam emails to the National Cyber Security Centre by forwarding the email to report@phishing.gov.uk

You can also report suspicious emails received to us via our partners the Citizens Advice consumer helpline on freephone 0808 223 1133

Scam Alert - Computer Remote Access Scams

One of the most common scams reported to Report Fraud involves fraudsters connecting remotely to a victim's computer.

Remote Access scams will often begin with a browser pop-up saying that your computer is infected with a virus, or maybe a call claiming to be from a well-known tech company, computer software provider, telecoms or broadband suppliers. The caller advises that there is a problem with the user's device or broadband equipment, often making claims about 'viruses', 'directory issues', 'criminals controlling your machine' & 'hackers accessing your router' and that they will be 'cutting off broadband access' or you will be 'unable to access the internet' if the recipient does not agree to immediate remedial work.

Report Fraud offer the following advice to protect yourself from Remote Access Scams
A tech company, telecommunications provider, bank or service provider will **never** contact you out of the blue requesting remote access to your device.

Your bank will **not** ask you to reply to an e-mail with personal information, or details about your account. If you contact them, use a phone number/email address that you know to be true, rather than one sent to you in an email - it may be false.



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NATIONAL CAPACITY ISSUE FORCES A CHANGE TO FRIDGE AND FREEZER COLLECTIONS

Residents across the UK are facing disruption to fridge and freezer collections due to a national shortage of specialist recycling and processing capacity.

In response to this ongoing issue Norfolk County Council will from today, Thursday 6 August, only be accepting unwanted fridges, freezers and other cooling appliances at the county's largest recycling centres.

Our closest recycling centres continuing to accept fridges, freezers and other cooling appliances are the King's Lynn and Thetford Recycling Centres.

Where possible, residents should:

- If companies installing new fridges offer a service to recycle your old appliance, accept their offer.
- Continue using appliances that remain safe and are in working order.
- Explore reuse, repair or donation opportunities for working appliances
- Consider whether disposal can be delayed until capacity within the national treatment network improves.

If safe to do so, Norfolk County Council is urging residents to hold on to unwanted fridges and freezers for the moment to ease pressure on the system. Please only bring fridges and freezers to dispose of if it is absolutely necessary. Delay the disposing of unwanted cooling appliances, or consider alternative options where appropriate, as a national shortage of treatment capacity reaches critical levels across the UK. Councils across the country are having difficulty dealing with fridges, freezers and other cooling appliances. In order to dispose of these items, they must be taken to specialist facilities. They cannot easily be sent somewhere else when those facilities are full or closed.

Fridges and freezers can contain harmful gases and insulating foams. These must be removed safely under controlled conditions.

Recently, there has been a spate of incidents which have seen these specialist processing plants put out of operation, including the recent fire at a treatment facility in Thetford. This has created excess pressure on the entire system, throughout the country. Norfolk County Council is following other authorities in limiting where we are accepting these types of items.

NCC is working closely with the government and the Environment Agency to try and find a solution, and in the meantime has secured temporary storage arrangements to house these items while we wait for them to be collected.



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DOES THIS COMMUNITY MAGAZINE HAVE A FUTURE 6?

The answer to this question is the same as in previous months, Yes, for this subscription year anyway.

Despite our Advertising Manager promoting the magazine on Facebook as a place for local businesses to place their adverts we have, sadly, had no new advertisers come onboard. Never mind, we'll keep on trying. No increase to the number of copies we print at 340 as, unfortunately, the shops didn't sell out in July and sixteen copies were left to be thrown away. I've also noted a small but concerning pattern in the number of copies our volunteer distributors are delivering. Several have reported that when an existing customer either moves out of the village or passes away the new tenants/owners of the property show no interest in taking the magazine. If you, dear reader, live next door to a new arrival to the village please encourage them to take the magazine. Thank you. Should we ever get lower than printing 300 copies a month I will seriously think about throwing in the towel and accept the inevitable. Facebook and its ilk will have won. Sadly.

And now to the middle four colour pages. I choose the two articles in last month's edition (Village Sign and Walking Group) because I felt that the photographs in both deserved the colour treatment and were improved by it. What did you think? Please let me know. This month, as you may already have discovered, I'm doing something much more radical by referencing colour photos in articles, not putting them in the article. I'll be interested in what you think. All of this additional use of colour will inevitably result in bigger losses per issue but I think we can absorb them for a couple of months.

I'm very conscious that I need to do something extra if I'm going to raise the cover price to £1. Printing four colour pages puts the cost per copy to around 94p so at a price of £1 we will be roughly breaking even, assuming costs remain static between now and next year. I hope this all makes sense.

As always, thank you for your continued support.

Paul Email: garlandp@btinternet.com

**A warm welcome from
St Mary's to our Services across the
Benefice. Find us on  **St Mary's Feltwell**
For details of other services in the
Benefices please visit: achurchnearyou.com**



Sunday 6th Sept	Service of the Word Service of the Word	Feltwell Weeting	9.15 am 11 am
Sunday 13th Sept	Service of the Word Service of the Word	Hockwold Northwold	9.15 am 11.am
Sunday 20th Sept	Harvest Festival Eucharist	Feltwell Weeting	9.15 am 11 am
Sunday 27th Sept	Eucharist	Hockwold	9.15 am

Other happenings at St Mary's Feltwell:

Food Pantry Open

Tue 9-10am, Weds 9-11:30am & Sat 10-11am

**Every Wednesday come for a warm welcome, tea,
coffee and cake and
good company.**

Internet available and help to use it.

Community Information Point.

Borough Services.



Quiz Night—September 19th —7.30pm in The Aisle

MP TALKS ABOUT CASEWORK AND SURGERIES

From : terry.jermy.mp@parliament.uk

Over the past few weeks, I have been thrilled to hold my annual summer listening tour, where I travel to as many of South West Norfolk's 72 villages over the summer to meet with local residents.

This complements my year-round work holding surgeries and engagement events in Swaffham, Downham Market and Thetford. I am always pleased to be able to meet with constituents in their local community to discuss issues of concern and talk about how I can provide support, and also share details of the work I have been doing as your MP.

When I stood for election, I made clear my commitment to being a constituency MP. Being accessible is a key part of my work and is something I am acutely aware has not always been afforded to us by my predecessor. This was one of my motivations for standing to be your MP and was also front of mind when building my constituency team.

I regularly share details about the meetings I have with South West Norfolk residents, charities, community groups and businesses, and the work I do in Parliament, but a huge part of my work and that of my team relates to casework and direct support for local residents.

Casework is when residents get in touch, either in person at one of my constituency advice surgeries, at a local coffee morning or via email with a matter that needs the support of my office. It can range from providing support to residents in need of housing repairs, to pushing Norfolk County Council to reconsider a Blue Badge application, to support farmers in accessing Government schemes, to securing appointments with local health services, to discussing my stance on a particular policy issue.

Much of this isn't shareable publicly but can be life-changing for the people involved.

Casework is a crucial part of my role, and the issues and matters my team and I help to support and address often highlight not only the



People's Emergency Briefing

On the climate and nature crisis

St George's Church Methwold



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with the community - It's FREE

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Tuesday 8th September 6 pm

16
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***you might want
to catch this.***



**People's
Emergency
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Screenings everywhere for everyone

The People's Emergency Briefing (PEB) is a **film-based briefing** produced by the National Emergency Briefing project to raise awareness of climate and nature breakdown and its implications for health, food systems, national security, and the economy. It builds on a November 2025 National Emergency Briefing in Westminster, where top UK scientists and doctors presented these issues to MPs and decision-makers. The PEB translates this expert briefing into a format accessible to the wider public.

rural inequalities our area faces, but the impact and interconnectedness between the difficulties facing our services and situation today, and the decisions and policies implemented going back years and even decades.

Over the past few weeks, I have held surgeries in Narborough, Marham, North Pickenham, Ashill, Great Cressingham, Ashill, Great Cressingham, Hilgay, Southery, Wereham, Stoke Ferry, South Lopham, Kenninghall, East Harling, Foulden, Watlington, Stow Bardolph, Shouldham, Wiggshall St Mary Magdalen, Marshland St James, Tilney St Lawrence, Weeting, Feltwell, Methwold, Northwold, Emneth, Outwell, Upwell and Welney.

As is so often the case, many of the conversations centred on how our local services continue to cause concern, particularly at the Queen Elizabeth Hospital, which serves the north of the constituency. These concerns and constituency casework formed a large part of my recent meeting with Jo Segasby, the Deputy Group Chief Executive and Chief Delivery Officer of the Norfolk and Waveney University Hospitals Group, of which the QEH is part.

Some of the challenges relate to the building itself, which is why I was delighted to attend the recent ground-breaking ceremony for the new multi-storey car park. This represented a significant step forward for healthcare in West Norfolk as it will free up the land needed to allow the construction of the new £1.4 billion hospital to take place.

Other key discussion points included local planning issues and how we can create the communities we need for the future, the environment and climate change, adult social care, immigration and asylum, support for Palestine, business rates, anti-social behaviour, and perhaps unsurprisingly, given the national news, plenty of residents were praising the positive start made by our new Prime Minister, Andy Burnham.

Should you or someone you know need support, please do email me: terry.jermy.mp@parliament.uk



Feltwell Dispensary Opening Hours

Monday: 08:30-12:00, 14:00-18:00

Tuesday: 07:30-12:00, 14:00-19:00

Wednesday: 08:30-12:00, 14:00-18:00

Thursday: 08:30-12:00, 14:00-18:00

Friday: 08:30-12:00, 14:00-18:00

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You can order your medication or ask any queries regarding your medication online via our website:

www.feltwellsurgery.co.uk or by using the NHS App. We have a dedicated telephone number in place for our housebound patients to order their medication, which is open Monday to Friday between 10.00-12.00 and 14.00-16.00.



The Food Pantry, Feltwell Your Social Supermarket

WHO ARE WE?

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For that we supply free fruit, vegetables & bread depending on availability & also the ability to shop with us at vastly reduced prices. Food donations are gratefully accepted, please leave in the Food Pantry area in St. Mary's Church, Feltwell.

We can also provide crisis packages for those in need, free of charge with the help of public donations.

You can find us at St Mary's Church, Feltwell.

OPENING TIMES:

Tuesday 9AM—10AM

Wednesday 9AM – 11:30AM

Saturday 10:00AM – 11:00AM

**For more details visit our Facebook Page or
call 07454 259280**

WHAT'S BEHIND THE DROUGHT DECLARATION

Following the recent hose pipe ban, the first in 14 years, and the declaration of a drought I thought it might be a good idea to explore the reasons why in a bit more depth. To this end, reproduced below is the East Anglia Water Summary for June 2026, the latest report available from the Environment Agency.

June rainfall across East Anglia ranged from 68% to 131% of the long term average (LTA) for the month. The majority of catchments received close to or above their respective LTA rainfall within the first 11 days of the month. A minor reduction in the area average soil moisture deficit (SMD) occurred following rainfall received at the beginning of June. However, with above average temperatures and minimal rainfall received in the final 2 weeks of June, the average SMD for East Anglia returned to exceptionally high, ending the month at 118mm. River flows were varied across East Anglia during June, with report sites ranging from normal to exceptionally low for the time of year. Groundwater levels at all report sites for which there is data available continued to fall, although the majority remain normal to below normal for the time of year. Public water supply reservoirs within East Anglia ended June 2026 with levels ranging from 83% to 90% of full storage capacity.

1. Rainfall

June 2026 rainfall across East Anglia ranged from 68% to 131% of the LTA for the month. The East Anglia area averaged rainfall for June 2026 was 58mm. This total is approximately 108% of the 1991 to 2020 LTA for June and is considered normal for the time of year. The majority of catchments received close to or above their respective LTA rainfall by 11 June, with minimal rainfall received across East Anglia for the remainder of the month. The cumulative 3-month totals ranged from exceptionally low in North Norfolk and Northwest Norfolk and Wissey to below normal in the Upper and Lower Bedford Ouse catchments. Cumulative 12-month totals show all catchments to be normal, except for North Norfolk which was below normal.

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Messenger

2. Soil moisture deficit and recharge

After decreasing briefly at the beginning of the month with the rainfall, SMDs have continued to rise through June 2026. Most regions have an SMD of 101mm to 130mm, while Central Area Fenland and Northwest Norfolk and Wissey catchments are above 130mm. While the brief decrease lowered regional average SMD to notably high, the average returned to exceptionally high, ending the month at 118mm.

3. River flows

River flows were varied across East Anglia during June, ranging between 18% and 84% of the LTA. Report sites along the Bedford Ouse, and its tributaries, recorded June 2026 flows considered normal for the time of year. Both the Ely Ouse and Wissey catchments recorded exceptionally low flows for the time of year, with the June 2026 month mean flow for the Ely Ouse at Denver being 18% of the LTA. All river flow report sites in the east of the area, except for the Chelmer, recorded below normal or notably low flows for the times of year.

4. Groundwater levels

Groundwater levels continue to fall in line with the expected seasonal pattern. The majority of report sites ended June 2026 with groundwater levels categorised as normal or below normal for the time of year. The lowest groundwater levels are to the north-east with Hindolveston, Norfolk Chalk, and The Spinney, Wensum Chalk, respectively recording notably low levels for June 2026.

5. Reservoir stocks

Public water supply reservoirs within East Anglia finished June 2026 with levels ranging from 83% to 90% of full storage capacity. All reservoirs ended the month with levels below their respective target curves for the time of year.

Author: Hydrology Team

All data are provisional and may be subject to revision. The views expressed in this document are not necessarily those of the Environment Agency.

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an understanding that you will pay for any breakages.

HISTORY OF THE FELTWELL VILLAGE SIGN PART 3

The Replacement Village Sign May 1994 and the 2026 Renewal

The Elements 1—St Nicholas’s Church

Most Saxon churches were timber with thatched roofs and plenty of reeds in the fen waters just to the west of the church could be brought in by boat. Before the fens were drained it is said that the sea washed the lower slopes of the hill on which the church is built. St Nicholas church as we know it with flint walls dates from the 1400s but it was probably rebuilt by the Normans in 1072.

I opted to assume that the thatch remained for a little later than what was probably the case, purely to highlight it with a little gold paint: theoretically to reflect the morning sunlight but actually to make the church more visible. Similarly the grey and white flint walls help make them stand out a little more. The little gravestones are part of the casting but are an anachronism even for the late Middle Ages. (See photo on page 38)

The thatched chancel was at this end of the church and was



demolished in 1862 and no trace of it is really visible now.

It is unfair to compare colours which have faded over many years with those of fresh paint but the pre-refurbishment condition had certainly made the church and the

stream rather obscure. (See photo on page 38)

St Nicholas Church is on a rising ground even relative to the top of Hill Street and the nearby Chequers. And, of course, the level of The Beck and the meadows where the stream



would have flowed, was well below that of Hill Street.

There have been several books written on Norfolk's Village Signs. I would not be quick to recommend any of them to the casual reader although some have proven useful to me when researching the background of certain Signs. Anyone who has served on a parish council (and I have incidentally) will not be surprised to learn that many councils today are quite ignorant of the detailed subject matter of their own village sign.

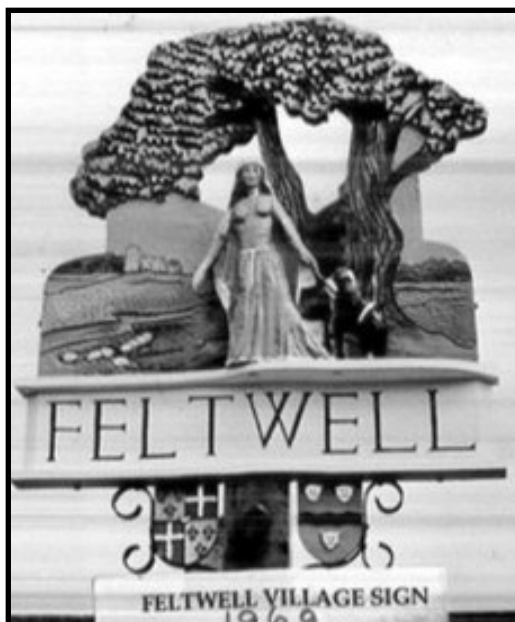
I was however struck by Volume 1 of "On the Verge" by John Timpson (1928–2005). Yes, the same John Timpson who lived in Norfolk and presented the Today Programme on Radio 4. He went to much more trouble to research the facts behind Village Signs compared with some of the other "authors".

Of Feltwell's replacement Sign he wrote:

"Harry Carter's wooden Sign of 1969 was replaced a couple of years ago, but its main features are much the same, except for the central figure of Alveva, the Saxon lady who owned part of the original town of Feltwell. Harry depicted her as a buxom and rather sexy young lady, but she has matured considerably in thirty years and now has fewer curves and a less inviting expression ..."

(Compare the photos below).

To be continued next month.



Serialized
with
permission
from Mr
Robert
Walden
who
carried out
the 2026
renovation.





FELTWELL WALKING GROUP MID JULY—MID AUGUST WALKS

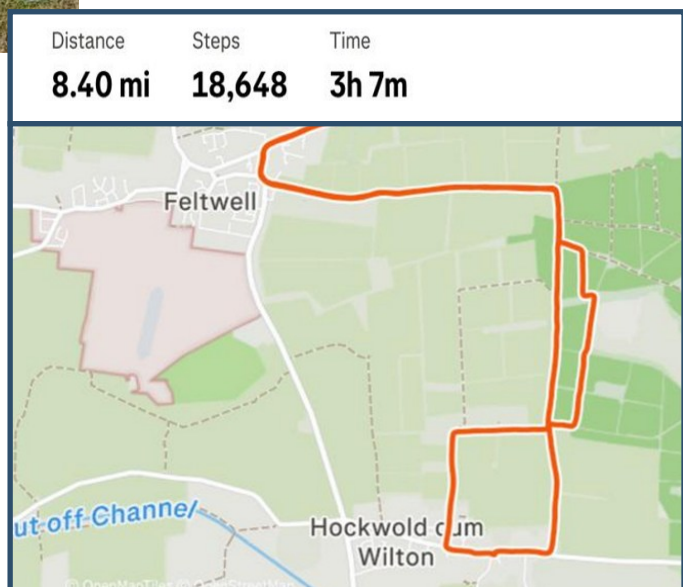
Walks in the latter part of July were cancelled owing to the excessively high temperatures in the heat waves. However, on August 1st a short walk of around 2½ miles was organised around the Lynford Arboretum. This was the second time that we had walked around this area. The group welcomed two new members, Helen and Derek Goddard-Nickolls. In total eight members partook of the walk, partly in shade, around the beautiful lake, (*see photo on page 39*) and along the Sequia avenue. Coffee at the Shepherds Baa provided the reward.



On Friday 7th August a small group of members went on a local walk beginning in Feltwell, walking down the Old Brandon Road, through the forest and ending up, rather unsurprisingly, at the Red Lion in Hockwold. And return, a total of 8.4 miles. Well done everyone.

If you'd like to know more about the FWG and maybe join us on a walk or two please contact Michael at adamsmike71@yahoo.com.

We generally do one walk a fortnight on a Friday morning weather permitting.



FELTWELL BOWLS CLUB

Feltwell has a great bowls club which is situated next to the Royal British Legion, Long Lane, Feltwell, IP26 4BJ

We have roll-ups twice a week (Mondays and Wednesdays at 6.00pm) between May and September.

We also play in two leagues.

The Club welcomes you all to come along and have a go.

Equipment available to borrow just be sure to wear flat shoes.

You can contact the Club below.



www.feltwellbowlsclub.com



feltwellbowlsclub@gmail.com



07771 882428



Feltwell Bowls Club



NEW SIGN FOR VILLAGE MUSEUM

This new “Museum OPEN” sign was painted by Lesley Mayes. It took over 14 weeks to complete, is all her own work from research to design and create. Graham Simons from Feltwell Museum says that *the level of detail is quite amazing. (See the detail on p38)* When he asked why she had painted the time as ten to two Lesley replied, *all dealers and shop sellers of clocks watches etc. do that as it represents a smiley face!* Let’s hope it draws in many more visitors.





Above: The faded paint of the sign before renovation.
Right: After refurbishment St Nicholas church becomes more obvious.



Left: A close up of the detail within the new village museum sign.

Do you like this use of the colour pages better or worse than having the photos in the article? Please let me know. It certainly gets more colour pics in an issue.



Above: Walking Group members enjoy a stroll around Lyndford Arboretum.

Below: The beautiful lake at Lynford





PLANT SALE

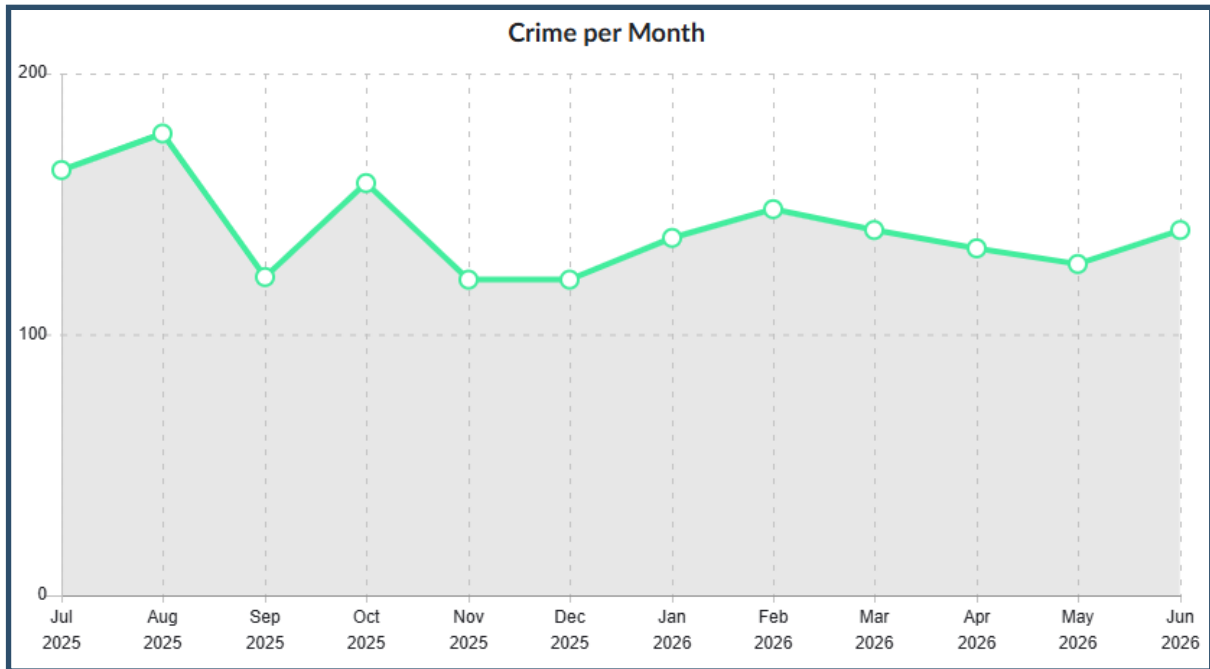
12TH SEPTEMBER

at the
WELLINGTON PUB

Starts at
9AM

CRIME STATISTICS

Regular readers may be aware that periodically I print the crime statistics for the Downham Market policing area and Feltwell in particular. Here they are for the **last twelve months** for the area.



The above broken down by crime.

Type	Total
Anti-social behaviour	209
Burglary	89
Criminal damage and arson	160
Drugs	55
Other theft	151
Public order	93
Robbery	5
Shoplifting	89
Vehicle crime	53
Violence and sexual offences	705
Other crime	53

All stats taken from www.police.uk.

Crime stats for Feltwell village.

Month	Total
July 2025	9
August	3
September 2025	2
October 2025	5
November 2025	3
December 2025	4
January 2026	5
February 2026	8
March 2026	1
April 2026	7
May 2026	1
June 2026	8

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BABY NAMES 2025

Each year the Office for National Statistics produces a report on the popularity of different baby names in England and Wales. You may have seen in the press that in 2025 the most popular girls name was Olivia, used 2,386 times, and for boys it was Muhammad. What you most likely weren't told is that there were 7616 girls names used by parents with Olivia being used only 2,386 times. Similarly for boys there were 6582 different names with Muhammad being given to 5,957 baby boys.

Looking further into the statistics we find that in the Kings Lynn and West Norfolk area the top girls names were Amelia and Elsie whereas for the boys it was Arthur. Amelia was the third most common girl name in England with 2,058 babies being given that name whereas Elsie came in tenth with 1,592 uses. Arthur was given to 3,035 baby boys making it the fifth most common boys name.

4,830 girls names were used less than ten times but more than twice. The exclusion of names used twice or once are omitted from the data in order to protect the confidentiality of individuals. The equivalent for boys is 4,144 names used less than ten times.

New entries into the top 100 girls names are Eliana, Anaya, Gracie, Alba and Marnie. Lara is number 100 with only 432 uses. For boys the new entries last year were Vincent, Stanley and Carter. Carter just scraped the 100 spot with 497 uses.

Of course, this data is intrinsically interesting on its own but lacks some context, namely, the number of live births recorded in England and Wales in 2025. There were 585,396 live births, a 1.6% decrease from 594,677 in 2024.

From their 2025 data on births so far analysed the ONS estimate a decrease in Total Fertility Rate (TFR) from 1.41 children per woman in 2024 to 1.39 for England and Wales in 2025. Final rates will be released late in 2026. In addition they also calculate that the mean age for becoming a parent has increases slightly to 31.1 years of age

Continued on page 45



QUIZ NIGHT

Saturday



19th September

7.30 pm



St. Mary's Church, Feltwell

£8 to Include Supper

Please bring you own plates, cutlery, glasses, drinks and nibbles.

All proceeds to Church Funds

FMI Contact Chris Parker

cmparker@talktalk.net

07910 195360

BAD DAY AT SCHOOL LOGISTICAL

This Logistical puzzle was designed by Chris at the Wellington.
The solution is on p68.

	PE Shorts	Tie	Football Boots	Blazer	Maths	English	Art	Histry	Pencil Case	Calculator	House Key	Homework
Daphne												
Lizzie												
Kingsley												
Mitch												
Pencil Case												
Calculator												
House Key												
Homework												
Maths												
English												
Art												
History												

Match the student to their misplaced uniform, their forgotten important item and their first lesson.

CLUES

1. Lizzie forgot her Tie, thankfully she had an apron on for her Art lesson so her teacher didn't notice.
2. Daphne packed two T-shirts but no PE Shorts.
3. Mitch left his Blazer, with his House Key in it, on the bus.
4. The student who had English forgot their Homework.
5. The Maths Student left her Pencil Case at home.

BABY NAMES 2025 CONTINUED

for mothers and 34.0 years of age for fathers in 2025 (from 31.0 and 33.9 in 2024, respectively); both groups have seen overall increases since 1975, when the mean was 26.4 years for mothers, and 29.5 for fathers.

26 December has remained the least frequent birth date since 2013

The Wellington In September



SAT 70's Disco
5th With
DJ A



FRI LUCKY
11th LUKE



SUN 3pm Session
13th With
Beauty & The Beast



SAT THE
19th FALLEN



SAT TIA &
26th KEVIN



WORD SEARCH

Submitted by Mrs J. Clements.

This month our word search features **JOBS IN THE MEDIA**

Find the words from the list below. They run vertically, horizontally, diagonally, backwards and forwards but always in a straight line.

There is ONE extra word in the list that is NOT found within the grid.

S	M	C	A	S	M	A	N	R	N	A	L
T	G	O	S	O	E	V	B	M	C	D	G
I	E	N	S	W	D	E	D	I	T	V	O
L	N	T	I	C	I	R	C	S	R	E	O
L	R	E	S	E	A	R	C	H	E	R	D
S	O	N	T	P	P	E	O	W	Y	T	Y
P	P	T	A	U	L	T	P	T	U	I	Z
H	E	S	N	L	A	S	Y	S	B	S	I
O	A	T	T	B	N	A	W	I	A	I	E
T	T	R	E	R	N	C	R	D	I	N	T
O	I	A	D	O	E	D	I	R	D	G	N
G	M	G	I	T	R	A	T	O	E	M	A
R	E	I	T	A	R	O	E	C	M	A	T
A	T	S	O	R	O	R	R	E	H	N	S
H	N	T	R	E	T	B	S	R	E	A	I
P	A	V	B	P	I	I	D	D	L	G	S
E	T	P	L	O	D	S	O	N	P	E	S
R	S	R	F	A	E	U	R	U	J	R	A
O	I	O	E	R	Y	B	P	O	T	O	S
S	S	D	I	E	P	G	S	S	E	T	N
A	S	U	H	M	O	K	I	C	M	C	O
N	A	C	C	A	C	L	B	N	G	E	I
U	L	E	N	C	A	U	E	I	Z	R	T
B	A	R	I	N	S	P	A	K	B	I	A
A	I	L	R	B	U	Y	E	A	S	D	L
M	R	U	O	R	C	K	B	I	W	T	E
E	O	R	T	I	E	D	I	T	O	R	R
J	T	E	I	W	G	C	S	P	E	A	C
E	I	G	D	L	O	E	U	T	S	L	I
G	D	G	E	C	O	P	Y	D	I	M	L
I	E	O	S	D	N	U	O	S	O	L	B
U	M	L	R	E	T	R	O	P	E	R	U
S	U	B	E	D	I	T	O	R	A	L	P

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The solution is on page 72

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FELTWELL METHODIST CHURCH, COMMUNITY HALL & GARDEN



DAILY SOCIAL GROUPS – WITH ADDED BENEFITS

Monday Meet-Up @ The Wellington

Monday Club @ The Community Hall, Bell Street—7pm

Tuesday Club @ The Community Hall, Bell Street – 1.30pm

Wednesday Coffee Morning @ St Mary's Church

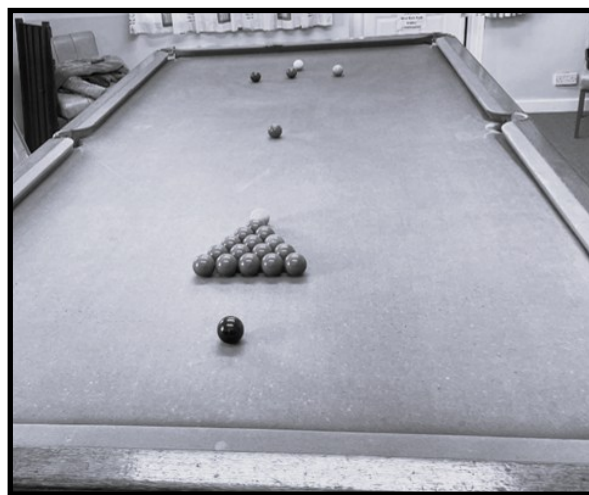
Thursday Club @ The Community Hall, Bell Street – 10am

**Come and have a chat, Free Wi-Fi every day our doors are open—
Mon/Tues/Wed/Thurs.** Want help filling forms, benefit claims, housing forms, driving licence renewal, Blue Badge applications, powers of attorney, report a crime online etc. come into a quiet space, grab a cuppa and have help on hand. Look for our open sessions or **give us a call to arrange to meet.**

You can book the table to play snooker for £5 per hour by calling Mike on 07712578721. Bring your own cue. Light refreshments will be available to buy, crisps, chocolate, soft drinks hot/cold.

Join us on Wednesdays for a cuppa while we pot or potter!!

The Royal Horticultural Society has enabled us to take part in the Sandringham Flower Show plant rehoming program. We have been given lots of plants to enhance our wildflower meadow. Over the next few weeks we will be making space for these plants which will



FREE HOLIDAY ACTIVITIES FOR STUDENTS

**Snooker by arrangement – must be accompanied by an adult
Table tennis Mondays and Tuesdays (as above) includes coaching**

SAVE THE DATE!

AUTUMN CRAFT FAIR

at PORTERS BARN —

— Sunday 25th October —

More details to follow...

Note: This is a change of date



SANTA'S SLEIGH

— 8th, 9th and 11th December —

More details to follow...



Details will also be on Facebook

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FELTWELL SURGERY OPENING

8.00am - 6.30pm Mon-Fri only

Extended Hours for Appointments Only

Tuesday: 07:30 – 08:00 Thursday: 18.30 – 19.00

Out of Hours Service - Between 18:30 and 08:00, Monday to Friday, and all day at weekends and on Bank Holidays your call will be redirected to the **NHS 111** service.

In a genuine emergency you should call **999** and ask for an ambulance.

Chest pains and / or shortness of breath constitute as an emergency.

01842

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brighten your walk around our Meadow path. All these plants will be a new invitation to many insects to feed and lay their eggs. We have already seen a variety of butterflies, hoverflies, grasshoppers, and we have our own frog!

Gardening is not just about growing plants; it's a multifaceted activity that offers numerous benefits for both physical and mental health. Here are some of the positive outcomes of gardening:

- **Physical Health:** Gardening is a form of moderate physical activity that builds strength, supports moderate weight, and reduces the risk of falls, especially in older adults. It also helps in making vitamin D, which is essential for bone strength and immune function.
- **Mental Health:** Gardening can improve mood, reduce stress, and provide a sense of accomplishment. It is a mindfulness practice that eases stress levels and boosts the production of endorphins, the brain's feel-good neurotransmitters.

We can help you enjoy these benefits at the Methodist Chapel as well as taking home anything we grow together. The flowers attract the insects, which pollinate the fruit and veg, which give us our vitamins, all without any artificial chemical fertiliser or sprays.

We have written to the Social Prescribers, via Feltwell Surgery to advise them we have this facility available.

DATES FOR YOUR DIARY

SUNDAY 27 SEPTEMBER—HARVEST THANKSGIVING

7 - NOVEMBER – CHRISTMAS (MEGA) CRAFT FAIR

12 - DECEMBER CHRISTMAS CREAM TEAS

SUNDAYS – 11.00am – Noon – Community Fellowship Group

How are our lives challenged?

What have we done?

How have we got through the last week/month?

How do we share God's Love with our community?

Songs, Prayers & Refreshments available.

Continued on page 54



Your Good Health

by Dr Ian Nisbet

September 2026

**The doctor becomes pensive
and a bit serious!
Feedback requested.**

I am sorry that this month's article will stray from the customary light-hearted ramble but the jokes at the end might help to lighten the mood. It is now nearly four years since my darling wife, Deannie, known to my Norfolk readers as "Head Office" or "Management", died suddenly at a pantomime – Oh, yes she did, thus seriously altering the rest of my life. Fortunately, I have wonderful children and grandchildren and I have developed some lovely deep platonic friendships and the members of my church, Hagley Free Church, have been superb. The neighbours are wonderful and my friends at the Slimming Club and the exercise group are very

supportive. The problems occur during the hours of darkness when I am alone and prone to rumination about what might happen to me. Recently, three friends have died after falling downstairs. I always wear an alarm watch which frequently alerts me to falls I have not suffered (like when conducting the choir at a concert) and ignores quite significant falls I have suffered. The main reason I wear it is that it has a button which, when pushed, connects me to the person on duty in the office so they can summon help 24 hours a day. Last week, during one of my frequent, if not permanent, bouts of insomnia, I wondered what would happen if I had to go into hospital as an emergency during the night. My house would be looked after by my family and close neighbours (mental note – remind them of the key safe

and the workings of the new alarm system which does everything except make my morning tea).

Now, in an emergency situation, there could be no time for scrabbling about for things to take into hospital so I have decided to prepare a small case which would sit in my dressing room with a red luggage strap around it and, perhaps, HOSPITAL printed on the outside. What to put inside the case? This is where we fling the topic open. I shall make a list of proposed contents and I invite you all, dear readers, to contact me with suggestions for additions to that list. (Ian Nisbet 07837 720447 or ian@drnisbet.co.uk) or you could write to me at 2, Amphlett Close, Hagley, Stourbridge, Worcestershire DY9 0WF. In this way, we could compile a comprehensive list of stuff we could all keep in our suitcases in case of emergency and I will have the benefit of talking to some of you again.

I was talking to a very close couple of friends today and they suggested that this scenario need not only apply to

bereaved people or those living alone, it could also apply to couples, the logic being that, if one of the couple has to be an emergency admission, the other half might have problems locating all the necessary items to accompany the partner to hospital. Fair comment, so let us prepare a suitcase for each partner.

The list for my suitcase will be as follows and I would value suggestions for additional items. If all the ladies dream up a list and send it to me, we could end up with a comprehensive list for males and another for females. Of course, this will depend upon your feedback but, if successful, we could take our lists into the national press for old folks all over the country. Obviously, this depends upon all your inputs

So, here is my projected list, to which you will add suggestions:

Pyjamas, sponge bag with soap, shaving kit, tooth brush and paste, socks and slippers, hearing aids, 2 days supply of medication renewed

periodically to keep it in date, spectacles, charger leads for iPhone, iPad etc. It might pay to buy a spare set of leads to leave in the case. Some low denomination notes and change for the trolley which comes around. Hairbrush and comb. Walking stick or mobility aids. Remember to pick up your mobile 'phone and iPad or computer as you leave the house. A book or magazines, crosswords, etc. A card with your NI number and NHS number. Any significant

medical history (perhaps keep copies in the suitcase. The NHS doesn't always do information sharing.

Depending upon the success of this venture, I might devote next month's article to the thorny problem of how the wife/husband deals with all the computer stuff when the computer active partner is taken out of the equation. Everything requires a password these days and without one you get nowhere.

Turn over for some jokes.

Give us a call or message us or one of our members.

Find us by scanning this QR code on your Mobile Phone.

We can be contacted on Facebook, Messenger or mobile 07712578721 or by email mikegw15@gmail.com Mike & Brigitte Wilkinson 07799216693



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Please keep them coming. Pass on those you've read and take something new.

MOBILITY AIDS

Want to bring a friend or relative to stay, need to take a mobility challenged person to hospital or on holiday. We have wheelchairs and a walking frame and mobility scooters. Short or long term use. Just give us a call or message us.

A teacher gave his pupils a task: Get the parents to tell a story with a moral included. The next day the children returned to school where, one by one, they told their stories. Johnny's Dad had told him a story about Aunt Marie who was a pilot in the Iraq war and her plane was shot down. She had to bail out and all she had was a small bottle of Whiskey, a gun and a survival knife. She drank the Whiskey as she parachuted so it wouldn't fall into enemy hands. She landed with her parachute right in the middle of twenty enemy soldiers. She shot fifteen of them with the gun until she ran out of ammunition, then killed four more with the knife until the knife blade snapped and then she killed the last one with her bare hands.

"Oh My!" said the terrified teacher. "Did your father explain to you the moral of that story?"

"Yes," said Johnny. "Stay well away from Aunt Marie when she's been drinking!"

A man crashed his car and hit a woman. He told the police

that it was the woman's fault.

"She was on her phone and she was drinking a glass of wine at the time. Can you believe it?"

Sir," said the policeman patiently, "she can do whatever she wants in her own living room."

One day, a teacher asked her pupils what their father did for a living. Little Johnny said: "My dad cuts people in half."

"Oh, really?" asked the teacher. "You mean he's a magician?"

"I don't know," said Johnny.

"A surgeon, maybe?" asked the teacher.

"I don't know." repeated Johnny.

"Then why do you think he cuts people in half?" asked the confused teacher.

"Because I have two half brothers and three half sisters."

Best wishes to you all.

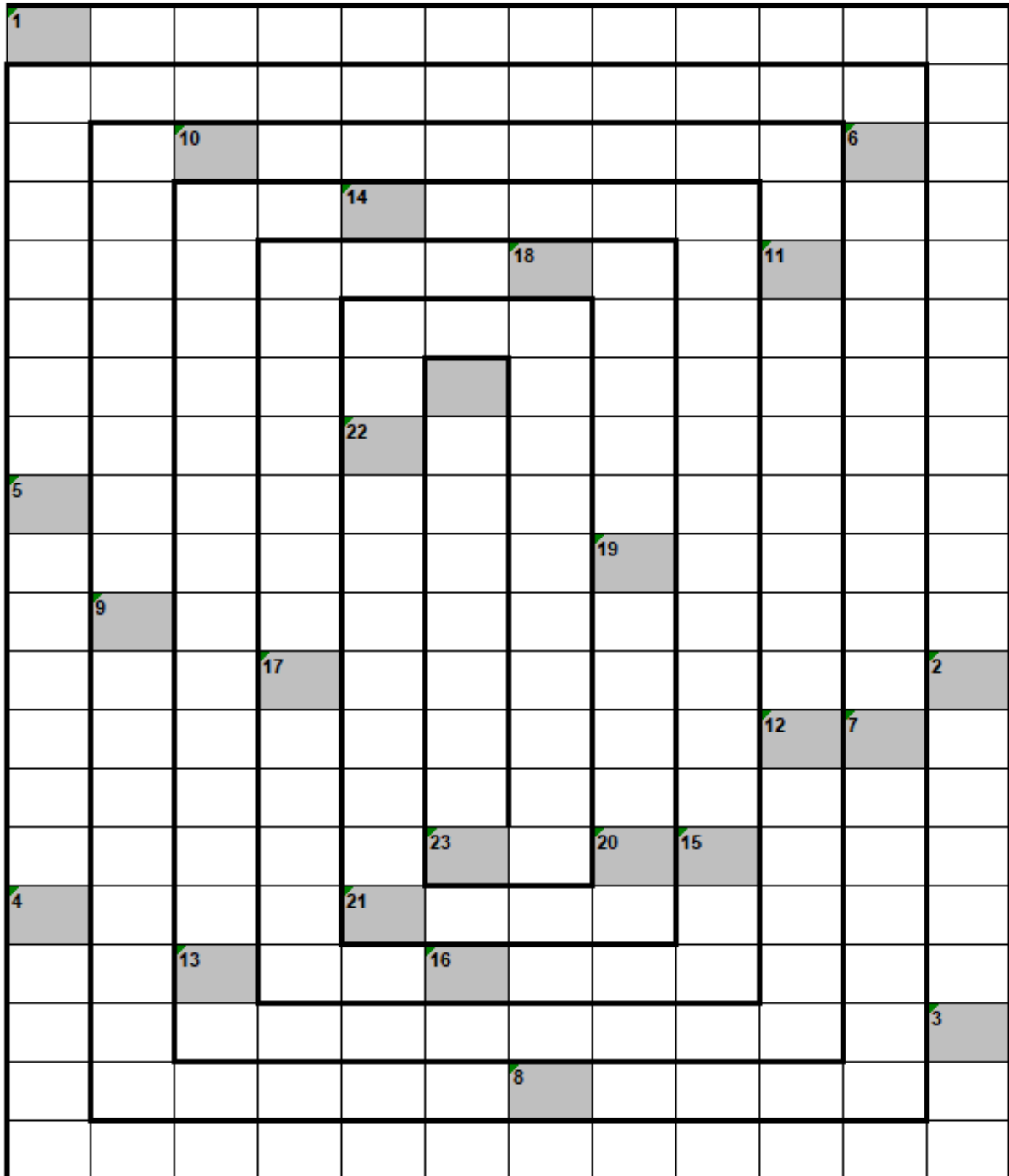
Please send suggestions

Ian Nisbet

WORD TRAIL

Janet Clements brings us a different type of puzzle, a Word Trail.

Starting at No.1 follow the clue numbers around the box clockwise finishing in the middle. The last letter of each answer is the first letter of the next answer. Work clockwise. Have Fun



CLUES

- 1 Who was the longest reigning British Monarch
(5-9-3-6)
- 2 The hardest natural substance on Earth (7)

- 3 MEDICAL: The full wording for DVT. (4-4-10)
- 4 FOOD: In Greece what is the dish of grilled mackerel known as?
(8)
- 5 What is the name of the 1976 film about the USA Watergate Scandal?
(3-3-10-3)
- 6 Which horse won the 2025 Grand National? (4-7)
- 7 Which Labour anti corruption minister resigned in 2025? (5-6)
- 8 Who was the first bi-racial Queen of England and the last Queen of America? (5-8)
- 9 This book, written in January 1985 was written by Orson Scott Card and made into a film. (6-4)
- 10 The scientific study of insects? (10)
- 11 The holiest day in Judaism? (3-6)
- 12 MUSIC: The final track on Bob Marley and the Wailers' twelfth album in 1980? (10-4)
- 13 The name of the first President of the USA? (6-10)
- 14 Which French emperor abdicated twice or possibly three times depending how you see it? (8-3-5)
- 15 What is the term for three strikes in a row in bowling? (6)
- 16 Sycophant, optimist, agreement? (8)
- 17 The famous 'Iron Bridge' a cast iron bridge crosses what river?
(5-6)
- 18 In which city was ex-Prime Minister Boris Johnson born? (3-4)
- 19 MEDICAL: Which organ purifies the blood in the human body?
(6)
- 20 A 'Dagger Board/Centre board' can be found on what type of vessel? (5)
- 21 Cultivated in China the 'Paeonia suffruticosa' is also known as?
(4-5)
- 22 Slang: Tedious or long winded? (5-5-5)
- 23 Fable or story that is exaggerated? (9)

This month's Word Trail solution is on page 74.

*I Can No Longer See You With My Eyes Or
Touch You with My Hands, But I Will Feel You
In My Heart Forever*



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www.markskinnerfunerals.org.uk

Our August meeting was brought to an abrupt close as our speaker failed to arrive. He was most embarrassed and apologetic and has promised to turn up in March next year. However, this unexpected turn of events did allow members to get to know each other better as there was little to do other than have a chat with the person sitting next to them.



The Men's Breakfast Club usually meets on the 1st Saturday of the Month at The Wellington in Feltwell at 9am. It costs £8.50 per person to attend which includes a talk, tea or coffee and a full English breakfast which never fails to please.

New members are always welcome. If you would like to join us then either call The Wellington and book on 01842 828224, before 4pm on the previous Wednesday, or email the Club coordinator Paul Garland at garlandp@btinternet.com.

Our next meeting will be on **Saturday 5th September**. Our speaker will be **Robert Enderby** who will tell us all about **Working for the National Crime Agency**.

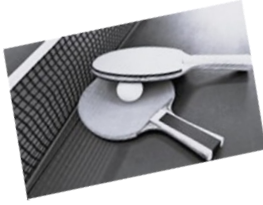
If any reader would be interested in talking to the group about a topic of their choosing or know of anyone who has given a talk please get in touch with Paul at garlandp@btinternet.com. Thank you.

FELTWELL HISTORICAL SOCIETY CLOSES ITS DOORS.

Sadly, the Historical Society is finishing this year. We will do 2 more events at St. Nicholas' Church which will be **Afternoon Tea** on Sunday, September 6th @ 3.30pm and the ever popular **Carol's by Candlelight** in December, date to be arranged. After that, if people still want these events, I am willing to organise, but I am not doing it alone. So I'm asking for help from you. Please could you contact me to let me know if you are able to help.

I'm sorry we weren't able to hold this month's Tea as it coincided with the Picnic in the Park. I do hope you can attend the September Tea then we can discuss what will be needed in the way of help for next year.

Marion Lucas



MONDAY and TUESDAY CLUBS

Table Tennis is now up and running every
Monday at 7.00pm and Tuesday from 1.45
at the Methodist Hall, Feltwell.

Any skill level or none. Just come along for an afternoon of fun. It's a load o' laughs, which is good for the heart, and the physical exercise loosens those stiff joints. **All ages** welcome. Steve Wellington is the organiser. **£3 for two hours of fun.**

Pool and Snooker NOW available.

THURSDAY CLUB

On your own? New to the village?

Want to meet other people?

Then come and join us.

Thursday 10am -12.noon at Methodist Church Community Hall in Bell Street.

CHAT, Gentle Exercises, Play Table Tennis, Snooker, Board Games, Cards, Dominoes and loads more. We do Countdown, Bingo and more.

We are also a listening ear and can help with form filling and other information.

Open to all over age 18 —whatever your ability.



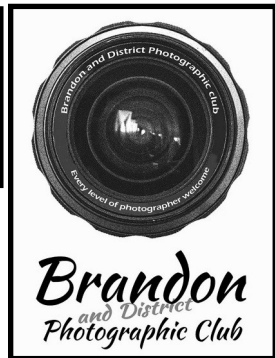
Come and see the warm welcome you will get in our
Warm Space.

Oh, and we do refreshments.

TOTALLY ACCESSIBLE PREMISES

BRANDON & DISTRICT PHOTOGRAPHIC CLUB

FORTHCOMING SEASON 2026-27



The new season for the club begins on Wednesday 9th September at 7.30pm in Brandon Baptist Church Hall, Brandon High Street.

If you feel intimidated at the thought of attending the club because you don't have the 'fancy equipment,' then consider this quote from photography pioneer and master Ernst Haas:

'A complex photographer with simple equipment compares favourably to a simple photographer with complex equipment.'

Ernst Haas is highlighting the fact that it is the person and how they observe the world, not the equipment that can make the difference between a quality image and those that are just ok. If you only take photos on your phone or a simple point and shoot camera, don't worry, all are valid.

At the time of writing this the final touches are being put to the club timetable. Several guest speakers have been invited to present to the club. The subjects range from aviation photography, exploration in the arctic circle to a day in the life of a wedding photographer.

Confirmed speakers are, Brandon resident Colin Lang will be at the club Wednesday 14th October 2026 talking about 'The Northwest Passage.' Colin participated in an expedition from Nome, Alaska, to Halifax, Nova Scotia, through the legendary Northwest Passage. Many explorers disappeared forever trying to find the Northwest passage, but thankfully Colin returned to share his experience through photographs and artifacts, highlighting the effects of global warming and promises plenty of polar bears!

Accomplished photographer Mick Mansfield of Bury St Edmunds will explain the intricacies of Aviation Photography on Wednesday 24th March 2027. Through a collection of his own images Mick will cover how to get the best image from static aircraft in museums, those in flight, cockpit views and aircraft photography at night. He will also discuss the equipment he uses, plus some of the images that did not make the grade.



Swaffham Area. Are You a Veteran?



The **Veterans Central** Swaffham drop-in centre is now well established (and popular) and we now have fixed dates for the rest of 2026.

4th Tuesday of the month. Join us for a FREE hot drinks, cakes and a spot of banter, or to ask questions about veterans support.

Venue: The Pedlars Suite The George Hotel, 1000 to 1200.

September 22nd

October 27th

November 24th

December 22nd

Location: The George Hotel is located on the corner at the Traffic lights of Swaffham and there is free parking and easy access. You are welcome to bring partners or carers.

Please spread the word to any military colleagues in the area.

Contact: ops@veteranscentral.co.uk Mobile: 0771 3860040

FELTWELL FUEL ALLOTMENT CHARITY

If you can answer “YES” to the following two questions you may be eligible for a **Winter 2026 Fuel Payment** from three Feltwell charities.

Are you at least 70 years of age or will be by the end of 2026?

Have you lived in the village of Feltwell for a minimum of 10 years and are still resident?

The Feltwell Fuel Allotment Charity does its best to maintain a list of qualifying recipients but relies heavily on local knowledge. The list is also used by the Trustees of the Atmere and De Moundford charities who also give winter fuel donations. Last year the three charities issued a combined donation of £100.

If you meet the qualifying criteria and have **not** received a grant before, please write to: Feltwell Fuel Allotment Agent, 15 Lynn Road, Downham Market, Norfolk, PE38 9NL. Please provide your **name, address, date of birth and the date that you moved into the village.**

Please mark the envelope “**Feltwell Fuel Allotment List.**”

Only one grant per household will be given.

Unconfirmed at present is Bury St Edmunds based professional wedding photographer Jackie Gillman talking about, 'A Day in the Life of a Wedding Photographer'. Jackie will give an insight behind the scenes of a typical modern wedding day. Capturing the day long before even setting foot in the ceremony venue, hours spent editing and coping with the unexpected. Always trying to achieve the unique images to satisfy the client, and stand out from the crowd.

Apart from the guest speakers club competitions are held throughout the season. One competition has the theme of, 'The songs and lyrics of the Beatles'. It will be interesting to see how the members have interpreted this subject.

Other activities include photographing light trails and light painting, closeup and macro photography and discussing images presented by the members.

The club meetings are open to non-members. There is a charge of £5 to attend guest speaker evenings.

Looking back to last June the club met with other clubs from the region at the Imperial War Museum Duxford for an enjoyable day of good company photographing the exhibits and re-enactors dressed in 1940s costumes.

Consider coming along to one of our meetings



not just for the photography but to enjoy the company.

Left: Weeting Rally.

BADMINTON IS AVAILABLE AT ST. MARY'S



Wednesday — 1pm to 8pm

Saturday — 9am to 8pm



If interested in playing please email:

Stmarysbton@gmail.com. Please include your mobile number so you can be added to group chat.

Full instructions on how the court is booked will be emailed to you.

SIR EDMUND DE MOUNDEFORD CHARITY

GRANTS AVAILABLE FOR POST 16 STUDY

- Are you over 16?
- Have you lived in Feltwell for at least two years and are still resident in the village?
- Are you studying at College or University?
- Do you need assistance with the purchase of equipment or books to enable you to study?

If you can answer “YES” to all of the above then apply in writing to Mr M. Hawkins, Agent for Sir Edmund De Moundeford Trust, 15 Lynn Road, Downham Market, Norfolk. PE38 9NL. **OR** by email to info@barryhawkins.co.uk, also send a copy to Mr Paul Garland, (Trustee) at garlandp@btinternet.com. Please use Subject: Education Grant. In your letter/email you **MUST** include the date you moved into the village, details of the course you are studying, where you are studying, the qualification you expect to achieve upon completion and any costs necessary for you to embark upon the course. Include details of any books and/or equipment required. If you know a Trustee please put their name in your application. The award of a grant is at the discretion of the Trustees and shall not exceed £300. Only one award will be made per applicant.



RSPB Lakenheath Fen

SEPTEMBER HIGHLIGHTS

After a hot and dry summer, September usually signals changes to the wildlife and the habitats on the reserve as autumn begins. The triggers are shorter days, cooler temperatures and usually a very welcome increase in rainfall.

We will see fewer of the birds that visit us for summer, such as Reed Warblers, Sedge Warblers and Swallows, as they gradually depart, waiting for favourable winds before heading for southern Europe and Africa, where the insect supply will not run dry over winter. In their place, we will begin to see winter thrushes like Redwing and Fieldfare arrive- in that order- Redwings are a bit smaller and not quite so hardy- whereas Fieldfares wait until it gets cooler and harsher still before making their journey. They will travel from northern and eastern Europe, Scandinavia and Iceland, and whilst the bulk will make landfall in October, we usually record a few in September, especially Redwings.

A much larger bird, the Whooper Swan, should reach us in September too- these elegant swans have a haunting call for which they are named, and they travel to us from Iceland once they have finished breeding there and their youngsters are strong enough for long-distance flight. Unlike our Mute Swans, which stay here in the UK all year, 'Whoopers' are more lightly built, they rest with a straighter neck (rather than in a gentle S-shape) and they have a black-and-yellow wedge-shaped bill, not black and orange with a 'bump' as Mute Swans have. By the end of autumn, we could have thousands here, and they favour the wet areas such as the Hockwold Washes at night. They are much safer from predators such as Foxes if they roost on open water. At first light they tend to



giving
nature
a home

Events at RSPB Lakenheath Fen

Places for all events need to be booked online. Please visit <https://bit.ly/LakenheathFenEvents> or in person at the Visitor Centre ahead of the event.

Moth Mornings Under 18's £2.50 - £3 / Adults £5 - £6

25 September, 30 October, 27 November, 26 February (10am to 11am)

Learn more about the amazing world of moths. Join us to admire what we catch in our harmless trap.

Dusk Safari at Lakenheath Fen Under 18's £6 - £7.50/Adults £12 - £15

Saturday 12 September (5:30-8pm)

On this new event, we will take our bat detectors out to see if we can hear a range of the beautiful bats that live here, along with some birds typical of dusk and night on the reserve. We'll also have a moth trap on the go!

Amazing Autumn Guided Walk Under 18's £6-£7.50/Adults £12 - £15

Saturday 10 October , Sunday 8 November(9:30am-12:30pm)

Join us for a tour to see the best that autumn has to offer on the reserve - ducks in their dazzling new plumages, the first migrant birds back for the winter but also a few late butterflies and dragonflies too.

Wetland Winter Guided Walk (Under 18's £6-£7.50/Adults £12 - £15)

Saturday 9 January, Sunday 7 February (9:30am – 12:30pm)

Wrap up and experience this beautiful reserve and all that winter has to offer with our volunteer guides. We'll be looking for Whooper Swans, winter thrushes, Bearded Tits, a variety of ducks and more.

Winter Walking Safari (Under 18's £10 - £12.50 / Adults £20 - £25)

Sunday 14 February (9:30am – 3:30pm)

Twice per year, our volunteer guides take their guests on a tour of the reserve, covering our full range of habitats and offering you the best chance of seeing a wide range of wildlife in this beautiful Fenland oasis. Our Cranes should be back, too!

depart in small groups, calling as they go, to feed in arable fields around the reserve or further afield. If you can get here for daybreak, it is a spectacular experience to see these graceful birds calling at the top of their voices and flying off through the early mist.

With each changing season, however, the transition is not clear-cut and we expect regular reports of Hobbies into October, especially if the weather is mild and favours the dragonflies these beautiful raptors feed on. Autumn often sees a boon in numbers of Migrant and Southern Hawker dragonflies, as well as large butterflies such as Peacock and Red Admiral, which will keep the Hobbies well fed until they decide to leave. Our Cranes may be about too- they are quite fickle and mobile and could be anywhere between here and the Ouse Washes, so keep an eye on the skies above you for small groups- either family units of 2-4 or sometimes 10 or more, as they become much more sociable in autumn.



Photo shows the river Little Ouse taken from the bank looking westwards, at Joist Fen. By David White

The reserve itself will change too- as expected rainfall begins to fill the pools and ditches once more. It will become easier to see egrets, ducks and waders as the reserve becomes wetter, and greener again, and we may find ourselves with extra Kingfisher sightings too. Our Visitor Centre and toilets will remain open every day from 9am to 5pm, until the last Sunday in October (when the clocks go back) and then they will close at 4pm until spring. Our car park will remain open from dawn until dusk, as will the footpaths, viewpoints and Mere Hide. We hope to welcome plenty of visitors this autumn to enjoy the changes that the season brings for our wildlife scene.

With best wishes, Heidi Jones, (Visitor Experience Officer).

MISSED APPOINTMENTS @ THE SURGERY 2026

July 2026 saw **72** appointments missed, down by 5 on last month. This represents a loss of medical care to the tune of **£2160** for the month and **1160** minutes of wasted time. For the year so far **124.75hrs** of face to face doctor and nurse time has been lost.

So far this year **482** appointments have been missed representing a total of **£14,460** of medical care lost. These appointments could have gone to someone else in need.

If you cannot attend your appointment, please cancel it.

Lead Times for Prescriptions

PLEASE ALLOW **5** FULL WORKING DAYS FOR YOUR MEDICATION TO BE READY

Ordered

Sat, Sun & Mon
Tuesday
Wednesday
Thursday
Friday

Ready for collection

Following Tuesday
Following Wednesday
Following Thursday
Following Friday
Ready a week Monday

ART FOR PLEASURE

Every Thursday 10.30 am – 12.30pm. £4 per session at Weeting Village Hall.

Contact Beryl Pountney, Secretary, for details on
01842 828750

The kettle is always on.

BAD DAY AT SCHOOL LOGISTICAL SOLUTION

Daphne	PE Shorts	Maths	Pencil Case
Lizzie	Tie	Art	Calculator
Kingsley	Football Boots	English	Homework
Mitch	Blazer	History	House Key

West Norfolk Aviation Society

www.westnorfolkaviationsociety.org.uk

Report on the Meeting of the West Norfolk Aviation Society (WNAS) held at Mundford Bowls Club on Tuesday 04 August 2026



This evening speaker was club member Steve who presented a talk on Chemical, Biological, Radiation, Nuclear and explosive (CBRNe) threats in the Civil Environment. Drawing

extensively on his background in the London Ambulance service. He brought along a variety of different protective suits and a respirator to illustrate his talk. This was a very informative evening, however, whatever slant you put on it you can't describe it as joyous! There are so many different ways that the various methods of killing or maiming people available to those of a certain mindset that the audience was for the most part struck dumb. Steve explained the differences between the different types of threat and what the responses from the civil authorities would be, suffice to say I have no room to go into detail here without expanding into a tome the size 'War and Peace'. I am sure we can all remember the Salisbury poisoning with Novichok by the Russian agents and the issues caused by even just a smidgeon in the wrong place. Now, imagine that on a large scale and you have an inkling of the issues at stake. As I said earlier, informative but not joyous. Thank you Steve for a mind opening presentation on stuff we all try to pretend isn't real.

All are welcome on Tuesday 01 Sep @ 7.15pm for a talk entitled "(Almost) 70 Years In and Around Aviation" details on our website, non members entrance fee £2 per head includes a light buffet.

Mark Burch, WNAS Scribe

www.westnorfolkaviationsociety.com

MOBILE LIBRARY TIMETABLE—THURSDAYS

Stop Name	Arrival Time	Departure Time	Postcode
Wilton Road	14:25	14:35	IP26 4AY
Fairfield Way	14:40	15:00	IP26 4AT
Church	15:05	15:35	IP26 4DA
St Nicholas Drive	15:40	16:00	IP26 4DW
Munson's Lane nr junction with OMR	16:05	16:25	IP26 4DE
Hereward Way	16:30	16:50	IP26 4BP

Upcoming Dates

03 September
01 October
29 October

Please note this information is subject to change or amendment both on a permanent and temporary basis.
For all enquiries about this route please call 01603 222303



**BreckLand
& Water
services**

Logs and kindling for sale

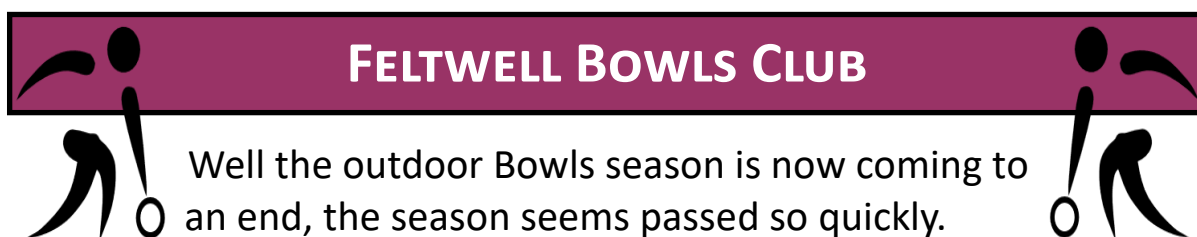
Seasoned Ash logs for sale.
Delivered in a crane bag
plus a free bag of kindling.
Free delivery

Digger and operator for hire

Services:

- Ponds and Lake Construction and clearance
- Scrub Clearance
- Forestry
- Ground and agricultural works
- Plant Hire

Phone: 0797 230 8804



Well the outdoor Bowls season is now coming to an end, the season seems passed so quickly. Our finals day is on Saturday 5th September starting at 1 o'clock. We will be playing the Ladies and Men's Singles and Ladies v Men.

There will be a BBQ and a visit by the ice cream van.

In the leagues we have played 14 games, winning 3, losing 10 and drawing 1, as follows:-

RS - Rosie Smith, Ash - Ashill

Results for July

DATE	LEAGUE	TEAM	OPPONENT	VENUE	RESULT	POINTS	SHOTS
06/07	RS		Shouldham H	Home	Win	6 - 2	57 - 37
07/07	Ash	B	Swaffham A	Away	Draw	4 - 4	51 - 50
09/07	Ash	A	Watton	Home	Win	7 - 1	53 - 45
13/07	RS		Mundford A	Away	Loss	0 - 8	40 - 62
14/07	Ash	A	Weeting	Home	Loss	0 - 8	34 - 71
14/07	Ash	B	Connaught	Away	Loss	2 - 6	42 - 59
16/07	Ash	A	Watton	Home	Loss	2 - 6	44 - 62
20/07	RS		West Row	Home	Loss	2 - 6	40 - 51
21/07	Ash	A	Watton	Away	Loss	2 - 6	43 - 64
21/07	Ash	B	Wymondham	Home	Loss	0 - 8	25 - 84
27/07	RS		Hockwold	Away	Loss	2 - 6	38 - 43
28/07	Ash	B	Northwold	Home	Win	5 - 3	46 - 45
28/07	Ash	A	Dereham	Away	Loss	0 - 8	31 - 69
30/07	Ash	A	Dereham	Home	Loss	2 - 6	36 - 51

The results give: - RS 10 points, Shots for 175, Shots against 193
5th in the league.

Ash A—14 points, Shots for 266, Shots against 446
4th in the league.

Ash B—10 points, Shots for 139, Shots against 154
5th in the league.

We also played 8 friendlies.

WORD SEARCH SOLUTION

NEXT MONTH'S WORD SEARCH WILL BE ON -
SHAPES

S	M	C	A	S	M	A	N	R	N	A	L
T	G	O	S	O	E	V	B	M	C	D	G
I	E	N	S	W	D	E	D	I	T	V	O
L	N	T	I	C	I	R	C	S	R	E	O
L	R	E	S	E	A	R	C	H	E	R	D
S	O	N	T	P	P	E	O	W	Y	T	Y
P	P	T	A	U	L	T	P	T	U	I	Z
H	E	S	N	L	A	S	Y	S	B	S	I
O	A	T	T	B	N	A	W	I	A	I	E
T	T	R	E	R	N	C	R	D	I	N	T
O	I	A	D	O	E	D	I	R	D	G	N
G	M	G	I	T	R	A	T	O	E	M	A
R	E	I	T	A	R	O	E	C	M	A	T
A	T	S	O	R	O	R	R	E	H	N	S
H	N	T	R	E	T	B	S	R	E	A	I
P	A	V	B	P	I	I	D	D	L	G	S
E	T	P	L	O	D	S	O	N	P	E	S
R	S	R	E	A	E	U	R	U	J	R	A
O	I	O	E	R	Y	B	P	O	T	O	S
S	S	D	I	E	P	G	S	S	E	T	N
A	S	U	H	M	O	K	I	C	M	C	O
N	A	C	C	A	C	L	B	N	G	E	I
U	L	E	N	C	A	U	E	I	Z	R	T
B	A	R	I	N	S	P	A	K	B	I	A
A	I	L	R	B	U	Y	E	A	S	D	L
M	R	U	O	R	C	K	B	I	W	T	E
E	C	R	T	I	E	D	I	T	O	R	R
J	T	E	I	W	G	C	S	P	E	A	C
E	I	G	D	L	O	E	U	T	S	L	I
G	D	G	E	C	O	P	Y	D	I	M	L
I	E	O	S	D	N	U	O	S	O	L	E
U	M	L	R	E	T	R	O	P	E	R	U
S	U	B	E	D	I	T	O	R	A	L	P

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Phone: 01366 383989

A meeting of the Parish Council was held on Monday the 10th of August 2026 in the British Legion, Long Lane. Seven Councillors attended and one member of the public. Vikki Quamina – Community Relations Officer (RAF Lakenheath) was also in attendance.

Martin Storey reported on Borough Council matters and said the Community Project Fund of £500K was now open. Village organisations are encouraged to apply if they have a project in mind and further info can be found at <https://www.west-norfolk.gov.uk/communityprojectsfund>.

Cllr Prigg's Norfolk County Council report stated she had urged Andy Wallace of Norfolk Highways to bring Southery Road repairs forward and following a recent accident on the road, had also suggested a reduced speed limit be introduced until they were complete. Mr Wallace replied that he would discuss the matter with his colleagues and, if appropriate, arrange for an advisory speed limit to be implemented. She also mentioned a new scheme offering free bus travel for children throughout August as part of the Government's Great British Summer Savings initiative.

Ms Quamina gave a report on RAF Lakenheath and RAF Feltwell activities and said the EOD were looking into a resident's request for an alert to be sounded a few minutes before detonations take place.

Clerk has forwarded a complaint received from a resident regarding High Street pavements to Highways and also requested attendance of a mobile speed camera for Wilton Road following a complaint from a resident.

The Public Open Spaces Manager at the Borough Council is reviewing updated photographs and information so a decision can be made regarding whether to install concrete bollards on Mulberry Close to stop people parking on the grass and obstructing driveways.

Clerk has furnished the insurers with all costs and third-party insurance details associated with the damaged lamp post on

WORD TRAIL SOLUTION

¹ Q	U	E	E	N	E	L	I	Z	A	B	E
R	E	S	I	D	E	N	T	S	M	E	T
P	M	¹⁰ E	N	T	O	M	O	L	O	⁶ N	H
E	A	T	O	¹⁴ N	A	P	O	L	G	I	T
H	G	G	V	E	R	¹⁸ N	E	E	¹¹ Y	C	H
T	S	N	E	D	D	A	W	O	O	K	E
L	R	I	S	A	S	Y	Y	N	M	R	S
L	E	H	R	²² Y	E	A	O	T	K	O	E
⁵ A	D	S	E	N	U	D	R	H	I	C	C
I	N	A	V	O	G	D	¹⁹ K	E	P	K	O
D	⁹ E	W	I	E	O	A	I	F	P	E	N
I	T	E	¹⁷ R	P	L	Y	D	I	U	T	² D
R	T	G	E	E	O	A	N	R	¹² R	⁷ T	I
F	O	R	Y	E	P	D	E	S	E	U	A
A	L	O	A	R	²³ A	D	²⁰ Y	¹⁵ T	D	L	M
⁴ S	R	E	S	²¹ T	H	C	A	U	E	I	O
I	A	¹³ G	A	E	¹⁶ Y	E	K	R	M	P	N
S	H	N	O	S	N	O	I	T	P	S	³ D
O	C	N	E	E	U	⁸ Q	I	D	D	I	E
B	M	O	R	H	T	N	I	E	V	P	E

ADVERTISING RATES

Full page—£240 per year or £24 per month

Half page—£120 per year or £12 per month

Quarter page—£60 per year or £6 per month

Eighth page—£30 per year or £3 per month

Our advertising year runs 1st Apr to 31st March

If you would like to place an advert in this magazine please
contact our Advertising Manager: Jean Winter

Email: jean.winter@gmx.com Mobil: 07808 294848

NEWS FROM THE PARISH COUNCIL

Addisons Close.

External auditors have completed their review of the Annual Governance & Accountability Return with no issues; all information is displayed on the noticeboard and website.

Changing Rooms electricity contract has been renewed with British Gas for another year.

Feltwell Parish Council agreed to fund the road closure for the Remembrance Parade again this year.

Feltwell Community Group (FCG) have taken delivery of two benches, one funded by FCG and another by Mr Storey's Member's Budget. These will be installed on the grass area along Bell Street once their concrete bases have been laid.

Grey's Funfair advised they were unable to visit Feltwell week commencing 17th August and suggested alternative dates. As they have not been able to fulfil any date booked previously, it was felt the visit should not be pursued further.

Scope clothing bank has been delivered to the playing field. Residents are asked not to leave bags around the base of the clothing banks if they are full but to notify the Clerk who will arrange for the banks to be emptied.

The Zip wire was serviced 5th August.

Please subscribe to the Council's website (<https://feltwellparishcouncil.gov.uk>) and Facebook page for latest news and notifications including RAF Feltwell demolition activities and road closures.

The next Parish Council meeting will take place at the British Legion on Monday 14th September 2026 at 7.30 pm.

Everyone is welcome.

Our Councillors are:

Mr Ian Rayner (Chair), Mr Edmund Lambert (Vice- Chair), Mrs Sue Arnold, Mr Paul Cole, Mrs Emma Edwards, Mr Jonathan Fenn, Mrs Bernadette McGeeney, Mrs Julie Peacock, Mrs Linda Peckham, Mr Martin Storey and Mrs Helen Wilson.



FELTWELL MUSEUM

2026

NEW *OPENING DAYS THIS YEAR*

NOW THE...

FIRST SATURDAY *of each Month.*

March – October

11 - 3pm.

The Beck J/o. Oak Street IP26 4DP

FREE ENTRY

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Enqs/ Pls. call Graham 01842-828387